

# Gary W. Lewandowski Jr.

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## Professional Experience

2013-present Professor (Tenured), Monmouth University  
2008-2013 Associate Professor (Tenured), Monmouth University  
2002-2008 Assistant Professor, Monmouth University

## Education

2002 Ph.D. Psychology (Social/Health), State University of New York at Stony Brook.  
2000 M.A. Psychology, State University of New York at Stony Brook.  
1998 B.A. Psychology, Millersville University of Pennsylvania. Departmental and University Honors; Magna Cum Laude

## Grants

\* Monmouth University Undergraduate Student † Faculty Supervisor

Lewandowski, G. W., Jr. (2013). *The 'heat' of passion: Do embodied perceptions of temperature affect attraction and passionate love toward others.* Psi Chi/Regular Summer Research Grant: Faculty Supervisor. (Award Amount: 1500.00).

Lewandowski, G. W., Jr. (2011). *Embodiment of self-expansion: Benefits for individual efficacy and effort.* Psi Chi/Regular Summer Research Grant: Faculty Supervisor. (Award Amount: 1500.00).

Dinella, L. M., Ciarocco, N., & Lewandowski, G. W., Jr. (2011). *Atlantic Coast Teaching of Psychology Conference (ACToP Conference).* American Psychological Association Board of Educational Affairs Block Grant. (Award Amount: 1000.00).

Lewandowski, G. W., Jr. (2011). *Exploring the benefits of self-expansion in a community sample.* Grant-in-Aid for Creativity, Monmouth University. (Award Amount: 1498.00).

Ciarocco, N., Dinella, L. M., & Lewandowski, G. W., Jr. (2011). *Atlantic Coast Teaching of Psychology Conference (ACToP Conference).* Association for Psychological Science (APS) Fund for Teaching and Public Understanding of Psychological Science. (Award Amount: 1000.00).

Dinella, L. M., Ciarocco, N., & Lewandowski, G. W., Jr. (2010). *Grant in support of the first biennial Atlantic Coast Teaching of Psychology Conference (ACT Conference).* Society for the Teaching of Psychology's Small Grants—Promoting Partnership Program. (Amount awarded: \$750).

Lewandowski, G. W., Jr., Ciarocco, N., & Strohmets, D. B. (2009). *TeachPsychScience.org: Resources for teaching research and statistics in psychology.* Association for Psychological Science (APS) Fund for Teaching and Public Understanding of Psychological Science. (Award Amount: 4908.00).

Ciarocco, N., Strohmets, D. B., & Lewandowski, G. W., Jr. (2009). *Exemplar studies for teaching research methodology.* Society for Teaching of Psychology: Instructional Resource Award. (Award Amount: 1500.00).

- Stephan, J.\*, & Lewandowski, G. W., Jr. † (2009). *Call me: The influence of ego depletion on relationship initiation*. Psi Chi: Undergraduate Research Grant. (Award Amount: 900.00).
- Lewandowski, G. W., Jr. (January 2007-present). *Positively single: Casting light on the darkness of dissolution*. Anthony Marchionne Foundation Small Grants Program. (Award Amount: 21,923.00).
- Nardone, N.\*, & Lewandowski, G. W., Jr. † (2007). *Self-understanding and the accuracy of behavioral prediction*. Psi Chi: Undergraduate Research Grant. (Award Amount: 700.00).
- Raines, A. J.\*, & Lewandowski, G. W., Jr. † (2007). *Writing about the self*. Psi Chi: Undergraduate Research Grant. (Award Amount: 900.00).
- Lewandowski, G. W., Jr. (2006). *A web-based study of factors that influence relationships*. Grant-in-Aid for Creativity, Monmouth University. (Award Amount: 980.00).

### Books

- Lewandowski, G. W., Jr., Ciarocco, N., & Strohmets, D. B. (Under Contract). *Discovering the scientist within: Research methods in psychology*. Worth Publishers.
- Lewandowski, G. W., Jr., Loving, T., Le, B., & Gleason, M. (Eds.) (2011). *The science of relationships: Answers to your questions about dating, marriage, and family*. Dubuque, IA: Kendall Hunt. (link)

### Peer-Reviewed Journal Articles

\* Monmouth University Undergraduate Student

\*\* Undergraduate Student from another Institution

- Mattingly, B. A., Lewandowski, G. W., Jr., & McIntyre, K. P. (in press). You make me a better/worse person”: A two-dimensional model of relationship self-change. *Personal Relationships*.
- McIntyre, K. P., Mattingly, B. A., Lewandowski, G. W., Jr., & Simpson, A. (in press). Workplace self-expansion: Implications for job satisfaction, commitment, self-concept clarity and self-esteem among the employed and unemployed. *Basic and Applied Social Psychology*.
- Mattingly, B. A., & Lewandowski, G. W., Jr. (in press). Expanding the self brick by brick: Non-relational self-expansion and self-concept size. *Social Psychological and Personality Science*.
- Mattingly, B. A., & Lewandowski, G. W., Jr. (2013). An expanded self is a more capable self: The association between self-concept size and self-efficacy. *Self and Identity*, 12, 621-634.. doi:10.1080/15298868.2012.718863
- Mattingly, B. A., & Lewandowski, G. W., Jr. (2013). The power of one: Benefits of individual self-expansion. *Journal of Positive Psychology*, 8, 12-22. doi: 10.1080/17439760.2012.746999
- Ciarocco, N., Lewandowski, G. W., Jr., & Van Volkom, M. (2013). The impact of a multifaceted approach to teaching research methods on students’ efficacy, utility, and attitudes towards research and statistics. *Teaching of Psychology*, 40, 20-25. doi: 10.1177/0098628312465859
- Lewandowski, G. W., Jr., Ciarocco, N., Pettenato, M.,\* & Stephan, J.\* (2012). Pick me up: Ego depletion and receptivity to relationship initiation. *Journal of Social and Personal Relationships*, 29, 1071-1084. doi: 10.1177/0265407512449401
- Lewandowski, G. W., Jr., Higgins, E.,\* & Nardone, N. (2012). Just a harmless website?: An experimental examination of RateMyProfessors.com’s effect on student evaluations. *Assessment & Evaluation in Higher Education*, 37, 987-1002. doi:10.1080/02602938.2011.594497

