

Ticks and tick-borne illnesses spreading

Q. My neighbor's dog was recently diagnosed with Lyme disease. I am confused what type of tick causes it and what I should be doing to avoid this happening in my pets?



Dr. Crawford

You are not alone in your confusion. Tick populations and the incidence of tick-borne diseases are spreading. Climate change has led to longer tick seasons.

Ticks are not just a backyard problem, but have become a backyard problem as well. The diseases they carry are not only affecting pets but people as well. You want

to protect your pet against Lyme disease as well as Rocky Mountain spotted fever, Babesiosis, Anaplasmosis and Ehrlichiosis.

Different ticks carry different infectious diseases, and not all treatments manage all tick problems. Your veterinarian should advise you on the best products for your situation and the proper use of tick repellents and acaricides.

There are many products available — collars, sprays and spot-on products. Some of these are available over the counter, but serious problems may occur when they are used improperly. Please consult your veterinarian before beginning any treatments.

SEND US YOUR QUESTIONS

The veterinarians of the Oradell Animal Hospital in Paramus will answer your pet-related questions on health and well-being. Because of the volume of mail, not all questions may be answered. Email pets@northjersey.com. Include your name, address and phone number.

The best way to find ticks on your pet is to run your hands over the whole body. Check for ticks every time your pet comes back from an area you know is inhabited by ticks. Ticks attach most frequently around the pet's head, ears, neck, and feet, but are by no means restricted to those areas.

— **MaryAnn Crawford, DVM, Diplomate, ACVIM (Internal Medicine)**

Foster

From Page F-1

Luigi and is bringing in at least 20 more dogs today.

The foster families pay no money out-of-pocket. They are given all the needed dog supplies and rescue groups pay veterinarian bills, as well. A foster family just needs to provide time and love. And while puppies often require someone home all day, older dogs can easily — and happily — fit into a family that works and goes to school.

"An older dog that would've [otherwise] been dead, having to sit on a couch for eight hours? That's not too bad," says Urman. "I'm realistic about this. If you don't work, they don't eat."

Urman must be pragmatic. She deals in numbers of dogs saved, homes found, fosters available. But there is another side to fostering that has nothing to do with practicality. It is about the personal benefits of doing good and bonding with the needy animals.

"It's very rewarding, because you get to save lives," Cecchetti says of fostering.

Often families get attached to their dogs. Some end up keeping them. Others cry and reluctantly let go, trying to focus on the happy ending.

The Kraykowski family of Dumont has fostered about 16 dogs over the last year. Mother and

Before you foster a dog

Sandy Kraykowski has brought at least 16 foster dogs into her Dumont home over the last year. Here are her suggestions for people thinking about fostering a dog.

- Be prepared to have a foster dog for an average of one to five weeks for a puppy, one to four months for an older dog.
- Be patient and understanding. Most of these dogs are scared and are going to be difficult for the first 24 to 48 hours. They may bark, cry, whine, chew or have an accident.
- Be willing to go slow, especially with kids (don't wake up the dog, don't bother while it's eating, etc.).
- Give the dog space to explore

and adapt to the new surroundings.

■ Be ready to meet and assess prospective adoptive families.

■ Allow 24 to 48 hours for the rescue organization to find another home if there is an issue and the dog can't stay until it's adopted.

FOR MORE INFORMATION

Pet ResQ
petresqinc.org

BARK
email: boniark@yahoo.com
Applications to foster or adopt with BARK can also be filled out at these PetSmart locations:
60 Route 17 north, Paramus, 3:30 to 7:30 p.m. Saturdays
57 Route 23, Wayne, 1:30 to 5:30 p.m. Sundays

daughter Sandy and Stefani cried a lot when the first few dogs left but now they share the joy of the adoptive family.

"It's amazing how excited people are to bring a dog into their lives and give them a new start," says Sandy Kraykowski, who also handles adoptions for Pet ResQ. "We cry less and less now. We're more excited about the dog and the home we find. And then we get to get another one."



CARMINE GALASSO/
STAFF PHOTOGRAPHER

Lucia Cecchetti of Cresskill and Luigi.

