

## **ABUSED CHILDREN:**

**Child Help USA** *If you suspect a child is being abused call 1-800-4-A-CHILD*

**Douglas County Human Services** *Report suspected abuse by calling 303-663-6270*

## **ADOPTION:**

[Adoption Exchange](#)

[Arapahoe / Douglas Mental Health Network](#)

[Colorado Coalition of Adoptive Families](#)

[Colorado Post-Adoption Resource Center](#)

[Heritage Camps for Adoptive Families](#) *Every child adopted from a foreign country leaves heritage camp knowing more about who they are and where they came from, and every member of the family will have a better awareness of and sense of pride in their adopted child's birth heritage.*

[Metro Legal Volunteers Clinical Adoption Program](#) *The program was created to meet the increasing demand of clients seeking custodial and kinship (familial) adoptions. Free and low cost services.*

## **ADVANCED PARENTING STRATEGIES:**

[Children's Hospital](#)

[Covenant Counselors](#)

[Fire Mountain](#) *offers programs, camps, and residential treatment for troubled teens.*

[Foundations Family Counseling](#)

[Haven Corporation - In-Home Coaching](#)

[Integrative Therapy Solutions](#)

[Iolite Counseling](#)

[Love and Logic Institute](#)

[Peak Parenting](#) *Thanks to Peak, children and adults with disabilities will live rich, active lives participating as full members of their schools and communities.*

[SPARK Counseling](#)

[Steffanie Stecker, PhD, PLLC](#)

[Women's Crisis & Family Outreach Center - Beyond Consequences](#)

## **ANIMAL ASSISTED THERAPY: SEE ALSO: HIPPO THERAPY**

## **ASTHMA:**

[Champ Camp](#) *is an educational program and weeklong summer camp for children ages 7-14 with asthma.*

## **AUTISM:**

[Autism Speaks](#) *-- family resources, research, toolkits, and clinical trials*

[Autism Society of Colorado](#) *provides information, support and advocacy for individuals with autism and related syndromes and their families.*

## **BULLYING:**

[Douglas County Schools - Bullying](#)

[Douglas County Sheriff - Bullying](#)  
[Pikes Peak Counseling](#)

**CHILD CARE:**

**CHILDHOOD CANCERS:**

[Camp Wapiyapi](#) hosts free summer camps to provide a respite for children with cancer and their families.

**COMMUNICATION:**

[Center for Hearing Speech and Language](#)

Hearing testing, speech therapy, brain-based learning therapy, and vision screening. The Center has been providing services to Coloradans since 1918, regardless of ability to pay.

**DENTAL CARE:**

[Cavity Free at Three](#) reimburses dentists for providing care to needy children and pregnant women. They have several informative brochures for parents that can be downloaded free from the website.

**The Children's Hospital [Healthy Smiles Clinic](#)**

This pediatric dental clinic is for children who have limited access to dental care. For more information, please call the clinic at 720-777-6788. For dental emergencies, the Healthy Smiles Clinic is open for walk-in emergency care weekdays from 8-10 a.m. After-hours dental emergency services are provided seven days a week, 365 days a year through The Children's Hospital's Emergency Department.

[Dental Lifeline Network](#) Free or low cost services **303-534-5360**

[Douglas County Dental Discount Card](#) Douglas County offers the NACo discount card to help families save money on dental care. The program is available at [www.nacodentalprogram.com](http://www.nacodentalprogram.com)

[KIND \(Kids In Need Of Dentistry\)](#) Kids In Need of Dentistry (KIND) is a nonprofit organization that provides high-quality, affordable dental care to children in need throughout Colorado. Since 1912, KIND has helped thousands of children each year get the dental services they need at a cost their families can afford.

[Dental Lifeline Network](#) Free or low cost services **303-534-5360**

[Salud](#) Bilingual dental services. The service is FREE and children are chosen at each clinic by lottery to receive services. **970-526-2589**

[University of Colorado School of Dental Medicine](#)

FOR TEENS: The SDM provides quality care at drastically reduced rates to Colorado's underserved populations. Dental care is about more than teeth; it's about increasing a person's quality of life by giving them a smile they can feel good about. For more information call 303-724-6900.