- Lewandowski, G. W., Jr., Ciarocco, N. J., & Gately, E. L. \* (2012). The effect of embodied temperature on perceptions of global warming. *Current Psychology, 31*, 318-324. doi: 10.1007/s12144-012-9148-z
- Mattingly, B. A., McIntyre, K. P., & Lewandowski, G. W., Jr. (2012). Approach motivation and the expansion of self in close relationships. *Personal Relationships, 19*, 113-127. doi: 10.1111/j.1475-6811.2010.01343.x
- Lewandowski, G. W., Jr., & Nardone, N.\* (2012). Self-concept clarity's role in self-other agreement and the accuracy of behavioral prediction. *Self and Identity, 11*, 71-89. doi: 10.1080/15298868.2010.512133
- Ciarocco, N., Echevarria, J.,\* & Lewandowski, G. W., Jr. (2012). Hungry for love: The influence of self-regulation on infidelity. *Journal of Social Psychology, 152*(1), 1-14. doi: 10.1080/00224545.2011.555435
- Sizemore, O.J., & Lewandowski, G. W., Jr. (2011). Lesson learned: Using clinical examples for teaching research methods. *Psychology Learning and Teaching, 10*, 25-31.
- VanderDrift, L. E., Lewandowski, G. W., Jr., & Agnew, C. R. (2011). Reduced self-expansion in current romance and interest in relationship alternatives. *Journal of Social and Personal Relationships, 28*, 356-373. doi: 10.1177/0265407510382321
- Lewandowski, G. W., Jr., Nardone, N.,\* & Raines, A. J.\* (2010). The role of self-concept clarity in relationship quality. *Self and Identity, 9*, 416-433. doi: 10.1080/15298860903332191
- Karafantis, D.M., Pierre-Louis, J., & Lewandowski, G. W., Jr. (2010). A comparison of the multicultural and colorblind perspectives on the intergroup attitudes of college students. *Journal of Human Behavior and the Social Environment, 20*, 688-710. doi:10.1080/10911351003751876
- Lewandowski, G. W., Jr., & Strohmetz, D. (2009). Actions can speak as loud as words: Measuring behavior in psychological science. *Social and Personality Psychology Compass, 3*(6), 992-1002. doi:10.1111/j.1751-9004.2009.00229.x
- Sizemore, O.J., & Lewandowski, G. W., Jr. (2009). Learning might not equal liking: Research methods course changes knowledge but not attitudes. *Teaching of Psychology, 36*(2), 90-95. doi:10.1080/00986280902739727.
- Raines, A. J.\*, & Lewandowski, G. W., Jr. (2009). The role of self-views in college adjustment. *Graduate Student Journal of Psychology, 11*, 46-51.
- Lewandowski, G. W., Jr. (2009). Promoting positive emotions following relationship dissolution through writing. *The Journal of Positive Psychology, 4*(1), 21-31. doi:10.1080/17439760802068480
- Le, B., Loving, T. J., Lewandowski, G. W., Jr., Feinberg, E. G.\*\*, Johnson, K. C.\*\*, Fiorentino, R.\*\*, & Ing, J.\*\* (2008). Missing a romantic partner: A prototype analysis. *Personal Relationships, 15*, 511-532. doi:10.1111/j.1475-6811.2008.00213.x
- Lewandowski, G. W., Jr., Aron, A., & Gee, J.\*\* (2007). Personality goes a long way: The malleability of opposite-sex physical attractiveness. *Personal Relationships, 14*(4), 571-585. doi:10.1111/j.1475-6811.2007.00172.x
- Lewandowski, G. W., Jr., & Bizzoco, N.\* (2007). Addition through subtraction: Growth following the dissolution of a low quality relationship. *The Journal of Positive Psychology, 2*(1), 40-54. doi:10.1080/17439760601069234
- Lewandowski, G. W., Jr., & Harrington, S.\* (2006). The influence of phonetic abbreviations on evaluation of student performance. *Current Research in Social Psychology, 11*(15), 215-226.

- Lewandowski, G. W., Jr., Aron, A., Bassis, S.\*\* & Kunak, J.\* (2006). Losing a self-expanding relationship: Implications for the self-concept. *Personal Relationships*, 13(3), 317-331. doi:10.1111/j.1475-6811.2006.00120.x
- Lewandowski, G. W., Jr., & Ackerman, R. A.\* (2006). Something's missing: Need fulfillment and self-expansion as predictors of susceptibility to infidelity. *The Journal of Social Psychology*, 146(4), 389-403. doi:10.3200/SOCP.146.4.389-403
- Lewandowski, G. W., Jr., & Sahner, D. F.\* (2005). The influence of past relationships on subsequent relationships: The role of the self. *Individual Differences Research Journal*, 3(4), 269-275.
- Lewandowski, G. W., Jr., & Aron, A. (2004). Distinguishing arousal from novelty and challenge in initial romantic attraction between strangers. *Social Behavior and Personality*, 32(4), 361-372. doi:10.2224/sbp.2004.32.4.361

### Book Chapters

\* Monmouth University Undergraduate Student

- Aron, A., Lewandowski Jr., G. W., Mashek, D., & Aron, E. N. (2013). The self-expansion model of motivation and cognition in close relationships. In J. A. Simpson & L. Campbell (Eds.) *The Oxford handbook of close relationships* (pp. 90-115). New York: Oxford University Press.
- Lewandowski, G. W., Jr., & Radice, G. M.\* (2012). Relationship dissolution in nonmarital romantic relationships. In M. Paludi (Ed.), *The psychology of love* (pp. 89-106). Santa Barbara, CA US: Praeger/ABC-CLIO.
- Lewandowski, G. W., Jr. (2011). Why do people seek out intimate relationships even though they are complicated and frequently don't end well? In L. Boyd (Ed.), *Your mental health questions answered*. New York, NY: Big Apple Publishing Company.
- Dinella, L. M., & Lewandowski, G. W., Jr. (2011). It's all in the family: A comparison of Bella's and Edward's family structure. *The psychology of twilight*. Dallas, TX: Benbella Books Inc.
- Lewandowski, G. W., Jr. (2011). What makes someone hot, and others not? In G. W. Lewandowski Jr., T. J. Loving, B. Le, & M. Gleason (eds.), *The science of relationships: Answers to your questions about dating, marriage, and family*. Dubuque, IA: Kendall-Hunt.
- Lewandowski, G. W., Jr. (2011). Why do people cheat in relationships? In G. W. Lewandowski Jr., T. J. Loving, B. Le, & M. Gleason (eds.), *The science of relationships: Answers to your questions about dating, marriage, and family*. Dubuque, IA: Kendall-Hunt.
- Lewandowski, G. W., Jr. (2011). What is cheating and its consequences? In G. W. Lewandowski Jr., T. J. Loving, B. Le, & M. Gleason (eds.), *The science of relationships: Answers to your questions about dating, marriage, and family*. Dubuque, IA: Kendall-Hunt.
- Lewandowski, G. W., Jr. (2011). How will my breakup affect me? How can I get over it? In G. W. Lewandowski Jr., T. J. Loving, B. Le, & M. Gleason (eds.), *The science of relationships: Answers to your questions about dating, marriage, and family*. Dubuque, IA: Kendall-Hunt.
- Ciarocco, N., Dinella, L. M., & Lewandowski, G. W., Jr. (2011). Strategies for making psychology self-relevant in and out of the classroom. In R. Miller & B. Rycek (Eds.), *Promoting student engagement: Volume I: Programs, techniques and opportunities* (pp. 178-184) [E-book]. Society for the Teaching of Psychology. <http://teachpsych.org/resources/e-books/pse2011/vol1/36.%20Self-relevance.pdf>

- Le, B., & Lewandowski, G. W., Jr. (2007). Castaways, outcasts, and cyberball: Social isolation, interpersonal rejection, and ostracism on Exile Island. In R. J. Gerrig (Ed.), *The psychology of survivor* (pp. 145-157). Dallas, TX: Benbella Books Inc.
- Lewandowski, G. W., Jr., & Le, B. (2007). Outwitting to outlast: The role of impression management on Survivor. In R. J. Gerrig (Ed.), *The psychology of survivor* (pp. 57-70). Dallas, TX: Benbella Books Inc.
- McLaughlin-Volpe, T., Aron, A., Wright, S. C., & Lewandowski, G. W., Jr. (2005). Exclusion of the self by close others and by groups: Implications of the self-expansion model. In D. Abrams, J. Marques, & M. Hogg (Eds.), *Social inclusion and exclusion, diversity and deviance* (pp. 113-134). Philadelphia, PA: Psychology Press.
- Aron, A., McLaughlin-Volpe, T., Mashek, D., Lewandowski, G. W., Jr. Wright, S. C., & Aron, E. N. (2005). Including others in the self. In W. Stroebe, & M. Hewstone (Eds.), *European review of social psychology* (pp. 101-132). New York, NY: Psychology Press.
- Aron, A., Mashek, D. J., McLaughlin-Volpe, T., Wright, S. C., Lewandowski, G. W., Jr. & Aron, E. N. (2004). Including close others in the cognitive structure of the self. In M. Baldwin (Ed.), *Interpersonal cognition* (pp. 206-232). New York, NY: Guilford Press.
- Aron, A., Norman, C., Aron, E. N., & Lewandowski, G. W., Jr. (2003). Shared participation in self-expanding activities: Positive effects on experienced marital quality. In P. Noller & J Feeney (Eds.), *Marital interaction* (pp. 177-196). Cambridge University Press.
- Aron, A. & Lewandowski, G. W., Jr. (2002). Interpersonal attraction, psychology of. In N. J. Smelser & P. B. Baltes (Eds.), *International encyclopedia of the social and behavioral sciences* (pp. 7860-7862). Oxford: Pergamon.

