



MIT Sport Taekwondo

October 1st, 2015

Dear ECTC Members,

The MIT Sport Taekwondo Club is very pleased to invite you to the first Eastern Collegiate Taekwondo Conference Tournament of the 2015-2016 season. The tournament will be held on **Sunday, October 18th** at the **Johnson Athletic Center** of the **Massachusetts Institute of Technology** in Cambridge, Massachusetts. This year, the tournament will be starting at 10 am, so please try to arrive at 9 am to give adequate time for registration and to avoid missing the first events of the tournament.

All A-team matches will be run using the Daedo electronic chest protectors. That means that all A-team sparring competitors must provide their own Daedo e-socks, which can be purchased at <http://www.tkdscore.com/m5/E-Foot--e-foot-gear.html>. *This year, B-team semifinals and finals matches will also be using the Daedo electronic scoring system.* All C-team matches will be run with Ringmaster scoring and do not require e-socks.

In this packet, please find the scheduling information, tournament information, and driving directions for the event. Registration for the tournament may be completed by following the directions at <http://ectc-online.org/registration.html>.

Please register your team by **Thursday, October 15, 2015 at 10 pm** by sending a registration spreadsheet to ectc-tournaments@googlegroups.com.

Team applications received after the deadline will incur a \$10 per competitor late fee, per ECTC regulations. In addition, please take note of the tournament fee for the 2015-2016 season of \$30 per registered competitor and \$40 per non-registered competitor. More details regarding registration fees may be found in this packet.

If you have any questions or concerns, please contact me at chowj@mit.edu.

We look forward to seeing everyone in October!

Sincerely,
Jean Chow
President, MIT Sport Taekwondo Club

Tournament Schedule

Time	Event
9:00 am	Competitor registration and weigh-ins
9:30 am	Coaches' & Referees' Meeting
10:00 am	Opening Ceremony
10:10 am	Forms Competition Begins
11:30 am	Sparring competition begins, in the order of: <ol style="list-style-type: none"> 1) A-Team Competition 2) C-team Competition 3) B-Team Competition

Please be on time, as competition will begin regardless of whether registered competitors have arrived!

Early Weigh-ins:

*New this year: Any school that registers 10 or more members must weigh-in the day before the tournament. Weigh-ins can be done either remotely via web video chat or on-site at MIT. Remote weigh-ins with the ECTC Tournament Committee will start on 10am on Saturday, October 17th. Information about remote weigh-ins can be found here: <http://www.ectc-online.org/#!/rules/cb61>. Schools may also weigh-in on site at MIT on Saturday, October 17th at 8-10pm.

Tournament Information

Tournament Rules:

This tournament will follow the ECTC rules found at <http://ectc-online.org/rules.html>. Rules posted there supercede all competitor information found in this packet.

Tournament Fee:

For competitors from a registered school:

\$30 per competitor cash or check made out to “MIT Sport Taekwondo”

For competitors from a non-registered school, or for those competitors who register after the deadline:

\$40 per competitor cash or check made out to “MIT Sport Taekwondo”

For competitors from a non-registered school, AND who register after the deadline:

\$50 per competitor cash or check made out to “MIT Sport Taekwondo”

To register a school/club with the ECTC for the current year, please mail club dues to the league treasurer, or bring the \$100 fee (checks made out to INCTL only) to the tournament, along with the registration form found at the end of this document. For questions regarding club registration, email the ECTC at **ectc-tournaments@googlegroups.com**.

Competitor Registration:

Registration for the MIT ECTC Tournament must be completed by **Thursday, October 15th, 2015 at 10pm**. To register, obtain a tournament registration spreadsheet by **Tuesday, October 13th** at <http://ectc-online.org/registration.html> and email to **ectc-tournaments@googlegroups.com** by the deadline above.

Competitors must on the day of the tournament:

- Valid, current Student ID
- Registration Fee described above
- Medical insurance information

Competitor Eligibility:

All competitors **MUST** be full-time students at the time of the competition. While student IDs are used as proof of student enrollment, the ECTC reserves the right to request proof of full-time status from the registrar of any school if there is a question about a student's full-time status.