Email: yoriok@northjersey.com

Jojo, a neutered 7-year-old Rottweiler mix, was surrendered to the Bergen County Animal Shelter in Teterboro because his owner was



moving. He is smart, energetic and needs a household that will provide him with long walks and obedience training. Because of his breed qualities, Jojo will need a confident leader who

can provide him with guidance and a stable routine. He needs to go to a home without young children only because his size can be intimidating for youngsters. ID number is 84431. Information: 201-229-4600; bcas.petfinder.org.

Kristine, a 6-month-old kitten, was found outside shivering from the cold just before Christmas, and is now available through



Caring About The Strays rescue group. She's a gorgeous orange and white tabby with golden eyes and a friendly disposition. Kristin loves to be the center of

attention so she will be happiest as an only cat or in a household with just one other pet. She is spayed and current on shots. Information: 201-666-5444 or care4strays@yahoo.com.

Public Notices

BOND ORDINANCE STATEMENT AND SUMMARY

The bond ordinance, the summary terms of which are included herein, has been finally adopted by the Borough Council of the Borough of Glen Rock, in the County of Bergen, State of New Jersey on March 14, 2012 and the 20-day period of limitation within which a suit, action or proceeding questioning the validity of such ordinance can be commenced, as provided in the Local Bond Law, has begun to run from the date of the first publication of this statement. Copies of the full ordinance are available at no cost and during regular business hours, at the Clerk's office for members of the general public who request the same. The summary of the terms of such bond ordinance follows:
Title: BOND ORDINANCE TO AUTHORIZE THE MAKING OF VARIOUS PUBLIC IMPROVEMENTS AND THE ACQUISITION OF NEW ADDITIONAL OR REPLACEMENT EQUIPMENT AND MACHINERY, NEW COMMUNICATION AND SIGNAL SYSTEMS EQUIPMENT, NEW INFORMATION TECHNOLOGY EQUIPMENT AND A NEW AUTOMOTIVE VEHICLE, INCLUDING ORIGINAL APPARATUS AND EQUIPMENT, IN, BY AND FOR THE BOROUGH OF GLEN ROCK, IN THE COUNTY OF BERGEN, STATE OF NEW JERSEY, TO APPROPRIATE THE SUM OF \$1,210,800 TO PAY THE COST THEREOF, TO APPROPRIATE A COUNTY GRANT, TO MAKE A DOWN PAYMENT OR FULLY OR PARTIALLY FUND APPROPRIATIONS FROM THE CAPITAL IMPROVEMENT FUND, TO APPROPRIATE CAPITAL SURPLUS, TO AUTHORIZE THE ISSUANCE OF BONDS TO FINANCE SUCH APPROPRIATION AND TO PROVIDE FOR THE ISSUANCE OF BOND ANTICIPATION NOTES IN ANTICIPATION OF THE ISSUANCE OF SUCH BONDS.

The purposes, appropriations, bonds/notes authorized and grant and capital surplus appropriated in this multipurpose bond ordinance are as follows:

SCHEDULE OF IMPROVEMENTS, PURPOSES AND AMOUNTS

A. Undertaking of the 2012 Street Resurfacing Program at various locations in the Borough. It is hereby determined and stated that said streets being improved are of "Class B" or equivalent construction as defined in Section 22 of the Local Bond Law (Chapter 2 of Title 40A of the New Jersey Statutes Annotated, as amended; the "Local Bond Law").

Appropriation and Estimated Cost	\$ 120,000
Down Payment Appropriated	\$ 115,300
Bonds and Notes Authorized	\$ 4,700
Period of Usefulness	10 years

B. (i) Acquisition of new additional or replacement equipment and machinery consisting of a front end loader for the use of the Department of Public Works and (ii) undertaking of the following public improvements: (a) installation of exterior and interior signs at the Municipal Building and (b) undertaking drainage improvements at various locations.

Appropriation and Estimated Cost	\$270,000
Down Payment Appropriated	\$ 12,900
Bonds and Notes Authorized	\$257,100
Period of Usefulness	15 years

C. Upgrading and repair of various sewer pump stations.

Appropriation and Estimated Cost	\$ 70,000
Down Payment Appropriated	\$ 3,350
Bonds and Notes Authorized	\$ 66,650
Period of Usefulness	40 years

D. Acquisition of new additional or replacement equipment and machinery and a new automotive vehicle, including original apparatus and equipment, for the use of the Police Department consisting of (i) in-vehicle cameras and (ii) an SUV.