### **Additional Scholarly Work**

\* Monmouth University Undergraduate Student

- Lewandowski, G. W., Jr. (2013, December). Nudity found to offer new social benefits. *Scientific American*.
- Lewandowski, G. W., Jr. (2013, November). Women act like men when they switch seats at speed dating. *LiveScience*.
- Lewandowski, G. W., Jr. (2013, September). What physiological changes can explain the honeymoon phase of a relationship? *Scientific American Mind*.
- Lewandowski, G. W., Jr., & Aron, A. (2013). Attraction. In H. Pashler (Ed.), *The encyclopedia of the mind*. Thousand Oaks, CA: Sage Publications Inc.
- Lewandowski, G. W., Jr. (2012, July/August). Is a bad mood contagious? *Scientific American Mind*, pg 72.
- Lewandowski, G. W., Jr., & Palermo, C.\* (2011, December). A Match Made In... *Cover2Cover Magazine*.
- Lewandowski, G. W., Jr., & Nestor, J.\* (2011, November). The State of Our Unions: Politics and Relationships *Cover2Cover Magazine*.
- Lewandowski, G. W., Jr., & Abate, J.\* (2011, October). In Sickness and In Health: The Benefits of Marriage. *Cover2Cover Magazine*.
- Lewandowski, G. W., Jr., & Nestor, J.\* (2011, September). The Music of Love and Relationships. *Cover2Cover Magazine*.
- Lewandowski, G. W., Jr., & Bobrowski, M.\* (2011, August). The Importance of Healthy Relationships in College and Beyond. *Cover2Cover Magazine*.

- Lewandowski, G. W., Jr. (2011, July). Long-Distance Relationships: Many Miles, Many Problems?. *Cover2Cover Magazine*, pg 26.
- Lewandowski, G. W., Jr. (2011, June). The Hidden Benefits of Travel for You and Your Relationship. *Cover2Cover Magazine*, pg 27.
- Lewandowski, G. W., Jr. (2010, Summer). Resources for facilitating the teaching of research methods in psychology. *Psychology Teacher Network Newsletter (APA)*.
- Lewandowski, G. W., Jr. (2010). Break-ups aren't all bad: Coping strategies to promote positive outcomes. *APA: Research in Action*. Retrieved from <http://www.apa.org/research/action/romantic-relationships.aspx>
- Lewandowski, G. W., Jr., & Le, B. (2009). Fun in relationships. In H. T. Reis & S. Sprecher (Eds.), *Encyclopedia of human relationships*. Thousand Oaks, CA: Sage Publications Inc.
- Lewandowski, G. W., Jr. (2009). Adultery. In J. O'Brien (Ed.), *Encyclopedia of gender and society*. Thousand Oaks, CA: Sage Publications Inc.
- Lewandowski, G. W., Jr. (2009). Divorce. In J. O'Brien (Ed.), *Encyclopedia of gender and society*. Thousand Oaks, CA: Sage Publications Inc.
- Lewandowski, G. W., Jr., & Strohmetz, D. B. (2009, October). The kids are all right: Overcoming a common obstacle to connecting with "today's" students. *InsideHigherEd.com*. Retrieved from <http://www.insidehighered.com/views/2009/10/28/lewandowski>
- Lewandowski, G. W., Jr. (2008, September). Stop trying to get tenure and start trying to enjoy yourself. *InsideHigherEd.com*. <http://www.insidehighered.com/views/2008/09/22/lewandowski>  
 \*\*Reprinted (2009, February). TP Msg. 923: Stop trying to get tenure and start trying to enjoy yourself. *Tomorrow's Professor Email Newsletter*. <http://cgi.stanford.edu/~dept-ctl/cgi-bin/tomprof/postings.php> Stanford Center for Teaching and Learning.
- Lewandowski, G. W., Jr. (2007). Arousal. In R. F. Baumeister, & K. D. Vohs (Eds.), *Encyclopedia of social psychology* (pp. 49-51). Thousand Oaks, CA: Sage.
- Aron, A., Mashek, D., Odenthal, G., Li, H., Lewandowski, G. W., Jr., & Roque, C. T. (1999). fMRI activation patterns associated with self-and close-other-related semantic processing. *Society for Neuroscience Abstracts* (Vol. 25, Part 2), 1629. (Abstract)

### **Teaching Materials**

- Lewandowski, G. W., Jr., Loving, T. J., & Bobrowski, M. (2013). The eyes have it: Promoting classroom discussion of equal marriage rights. *iCollaborative (MedEdPORTAL)*, Association of American Medical Colleges (AAMC).
- Lewandowski, G. W., Jr. (2010). First Year Seminar: Psychology for (College) Life. *Office of Teaching Resources in Psychology* [On-line]. Retrieved from <http://www.teachpsych.org/otrp/syllabi/gl10psychology.pdf>
- Ciarocco, N., Strohmetz, D. B., & Lewandowski, G. W., Jr. (2010). *Exemplar studies for teaching research methodology*. Society for Teaching of Psychology. Retrieved from <http://teachpsych.org/otrp/resources/ciarocco10.pdf>
- Lewandowski, G. W., Jr. (2009). *Study guide to accompany Gazzaniga, Heatherton, and Halpern's Psychological Science* (3<sup>rd</sup> ed.). W. W. Norton Publishers.

Lewandowski, G. W., Jr. (2005). Intimate Relationships. *Office of Teaching Resources in Psychology* [Online]. Available: <http://www.teachpsych.org/otrp/syllabi/gl04specialf.pdf>

Lewandowski, G. W., Jr. (2005). Senior Seminar: The Self. *Office of Teaching Resources in Psychology* [Online]. Available: <http://www.teachpsych.org/otrp/syllabi/gl04capstonef.pdf>

### Conference Presentations – Research

\* Monmouth University Undergraduate Student

\*\* Undergraduate Student from another Institution

Dinella, L.M., Pierce, J.\*, & Lewandowski, G. W., Jr. (April, 2013). *Internalization of princess culture: Gender messages, early childhood and young adulthood*. Paper symposium presented at the meeting of the Society for Research in Child Development, Seattle, 2013.

McCabe, R.\*, McDonnell, B.\*, & Lewandowski, G. W., Jr. (2013). *An examination of the self-expansion model as it relates to best friendships*. Poster presented at the 2013 Eastern Psychological Association Conference, New York, NY.

Sangster, M.\*, & Lewandowski, G. W., Jr. (2013). *The truth about honesty: Authenticity and relationship satisfaction*. Paper presented at the 2013 Eastern Psychological Association Conference, New York, NY.

Viaud, J. M.\*, Ozog, V.\*, & Lewandowski, G. W., Jr. (2013). *I love it because it's mine: the mere ownership effect in relationships*. Poster presented at the 2013 Eastern Psychological Association Conference, New York, NY.