**DIABETES:**

[Safe At School](#) *Parent Advocates serve as support and advocates for other parents who are experiencing diabetes management related issues within their child's school. Parent advocates have been trained on school diabetes management, challenges and solutions, and laws and regulations.*

[Diabetes Camp](#) *The American Diabetes Association sponsors a week-long Colorado summer camp for diabetic kids ages 8-17. Financial help is available. Visit the website or call 1-800-US-EAGLE.*

#### **DIVORCE:**

[Center for Divorce & Parenting](#)

[Covenant Counselors](#)

[Foundations Family Counseling](#)

[Haven Corporation](#)

[Iolite Counseling](#)

[Integrative Therapy Solutions](#)

[Legacy Comprehensive Counseling & Consulting](#)

[Littletown Counseling](#) specializes in family counseling for kids ages 5-25 and a sliding scale is available.  
303-741-2273

[Metro Legal Volunteers](#)— *Douglas County Family Law Clinic is held the second Wednesday of the month providing free or low cost help with uncontested divorces.*

[National Stepfamily Resource Center - Local Listings](#)

[New Beginnings Co-Parenting](#) *Dr. Turner's program helps parents explore issues of custody, communication, and recovery.*

[Pikes Peak Counseling](#)

[Southeast Psychotherapy Associates, PLLC](#)

[Steffanie Stecker, PhD, PLLC](#)

[Supervised Visitation Directory- Colorado](#)

[SuperVision Parenting](#)

[Thoreson, Kirk, PsyD](#)

#### **DROP-OUT / EXPULSION:**

[Compass Educational Services](#)

[Douglas County Student Support Center](#)

[Four Seasons Counseling](#)

#### **FOOD SECURITY:**

**Douglas Elbert Taskforce**—*In addition to food aid, the Task Force can provide diapers, clothing, and household goods as well as utility and rent assistance. 303-688-1114*

[Cooking Matters](#) *offers free cooking and shopping workshops to help families prepare healthy yet low cost meals*

[Hunger Free Colorado](#) *Check to see when some friendly neighborhood food folks will be in your area.*

[Parker Taskforce](#) operates a food bank and other services.

**SNAP Program** Contact Douglas County Human Services for eligibility 303-688-4825

[Summer Free Lunch Program](#) sponsored by Hunger Free Colorado—Centennial Park, Castle Rock. There is no financial application or qualification for this program. The only requirement is that food be eaten on site and may not be taken home. The summer lunch program is for children 18 and younger. For more information call 303-257-2442.

**FOSTER PARENTS:**

[Camp To Belong](#) is a camp where foster children can spend time with their siblings during the summer.

[Colorado State Foster Parent Association](#) provides education programs, support, referrals, and advocacy.

**Douglas County Kinship Navigator Program (Family Tree)** supports families who have taken in and are caring for a relative's child. They can help caregivers with resources to meet food, clothing, medical and other needs. **303-463-6330 ext. 749**

[Family Unification Program](#) provides housing vouchers to people 18-21 years old who have aged out of foster care. Participants pay approximately 30% of their monthly income toward rent and utilities. 303-561-2387

[FosterClub.com](#) - An awesome site for foster youth. It has clubs, safe message boards, tons of information, and fun stuff to read. Foster youth can learn that they are not alone. There is a parent-focused [Booster Club](#).

[Foster Parent College](#) offers a variety of online classes for foster parents. Most are only \$10.

[Healthy Futures Program, Kempe Foundation](#) Through therapeutic skills groups and individual mentoring, this clinical program helps abused and neglected 9- to 11-year-old children placed in foster and kinship care learn life skills that will help them deal with the challenges of adolescence and create healthy futures.