Appropriation and Estimated Cost	\$ 75,000
Capital Surplus Appropriated	\$ 75,000
Period of Usefulness	5 years

E. Acquisition of new information technology equipment consisting of a computer server for the use of the Administration.

Appropriation and Estimated Cost	\$ 5,400
Capital Surplus Appropriated	\$ 5,400
Period of Usefulness	7 years

F. Acquisition of new additional or replacement equipment and machinery, new information technology equipment and new communication and signal systems equipment for the use of the Fire Department consisting of (i) turnout gear, (ii) mapping technology equipment, (iii) self-contained breathing apparatus bottles, (iv) a mobile radio, (v) pagers, (vi) portable radios and (vii) cots.

Appropriation and Estimated Cost	\$ 35,400
Capital Surplus Appropriated	\$ 19,600
Capital Improvement Fund Appropriated	\$ 15,800
Period of Usefulness	5 years

G. Undertaking of the following improvements at the Municipal Pool: (i) upgrading of the Women's Shower and (ii) replacement of the shade canopy.

Appropriation and Estimated Cost	\$ 25,000
Capital Improvement Fund Appropriated	\$ 25,000
Period of Usefulness	10 years

H. Renovation of Wilde Park.

Appropriation and Estimated Cost	\$ 60,000
County Grant Appropriated	\$ 30,000
Down Payment Appropriated	\$ 1,450
Bonds and Notes Authorized	\$ 28,550
Period of Usefulness	15 years

I. Supplemental funding for the undertaking of parking improvements at Faber Field Complex and construction of a joint Recreation/Recycling Building on Doremus Avenue. It is hereby determined and stated that the Borough has heretofore appropriated the sum of \$400,000 for such improvement pursuant to Ord. No. 1602 adopted on June 10, 2009.

Appropriation and Estimated Cost	\$ 550,000
Down Payment Appropriated	\$ 25,000
Bonds and Notes Authorized	\$ 523,800
Period of Usefulness	15 years

Aggregate Appropriation and Estimated Cost	\$1,210,800
County Grant Appropriated	\$ 30,000
Aggregate Capital Surplus Appropriated	\$ 100,000
Aggregate Capital Improvement Fund Appropriated	\$ 1,450
Appropriated either as a Down Payment or to Fully or Partially Fund Appropriations	\$ 200,000
Aggregate Amount of Bonds and Notes Authorized	\$ 880,800

Section 20 Costs: \$75,000
Useful Life of Projects Funded by Debt: 16.86 years

Borough Clerk
Borough of Glen Rock
County of Bergen
236.25State of New Jersey
3259452

March 17, 2012-fee:\$236.25 (250)

BOARD OF HEALTH

BOROUGH OF RIDGEFIELD

PLEASE TAKE NOTICE that the following Ordinance was introduced at a monthly meeting on February 8, 2012 at 7:30PM and passed in its final form at a meeting of the Board of Health, of the Borough of Ridgefield, in the County of Bergen, State of New Jersey, held on March 14, 2012 at 7:30PM. Ordinance#1-2012-An Ordinance of the Board of Health, of the Borough of Ridgefield, Amending, Revising and Supplementing Ordinance #1-2008, the License Fees for food and drink establishments, retail and wholesale, stationary and mobile, vending machines, dry cleaning machines and other establishments.

Approved:
Attest:
Modesto Medina, President
Nives Beretin, Adm. Secretary
March 17, 2012-fee:\$22.68 (24) 3259468

NOTICE OF MEETING TIME CHANGE

PLEASE TAKE NOTICE of the following time change to the meeting scheduled for the Fort Lee Board of Education on:

Monday, March 26, 2012

Private Work Session - Time: 6:30 - 8:00 PM

HIGH SCHOOL STAFF DEVELOPMENT ROOM, 1st Floor
3000 Lemoine Ave., Fort Lee, NJ 07024

No action will be taken at the Private Work Session.