Mattingly, B. A., & Lewandowski, G. W., Jr. (2013, January). *Too much (self) to lose: Self-expansion as a relationship investment*. Poster presented at the 14th Annual Society for Personality and Social Psychology Conference in New Orleans, LA.

Piasio, C.\*, & Lewandowski, G. W., Jr. (2013, January). *The perils of passionate love*. Poster presented at the 14th Annual Society for Personality and Social Psychology Conference in New Orleans, LA.

Simpson, D. A.\*\*\*, McIntyre, K. P., Mattingly, B. A., & Lewandowski, G. W., Jr. (2013, January). *Self-expansion at work: Implications for job satisfaction, commitment, and self-esteem among the employed and unemployed*. Poster presented at the 14th Annual Society for Personality and Social Psychology Conference in New Orleans, LA.

Hillaire, N., & Lewandowski, G. W., Jr. (2012). *Impact of account-making for breakup experience on self-esteem and post-dissolution relationship self-efficacy*. Interest Group Meeting presented at 6<sup>th</sup> International Association for Relationship Research Conference, Chicago, IL.

Holmes, B., (all others ABC order) Le, B., Lewandowski, G., Loving, T., Mashek, D., & Orbuch, T. (2012). *Reaching a mass audience: exciting developments in making relationship research accessible to all*. Interest Group Meeting presented at 6<sup>th</sup> International Association for Relationship Research Conference, Chicago, IL.

Mattingly, B. A., Lewandowski, G. W., Jr., Bobrowski, M. E.\*, & Mattingly, M. J. B. (2012). *Benefits of self-expansion for individuals and relationships*. Poster presented at 6<sup>th</sup> International Association for Relationship Research Conference, Chicago, IL.

- Abate, J. F.\*, Lewandowski, G. W., Viaud, J. M.\*, & Corrigan, K. M.\* (2012, March). *My partner is better than your partner: The mere ownership effect in romantic relationships*. Poster presented at the 2012 Eastern Psychological Association Conference, Pittsburgh, PA. (Note: Jacqueline Abate, Jeffrey Viaud, and Kelsey Corrigan won the *Psi Chi Regional Research Award* for this presentation.)
- Carson, R. E. A.\*\*, Guarino, S. N.\*\*, Mattingly, B. A., & Lewandowski, G. W., Jr. (2012, March). *The effects of self-expansion on self-efficacy*. Poster presented at the 2012 Eastern Psychological Association Conference, Pittsburgh, PA.
- Mattingly, B. A., Bobrowski, M. E. \*, & Lewandowski, G. W., Jr. (2012, March). *I want, therefore I am not: Self-expansion in relation to self-concept clarity*. Paper presented at the 2012 Eastern Psychological Association Conference, Pittsburgh, PA.
- Mosley, A.\*\*, Hoover, K.\*\*, Mattingly, B. A., & Lewandowski, G. W., Jr. (2012, March). *The effect of self-expanding tasks on implicit and explicit self-concept*. Poster presented at the 2012 Eastern Psychological Association Conference, Pittsburgh, PA.
- Nestor, J.\*, Carson, R.\*\*, Palermo, C.\*\*, Kocsik, S.\*, Piasio, C.\*, Dooley, J.\*, Mattingly, B.A., & Lewandowski, G. W., Jr. (2012, March). *How the embodiment of self-expansion and self-contraction influences self-efficacy*. Poster presented at the 2012 Eastern Psychological Association Conference, Pittsburgh, PA.
- Piasio, C. \*, Dooley, J. \*, Corrigan, K. \*, LoPresti, M. \*, & Lewandowski, G. W., Jr. (2012, March). *The effects of love on memory*. Poster presented at the 2012 Eastern Psychological Association Conference, Pittsburgh, PA.
- Ketay, S., Brady, M.\*\*, Lewandowski, G. W., Jr., & Aron, A. P. (2012). *Conversing towards happiness: The link between well-being, deep conversation, and closeness*. Poster presented at the 13th Annual Society for Personality and Social Psychology Conference in San Diego, CA.
- Lebovits, J.\*\*, Ketay, S., Kocsik, S. \*, Knowles, K.\*\*, & Lewandowski, G. W., Jr.. (2012). *Learning from break-ups*. Poster presented at the 13th Annual Society for Personality and Social Psychology Conference in San Diego, CA.
- Lewandowski, G. W., Jr., & Radice, G. M.\* (2012). *Forgetting you, remembering me: Coping with relationship dissolution through rediscovery of self*. Paper presented as part of a symposium *The many benefits of self-expansion*, at the 13<sup>th</sup> Annual Society for Personality and Social Psychology Conference in San Diego, CA.
- Mattingly, B. A., Lewandowski, G. W., Jr., Clark, E. M., & Blankmeyer, K. (2012). *Less likely to stray: Self expansion opportunities moderate the effect of ego depletion on susceptibility to infidelity*. Poster presented at the 13<sup>th</sup> Annual Society for Personality and Social Psychology Conference in San Diego, CA.
- Bobrowski, M. E.\*, Lewandowski, G. W., Jr., & Mattingly, B. (2011, March). *The effect of self-expansion on effort*. Poster presented at the 82nd Annual Eastern Psychological Association Conference, Cambridge, MA. (Note: Miranda Bobrowski won the *Psi Chi Regional Research Award* for this presentation.)
- Fulmer, B. A.\*, Pedreiro, A.\*, Lewandowski, G. W., Jr., & Dinella, L. M. (2011, March). *Positively princess: Princesses' self-views, occupational values, and effort*. Poster presented at the 82nd Annual Eastern Psychological Association Conference, Cambridge, MA.