Poomsae (forms) Competition:

Divisions. There are ten poomsae divisions (including both Men and Women), defined as follows:

Division (separate Men's and Women's)	Poomsae (forms)
White/Yellow	Taeguk 1 or 2
Green	Taeguk 3 or 4
Blue	Taeguk 5 or 6
Red/Brown	Taeguk 7 or 8
Black	Taeguk 8 (prelim) / Koryo (final 8)

Competitors must perform the forms appropriate for their rank as described above or they will be disqualified.

For the black belt divisions, all competitors will be judged under a modified version of the new WTF scoring methodology. That means that each competitor will be judged one at a time, and will receive separate scores for accuracy and performance.

Per ECTC rules, all teams are allowed to have up to 4 black belt men poomsae competitors and 4 black belt women poomsae competitors.

While the full WTF scoring system may not be used for color belt divisions, forms should still be performed according to the WTF standard.

Large divisions. If a color belt division has 30 or more competitors, the group may be split into two equally sized divisions. After one round, then the top 5 competitors will be chosen from each group and compete in a final group of 10 to determine the overall medalists for the division.

Accepted Poomsae. Athletes must perform the forms appropriate for their belt level as described above. Failure to perform the correct form will result in disqualification.

Team Sparring Competition:

The sparring competition will follow ECTC sparring rules, and all schools will compete in a single-elimination bracket.

Division	Size of Team	Duration	Rank
A team	3 competitors, 2 alternates	Before semifinals: 2 rounds of 90 seconds with 30 seconds rest Semifinals and up: 2 rounds of 120 seconds with 30 seconds rest	Blue belts through black belts
B team	3 Competitors, 2 alternates	2 rounds of 90 seconds with 20 seconds rest	Red Belts and below
C team	3 competitors, 2 alternates	2 rounds of 60 seconds with 30 seconds rest	Green Belts and below

Competitors and alternates may only compete in one division. For example, a red belt must compete in either A or B team, but not both.

This year, Instant Video Replay (IVR) will be an option for all A- and B-team semifinals and finals matches.

Medals will be awarded to members of the top 4 four teams in each division. Each team consists of 3 competitors, each in one of 3 separate weight divisions with 2 alternates of any weight division. The weight divisions are as follows:

Weight Division	Men	Women
Light	< 145.0 lbs	< 117.0 lbs
Middle	145.1-172.0 lbs	117.0-137.0 lbs
Heavy	> 172.0 lbs	> 137.0 lbs

Competitors who weigh in in full uniform are allowed an extra 2 lbs.

Equipment:

ECTC guidelines for sparring equipment must be followed. For a complete list of rules for the tournament, please go to <http://ectc-online.org> and click on the “Rules” section.

Competitors must provide their own sparring equipment, including:

- Helmet
- Mouthpiece
- Chest protector (for B and C-team divisions)
- Forearm Guards
- Shin guards
- Instep guards (or Daedo e-socks for A-team divisions)
- Groin protector (for men)

WTF-style gloves and socks are permitted but not required. Socks and gloves must either be white or match the color of the hogu.

In addition, all A-team competitors must purchase their own Daedo E-foot gear socks or they will not be allowed to compete. B-team semifinalists and finalists will also need Daedo E-footgear socks. There will be a limited amount of E-foot gear socks available at the tournament, but it is strongly recommended that you purchase your own. Socks can be purchased online at <http://www.tkdscore.com/m5/E-Foot--e-foot-gear.html>.

Tournament Scoring:

Competitors earn points for towards their team's overall score according to the following guidelines

Poomsae (Forms)

	1st	2nd	3rd	4rd
White/Yellow	10	8	6	4
Green	12	10	8	5
Blue	15	12	9	6
Red/Brown	20	16	12	8
Black	35	28	21	14

Gyoroogi (Sparring)

	1st	2nd	3rd	3rd	5th	5th	5th	5th
C-Team	64	32	16	16	8	8	8	8
B-Team	96	48	24	24	12	12	12	12
A-Team	128	64	32	32	16	16	16	16

Hotel Information

The best hotel rates near the city can be found in Natick/Framingham, which are located about 20 miles west of Boston along Interstate 90. For a good sampling of these rates, go to <http://hotels.com> and search for hotels in Natick, MA.