Regular Business Meeting - **HIGH SCHOOL AUDITORIUM**
3000 Lemoine Ave., Fort Lee

Regular Business Meeting will include:
8:00PM Public Hearing -
Lease Purchase Financing for Central Office Renovation.

To be followed by the Annual Public Budget Hearing. Official Action will be taken at the Regular Business Meeting.

Cheryl Balleto
Busine/s Administrator/Board Secretary
March 17, 2012-fee:\$22.68 (24) 3259556

Public Notices

I. BID NOTICE

Notice is hereby given that sealed bids will be received by the Mayor and Board of Commissioners of the Township of Lyndhurst, Bergen County, New Jersey for the construction of a Retaining Wall at Meadow Ridge Condominiums, 855 Valley Brook Avenue (Block 113, Lot 2.01) at Lyndhurst Township Hall, Municipal Clerk's Office, 367 Valley Brook Avenue, Lyndhurst, New Jersey on Wednesday, April 4, 2012 at 11:00 AM Local Prevailing Time.

Drawings, specifications and forms of bids, contract and bond for proposed work, prepared by Michael J. Neglia, Township Engineer, will be on file in the office of the said Engineer at 34 Park Avenue, Lyndhurst, New Jersey on Friday, Monday, March 19, 2012 and may be examined at no expense by prospective bidders during business hours. Bidders, upon request, will be furnished with a copy of the specifications and blueprints of the drawings by the Engineer on proper notice and a non-refundable payment cost of \$100.00 to cover the cost of reproduction (Checks made payable to: Neglia Engineering Associates, Inc.). Bids must be made on Standard Proposal forms in the manner designated herein and required by the Specifications, must be enclosed in sealed envelopes, bearing the name and address of bidder and name of the project on the outside addressed to Mayor and Board of Commissioners, Township of Lyndhurst, Bergen County, New Jersey and must be accompanied by a non-collusion affidavit and a certified check or bid bond for not less than ten (10%) percent of the amount bid, provided said check need not be more than \$20,000.00 nor shall not be less than \$500.00 and a consent of withdrawal from a surety company authorized to transact business in the State of New Jersey in a sum equal to one hundred (100%) percent of the amount bid, and be delivered at the place on or before the hour named herein.

Signatures shall be in ink and in longhand. Bids shall be either mailed directly to or hand delivered directly to the Township Clerk, Township of Lyndhurst, 367 Valley Brook Avenue, Lyndhurst, New Jersey 07077.

The Standard Proposal Form and the non-collusion affidavit are attached to the Specifications, copies of which will be furnished on application to the Engineer.

Bidders are required to comply with the requirements of N.J.S.A. 10:5-31 et seq. and N.J.A.C. 17:27, regarding Affirmative Action and Executive Order 11246 regarding Equal Opportunity and with all provisions of the Local Public Contracts Law, N.J.S.A. 40A:11-1 et seq. and all rules and regulations promulgated thereunder, the provisions of which are incorporated herein by reference.

In addition, all bidders shall provide a statement which shall set forth the names and addresses of all stockholders in the corporation who own 10% or more of its stock of any class, or of all individual partners in a partnership who own 10% or greater interest therein. This information is required pursuant to Chapter 33, Public Law 1997, and cannot be waived or cured after the receipt of bids. Failure to comply will result in rejection of the bid.

New Jersey Business Registration Requirements: N.J.S.A. 17:23-22 requires all contractors and subcontractors with public contracting agencies to provide proof of registration with the Department of Treasury, Division of Revenue.

The contractor shall provide written notice to its subcontractors of the responsibility to submit proof of business registration to the contractor.

Before final payment on the contract is made by the contracting agency, the contractor shall submit an accurate list and the proof of business registration of each subcontractor or supplier used in the fulfillment of the contract, or shall attest that no subcontractors were used.

For the term of the contract, the contractor and each of its affiliates and a subcontractor and each of its affiliates must comply with N.J.S.A. 10:5-31 et seq. and N.J.A.C. 17:27 shall collect and remit to the Director, New Jersey Division of Taxation, the use tax due pursuant to the Sales and Use Tax Act on all sales of tangible personal property delivered into this State, regardless of whether the tangible personal property is intended for a contract with a contracting agency. All bidders must be registered with the New Jersey Department of Labor. All bids shall be irrevocable, not subject to withdrawal and shall stand available for a period of sixty (60) days. The Township of Lyndhurst reserves the right to reject any or all bids, or to waive any informalities in the bidding.