- Gately, E. L.\*, Dambra, C. M.\*, Ciarocco, N. J., & Lewandowski, G. W., Jr. (2011, March). *The influence of temperature sensations on global warming*. Poster presented at the 82nd Annual Eastern Psychological Association Conference, Cambridge, MA.
- Kocsik, S. L.\*, Abate, J.\*, Lewandowski, G. W., Jr., & Ketay, S. (2011, March). *Learning from lost love: The nature of learning about relationships through break-up*. Poster presented at the 82nd Annual Eastern Psychological Association Conference, Cambridge, MA.
- Higgins, E.\*, & Lewandowski, G. W., Jr. (2011, March). *The sunk-cost fallacy in relationships: Throwing good investments after bad*. Paper presented at the 82nd Annual Eastern Psychological Association Conference, Cambridge, MA.
- Le, B., Farrell, A.\*\*\*, & Lewandowski, G. W., Jr. (2011, January). *Self-expansion and infidelity in romantic relationships: The mediating role of satisfaction*. Poster presented at the 12th Annual Society for Personality and Social Psychology Conference in San Antonio, TX.
- Lewandowski, G. W., Jr., Ciarocco, N., Pettenato, M.\*, & Stephan, J.\* (2011, January). *The influence of ego depletion on the receptivity to relationship initiation strategies*. Poster presented at the 12th Annual Society for Personality and Social Psychology Conference in San Antonio, TX.
- Mattingly, B. A., Lewandowski, G. W., Jr., & Carson, R.\*\* (2011, January). *Solving the unsolvable: The effects of self-expansion on generating solutions to impossible problems*. Poster presented at the 12th Annual Society for Personality and Social Psychology Conference in San Antonio, TX.
- McIntyre, K. P., Mattingly, B. A., Lewandowski, G. W., Jr., Carey, R.\*\*\*, Nieman, L.\*\*\*, & Russack, D.\*\* (2011, January). *Motivation and prospects of self-concept change affect desire to form friendships*. Poster presented at the 12th Annual Society for Personality and Social Psychology Conference in San Antonio, TX.
- VanderDrift, L. E., Lewandowski, G. W., Jr., & Agnew, C. R. (2011, January). *Self-expansion in current romance, interest in relationship alternatives, and susceptibility to infidelity*. Poster presented at the 12th Annual Society for Personality and Social Psychology Conference in San Antonio, TX.
- Fulmer, B. A. \*, & Lewandowski, G. W., Jr. (2010). *Evaluating information about relationships: Quality of source and memory for information*. Poster presented at the 81<sup>st</sup> Annual Eastern Psychological Association Conference, Brooklyn, NY.
- Kocsik, S. L. \*, & Lewandowski, G. W., Jr. (2010). *But will we grow in the future?: Potential self-expansion and infidelity*. Poster presented at the 81<sup>st</sup> Annual Eastern Psychological Association Conference, Brooklyn, NY.
- Weldon, K. A.\*, & Lewandowski, G. W., Jr. (2010). *The effect of self-efficacy on interpersonal attraction*. Poster presented at the 81<sup>st</sup> Annual Eastern Psychological Association Conference, Brooklyn, NY.
- Ciarocco, N., Echevarria, J. \*, & Lewandowski, G. W., Jr. (2010). *Too weak to resist: The influence of self-regulation on infidelity*. Poster presented at the 11<sup>th</sup> Annual Society for Personality and Social Psychology Conference in Las Vegas, NV.
- Lewandowski, G. W., Jr. (2010). *Self-focused strategies for minimizing the negative effects of relationship dissolution*. Poster presented at the 11<sup>th</sup> Annual Society for Personality and Social Psychology Conference in Las Vegas, NV.
- Mattingly, B. A., McIntyre, K. P., & Lewandowski, G. W., Jr. (2010). *Approach and avoidance motivation as predictors of self-expansion*. Poster presented at the 11<sup>th</sup> Annual Society for Personality and Social Psychology Conference in Las Vegas, NV.

- Nardone, N.\*, & Lewandowski, G. W., Jr. (2010). *Clarity versus confusion: Effects on the self and romantic relationships*. Poster presented at the 11<sup>th</sup> Annual Society for Personality and Social Psychology Conference in Las Vegas, NV.
- Strohmetz, D. B., Lewandowski, G. W., Jr., & Clark, A.\* (2010). *Self-expansion in college: A novel application of the self-expansion model*. Poster presented at the 11<sup>th</sup> Annual Society for Personality and Social Psychology Conference in Las Vegas, NV.
- Karafantis, D.M., Pierre-Louis, J., & Lewandowski, G. W., Jr. (2009, March). *Dueling lay theories: The effect of the multicultural and colorblind theories on the social attitudes of college students*. Poster presented at the 80<sup>th</sup> Annual Eastern Psychological Association Conference, Pittsburgh, PA., USA.
- Lewandowski, G. W., Jr., Cahill, K. A.\*, VanderDrift, L. E., & Agnew, C. R. (2009, February). *On the path to infidelity: Self-expansion and increased attention to alternatives*. Poster presented at the 10<sup>th</sup> Annual Society for Personality and Social Psychology Conference in Tampa, FL.
- Le, B., Lewandowski, G. W., Jr., Mattingly, B., Korn, M. S., & Evans, K.\* (2009, February). *Self-expansion and closeness in predicting infidelity in romantic relationships*. Poster presented at the 10<sup>th</sup> Annual Society for Personality and Social Psychology Conference in Tampa, FL.
- VanderDrift, L. E., Agnew, C. R., & Lewandowski, G. W., Jr. (2008, May). *Searching for wider horizons: Self-expansion motivation increases interest in relational alternatives*. Poster presented at the 20<sup>th</sup> Annual Association for Psychological Science Convention, Chicago, IL.
- Javas, L. K.\*, & Lewandowski, G. W., Jr. (2008, March). *Life satisfaction vs. relationship satisfaction: The influence of personal characteristics*. Poster presented at the 79<sup>th</sup> Annual Eastern Psychological Association Conference, Boston, MA., USA. (Note: Leigh-Ann Javas won the *Psi Chi Regional Research Award* for this presentation.)
- Nardone, N. \*, St. Amour, S. \*, Shababo, F. \*, Sammon, E. \*, & Lewandowski, G. W., Jr. (2008, March). *Perceptions of relationship quality of online dating*. Poster presented at the 79<sup>th</sup> Annual Eastern Psychological Association Conference, Boston, MA., USA.
- Raines, A. J. \*, Nardone, N. \*, & Lewandowski, G.W. Jr. (2008, March). *The role of the self-knowledge in college adjustment*. Poster presented at the 79<sup>th</sup> Annual Eastern Psychology Association Conference, Boston, MA., USA.
- Lewandowski, G. W., Jr., & Scarponi, T.\* (2008, February). *The role of self-expansion and desired similarity in romantic attraction*. Poster presented at the 9<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Albuquerque, NM.
- Nardone, N.\*, Lewandowski, G. W., Jr., & Le, B. (2008, February). *The relation of self-expansion to well-being and relationship quality*. Poster presented at the 9<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Albuquerque, NM.
- Harrington, S.\*, & Lewandowski, G. W., Jr. (2007, March). *Thx 4 ur help: Phonetic abbreviations effect on student evaluation*. Poster presented at the 78<sup>th</sup> Annual Eastern Psychological Association Conference, Philadelphia, PA. , USA.
- Karafantis, D.M., Pierre-Louis, J., & Lewandowski, G. W., Jr. (2007, March). *A comparison of the multicultural and colorblind perspectives on the intergroup attitudes of college students*. Poster presented at the 78<sup>th</sup> Annual Eastern Psychological Association Conference, Philadelphia, PA., USA.
- Korcz, L. M. \*, Lewandowski, G. W., Jr., & Le, B. (2007, March). *Self variables as predictors of ethnocentrism and study abroad interest*. Poster presented at the 78<sup>th</sup> Annual Eastern Psychological Association Conference, Philadelphia, PA. , USA.