Hotels in Natick/Framingham (less expensive, 20 miles west along I-90)

Travelodge Natick

1350 Worcester Rd
Natick, MA 01760
800-804-6835

Red Roof Inn Boston - Framingham

650 Cochituate Rd
Framingham, MA 01701
800-804-6835

Hotels In or Near Cambridge (can be expensive)

Hyatt Regency Cambridge

575 Memorial Drive
Cambridge, MA 02139
(617) 492-1234

Le Meridien Cambridge-MIT

20 Sidney Street
Cambridge, MA 02139
(617) 577-0200

Residence Inn Boston Cambridge

6 Cambridge Center
Cambridge, MA 02142
(617) 349-0700

Doubletree Guest Suites Boston

400 Soldiers Field Road
Boston, MA 02134
(617) 783-0090

Directions to MIT's Johnson Athletic Center

Driving Directions

For GPS purposes, use 120 Vassar St., Cambridge, MA 02139, which will direct you to MIT's main athletic complex.

From the North (I-95 or I-93)

If you are heading south on I-93, follow I-93 into Boston then follow the I-93 instructions below. If you are heading south on I-95, take the I-93 South exit (exit 37) then follow the instructions from I-93. Alternatively, take the I-90 East exit (Massachusetts Turnpike) from I-95 then follow the instructions from I-90.

From the South (I-95 or I-93)

If you are heading north on I-93, follow I-93 into Boston then follow the I-93 instructions below. If you are heading north on I-95, take the I-93 North exit then follow the instructions from I-93. Alternatively, take the I-90 East exit from I-95 then follow the instructions from I-90.

From the West (I-90) (Mass Turnpike)

Follow I-90 east to the Cambridge/Brighton exit (exit 18). At the fork in the road bear right towards Cambridge. Cross the Charles River and take a right at the end of the bridge onto Memorial Drive. At the second traffic light make a left. Take a right at the end of the street onto Vassar Street. The MIT athletic complex is up the street on the right hand side.

From Route I-93

From I-93, take exit 26, and follow the signs to Storrow Drive West. Follow Storrow Drive along the river to the Massachusetts Avenue exit (left exit). Take a right at the end of the ramp. Cross the Charles River and make a left at the third set of lights onto Vassar Street. The athletic complex is on the left.

via Public Transportation - MBTA ("The T")

Subway - By train, take the Red Line to the Kendall/MIT Station or to the Central Square Station, both of which are a short walk from the campus. The walk from Central Square takes about 10 minutes and takes you right down Massachusetts Avenue. The Kendall/MIT Station is on the edge of the