"By order of the Mayor and Board of Commissioners, Township of Lyndhurst, Bergen County, N.J."

Helen Polito, Township Clerk
March 17, 2012-fee:\$110.57 (117) 3259475

MEETING OF THE WESTWOOD PARKING AUTHORITY

A meeting of the Westwood Parking Authority has been scheduled for the following time, date and place:

Time: 7:00 p.m.
Date: March 27, 2012
Location: Municipal Complex
101 Washington Avenue
Westwood, New Jersey

The purpose of this meeting shall be:

1. Approve the Minutes of prior meeting
2. Approve Disbursements
3. Any other business that may properly come before the Authority

March 17, 2012-fee:\$18.90 (20) 3259244

MORE PUBLIC NOTICES ON PAGE

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Coffee

From Page F-1

ment. Nespresso machines (\$150 to \$400) and Keurigs (\$100 to \$190) have their own fervent followers who will never go back to their old ways after brewing and steaming for the perfect homemade latte. Starbucks will introduce the Verismo espresso machine later this year, which Small says can be a game-changer because of the company's gigantic retail footprint.

Nespresso owners don't have it easy. The coffee can be purchased only online or at a Nespresso boutique store, the nearest of which is in Manhattan. The aluminum coffee capsules cost about 55 cents each and must be ordered in packs of 50. They are color-coded by coffee strength and style. Keurig owners, however, can find their K-Cups just about anywhere and have more choices than ever before.

"There has definitely been an explosion in options," says McAleavy.

There are 25 brands and more than 200 varieties of coffee, tea, hot chocolate and other hot bev-

Keep your K-Cup costs down

People love the convenience but not the cost of the coffee for Keurig single-serve machines. On Keurig's website, prices range from about 62 cents per cup for Green Mountain Breakfast Blend to about 83 cents per cup for Starbucks Breakfast Blend. Here are a few ways to save on K-Cup purchases.

- Buy a reusable filter that can be filled with your own coffee. Not as convenient but it also helps Mother Earth. The Eko-brew Cup is available online for \$11.
- Buy K-Cups in bulk from

Amazon.com or stores like Costco and BJ's. There isn't as much variety but the savings will make the fewer choices more tolerable; at Costco, the coffee costs an average of 53 cents per cup compared to an average of 73 cents per cup if purchased from Keurig's website.

■ Wait till fall. Green Mountain is losing a couple of key patents in September and when those expire, so too will the royalty payments other companies have to pay to make K-Cups. So prices will go down and options should increase.

— **Kara Yorio**

erages available for the K-Cup.

And now Keurig has a new system, the Vue, which offers more options for size of cup and strength of coffee. The V-Cups can be recycled in places that take No. 5 plastic, eliminating one of the biggest knocks on K-Cups — that they are not green. (Nespresso's aluminum coffee pods are recyclable.)

"I do care about the environ-

ment," says McAleavy. "But when you look at what's still manufactured and still out there, I think that's less egregious than buying Styrofoam and throwing it out or throwing pots away all the time. If they come up with a recyclable plastic to use, that would be great."

The Keurig website says the company is working on that.

Email: yoriok@northjersey.com

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Clifton Family Plaza
600 Getty Ave
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Corrado's Pet Market

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SUN-WED 9AM-8PM
THUR-SAT 9AM-9PM

PET STOP

TO ADVERTISE HERE CALL 888/460-5322

ADOPTION DAYS



Sasha's an 18 mo old kitty. She's a bit timid, but as soon as you pet her she purrs & rolls over for belly rubs. She's currently being fostered with 6 other cats, so there's no problem moving into a home that has other cats. FOCAS at 201-943-4919 Opt #4 to meet her.

ADOPTION DAYS



SARGE is a 1-2 yr old Mastiff and bulldog mix. Sarge is alert and playful yet very obedient and well-behaved. He gets along well with both people and other animals and takes directions well. Applications can be found on our website at www.fowa.petfinder.com 973-902-7515

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SHIH-TZU PUPS: Beautiful

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