- Nardone, N.\*, & Lewandowski, G. W., Jr. (2007, March). *Self-understanding and the accuracy of self-knowledge*. Poster presented at the 78<sup>th</sup> Annual Eastern Psychological Association Conference, Philadelphia, PA., USA. (Note: Natalie Nardone won the *Psi Chi Regional Research Award* for this presentation.)
- Lewandowski, G. W., Jr. (2007, January). *The use of expressive writing to promote positive emotions following break-up*. Poster presented at the 8<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Memphis, TN.
- Strong, G., Acevedo, B., Stein, A., Aron, A., & Lewandowski, G. W., Jr. (2007, January). *The prototype and factor structure of "soulmates."* Poster presented at the 8<sup>th</sup> Annual Meeting of the Society of Personality and Social Psychology, Memphis, TN.
- Lewandowski, G. W., Jr. (2006, July). For better and for worse: The impact of relationship dissolution on the self. In C. Agnew (Chair), *Romantic relationship dissolution: Theoretical and methodological advances and challenges*. Symposium conducted at the 3<sup>rd</sup> International Association for Relationship Research Conference, Crete, Greece.
- Nardone, N.\*, Raines, A. J.\*, & Lewandowski, G. W., Jr. (2006, March). *Get it out: The effects of writing about dissolution*. Poster presented at the 77<sup>th</sup> Annual Eastern Psychological Association Conference, Baltimore, MD, USA.
- Resenhoft, A.\*, Lupon, J.\*, Scarponi, T.\*, & Lewandowski, G. W., Jr. (2006, March). *The urge to merge: Correlates of desiring less closeness*. Poster presented at the 77<sup>th</sup> Annual Eastern Psychological Association Conference, Baltimore, MD, USA.
- Lewandowski, G. W., Jr., & Ackerman, R.\* (2006, January). *The role of relationship motivations in perceived susceptibility to infidelity*. Poster presented at the Seventh Annual Meeting of the Society of Personality and Social Psychology, Palm Springs, CA.
- Lewandowski, G. W., Jr., & Hampson, R. J.\* (2004, July). *The influence of self-understanding on relationship satisfaction and commitment*. Paper presented at the 12th Meeting of the International Society for the Study of Personal Relationships, Madison, WI, USA.
- Lewandowski, G. W., Jr., & Sahner, D. F.\* (2004, July). *The influence of past relationships on subsequent relationships: The role of the self*. Paper presented at the 12th Meeting of the International Society for the Study of Personal Relationships, Madison, WI, USA.
- Lewandowski, G. W., Jr. (2004, June). *My research: State of the union*. Paper presented at the 1<sup>st</sup> Annual Meeting of Emerging Relationships Researchers Group, Highland Beach, FL, USA.
- White, C.\*, Lewandowski, G. W., Jr., Aron, A., & Aron, E. (2004, February). *Development and validation of the state measure of self-expansion motivation*. Poster presented at the Fifth Annual Meeting of the Society of Personality and Social Psychology, Austin, TX.
- Lewandowski, G. W., Jr. (2004, February). *The effects of relationship dissolution on the self: An experimental design*. Poster presented at the Fifth Annual Meeting of the Society of Personality and Social Psychology, Austin, TX.
- Lewandowski, G. W., Jr. (2003, February). *The impact of relationship dissolution on the self: Implications for self-concept, self-esteem, and self-construals*. Poster presented at the Fourth Annual Meeting of the Society of Personality and Social Psychology, Los Angeles, CA.
- Bassis, S.\*\*\*, & Lewandowski, G. W., Jr. (2003, February). *Relationship dissolution and the self: Implications for coping with loss*. Poster presented at the Fourth Annual Meeting of the Society of Personality and Social Psychology, Los Angeles, CA.

- Lewandowski, G. W., Jr. & Mashek, D. (co-presenters) (2003, February). Self-expansion and inclusion of other in the self as two distinct processes. In C.A. Sanderson (Chair), *Current approaches to intimacy and its impact on well-being*. Symposium conducted at the Fourth Annual Meeting of the Society of Personality and Social Psychology, Los Angeles, CA.
- Lewandowski, G. W., Jr. (2002, July). Shedding light on the darkness of dissolution: An integrative theory of how the self is affected. In D. Mashek (Chair), *The dark side of close relationships*. Symposium conducted at the 11<sup>th</sup> Meeting of the International Society for the Study of Personal Relationships, Halifax, Nova Scotia, Canada.
- Lewandowski, G. W., Jr., & Aron, A. (2002, February). *The Self-expansion Scale: Construction and validation*. Paper presented at the Third Annual Meeting of the Society of Personality and Social Psychology, Savannah, GA.
- Aron, A., Mashek, D., & Lewandowski, G. W., Jr. (2001). The use of fMRI (brain imaging) in personal relationships research. In A. Aron (Chair), *Some new methodologies for studying personal relationships*. Symposium conducted at the Third Annual International Network on Personal Relationships and International Society of the Study of Personal Relationships Joint Conference, Prescott Arizona.
- Aron, A., Mashek, D., Lewandowski, G. W., Jr., & Aron, E. N. (2001, February). Relationship closeness as an overlap of cognitive representations of self and partner. In E. Finkel (Chair), *The self in relationships*. Symposium conducted at the Second Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- Lewandowski, G. W., Jr., & Aron, A. (2001, February). *The role of arousal on the interpersonal attraction between strangers*. Poster presented at the Second Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- Lewandowski, G. W., Jr., Gee, J. O.\*\*\*, & Aron, A. (2001, February). *The effect of personal information on ratings of physical attractiveness*. Poster presented at the Second Annual Meeting of the Society of Personality and Social Psychology, San Antonio, TX.
- Lewandowski, G. W., Jr., & Aron, A. (2000, February). *Delineating mechanisms in the effect of novel arousing shared activities on marital satisfaction*. Poster presented at the First Annual Meeting of the Society of Personality and Social Psychology, Nashville, TN.
- Aron, A., Mashek, D., & Lewandowski, G. W., Jr. (2000, February). *Brain-imaging and social psychology*. Poster presented at the First Annual Meeting of the Society of Personality and Social Psychology, Nashville, TN.
- Mashek, D., Aron, A., & Lewandowski, G. W., Jr. (2000, February). *Towards a brain-based assessment of interpersonal closeness and love*. Poster presented at the First Annual Meeting of the Society of Personality and Social Psychology, Nashville, TN.
- Aron, A., Mashek, D., & Lewandowski, G. W., Jr. (1999, October). The relational brain: Spatial and temporal cortical mapping of self and close others. In A. Aron (Chair), *Social neuroscience*. Symposium conducted at the Society for Experimental Social Psychology, St. Louis.
- Aron, A., Mashek, D., Odenthal, G., Li, H., Lewandowski, G. W., Jr., & Roque, C. T. (1999, October). *fMRI activation patterns associated with self-and close-other-related semantic processing*. Poster presented at the Society for Neuroscience, Miami Beach, FL.

## Conference Presentations – Teaching

- Dinella, L. M., & Lewandowski, G. W., Jr. (2011, January). *Increasing the self-relevance of psychology: Using the Twilight saga to teach family therapy concepts*. Poster presented at the 33rd Annual National Institute on the Teaching of Psychology Conference in St. Pete Beach, FL.
- Lewandowski, G. W., Jr., Ciarocco, N., & Strohmets, D. B. (2011, January). *Teaching the science of psychology: A collection of resources*. Poster presented at the 33rd Annual National Institute on the Teaching of Psychology Conference in St. Pete Beach, FL.
- Ciarocco, N., Strohmets, D. B., & Lewandowski, G. W., Jr. (2011, January). *Teaching through example: How to use empirical studies to teach research methods*. Poster presented at the 33rd Annual National Institute on the Teaching of Psychology Conference in St. Pete Beach, FL.
- Lewandowski, G. W., Jr. (2009, June). Two-group designs: A demonstration of the effect of arousal on attraction. In *“A few of our favorite things”: Activities and demonstrations for teaching psychology*. Symposium conducted at Eastern Conference on the Teaching of Psychology, Staunton, VA.
- Lewandowski, G. W., Jr. (2009, June). Setting students up for success: Strategies for making material relevant to students. In *Strategies for making psychology self-relevant in and out of the classroom*. Symposium conducted at Eastern Conference on the Teaching of Psychology, Staunton, VA.
- Strohmets, D. B., Lewandowski, G. W., Jr., & Sizemore, O. J. (2005, August). Systematically teaching research methods: From introductory psychology to senior thesis. In David B. Strohmets (Chair), *Developing undergraduate researchers: Two curricular approaches*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Lewandowski, G. W., Jr., Kassinove, J. I., Strohmets, D. B., & Sizemore, O. J. (2004, September). *The “research sequence”: A curricular approach for training young researchers*. Paper presented at Finding Out: Best Practices in Teaching Research Methods and Statistics in Psychology Conference, Atlanta, GA.
- Lewandowski, G. W., Jr. (2004, September). *Classroom lab activity for teaching analysis of variance*. Poster presented at Finding Out: Best Practices in Teaching Research Methods and Statistics in Psychology Conference, Atlanta, GA.
- Kassinove, J. I., Strohmets, D. B., & Lewandowski, G. W., Jr. (2004, March). *Teaching research methods programmatically*. Paper presented at 18th Annual Meeting on Undergraduate Teaching of Psychology: Ideas and Innovations, Monticello, NY.
- Lewandowski, G. W., Jr., & Strohmets, D. B. (2003, September). *Teaching honors introductory psychology: A cluster approach*. Poster presented at Taking Off: Best Practices in Introductory Psychology Conference, Atlanta, GA.
- Strohmets, D. B., & Lewandowski, G. W., Jr. (2003, September). *Incorporating research participation as a course requirement*. Paper presented at Taking Off: Best Practices in Introductory Psychology Conference, Atlanta, GA.
- Lewandowski, G. W., Jr. (2003, March). *Classroom demonstration for teaching threats to internal validity*. Poster presented at 17<sup>th</sup> Annual Meeting on Undergraduate Teaching of Psychology Ideas and Innovations, Ellenville, NY.