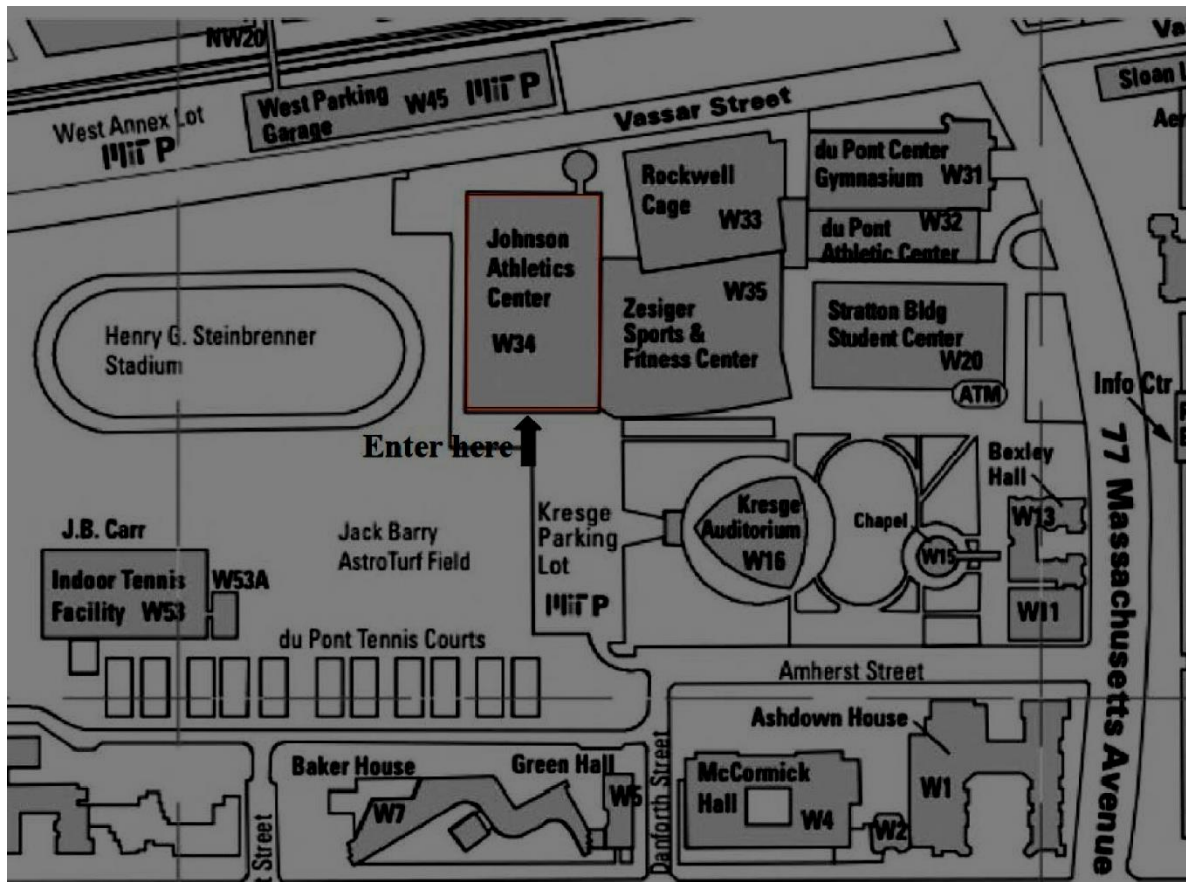
Bus - The #1 or Dudley bus stops at MIT on Massachusetts Avenue and provides transportation to Central Square and Harvard Square. The MIT stop is at a large crosswalk with a stop light. One side of the street has steps leading up to large Ionic columns and the Small Dome of MIT, on the other side of the street is the Stratton Student Center and Kresge Oval (an open, grass-covered area). Additionally, the CT1 (Cross Town) stops at MIT on Massachusetts Avenue and the CT2 stops on the corner of Massachusetts Avenue and Vassar St. as well as Kendall Square T Station

There is a parking garage directly across from the gym called the MIT West Garage at 125 Vassar St. in Cambridge. Parking is a flat fee of \$6 - you'll need to have a credit card as the payment is by card machine only. There is also metered street parking along Vassar St. Metered parking is free on Sundays along Vassar St past the West Garage.



