

ABUSED CHILDREN:

Child Help USA *If you suspect a child is being abused call 1-800-4-A-CHILD*

Douglas County Human Services *Report suspected abuse by calling 303-663-6270*

ADOPTION:

[Adoption Exchange](#)

[Arapahoe / Douglas Mental Health Network](#)

[Colorado Coalition of Adoptive Families](#)

[Colorado Post-Adoption Resource Center](#)

[Heritage Camps for Adoptive Families](#) *Every child adopted from a foreign country leaves heritage camp knowing more about who they are and where they came from, and every member of the family will have a better awareness of and sense of pride in their adopted child's birth heritage.*

[Metro Legal Volunteers Clinical Adoption Program](#) *The program was created to meet the increasing demand of clients seeking custodial and kinship (familial) adoptions. Free and low cost services.*

ADVANCED PARENTING STRATEGIES:

[Children's Hospital](#)

[Covenant Counselors](#)

[Define Your Peace / Fire Mountain Enterprises](#)

[Foundations Family Counseling](#)

[Haven Corporation - In-Home Coaching](#)

[Integrative Therapy Solutions](#)

[Iolite Counseling](#)

[Love and Logic Institute](#)

[Peak Parenting](#)

[Steffanie Stecker, PhD, PLLC](#)

[Women's Crisis & Family Outreach Center - Beyond Consequences](#)

AUTISM:

[Autism Speaks](#) -- *family resources, research, toolkits, and clinical trials*

[Autism Society of Colorado](#) *provides information, support and advocacy for individuals with autism and related syndromes and their families.*

BULLYING:

[Douglas County Schools - Bullying](#)

[Douglas County Sheriff - Bullying](#)

[Pikes Peak Counseling](#)

DENTAL CARE:

The Children's Hospital [Healthy Smiles Clinic](#)

This pediatric dental clinic is for children who have limited access to dental care. For more information, please call the clinic at 720-777-6788. For dental emergencies, the Healthy Smiles Clinic is open for walk-

in emergency care weekdays from 8-10 a.m. After-hours dental emergency services are provided seven days a week, 365 days a year through The Children's Hospital's Emergency Department.

[University of Colorado School of Dental Medicine](#)

FOR TEENS: The SDM provides quality care at drastically reduced rates to Colorado's underserved populations. Dental care is about more than teeth; it's about increasing a person's quality of life by giving them a smile they can feel good about. For more information call 303-724-6900.

DIABETES:

[Safe At School](#) *Parent Advocates serve as support and advocates for other parents who are experiencing diabetes management related issues within their child's school. Parent advocates have been trained on school diabetes management, challenges and solutions, and laws and regulations.*

[Diabetes Camp](#) *The American Diabetes Association sponsors a week-long Colorado summer camp for diabetic kids ages 8-17. Financial help is available. Visit the website or call 1-800-US-EAGLE.*

DIVORCE:

[Center for Divorce & Parenting](#)

[Covenant Counselors](#)

[Foundations Family Counseling](#)

[Haven Corporation](#)

[Iolite Counseling](#)

[Integrative Therapy Solutions](#)

[Legacy Comprehensive Counseling & Consulting](#)

[Metro Legal Volunteers](#)— *Douglas County Family Law Clinic is held the second Wednesday of the month providing free or low cost help with uncontested divorces.*

[National Stepfamily Resource Center - Local Listings](#)

[New Beginnings Co-Parenting](#) *Dr. Turner's program helps parents explore issues of custody, communication, and recovery.*

[Pikes Peak Counseling](#)

[Southeast Psychotherapy Associates, PLLC](#)

[Steffanie Stecker, PhD, PLLC](#)

[Supervised Visitation Directory- Colorado](#)

[SuperVision Parenting](#)

[Thoreson, Kirk, PsyD](#)

DROP-OUT / EXPULSION:

[Compass Educational Services](#)

[Douglas County Student Support Center](#)

[Four Seasons Counseling](#)

FOOD SECURITY:

Douglas Elbert Taskforce—In addition to food aid, the Task Force can provide diapers, clothing, and household goods as well as utility and rent assistance. **303-688-1114**

[Parker Taskforce](#) operates a food bank and other services.

