



## Pathways to Survivorship: A Breast Cancer Survivors' Retreat

Saturday, October 22, 2016  
9 a.m. – 3 p.m.

Inova Loudoun Hospital  
Conference Rooms A and B  
(South Lobby Entrance)  
44045 Riverside Parkway  
Leesburg, VA 20176



Presented by Inova Loudoun Hospital Life with Cancer® and the Loudoun Breast Health Network



*Inova Loudoun Hospital Life with Cancer® and the Loudoun Breast Health Network present:*

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Visit [www.lifewithcancer.org](http://www.lifewithcancer.org) or call  
703.698.2526 for information and  
to register for the event.  
Si necesita servicios de interpretación,  
por favor llame al 703.776.3663

### Educational Sessions

9:30 a.m. - 12 p.m.

#### Genomics and Personalized Medicine

John Deeken, MD, Inova Translational Medicine Institute

#### Managing Anxiety and Providing Self Care

Sam Lolak, MD, Life with Cancer®

#### Nutrition and Survivorship

Eric Cohen, RN, OCN, Clinical Nutritionist

### Open House

12 p.m. - 3 p.m.

- Yoga, Massage, Acupuncture, Facials, Reiki, and Healing Touch Sessions
- Free Makeover Sessions
- Free Wigs, Bras, Scarves, Hats and Soft Pocket Protheses
- Free Bra Fittings as Requested
- Information and Community Resources
- Door Prizes and Giveaways
- Food and Refreshments

Free valet parking available.

