



Medical Mission Program

Provide essential medical services in a mobile medical clinic setting in the rural town of Verrettes, Haiti. This program is open to *all* volunteers, regardless of training or experience.



Medical Student Missions

Founded by medical students, open to everyone.

Medical Student Missions was founded in 2010 as a nonprofit dedicated to providing much-needed medical aid to the people of Haiti and learning through service opportunities for our volunteers.

Founded by medical students but open to everyone, Medical Student Missions has completed more than 30 amazing trips with over 250 volunteers safely participating in medical missions to Haiti.

Whether you're a student, medical professional, or layperson, volunteering with Medical Student Missions is an unforgettable adventure. We are unique among mission groups because we are closely tied in with the local people in the places we serve, and our close relationships with our Haitian hosts give us the opportunity to provide our mission

participants with the experience of a lifetime.

We currently offer three main services:

- 1. Medical mission trips to Verrettes, Haiti**
- 2. Continuing Medical Education (CME) program**
- 3. Volunteer teaching opportunities at our partner medical school in Haiti**

This guide will focus on the medical mission trip program to Verrettes, Haiti. To find out more about our other services and opportunities, please visit our website at www.medicalstudentmissions.org.



Medical Missions to Rural Haiti: The Learning Through Service Trip

Participants in the medical mission program provide essential medical services to a local population in a mobile medical clinic setting in the rural town of Verrettes, Haiti. This program is open to *all* volunteers, regardless of training or experience. We welcome medical professionals, doctors, nurses, medical students, nursing students, dental students, pre-professional students, and lay volunteers. On these trips, everyone can help.

What to Expect

You will not need to do anything you are uncomfortable doing, but you will be taught new skills, or you will be teaching others, during direct patient care.

Getting to Haiti

Your flight will be on American Airlines into Port-Au-Prince (PAP). Usually the connection is through Miami or Ft Lauderdale Florida.

Arriving in Haiti

One of our representatives will meet your group at the airport in Port-Au-Prince. It is hot, chaotic and very exciting as you meet our representative and plunge into the highway system that is Haiti. The drive to the base in Verrettes is about 4 hours if we travel at night. The day length of the trip is 2 hours and 30 minutes from our villa to the airport front door.

Life in Haiti

Haiti is teeming with life, and your big adventure has started. You are heading into rural, ancient Haiti. You will go through several bustling towns, some of which you may

visit in the days to come as we have permission to work in St. Marc and elsewhere, but most of it will be rural. The arrival at the Villa in Verrettes makes you feel that you have fallen off the edge of the earth. Narrow streets lined with ruts and rocks, bouncing between small shacks, up hilly side streets, until you arrive at the Villa. You will learn to love these streets and feel comfortable in them over the next several days of your stay. And the view off the back veranda is spectacular. You will hear the rushing water during your first night, but early morning greets you with a view of Haiti as it should be: lush, tropical, with organized farms whose produce you will be eating the next several days.

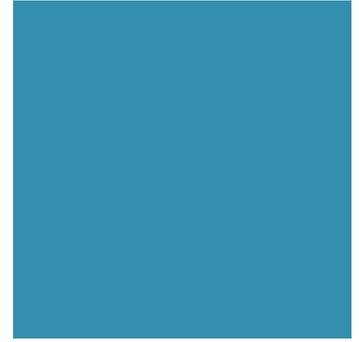
Mobile Clinics

The volunteer work we do is based on a mobile clinic model. Your particular job at the mobile clinic will be based on your training, experience, and preference. Everyone from physicians to lay volunteers will have an opportunity to help.

We bring all our own medications to these clinics, and we use Haitian translators to interpret our patients' concerns. Patient care is delivered by volunteers and supervised by our physicians.

The Villa: Your Haitian Home

The group will reside at a secure compound in Verrettes for the duration of the mission trip. Our Director of Haitian Operations, Vilna Josaphat, provides our food and housing at the villa.



Standard Costs

1-week medical service mission

The standard cost for a 1-week medical service mission to Verrettes, Haiti is **\$1500** for a single participant and **\$1200** per person if you are signing up in a group of 3 or more participants. These prices do not include airfare.

Your fee includes transportation to and from the airport, emergency housing in Port-Au-Prince if necessary due to weather, emergency housing in appropriate location if other delays occur, quarters in the Centre de formation Leveque, Barrage Vincent, Verrettes, Haiti, our headquarters villa, Remarkable local cuisine prepared by a superb Haitian staff with produce from the Centre's farms, Vehicle support while in-country, if needed for mission locations, Sheets, pillows, beds with mattresses, Emergency air conditioning available, Translators, Security guard at night and accompaniment by our security representative when traveling, Wi-Fi and email connection in Verrettes (intermittent, but

usually several hours per day), Opportunity to provide needed volunteer service in the Centre Medical Dumarsais Estime (hospital, cholera treatment center, HIV, emergency and general wards), Opportunity to help run a community health clinic in conjunction with the above hospital, Unique opportunities, depending upon skill level, to work in a remote mountain clinic, spending overnights with local staff, Interaction with local "leaf" healers and cultural program, including an exposure to the interaction between local healers and Western medicine as practiced in rural Haiti, The ability to perform volunteer response to unique local medical emergencies, Social functions in our villa with other international health team members, All meals in Haiti when serving away from the villa in Verrettes, and Laundry services.