SNAP Program Contact Douglas County Human Services for eligibility 303-688-4825

[Summer Free Lunch Program](#) sponsored by Hunger Free Colorado—Centennial Park, Castle Rock. There is no financial application or qualification for this program. The only requirement is that food be eaten on site and may not be taken home. The summer lunch program is for children 18 and younger. For more information call 303-257-2442.

FOSTER PARENTS:

[Colorado State Foster Parent Association](#) provides education programs, support, referrals, and advocacy.

[FosterClub.com](#) - An awesome site for foster youth. It has clubs, safe message boards, tons of information, and fun stuff to read. Foster youth can learn that they are not alone. There is a parent-focused site at [FosterClub.org](#)

[Foster Parent College](#) offers a variety of online classes for foster parents. Most are only \$10.

[Healthy Futures Program, Kempe Foundation](#) Through therapeutic skills groups and individual mentoring, this clinical program helps abused and neglected 9- to 11-year-old children placed in foster and kinship care learn life skills that will help them deal with the challenges of adolescence and create healthy futures.

The IMHOFF Clinic provides behavioral health treatment to foster children and families who are dealing with the mental health consequences of child abuse or neglect. The clinic has a variety of funding resources they can consult to help with fees. Call **303-864-5200**

[Legacy Project](#) is a program at Advocates for Children that is made up of current and former foster youth aged 13-21. They are all in different stages of emancipation from the system, and the program is designed as part support group, part life-skills education and experiential learning, as well as an emphasis on community service which takes place at monthly meetings.

[Shiloh House](#) offers coaching, education, and support for foster children on the verge of emancipation from the foster care system.

[YMCA](#) provides foster families with 50% off on fees and camps.

GANG PREVENTION / INTERVENTION:

[Douglas County Partners](#) provides mentoring for at-risk youth.

[Gang Rescue & Support Project \(GRASP\)](#) The program features weekly sessions, mentoring, and activities that provide a healthy alternative to gang involvement. The program also pays for tattoo removal in exchange for community service.

[Haven Corporation](#)

[Open Door Youth Gang Alternatives](#)

GLTB:

24-hour crisis line and GLBT hate crimes line **888-557-4441**

[Parents, Family and Friends of Lesbians and Gays](#) *The Southeast Metro chapter has closed but PFLAG offers a support line at 303-333-0286 as well as parent support groups in Denver.*

[Rainbow Alley](#) *sponsors an alternative prom and other events for GLBT teens.*

Suttle, Tamara G., M.Ed

6222 Lancaster Ave., Castle Rock, CO 80104

www.tamarasuttle.com

303-660-4989

Counseling for GLBT youth

GRIEF & LOSS:

[Arapahoe / Douglas Mental Health Network](#)

[Believing In Kids & Families](#)

[Camp Comfort](#)

[Children's Grief Association & Lighthouse](#)

[Covenant Counselors](#)

[Douglas County Schools - Grief & Loss Resources](#)

[Footprints Child / Adolescent Grief Support Groups](#)

[GriefShare](#)

[HeartLight Center](#)

[Horses Healing Grief](#)

[Integrative Therapy Solutions](#)

[Iolite Counseling](#)

[Judi's House](#)

[Pikes Peak Counseling](#)

[Steffanie Stecker, PhD, PLLC](#)

HOMELESSNESS:

[Douglas County Schools - Homeless Student Resources](#)

[Douglas / Elbert Task Force - Emergency Assistance](#)

[Family Tree](#)

[Parker Task Force](#)

LEGAL:

[18th Judicial District Juvenile Assessment Center](#) *Youth with open court cases in the 18th District may be referred by a Magistrate or Judge to the Juvenile Assessment Center. After the appointment, JAC staff will provide the court with a detailed report regarding service recommendations.*

Colorado Bar Association's FREE Ask-A-Lawyer phone service. 4-6:30 pm every Wednesday
303-698-0999