**The IMHOFF Clinic** provides behavioral health treatment to foster children and families who are dealing with the mental health consequences of child abuse or neglect. The clinic has a variety of funding resources they can consult to help with fees. Call **303-864-5200**

[Legacy Project](#) is a program at Advocates for Children that is made up of current and former foster youth aged 13-21. They are all in different stages of emancipation from the system, and the program is designed as part support group, part life-skills education and experiential learning, as well as an emphasis on community service which takes place at monthly meetings.

[Shiloh House](#) offers coaching, education, and support for foster children on the verge of emancipation from the foster care system.

[YMCA](#) provides foster families with 50% off on fees and camps.

**GANG PREVENTION / INTERVENTION:**

[Douglas County Partners](#) provides mentoring for at-risk youth.

[Gang Rescue & Support Project \(GRASP\)](#) *The program features weekly sessions, mentoring, and activities that provide a healthy alternative to gang involvement. The program also pays for tattoo removal in exchange for community service.*

[Haven Corporation](#)

[Open Door Youth Gang Alternatives](#)

**GLTB:**

**24-hour** crisis line and GLBT hate crimes line **888-557-4441**

[Parents, Family and Friends of Lesbians and Gays](#) *The Southeast Metro chapter has closed but PFLAG offers a support line at 303-333-0286 as well as parent support groups in Denver.*

[Rainbow Alley](#) *sponsors an alternative prom and other events for GLBT teens.*

**Suttle, Tamara G., M.Ed**

6222 Lancaster Ave., Castle Rock, CO 80104

[www.tamarasuttle.com](http://www.tamarasuttle.com)

303-660-4989

*Counseling for GLBT youth*

**GRIEF & LOSS:**

[Arapahoe / Douglas Mental Health Network](#)

[Believing In Kids & Families](#)

[Camp Comfort](#)

[Children's Grief Association & Lighthouse](#)

[Covenant Counselors](#)

[Douglas County Schools - Grief & Loss Resources](#)

[Footprints Child / Adolescent Grief Support Groups](#)

[GriefShare](#)

[HeartLight Center](#)

[Horses Healing Grief](#)

[Integrative Therapy Solutions](#)

[Iolite Counseling](#)

[Judi's House](#)

[Pikes Peak Counseling](#)

[Sibling Connection](#) *is a website that has resources for youngsters who have lost a sibling.*

[Steffanie Stecker, PhD, PLLC](#)

**HOMELESSNESS:**

[Douglas County Schools - Homeless Student Resources](#)

[Douglas / Elbert Task Force - Emergency Assistance](#)

[Family Tree](#)

[Gateway Battered Women's Shelter](#) offers emergency shelter and counseling for women and children.  
[Parker Task Force](#)

**Salvation Army** (Tri-County) **303-761-6111**

### **HIPPOTHERAPY (HORSE THERAPY)**

[Saddle Up!](#) *Hippotherapy can help a variety of conditions including autism, addiction, Muscular dystrophy, brain injury, and more.*

### **HOUSING:**

**Colorado Foreclosure Hotline 1-877-601-HOPE**--4 out of 5 homeowners who spoke to a housing counselor were able to avoid foreclosure

### **LEGAL:**

[18th Judicial District Juvenile Assessment Center](#) *Youth with open court cases in the 18th District may be referred by a Magistrate or Judge to the Juvenile Assessment Center. After the appointment, JAC staff will provide the court with a detailed report regarding service recommendations.*

**Colorado Bar Association's FREE Ask-A-Lawyer** phone service. 4-6:30 pm every Wednesday  
**303-698-0999**

[Colorado Juvenile Defenders Coalition](#) *The Coalition serves as a clearinghouse of information for youth, families, and the general public regarding juvenile defense and juvenile justice issues.*

[Colorado Legal Services](#) *provides free or low cost services to Coloradoans*

[Colorado Public Defenders Office](#) *provides representation for indigent individuals who are charged with the commission of a crime in Colorado.*

[Free Family Law Clinic](#) *is held the 3<sup>rd</sup> Tuesday of each month from 5:30-7pm. The clinics are informational and lawyers do not provide legal representation. Sponsored by the [Denver Bar Association](#).*

[Integrative Therapy Solutions](#)