Zesiger Sports and Fitness Center

<http://whereis.mit.edu/?selection=W34&zoom=15>

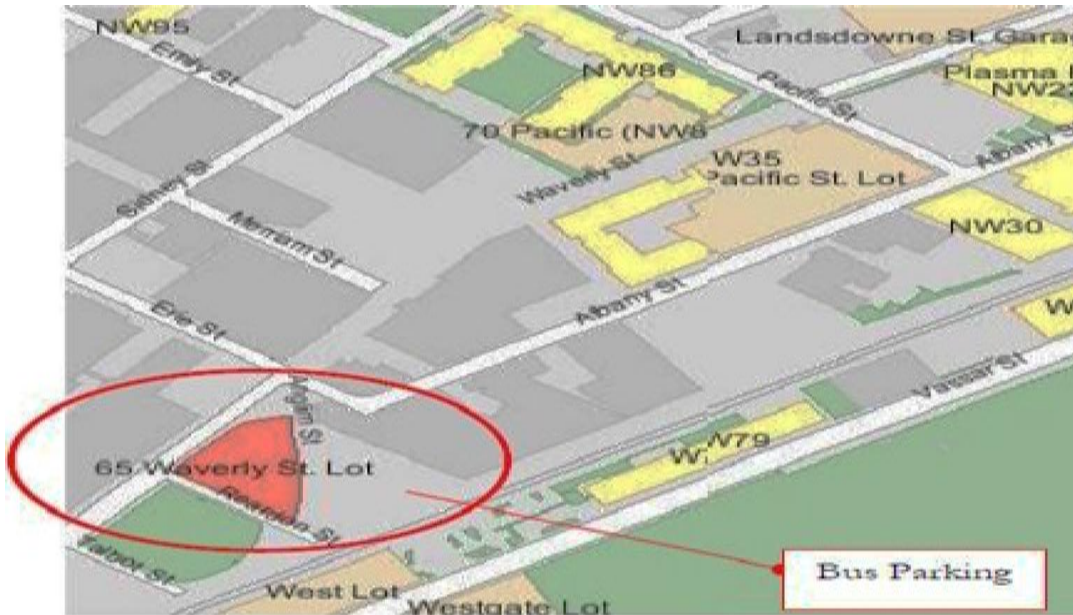


Enter through the Zesiger Sports and Fitness Center at the entrance as indicated. Drop offs may take place on Vassar Street.

Bus Parking Information

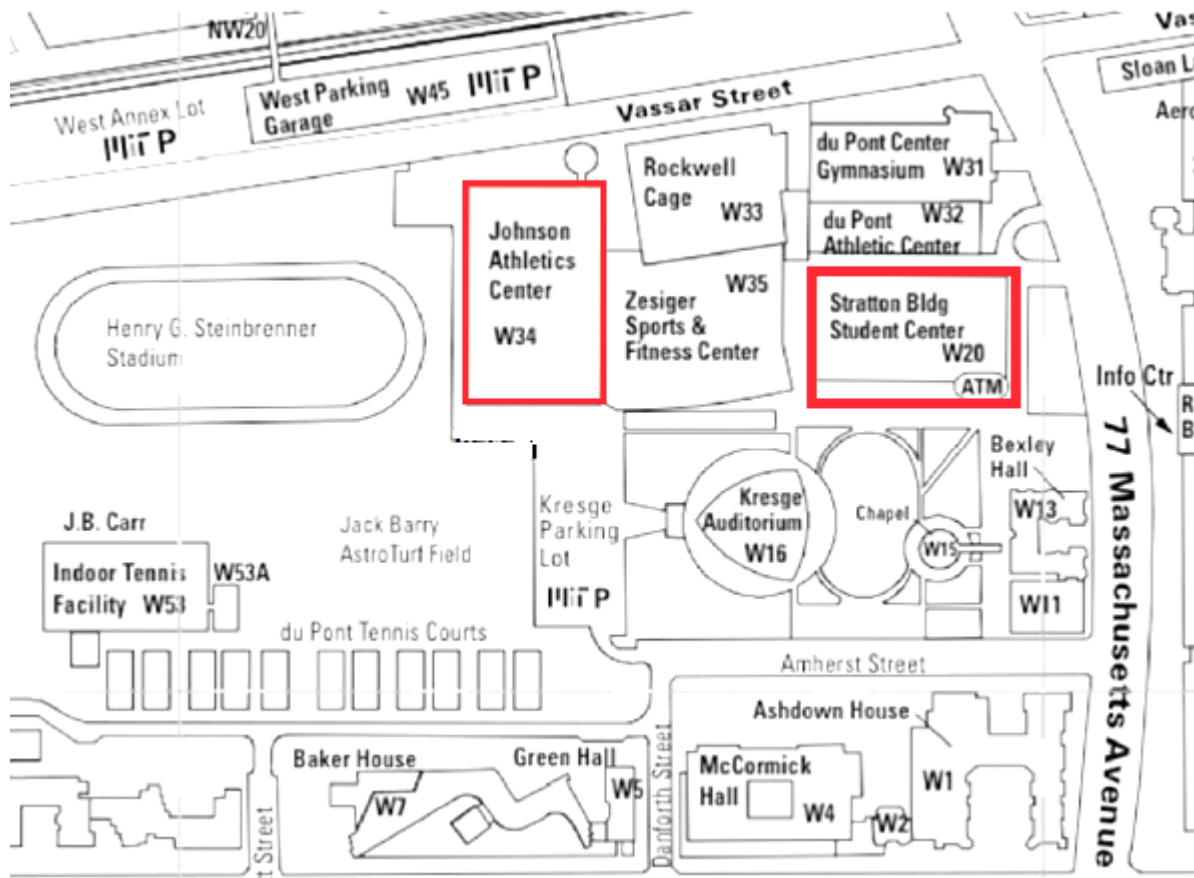
All team buses must use the Waverly Street Surface Lots located at 65 Waverly St. Buses can drop off/pick up athletes at 120 Vassar Sr. and proceed to Albany St. via Massachusetts Ave.