[Colorado Juvenile Defenders Coalition](#) *The Coalition serves as a clearinghouse of information for youth, families, and the general public regarding juvenile defense and juvenile justice issues.*

[Colorado Legal Services](#) *provides free or low cost services to Coloradoans*

[Colorado Public Defenders Office](#) *provides representation for indigent individuals who are charged with the commission of a crime in Colorado.*

[Free Family Law Clinic](#) *is held the 3rd Tuesday of each month from 5:30-7pm. The clinics are informational and lawyers do not provide legal representation. Sponsored by the [Denver Bar Association](#).*

[Integrative Therapy Solutions](#)

[Legal Center for People with Disabilities & Older People](#) *The Legal Center is an independent public interest non-profit specializing in civil rights and discrimination issues. They protect the human, civil and legal rights of people with mental and physical disabilities, people with HIV, and older people throughout Colorado.*

[Metro Legal Volunteers](#)— MLV offers free and low cost legal services for those who cannot afford them. *The Douglas County Family Law Clinic is held the second Wednesday of the month.*

[Office of the Child's Representative](#)

[Rocky Mountain Children's Law Center](#) *The Center was founded to address the lack of quality legal representation for abused and neglected children in Colorado. The Center's programs include foster parent representation, dependency and neglect representation, crisis calls, and domestic violence advocacy.*

[National Association of Counsel for Children](#) *The NACC maintains a database of attorneys for referral purposes. Please note that the NACC does not provide direct legal representation.*

LONG-TERM PROBLEM-SOLVING PROCESS:

[Douglas County WrapAround](#)

MEDICAL CARE:

[Metro Community Provider Network](#) (MCPN): *is a non-profit healthcare organization that provides medical, dental, mental health, and community based services. The area is served by the Arapahoe/Douglas Clinic with the Pine Tree Clinic to open in Parker soon.*

[Doctors Care](#) *provides sliding-scale medical care for the uninsured.*

MENTAL HEALTH ASSESSMENT & TREATMENT:

[Arapahoe / Douglas Mental Health Network](#)

[Blue Pine Recovery Center](#)

[Children's Hospital](#)

[Covenant Counselors](#)

[Foundations Family Counseling](#)

[Tracy Hart, MA, LPC](#)

[Haven Corporation](#)

[Highlands Behavioral Health System](#)

[Howard, Rebecca, PsyD, LLC](#)

[Iolite Counseling](#)

[Integrative Therapy Solutions](#)

[Institute for Attachment & Child Development](#)

[Legacy Comprehensive Counseling & Consulting](#)

[Life Support Behavioral Institute](#)

[Max, Dana A., PsyD, PC](#)

[McNutt, Colton, PsyD](#)

[People House](#) *This program is intended for clients who have a need for counseling services but lack the resources for full-priced psychotherapy. Counseling by People House interns is on a sliding scale basis at a suggested cost of \$15 to \$40 per hour depending on ability to pay.*

[Southeast Psychotherapy Associates, PLLC](#)

[Steffanie Stecker, PhD, PLLC](#)

[Thoreson, Kirk, PsyD](#)

[Trathen & Associates, PC](#)

[Wellshire Behavioral Sciences](#)

MENTAL ILLNESS:

National Alliance on Mental Illness. The [NAMI Family-to-Family Education Program](#) is a free, 12-week course for family caregivers of individuals with severe mental illnesses.

National Alliance on Mental Illness. [NAMI Connections](#) are support groups in the metro area for individuals recovering from mental illness.

MILITARY FAMILIES:

[Military Kids Connect](#) has age appropriate resources for K-12 youngsters. Stories, games, and a special teen line allow kids to connect with other military children whose parents have been deployed.

[Purple Star Veterans and Families](#) A community of spouses, children, parents, grandparents, extended family members and friends of homecoming Veterans, created to insure successful transitions from military to civilian life. Here you will find the Homecoming Preparedness Quiz and the Homecoming Preparedness Guide for families.