[Legal Center for People with Disabilities & Older People](#) *The Legal Center is an independent public interest non-profit specializing in civil rights and discrimination issues. They protect the human, civil and legal rights of people with mental and physical disabilities, people with HIV, and older people throughout Colorado.*

[Metro Legal Volunteers](#)— MLV offers free and low cost legal services for those who cannot afford them. *The Douglas County Family Law Clinic is held the second Wednesday of the month.*

[Office of the Child's Representative](#)

[Rocky Mountain Children's Law Center](#) *The Center was founded to address the lack of quality legal representation for abused and neglected children in Colorado. The Center's programs include foster parent representation, dependency and neglect representation, crisis calls, and domestic violence advocacy.*

[National Association of Counsel for Children](#) The NACC maintains a database of attorneys for referral purposes. Please note that the NACC does not provide direct legal representation.

**LONG-TERM PROBLEM-SOLVING PROCESS:**

[Douglas County WrapAround](#) keeps kids in their homes, their families, and their communities and out of foster care.

**MEDICAL CARE:**

**Advanced Pediatric Associates** is a private provider that strives to provide affordable care to patients from their Parker office. **303-699-6200**

[Doctors Care](#) provides sliding-scale medical care for the uninsured.

[Metro Community Provider Network](#) (MCPN): is a non-profit healthcare organization that provides medical, dental, mental health, and community based services. The area is served by the Arapahoe/Douglas Clinic with the Pine Tree Clinic to open in Parker soon.

[Rocky Mountain Youth Clinics](#) offer free and low cost pediatric health care and mental health services. No family is turned away for inability to pay.

**Rx Assist** provides assistance in finding and applying for pharmaceutical company prescription assistance programs. **303-629-4937**

**MENTAL HEALTH ASSESSMENT & TREATMENT:**

[Arapahoe / Douglas Mental Health Network](#)

**Chaplain Janine Schiavoni** provides guidance, counseling, and spiritual care to teens and adults. **303-752-4726 janineschiavoni@gmail.com**

[Children's Hospital](#)

[Covenant Counselors](#)

[Doctors Care](#) provides sliding-scale care for the uninsured.

[Foundations Family Counseling](#)

[Tracy Hart, MA, LPC](#)

[Haven Corporation](#)

[Highlands Behavioral Health System](#)

[Howard, Rebecca, PsyD, LLC](#)

[Iolite Counseling](#)

[Integrative Therapy Solutions](#)

[Institute for Attachment & Child Development](#)

[Legacy Comprehensive Counseling & Consulting](#)

[Life Support Behavioral Institute](#)

[Max, Dana A., PsyD, PC](#)

[McNutt, Colton, PsyD](#)

[People House](#) *This program is intended for clients who have a need for counseling services but lack the resources for full-priced psychotherapy. Counseling by People House interns is on a sliding scale basis at a suggested cost of \$15 to \$40 per hour depending on ability to pay.*

[Southeast Psychotherapy Associates, PLLC](#)

[SPARK Counseling](#)

[Steffanie Stecker, PhD, PLLC](#)

[Thoreson, Kirk, PsyD](#)

[Trathen & Associates, PC](#)

[Wellshire Behavioral Sciences](#)

#### **MENTAL ILLNESS:**

National Alliance on Mental Illness. The [NAMI Family-to-Family Education Program](#) is a free, 12-week course for family caregivers of individuals with severe mental illnesses.

National Alliance on Mental Illness. [NAMI Connections](#) are support groups in the metro area for individuals recovering from mental illness.