Team vans can be parked in the West Annex Lot located on Vassar St.



Food Information

Gatorade and power bars will be sold near the tournament. Additional options are available in the food court at the MIT Student Center. See map below: the tournament location (Johnson Athletics Center) and the Student Center are boxed in red. **Absolutely no food is allowed on the indoor track.**



2015-2016 Club Registration Form Ivy/Northeast Collegiate Taekwondo League also known as the Eastern Collegiate Taekwondo Conference

The Ivy Northeast Collegiate Taekwondo League club dues for the 2015-2016 season are \$100.

Please enclose a \$100 check made out to **“Ivy Northeast Collegiate Taekwondo League”, or “INCTL”**. **No cash and no money orders**, only checks please.

If possible, please submit this form electronically to dbchuang <at> gmail <dot> com and **also** submit a hard copy by mail as well with the payment.

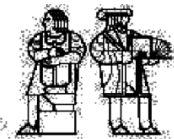
Submit this form to the INCTL Treasurer at:

Daniel Chuang
611 Green St.
Cambridge, MA 02139

Club information:

College name					
Club Contact Person					
Head Instructor					
Club Address					
City		State		Zip	
Club Phone No.		Contact email			
Club Web Site					

Please write below any additional information you would like to appear about your school on the ECTC website:



MASSACHUSETTS INSTITUTE OF TECHNOLOGY

Student Life Programs Office
77 Massachusetts Avenue
Cambridge, MA 02139

Building W20-549
(617) 253-6777
(617) 253-8391 Fax

Liability Release, Waiver, Discharge and Covenant Not to Sue

This is a legally binding Release, Waiver, Discharge and Covenant Not to Sue (collectively, "Release"), made voluntarily by me, the undersigned Releasor, on my own behalf, and on behalf of my heirs, executors, administrators, legal representatives and assigns (hereinafter collectively, "Releasor," "I" or "me", which terms shall also include Releasor's parents or guardian, if Releasor is under 18 years of age) to the Massachusetts Institute of Technology ("MIT").

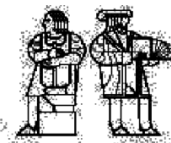
As the undersigned Releasor, I fully recognize that there are dangers and risks to which I may be exposed by participating in the program, trip or other activity described on Exhibit A¹ which is attached to and incorporated in this Release (the "Activity"). As the undersigned Releasor, I understand that MIT does not require me to participate in this Activity, but I want to do so despite the possible dangers and risks and despite this Release. With informed consent, and for valuable consideration received, including assistance provided by MIT, as the undersigned Releasor, I agree to assume and take on myself all of the risks and responsibilities in any way arising from or associated with this activity, and I release MIT and all of its affiliates, divisions, departments and other units, committees and groups, and its and their respective governing boards, officers, directors, principals, trustees, legal representatives, members, owners, employees, agents, administrators, assigns, and contractors (collectively "Releasees"), from any and all claims, demands, suits, judgments, damages, actions and liabilities of every name and nature whatsoever, whenever occurring, whether known or unknown, contingent or fixed, at law or in equity, that I may suffer at any time arising from or in connection with the Activity, including any injury or harm to me, my death, or damage to my property (collectively "Liabilities"), and I agree to defend, indemnify, and save Releasees harmless from and against any and all Liabilities.