[Child Care Aware](#) can provide military families with information about financial help for child care and more. Call Toll Free **1-800-424-2246**

[Project Sanctuary](#) supports the entire military family. Using recreational therapy, the project provides families with a fun, recreational retreat experience and the opportunity to tap into vital support

structures upon returning home. All services are provided absolutely free of charge to service personnel and their families. Assistance with travel expenses may be available for families who qualify.

Vet Center 1-877-WAR-VETS is an around-the-clock, confidential call center where combat Veterans and/or their families can call to talk about any issue they are facing in the readjustment process.

The Veterans' Crisis Line offers confidential help for vets and their families. **1-800-273-8255** or text **838255**

NON-CUSTODIAL PARENTS:

[Shiloh House](#) can provide safe, supervised visitation and support.

PHYSICAL DISABILITY / SPECIAL NEEDS:

[Aspen Camp of the Deaf & Hard of Hearing](#)

[Autism Society of Colorado](#) See: Autism

[Behavioral Growing Tree](#)

[Blue Pine Recovery Center](#)

[ChildFind - DCSD](#)

[Children's Hospital](#)

[Colorado Center for the Blind](#)

[Colorado Fragile X](#)

[Colorado School for the Deaf & Blind](#)

[Colorado Speech - Language - Hearing Association](#)

[ColoradoDeaf](#)

[Connect Us - Social Skill-Building & School Readiness](#)

[Developmental Disability Consultants, PC](#)

[Developmental Pathways, Inc.](#)

[Family Advocacy, Care, Education, Support \(FACES\)](#)

[Family Voices of Colorado](#)

[Federation of Families for Children's Mental Health](#)

[Freedom Scientific](#) creates Windows-based computer software for disabled students. The company provides very generous free trial downloads.

[Firefly Autism](#)

[Kids Mobility Network](#)

[Life Support Behavioral Institute](#)

[National Sports Center for the Disabled](#)—The center offers a variety of summer and winter activities and programs for people with disabilities regardless of their ability to pay.

[Parents Encouraging Parents](#) P.E.P. conferences are free for parents of disabled children.

[PEAK Parent Center](#)

[Prescription for Success - Tutoring & Learning](#)

[Promise Ranch](#) offers free therapeutic riding and scholarships for lessons. 303-841-5007

[Social Pathways](#)

[Steffanie Stecker, PhD, PLLC](#)

[The Source - Special Needs & Fetal Alcohol Syndrome Resources](#)

[To The Rescue](#)

[Tri-County Health Department - Health Care for Children with Special Needs](#)
[Wellshire Behavioral Sciences](#)
[Wellspring Community](#)

RESPITE / DAYCARE:

[Club 4 Kids Drop-In Center](#)
[Colorado Respite Coalition](#)
[Creative Perspectives](#)
[Developmental Pathways](#)
[Easter Seals - Discovery Club](#)
[Kids Town](#)
[Maple Star](#)
[Metro Denver Child Care Resource & Referral](#)
[New Day In-Home](#)
[To The Rescue](#)

SINGLE PARENTS:

[James Resource Network for Single Mothers](#) *The Network offers counseling, education, food, clothing, mechanical help for autos, legal help, and more.*

[The Patricia Schroeder Scholarship](#) *is available to undergraduate and graduate students at the University of Colorado Denver. Applicants for the Patricia Schroeder Scholarship must be residents of Colorado as well as single parents.*

SUBSTANCE ABUSE - ASSESSMENT & INTERVENTION:

[5280 Drug Testing](#) *This company offers respectful drug testing at prices which are more affordable than those charged by hospitals.*

[Arapahoe / Douglas Mental Health Network](#)

[Arapahoe House - Detox & Treatment](#)

[At Your Site Drug Screening](#)

Barbara Sheehan-Zeidler, LPC_720-839-4720

[Beacon Center](#)

[Betty Ford Center's Children's Program](#) *This program is for children ages 7-12 whose families have struggled or are struggling with alcohol or substance abuse.*

[Center for Dependency, Addiction & Recovery \(CeDAR\)](#)

[Colorado Addictions Consulting](#)