#### **MILITARY FAMILIES:**

[Military Kids Connect](#) *has age appropriate resources for K-12 youngsters. Stories, games, and a special teen line allow kids to connect with other military children whose parents have been deployed.*

[Purple Star Veterans and Families](#) *A community of spouses, children, parents, grandparents, extended family members and friends of homecoming Veterans, created to insure successful transitions from military to civilian life. Here you will find the Homecoming Preparedness Quiz and the Homecoming Preparedness Guide for families.*

[Child Care Aware](#) *can provide military families with information about financial help for child care and more. Call Toll Free 1-800-424-2246*

[Project Sanctuary](#) *supports the entire military family. Using recreational therapy, the project provides families with a fun, recreational retreat experience and the opportunity to tap into vital support structures upon returning home. All services are provided absolutely free of charge to service personnel and their families. Assistance with travel expenses may be available for families who qualify.*

**Vet Center 1-877-WAR-VETS** *is an around-the-clock, confidential call center where combat Veterans and/or their families can call to talk about any issue they are facing in the readjustment process.*

**The Veterans' Crisis Line** *offers confidential help for vets and their families. 1-800-273-8255 or text 838255*

**Women Veteran's Hotline** *is a new service to help women veterans find resources for themselves and their families. 1-855-VA-WOMEN*

#### **NON-CUSTODIAL PARENTS:**

[Shiloh House](#) *can provide safe, supervised visitation and support.*

#### **PHYSICAL DISABILITY / SPECIAL NEEDS:**

[Aspen Camp of the Deaf & Hard of Hearing](#)



[Autism Society of Colorado](#) See: Autism  
[Behavioral Growing Tree](#)

[ChildFind - DCSD](#)

[Children's Hospital](#)

[Colorado Center for the Blind](#)

[Colorado Fragile X](#)

[Colorado School for the Deaf & Blind](#)

[Colorado Speech - Language - Hearing Association](#) *Testing, screening, and therapy on a sliding fee scale for hearing, speech, and language disorders*

[ColoradoDeaf](#)

[Connect Us - Social Skill-Building & School Readiness](#)

[Developmental Disability Consultants, PC](#)

[Developmental Pathways, Inc.](#)

[Early Childhood Connections](#) *serves families with special needs children aged 0-3. Parent Connector links parents with other special needs families and a support line is available 303-706-0075.*

[Epilepsy Foundation](#)

[Family Advocacy, Care, Education, Support \(FACES\)](#)

[Family Voices of Colorado](#)

[Federation of Families for Children's Mental Health](#)

[Freedom Scientific](#) *creates Windows-based computer software for disabled students. The company provides very generous free trial downloads.*

[Firefly Autism](#)

[Kids Mobility Network](#)

[Listen Foundation](#) *supports families who would otherwise not have access to the equipment and therapy that their children need in order to become listening, speaking adults.*

[Life Support Behavioral Institute](#)

**Longterm Care Options** *is a non-profit agency specializing in the personal coordination of longterm care services in community settings. LTCO helps people to obtain assistance with activities such as bathing, dressing, eating, or homemaking. They will work with Medicaid, insurance, or low cost self-pay options. 720-974-2379 (Douglas County) or main number 720-974-0032*

[National Sports Center for the Disabled](#)—*The center offers a variety of summer and winter activities and programs for people with disabilities regardless of their ability to pay.*

[Parent to Parent of Colorado](#) *matches parents of a disabled child with a support parent for practical advice and emotional support.*

[Parents Encouraging Parents](#) *P.E.P. conferences are free for parents of disabled children.*

[PEAK Parent Center](#) *empowers families, educating them about specific disabilities, available resources,*

laws that protect their children's rights, and tools they need to become lifelong advocates for their children.

[Prescription for Success - Tutoring & Learning](#)

[Promise Ranch](#) offers free therapeutic riding and scholarships for lessons. 303-841-5007

[Saddle Up!](#) The Parker, Colorado SaddleUp! Foundation therapeutic riding program is for students with physical or cognitive disabilities who would like to learn horsemanship and riding skills.

[Social Pathways](#)

[Steffanie Stecker, PhD, PLLC](#)

[The Source - Special Needs & Fetal Alcohol Syndrome Resources](#)

[To The Rescue](#)

[Tri-County Health Department - Health Care for Children with Special Needs](#)

[Wellshire Behavioral Sciences](#)

[Wellspring Community](#)

**PROFESSIONAL RESOURCES:**

[Food Security Resource Library](#)

[South Metro Health Alliance](#) works to inform, unite, and mobilize the community for better access to health care for all.