## Professional Affiliations

- American Psychological Society (APS)
- Eastern Psychological Association (EPA)
- International Association for Relationship Research (IARR)
- Society of Experimental Social Psychology (SESP)
- Society for Personality and Social Psychology (SPSP)
- Society for the Teaching of Psychology (STP)

## Honors and Awards

- 2013 The Association of American Medical Colleges (AAMC) Award for Outstanding Instruction in Pre-health Competencies: Psychology
- 2012 Winner of the Society for Personality and Social Psychology (SPSP) Media Prize as Co-Founder & Administrator for [www.ScienceOfRelationships.com](http://www.ScienceOfRelationships.com)
- 2012 Monmouth University Distinguished Teacher Award
- 2012 Princeton Review's The Best 300 Professors
- 2011 New Jersey Psychological Association (NJPA) - Emerging Researcher Award
- 2011 Inducted into the Society of Experimental Social Psychology (SESP)
- 2004 - 2005 Excellence in Advising (Undergraduate Psychology Club) - S.O.A.R Award
- 2003 - 2004 Excellence in Advising (Undergraduate Psychology Club) - S.O.A.R Award
- 2003 "Best of the Best" The Outlook - Monmouth University
- 2002 Distinguished Teaching Award in Psychology (SUNY - Stony Brook)
- 1998 Scholastic All-American

## Service

- Editorial Board Member, *Journal of Social and Personal Relationships*, (January 2011 – Present)
- Ad-hoc Reviewer
  - American Psychological Association (APA) Books*
  - Evolution and Human Behavior*
  - Journal of Applied Social Psychology*
  - Journal of Experimental Social Psychology*
  - Journal of Personality and Social Psychology*
  - Personal Relationships*
  - Personality and Social Psychology Bulletin*
  - Psychological Science*
  - Teaching of Psychology*
- Co-Creator & Editor, [www.TeachPsychScience.org](http://www.TeachPsychScience.org)
- Co-Creator & Editor, [www.ScienceOfRelationships.com](http://www.ScienceOfRelationships.com)
- Conference Co-Organizer, Atlantic Coast Teaching of Psychology (ACToP) (2011)
- Conference Organizer, Relationships Research Interest Group Steering Committee, Society of Personality and Social Psychology (2008 – 2009).
- Member, International Association for Relationship Research (IARR) Conference Planning Committee for the 2008 conference in Providence, RI.
- Attendee, Middle States Commission on Higher Education Assessment Workshop (2008).
- Associate Conference Organizer, Relationships Research Interest Group Steering Committee, Society of Personality and Social Psychology (2007 – 2008).
- Co-founder, Meeting of the Emerging Relationships Researchers Group (June 2004-2008).
- Textbook Reviewer
  - ♦ *Psychology (9th ed.)* and *Psychology in Everyday Life*, David Myers, Worth Publishers
  - ♦ *Psychological Science*, Michael Gazzaniga, Todd Heatherton, & Diane Halpern, W.W.Norton
  - ♦ *The Self*, Jonathan Brown & Robert Arkin, Psychology Press
- Nardone, N.\*, & Lewandowski, G. W., Jr. (2007, May). Evaluation plan for the Long Branch Concordance. (Program evaluation report provided for a local non-profit agency).

## Invited Talks

- Lewandowski, G. W., Jr. (2013, September). *Science of relationships and the self*. Invited talk given at York College, PA.
- Lewandowski, G. W., Jr. (2013, June). *It's all about relationships, especially when teaching about research, statistics, and writing*. Invited keynote speaker at the Eastern Teaching of Psychology Conference (hosted by James Madison University) in Staunton, VA.
- Lewandowski, G. W., Jr. (2013, April). *Science (and science teaching) starts with a question*. Invited talk given at the Center for Excellence in Teaching and Learning (CETL) of Misericordia University, PA.
- Lewandowski, G. W., Jr. (2013, April). *The dark side of relationships: Why do people cheat?* Invited talk given at Misericordia University, PA.
- Lewandowski, G. W., Jr., & Ciarocco, N. J. (2013, January). *What's the point?: A new approach to teaching research methods*. Invited speaker at the Society for Personality and Social Psychology Teaching Preconference in New Orleans, LA.
- Lewandowski, G. W., Jr., & Ciarocco, N. (2012). *It all starts with a question: A new perspective on teaching methodology*. Invited/Keynote Talk given at the Best Practices in Teaching Research Methods and Statistics in Psychology Conference, Atlanta, GA.
- Lewandowski, G. W., Jr. (2012, September). *Staying whole while teaching the whole student: Insights from psychology*. Keynote presentation at Shore Regional School District, Professional Development.
- Lewandowski, G. W., Jr. (2011, November). *The science of healthy high school relationships*. Freehold Township High School, Freehold, NJ.
- Lewandowski, G. W., Jr. (2011, November). *Relationship science: From hook-ups to heartbreak*. Bard College, Annandale-on-Hudson, NY.
- Lewandowski, G. W., Jr., & Sizemore, O. J. (2011, May). *Research methods in psychology: What's the use?* Invited speaker at the 18th Annual Association for Psychological Science STP Teaching Institute in Washington, D.C.
- Lewandowski, G. W., Jr. (2010, May). *Helping your students understand how college is different from high school*. Presentation for the Center for Student Success First Year Seminar Workshop, Monmouth University.
- Lewandowski, G. W., Jr. (2010, April). *Casting light on the darkness of dissolution: Endings, beginnings, and wanderings*. Ashland University, Ashland, OH.
- Lewandowski, G. W., Jr. (2010, March). *The science of hook-ups and heart break*. 48th Annual Monmouth Junior Science Symposium, Monmouth University.
- Lewandowski, G. W., Jr. (2009, September). *Keys to promoting connections with our students*. Presentation given at the 2009 New Faculty Orientation, Monmouth University.
- Lewandowski, G. W., Jr. (2009, February). *Fostering faculty-student collaborations: The Close Relationship Research Lab*. Presentation given to the Board of Trustees, Monmouth University.
- Lewandowski, G. W., Jr. (2008, August). *Connecting with students: Overcoming a common obstacle*. Presentation given at the 2008 New Faculty Orientation, Monmouth University.
- Lewandowski, G. W., Jr. (2008, May). *Hello good-bye: From initial attraction to break-up in romantic relationships*. 48th Semi-annual Undergraduate Research Conference, Monmouth University.
- Lewandowski, G. W., Jr. (2008, April). *Relationship research: From initial attraction to break-up*. 46th Annual Monmouth Junior Science Symposium, Monmouth University.