[Cornerstone - Treatment & Enthusiastic Recovery](#) *This intensive outpatient program is for youth aged 13 to 25. Parent support groups are also available.*

[Define Your Peace / Fire Mountain Enterprises](#)

[Drug Abuse .Gov](#) *Peer chat and interactive materials for teens, as well as resources for parents and educators, make this a useful site.*

[Dynamic Directions](#)

[Families at Five](#)
[Family Advocacy, Care, Education, Support \(FACES\)](#)
[Haven Corporation](#)
[Integrative Therapy Solutions](#)
[Iolite Counseling](#)
[New Vision at the Medical Center of Aurora](#)
[OnSite Medical Testing Parker](#)
[Servicios de la Raza](#)
[Southeast Psychotherapy Associates, PLLC](#)
[Synergy](#)
[Virtual Substance Abuse Resource Fair](#)
[Worthing, Carol Ann, PhD](#)

SUICIDE - ASSESSMENT & INTERVENTION:

[Arapahoe / Douglas Mental Health Network](#)
[HeartBeat \(South Metro\)](#)
[Highlands Behavioral Health System](#)
[Iolite Counseling](#)
[Second Wind Fund](#) *The Fund will pay for up to 12 therapy visits for financially strapped parents who have a child at risk of suicide.*
[Steffanie Stecker, PhD, PLLC](#)

SUPPORT GROUPS - SPECIALIZED:

[Autism Society of Colorado](#) *can answer parents' questions about Medicaid benefits, early intervention, and much more 720-214-0794.*
[EMPOWER - Parents of Children with Mental Health Issues](#)
[Family Voices of Colorado](#)
[Federation of Families for Children's Mental Health](#)
[National Alliance on Mental Illness](#)
[Parent to Parent of Colorado](#)

[Parents Encouraging Parents](#) *P.E.P. conferences provide an opportunity for parents of disabled children, educators, and specialists to collaborate and learn from one another. Tuition is FREE for parents of disabled children under the age of 21. P.E.P. meetings are encouraging and energizing.*

[PEAK Parent Center](#) *The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of disabled children with strategies to advocate successfully for their children.*

[Spina Bifida Association of Colorado](#)

TEEN DATING VIOLENCE:

[Douglas County Sheriff - Youth Education & Safety in Schools](#)

[Love Is Respect.Org](#) Does your teen have a safety plan in place in case a date or relationship goes wrong? Love also maintains a Teen Dating Violence **Hotline** call **1-866-331-9474** or text **"loveis"** to **77054**. Teens can also chat live online with a peer advocate.

[Servicios de la Raza](#)

[Women's Crisis & Family Outreach Center](#)

TEEN PREGNANCY:

[Alternatives Pregnancy Center](#) Alternatives Pregnancy Center exists to care for Denver-area women and men in pregnancy-related crises and offer them a meaningful alternative to abortion. Services are free. 24-hour helpline 303-295-2288

[Metro Community Provider Network](#) (MCPN): is a non-profit healthcare organization that provides medical, dental, mental health, and community based services. The area is served by the Arapahoe/Douglas Clinic with the Pine Tree Clinic to open in Parker soon.

[Planned Parenthood of Parker](#) 720.851.6606 offers healthcare and testing for **both** young men and women. The website has resources for teens as well as an Ask-an-Expert feature. [The Parent's Toolbox](#) covers an array of issues that parents face.

[Tri-County Health Department](#) provides birth control and condoms, emergency contraception, pregnancy testing, sexually-transmitted infection testing (STI), and HPV vaccine. The Parent Portal has resources to keep lines of communication open between parents and teens.

TRANSITION FROM STUDENT TO ADULT:

[Arapahoe / Douglas Mental Health Network](#)

[ARC of Arapahoe and Douglas Counties](#)

[Bayaud Enterprises](#)

[Disability Center for Independent Living](#)

[Learning for Life](#)



[Life After High School](#)-- It's no longer a given that children with intellectual challenges don't go to college! Life transition resources for students with cognitive disabilities and their parents

[Wellspring Community](#)