**RESPITE / DAYCARE:**

[Club 4 Kids Drop-In Center](#)

[Colorado Respite Coalition](#)

[Developmental Pathways](#)

[Easter Seals - Discovery Club](#)

[Maple Star](#)

[New Day In-Home](#) offers a day program and community integration program for special needs individuals as well as respite care for their caregivers.

[Sky Cliff Center](#)—adult daycare services for residents of Douglas and surrounding counties.

[To The Rescue](#)

**SAFETY:**

[Child Safety Classes, Parker Police Department](#) The department offers "Keeping Kids Safe on the Internet" and other child safety programs.

[Douglas County Sheriff's Department](#) "Friendly Faces Fake Us Out" and other materials teach youngsters about stranger danger in a non-frightening way.

[Parenting Safe Kids](#) has a support line and workshops to prevent sexual abuse of children. Support Line 303-931-5782

[Safe Kids.org](#) has tips on childhood accident prevention.

[Women's Crisis and Family Outreach Center](#) Crisis Line 303-688-8484 Office 303-688-1094

**SIBLINGS OF SPECIAL NEEDS CHILDREN:**

[SibShop](#) Siblings can participate in various quiet and recreational activities that allow them to discuss their life experience of being a sibling of a child with special needs. \$25 per session with limited scholarships available.

**SINGLE PARENTS:**

[James Resource Network for Single Mothers](#) *The Network offers counseling, education, food, clothing, mechanical help for autos, legal help, and more.*

[The Patricia Schroeder Scholarship](#) *is available to undergraduate and graduate students at the University of Colorado Denver. Applicants for the Patricia Schroeder Scholarship must be residents of Colorado as well as single parents.*

[Hands of the Carpenter](#) *provides much needed help with auto repairs for single moms and widows. Qualifying moms need pay only 35% of the cost of repairing or maintaining their vehicles.*

**SUBSTANCE ABUSE - ASSESSMENT & INTERVENTION:**

[5280 Drug Testing](#) *This company offers respectful drug testing at prices which are more affordable than those charged by hospitals.*

[Arapahoe / Douglas Mental Health Network](#)

[Arapahoe House - Detox & Treatment](#)

[At Your Site Drug Screening](#)

Barbara Sheehan-Zeidler, LPC\_720-839-4720

[Beacon Center](#)

[Betty Ford Center's Children's Program](#) *This program is for children ages 7-12 whose families have struggled or are struggling with alcohol or substance abuse.*

[Center for Dependency, Addiction & Recovery \(CeDAR\)](#)

[Colorado Addictions Consulting](#)

[Cornerstone - Treatment & Enthusiastic Recovery](#) *This intensive outpatient program is for youth aged 13 to 25. Parent support groups are also available.*

[Define Your Peace / Fire Mountain Enterprises](#)

[Drug Abuse .Gov](#) *Peer chat and interactive materials for teens, as well as resources for parents and educators, make this a useful site.*

[Dynamic Directions](#)

[Families at Five](#)

[Family Advocacy, Care, Education, Support \(FACES\)](#)

[Haven Corporation](#)

[Integrative Therapy Solutions](#)

[Iolite Counseling](#)

[New Vision at the Medical Center of Aurora](#)

[Servicios de la Raza](#)

[Southeast Psychotherapy Associates, PLLC](#)  
[Synergy](#)  
[Virtual Substance Abuse Resource Fair](#)  
[Worthing, Carol Ann, PhD](#)

**SUICIDE - ASSESSMENT & INTERVENTION:**

[Arapahoe / Douglas Mental Health Network](#)  
[HeartBeat \(South Metro\)](#)  
[Highlands Behavioral Health System](#)  
[Iolite Counseling](#)  
[Second Wind Fund](#) *The Fund will pay for up to 12 therapy visits for financially strapped parents who have a child at risk of suicide.*  
[Steffanie Stecker, PhD, PLLC](#)