Travel Insurance: Global Rescue

Medical Student Missions, Inc. is proud to announce our newest partnership - with **Global Rescue**. Global Rescue is a fully integrated provider of medical, security, intelligence, and communications services for safe travelling abroad. Medical Student Missions strongly encourages all volunteers to enroll with **Global Rescue** prior to embarking on trips to Haiti. Several membership plan options are available to our volunteers. The benefits of membership include Field Rescue from the point of illness or injury, Evacuation back to the member's home hospital of choice, 24hr medical advisory services from critical care paramedics and in-house physicians, Specialists at Johns Hopkins Medicine available in real-time, Global network of medical Centers Of Excellence, Paramedics deployed overseas to the member's bedside, Medical evacuation services provided up to \$500,000, and the Option to upgrade to include security extraction.

Please visit

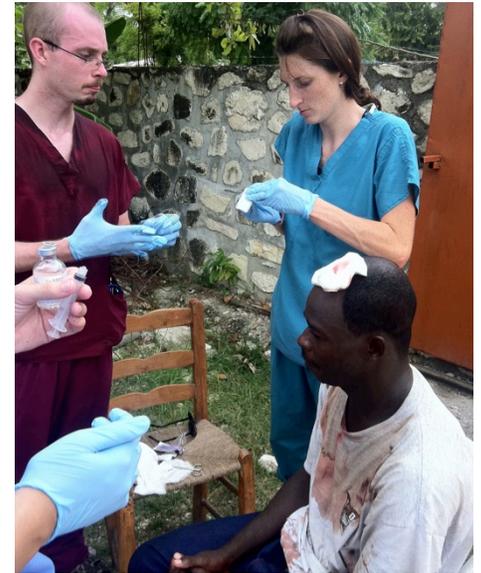
www.GlobalRescue.com/partner/msm for more information.





Travel Information

Necessary preparations for your Haiti trip



Travel Waiver and Medical Information Form

At least two weeks before your departure, read the current Department of State Travel Warning concerning Haiti located on our website. Then print out, add the date of the travel warning in the appropriate space with the appropriate dates of your travel to Haiti, sign and fax back the Travel Release and Waiver and Medical Information Form. Also, be knowledgeable about the content of the CDC Travel Information page on Haiti.

All information can be found on the Medical Student Missions website:

www.medicalstudentmissions.org

Immunizations and Prophylaxis

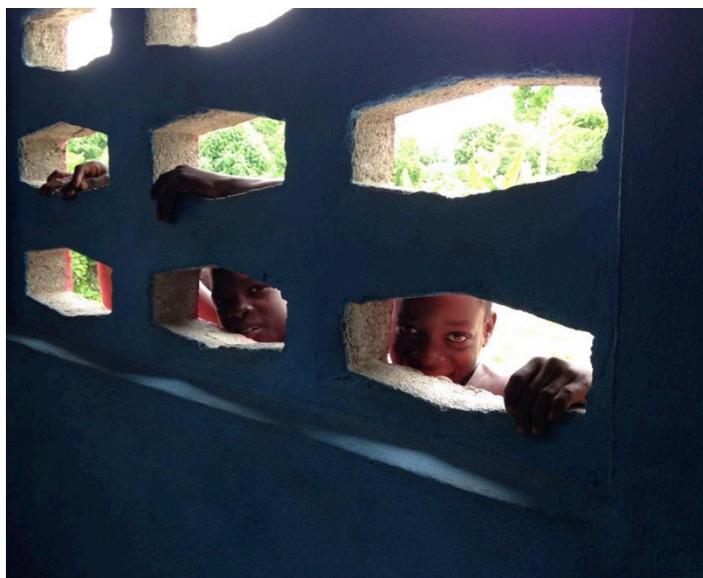
You need immunization against **tetanus**, **diphtheria**, **pertussis**, **measles**, **mumps** and **rubella**. In addition, you will need a **typhoid** immunization, and you should have received your **hepatitis B** series and **hepatitis A** immunization. For **malaria** prophylaxis, you should start chloroquine 500 mg weekly at least two weeks before you depart, weekly while in Haiti, and for four weeks after departing. **Dengue fever** and **chikungunya virus** is a significant risk in urban and rural areas. The only preventative is mosquito protection. Therefore, it is mandatory that you treat your clothing with **permethrin** prior to the trip. You should also have a yearly **tuberculosis** screening. Please contact us or see our website for more information.

Items to Bring

For a complete list of items to bring, and for links to purchase these items through our Amazon Affiliation account for the best prices, please see the Travel Information section of the Medical Student Missions website. Volunteers will need to bring the following items with them on our mission trips: Water bottle with integrated filter, Topical insect repellent, Clothing protection, Personal fan, A tooth brush, A "cocoon" or sleeping bag/liner, Sunglasses, Scrubs, Boots and comfortable sandals, Something comfortable to sleep in, Shorts and short sleeve or T shirts, Stethoscope, Flashlight or headlamp, Poncho, Camping toilet paper, Fanny pack or small backpack, and Personal medications.



Thank
You



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