## Teaching Experience and Overall Evaluations

July 2002 - present

Associate Professor of Psychology, Monmouth University, West Long Branch, NJ

\* Means represent ratings of Teacher's Overall Effectiveness

(1=Ineffective; 5=Very Effective); [data taken from SIR-II report]

- Experimental Methods in Psych & Lab (Writing Intensive) (Overall: M = 4.77)

Fall 02 = 4.20	Spring 03 = 5.00	Spring 04 = 4.55	Fall 04 = 4.73
Spring 05 = 4.46	Fall 05 = 4.92	Fall 06 = 4.87	Fall 07 = 5.00
Fall 08a = 4.75	Fall 08b = 5.00	Fall 09 = 4.85	Fall 10 = 4.80
Fall 11 = 4.86	Spring 12a = 4.64	Spring 12b = 4.93	
- First Year Seminar (Overall: M = 4.89)

Fall 09 = 4.89
- Intimate Relationships (Overall: M = 4.76)

Fall 03 = 4.76	Fall 04 = 4.71	Fall 05 = 4.67	Fall 06 = 4.89
Fall 07 = 4.63	Spring 09 = 4.87	Spring 10 = 4.83	Fall 10 = 4.78
- Intimate Relationships Laboratory (Overall: M = 4.89)

Fall 03 = 4.90	Spring 06 = 4.90	Spring 07 = 4.90	Spring 08 = 5.00
Spring 09 = 4.83	Spring 10 = 4.73	Spring 11 = 5.00	
- Introduction to Psychology (Overall: M = 4.63)

Spring 03 = 4.47	Spring 05 = 4.55	Spring 06 = 4.56	Fall 06 = 4.77
Spring 08 = 4.80			
- Introduction to Psychology (Honors) (Overall: M = 4.87)

Fall 02 = 4.71	Fall 03 = 5.00	Fall 04 = 4.84	Fall 05 = 4.82
Fall 07 = 4.83	Fall 08 = 5.00	Fall 09 = 4.88	
- Senior Seminar: The Self (Overall: M = 4.80)

Spring 04 = 4.93	Spring 07 = 4.67
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- Senior Thesis (Overall: M = 4.91)

Fall 03 = 4.80	Spring 06 = 4.90	Spring 07 = 4.90	Spring 08 = 5.00
Spring 09 = 4.92	Spring 10 = 4.90	Spring 11 = 4.92	
- Social Psychology (Overall: M = 4.55)

Spring 03 = 4.55

July 2000 – May 2002

Instructor, State University of New York at Stony Brook, Stony Brook, NY

\* Means represent ratings of Overall Rating of Professor's Teaching

(0 = Poor; 10 = Excellent); [data taken from self-administered questionnaire]

- Social Psychology (**Summer 2000: M = 9.50**)
- Research and Writing in Psychology (**Summer 2001: M = 9.54**)
- Statistical Methods in Psychology (**Spring 2002: M = 9.52**)



### Media Mentions (selected)

- CNN appearance “Putting the ‘I’ in Marriage” (January 2011)
- New York Times “The Happy Marriage Is the ‘Me’ Marriage” (January 2011)
- American Psychological Association (APA) Research in Action: Break-ups Aren’t All Bad
  
- Ladies Home Journal “Separate Bedrooms, Happy Marriage” (October, 2013)
- Men’s Health “What Do You Do When Your Vacation Turns Awful” (August, 2013)
- Asbury Park Press “Oh, Baby! Sandy Baby Boom Due At Shore This Month” (July 2013)
- Men’s Health “Your Relationship Curriculum” (June, 2013)
- Asbury Park Press “[Adultery May Be on the Rise, But Societal Approval Isn't](#)” (June, 2013)
- Asbury Park Press “[Interpretation of What Constitutes Infidelity Varies](#)” (June, 2013)
- USA Today “Professor Researches, Teaches Science of Love” (February, 2013)
- Asbury Park Press “Secrets of Love and Intimacy Exposed” (February, 2013)
- MyHealthNewsDaily “Three Ways to Bounce Back from a Broken Heart” (February, 2013)
- Redbook “Get Ready to Crush on Your Husband” (January 2013)
- Women’s Health “Curious if You’re a Normal Couple?” (January 2013)
- NBC Today Health “A House Divided: Love, Marriage and Opposing Political Views” (October 2012)
- Huffington Post “The Psychology of Pick-Up Lines” (August 2012)
- Washington Post “How to Pick a Successful Pick Up Line” (August 2012)
- YouBeauty.com “When Two’s a Crowd” (August 2012)
- Men’s Health “Beware the Dieting Woman” (June 2012)
- Men’s Health “Why She’ll Cheat on You” (May 2012)
- iVillage “Avoid Your Ex Like Crack and 16 Other Ways to Get Over a Breakup” (April 2012)
- YouBeauty.com “Young and Divorced: How to Bounce Back” (April 2012)
- KMTV Action News appearance “Do You Have a ‘Me Marriage?’” (February 2012)
- USA Today “Adult Sexting Tied to Power, Unlimited Partners” (June 2011)
- Woman’s Day “8 Dating Rules You Should Break” (June 2011)
- Woman’s World “Easiest-Ever Ways to Make Your Marriage Even Happier” (April 2011)
- Marie Claire “The New Couple Rules” (April 2011)
- Philadelphia Inquirer “How to Tend a Marriage.” (March 2011)
- Women’s Health “The Science of Heartbreak” (April 2010)
- Cosmopolitan “Are You Way Too Obsessed with Your Ex? ” (July 2009)
- Men’s Health “Flirting With Disaster”(April 2009)
- Cosmopolitan “Why More Chicks Are Now Cheating” (February 2009)
- Self Magazine “Inner Beauty”(April 2008)
- Ladies Home Journal “Beauty Is More Than Skin-Deep” (April 2008)
- Medical News Today “Personality Traits Influence Perceived Attractiveness ” (December 2007)
- WebMD “Pretty Is as Pretty Does” (December 2007)
- Science Daily “Personality Traits Influence Perceived Attractiveness” (November 2007)
- United Press International “Good Personality Boosts Attractiveness” (November 2007)
- China Daily “Honesty and Helpfulness Can Make You Look More Attractive” (November 2007)
- Self Magazine “Split Dividends” (July 2007)
- British Psychological Society – Research Digest

### **University Service**

- Member, Honors Council, Honors School (August 2009 – present)
- Peer Teaching Observer (September 2009 – present)
- Chair, Institutional Review Board (September 2010 – June 2012)
- Department Advising Coordinator (DAC) (July 2006 – June 2012)
- Member, Institutional Review Board (September 2008 – August 2010; July 2012-present)
- Member, General Education Task Force (First Year Seminar) (September 2008 – 2009)
- Member, Psychology Awards Committee (January 2012 – present)
- Member, Psychology Ethics Committee (September 2009 – May 2010)
- Member, Search Committee for the Dean of the Center for Student Success (April -July 2009)
- Career Advisor and Planner (CAP) (July 2004 – June 2008)
- Faculty Advisor, Undergraduate Psychology Club (September 2002 – June 2008)
- Faculty Advisor, Psi Chi: National Honor Society in Psychology (September 2002 – June 2007)
- Founder, Undergraduate Psychology Club (September 2002)
- Freshman Advisor for First Year Experience (FYE) Program (July 2004 – June 2009)
- Member, Academic Probation Committee (December 2004 – June 2009)
- Member, Parking Space Planning Committee (January 2006 – September 2006)
- Member, Enrollment Planning Committee (First-Year Experience Task Force)