



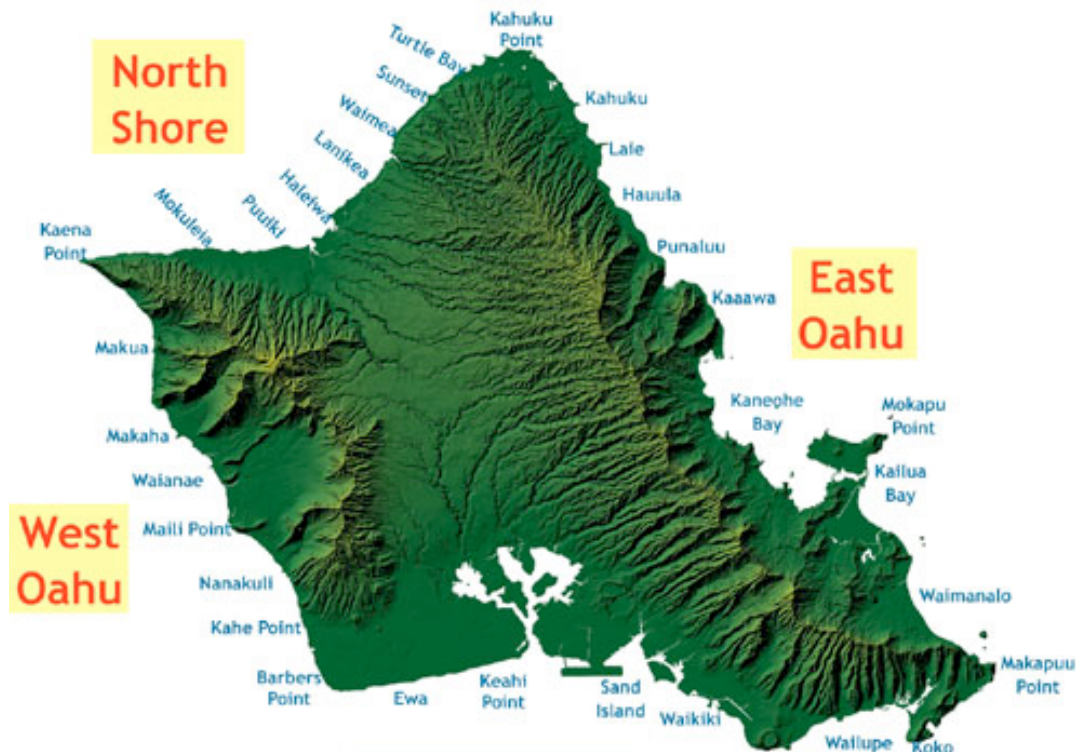
## Guide to Birding the Hawaiian Islands

### O'AHU

In general, the island has few native forest birds in accessible places. `Apapane and `Amakihi can be seen in low numbers on most of the ridge trails in the mountains behind Honolulu (Tantalus trails, Lyon Arboretum, and `Aiea Loop Trail are all places to look). Other places to look are Maunawili Trail and Kahana State Park, both on the Windward side. Even if one does not see an endemic bird, the song of the Shama Thrush and beautiful Red-billed Leiothrix are worth the hikes.

The best location to see seabirds is probably in the southeast part of the island, around Makapu`u Point (easily accessible by hiking a paved trail) and Manana Island off of Makapu`u Point. Frigatebirds, Boobies, Noddies, Terns, Tropicbirds, and Shearwaters can be seen. This is also one of O`ahu's best spots to whale-watch from November through April.

White Terns and interesting species of introduced birds can all be seen in urban Honolulu. For endemic waterbirds, Enchanted Lake in Kailua, at the end of Kiuke`e Place off of Ke`olu Drive, is one place to look. James Campbell National Wildlife Refuge in Kahuku is open from September through mid-February (the time when the stilts aren't nesting). To reserve your place on a tour, please call **808-637-6330**. Among the migratory visitors to the refuge are Northern Pintails, Lesser Scaup, Wandering Tattlers, Ruddy Turnstones, Sanderlings and Bristle-thighed Curlews. Hawaii Audubon Society usually offers a field trip to the Refuge in the fall.



## Marine Birds

- ***Marine Corps Base Hawaii, Kane`ohe Bay*** Take H-3 East to end of freeway (crosses Kane`ohe Bay Drive); enter base, check in at Security Station and show drivers license, car registration, proof of insurance (plus rental agreement if car is rented). Access may be restricted. (Phone: (808) 449-7110, Base Locator).
- ***Koko Head Regional Park and Nature Preserve*** Take H-1 East to Kalaniani`ole Highway (72) to **Koko Head, Hanauma Bay Nature Preserve (closed on Tuesdays), Koko Crater, Lanai Lookout, Halona Blowhole and Sandy Beach Park.**
- ***Manana Island*** Take Highway 72 (North) or Highway 83 (South) to Waimanalo, to Makapu`u Beach Park, across from Sea Life Park for viewing from afar. Contact the State Division of Forestry and Wildlife (808-587-0166) for information on access to the island.
- ***Sand Island Park*** (Sand Island State Recreation Area) Take H-1 (East or West) to Nimitz Highway (92), Honolulu, to Sand Island Parkway; drive to end of road.
- ***La`ie Point*** Take Kamehameha Highway (83) North to La`ie Shopping Center, turn towards the ocean on Onemoku Street, then right on Naupaka Street to the end of the peninsula.
- ***Ka`ena Point Natural Area Reserve*** Follow Farrington Highway (930) West to the end where it becomes a dirt road; park on the right. Walk around the gate, follow dirt road. Stay on trails (no dogs allowed).