**SUPPORT GROUPS - SPECIALIZED:**

[Autism Society of Colorado](#) *can answer parents' questions about Medicaid benefits, early intervention, and much more 720-214-0794.*  
[EMPOWER - Parents of Children with Mental Health Issues](#)  
[Family Voices of Colorado](#)  
[Federation of Families for Children's Mental Health](#)  
[National Alliance on Mental Illness](#)  
[Parent to Parent of Colorado](#)

[Parents Encouraging Parents](#) *P.E.P. conferences provide an opportunity for parents of disabled children, educators, and specialists to collaborate and learn from one another. Tuition is FREE for parents of disabled children under the age of 21. P.E.P. meetings are encouraging and energizing.*

[PEAK Parent Center](#) *The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of disabled children with strategies to advocate successfully for their children.*

[Spina Bifida Association of Colorado](#)

**TEENS:** See Also TEEN section on Parenting Resources page

**TEEN DATING VIOLENCE:**

[Douglas County Sheriff - Youth Education & Safety in Schools](#)  
[Love Is Respect.Org](#) *Does your teen have a safety plan in place in case a date or relationship goes wrong? Love also maintains a Teen Dating Violence Hotline call 1-866-331-9474 or text "loveis" to 77054. Teens can also chat live online with a peer advocate.*

[Servicios de la Raza](#)

[Women's Crisis & Family Outreach Center](#)

**TEEN PREGNANCY:**

[Alternatives Pregnancy Center](#) *Alternatives Pregnancy Center exists to care for Denver-area women and men in pregnancy-related crises and offer them a meaningful alternative to abortion. Services are free. 24-hour helpline 303-295-2288*

[Metro Community Provider Network](#) (MCPN): *is a non-profit healthcare organization that provides medical, dental, mental health, and community based services. The area is served by the Arapahoe/Douglas Clinic with the Pine Tree Clinic to open in Parker soon.*

[Planned Parenthood of Parker](#) 720.851.6606 *offers healthcare and testing for **both** young men and women. The website has resources for teens as well as an Ask-an-Expert feature. [The Parent's Toolbox](#) covers an array of issues that parents face.*

[Tri-County Health Department](#) *provides birth control and condoms, emergency contraception, pregnancy testing, sexually-transmitted infection testing (STI), and HPV vaccine. The Parent Portal has resources to keep lines of communication open between parents and teens.*

**THERAPEUTIC RECREATION:**

[Highlands Ranch Community Association Therapeutic Recreation Program](#) *Scholarships are available. Classes, leagues, social activities, Special Olympics, individualized instruction, birthday parties, and events enrich the lives of special needs participants. ISP (individual service plan) required to participate.*

**TRANSPORTATION:**

[Douglas County Transit Solutions](#) *The free call center will assist residents in finding the best transportation options for their needs. Call **DCTS Rides** at **303-660-7519** or visit the website.*

[Hands of the Carpenter](#) *provides much needed help with auto repairs for single moms and widows. Qualifying moms need pay only 35% of the cost of repairing or maintaining their vehicles.*

[RTD Million Mile Challenge](#) *Residents in the Southeast metro area can sign up for a ride discount code.*

[Castle Rock Taxi Ride Program](#) *will help qualifying residents with the cost of taxi rides to doctors' appointments and so forth.*

**TRANSITION FROM STUDENT TO ADULT:**

[Arapahoe / Douglas Mental Health Network](#)

[ARC of Arapahoe and Douglas Counties](#)

[Bayaud Enterprises](#)

[Disability Center for Independent Living](#)

[Learning for Life](#)



[Life After High School](#)-- *It's no longer a given that children with intellectual challenges don't go to college! Life transition resources for students with cognitive disabilities and their parents*

[Wellspring Community](#)

**SWAP—School to Work Alliance Program—Douglas County Schools**--*helps provide successful employment and community transitions for special needs students. Contact [Cheri.Matia@dcsdk12.org](mailto:Cheri.Matia@dcsdk12.org)*

[Mile High Independent Living Center](#) *works with clients to develop a plan to help them achieve their goals of independence.*