As the undersigned Releasor, I recognize that this Release means I am giving up, among other things, all rights to sue Releasees for injuries, damages or losses I may incur. I also understand that this Release binds my heirs, executors, administrators, legal representatives and assigns, as well as myself. I also affirm that I have adequate medical or health insurance to cover any medical assistance I may require.

I agree that this Release shall be governed for all purposes by Massachusetts law, without regard to such law on choice of law.

I have read this entire Release. I fully understand the entire Release and acknowledge that I have had the opportunity to review this Release with an attorney of my choosing if I so desire, and I agree to be legally bound by the Release.

Please return this form to the Student Life Programs Office, W20-549.
In case of questions or emergency, please contact Tom Robinson or Linda Noel at 617-253-6777 during regular business hours or contact the Dean on Call at 617-253-1212.

**MASSACHUSETTS INSTITUTE OF TECHNOLOGY**

Student Life Programs Office
77 Massachusetts Avenue
Cambridge, MA 02139

Building W20-549
(617) 253-6777
(617) 253-8391 Fax

THIS IS A RELEASE OF YOUR RIGHTS, READ CAREFULLY AND UNDERSTAND BEFORE SIGNING.

(Releasor's Signature)

(Parent's Signature, if Signatory is a minor)

(Print Name)

(Print Name)

(Date)

EXHIBIT A (Event organizer, please describe the nature of the activity)

ECTC Taekwondo Tournament held at MIT on Sunday, October 18th, 2015

1

The description of the Activity expressly includes any extensions of time, changes or modifications of the Activity, whether planned or not planned.

Please return this form to the Student Life Programs Office, W20-549.
In case of questions or emergency, please contact Tom Robinson or Linda Noel at 617-253-6777 during regular business hours or contact the Dean on Call at 617-253-1212.

Ivy Northeast Collegiate Taekwondo (also known as the Eastern Collegiate Taekwondo League) Waiver

1. _____ hereby releases, waives, discharges and covenants not to sue The Ivy/Northeast Collegiate Taekwondo League, the promoters, other participants, operators, officials, sponsors, advertisers, owners and lessees of premises used to conduct the event and each of them, their officers and employees, all for the purposes herein referred to as "releases," from all liability to the undersigned, his personal representatives, assigns, heirs and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon the restricted area, competing, officiating in, observing, or working for, or for any purpose participating in the event.
2. Hereby agrees to indemnify and save and hold harmless the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releases or otherwise.
3. Hereby assumes full responsibility for and risk of bodily injury, death or property damage due to the negligence of releases or observing, or working for or for any purpose participating in the event.
4. Each of the undersigned expressly acknowledges and agrees that the activities at the event involve the risk of serious injury and/or death and/or property damage. Each of the undersigned further expressly agrees that the foregoing release, waiver and indemnity agreement is intended to be as broad and inclusive as any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.
5. Each of the undersigned gives the Ivy/Northeast Collegiate Taekwondo League, its successors and assigns, unrestricted permission to use footage taken of the undersigned and grant all rights to use in perpetuity all still photographs, film, video, and sound recordings taken of me, including my image and voice, for distribution, film festivals, and broadcast in all media and promotions, hereafter, for the Ivy/Northeast Collegiate Taekwondo League.

The undersigned has read and voluntarily signs the release and waiver of liability and indemnity agreement, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

This waiver, release and indemnification agreement specially embraces each and every event authorized or promoted by said releases during the entire season to each and every event, or activity herein above mentioned, parties herein intended to be released and indemnified shall be fully effectively released and indemnified as to each and every event herein above described.

Signed: _____ Date: _____

Witnessed: _____ Date: _____

If the participant is under the age of 18, signature of parent or legal guardian:

Signed: _____ Date: _____

Witnessed: _____ Date: _____