## Wetland Birds

- ***James Campbell National Wildlife Refuge*** Take Kamehameha Highway (83) North to Kahuku Town; proceed North about 1 mile to bridge, turn right past Refuge sign, Sewage Treatment Plant to locked gate. Refuge closed to visitors mid-February to October due to nesting. Call the U.S. Fish and Wildlife Service at (808) 637-6330 for guidance.
- ***Kahuku Aquaculture Ponds*** Follow directions to James Campbell National Wildlife Refuge (above), but proceed North past the Refuge access road. Ponds are along the right side of Highway 83 for about 1 mile.
- ***Pearl Harbor National Wildlife Refuge*** Access is restricted. Call the U.S. Fish and Wildlife office at (808) 637-6330 for guidance. The Waiawa Unit is reached through Pearl City on Farrington Highway (93) and is located below Leeward Community College. The Honouliuli Unit is reached from Fort Weaver Road (76) (Hamana Street).

- ***Kawai Nui Marsh/Hamakua Wetlands*** Take H-3 East to the windward side, right on Mokapu Saddle Road, right on Oneawa Street, right on Kaha Street, straight ahead to the Kawai Nui Neighborhood Park. OR take Pali highway (61) East to Kalaniani'ole Highway (61) to Kailua Road (Kawai Nui on left) to entrance to Kailua Town, right on Hamakua Drive; the Hamakua Wetlands are on the right.
- ***Enchanted Lakes (Kailua)*** (Ka'ealepulu) Follow directions to Hamakua Wetlands (above); follow Hamakua Drive to Keolu Drive, turn right, take first left on to Kiukee Street. **The Kaelepu Wetland Sanctuary** is on the left. (privateland)
- ***Loko'ea Pond (Haleiwa)*** Take Highway H-2 North to Wahiawa Town, proceed North on Highways 80,99 and 83 through Haleiwa Town over bridge to Haleiwa Beach Park. Pond is adjacent to Jamesons restaurant.
- ***Salt Lake District Park*** Take Salt Lake Boulevard to Ala Napunani, then left on Ala Puumalu to Honolulu Country Club clubhouse. Wetland is on the right.

## Forest Birds

- ***`Aiea Keaiwa Heiau State Recreation Area*** (`Aiea Loop Trail) Take H-1 to Stadium Halawa Exit. Go straight through light on Ulune Street. Turn right on `Aiea Heights Drive and proceed mauka to Keaiwa Heiau State Recreation Area. Trail starts upslope from the park.
- ***Tantalus, Manoa Cliffs Trail (Pu`u `Ohia Trail)*** From Makiki Street, proceed mauka on Round Top Drive and park in lot by the Moleka trailhead, near street #s 4005 and 4009. Manoa Cliff Trail is on opposite side of road. At first junction, turn left onto Pu`u `Ohi`a Trail. The crest of the trail encounters a telephone service road. Proceed makai on this road, pass the buildings, and rejoin the trail. Trail ends on Tantalus Drive. NOTE: A detailed map of the Honolulu Trail system is available at the State Division of Forestry and Wildlife office (Room 325) at 1151 Punchbowl Street in Honolulu.
- ***Kuli`ou`ou Valley/Ridge Trail*** From Kalaniana`ole Highway (72) proceed mauka on `Elelupe Road. After the right bend turn left on Kuli`ou`ou Road, then right on Kala`au Place. Park before the cul-de-sac. Pass a cable barrier by the Board of Water Supply sign, bear left, then right onto a grassy path past a hunter check-in station. About 0.2 mile up the Kuli`ou`ou Valley Trail look for a sign on the right pointing up the ridge.
- ***Hawai`i Loa Ridge Trail*** From Kalaniani'ole Highway (72) proceed mauka on Pu`u Ikena Drive. Sign waiver at guard shack. From Ikena Circle, enter Paka Nahele and park in spaces by water tank. Follow gravel path to right; the trailhead is to the left of the path.
- ***Harold Lyon Arboretum*** End of Manoa Road, Manoa Valley, past Manoa Falls trailhead. Check in at visitor center which has trail maps.

## Open Country Birds

- ***Peacock Flats*** (hiking and bicycling only) From Farrington Highway (930), after passing Camp Mokuleia, turn left into 3rd entrance to Dillingham Airfield. Proceed 0.4 miles to the parking lot, walk mauka along the gravel road. Proceed through gate at fence. The trail (3.5 miles long) goes uphill to the Forest Reserve gate; Peacock Flats campground (camping permit required) is just beyond.

## Urban Birds

- ***Kapi`olani Regional Park*** In Waikiki, bordered by Kalakaua, Monsarat and Pali Avenues.
- ***Ala Moana Regional Park*** Take Ala Moana Boulevard (92) to Ala Moana Park Drive either across from Auahi Street or Atkinson Drive (makai of the Ala Moana Shopping Center).
- ***Kualoa Regional Park*** From Kaneohe Town, take Kahekili/Kamehameha Highways (83) North to Kualoa Point, turn right at Park.
- ***Ho`omaluhia Botanic Garden*** In Kaneohe town, take Kamehameha Highway (83) to Luluku Road and proceed mauka to the end of the road through the open gate. Park hours are 9 AM to 4 PM daily except Christmas and New Years Day.