



# *Vienna Zen Center Newsletter*

*January 2015*

*The new year has started and the old year went its ways. Memories of good food and family time during the holiday season comes to mind. Family time can be so pleasurable and wonderful but sometimes it can also feel quite difficult. Especially when expectations “to spend a good and peaceful time together” are strong and of course everybody has his/her idea of “the peaceful time”. Disappointment appears fast and without warning and suddenly we are involved within conflicting people that we love dearly.*

*Now the morning winter sun shines through the window in a low angle illuminating most of the living room. Suddenly everything is bright – just for a short time. The wind outside makes different “choohh” sounds. Can we listen to inner appearances just like we listen to the wind? Sometimes stronger choohhh, sometimes a quick and heavy wind gust, sometimes a light breeze. Then what? In the old scripts there’s a hint: You must find Bodhidharma’s family tradition.*

*Wish you all a wonderful and happy new year!*

*Knud*

# January - February 2015

*We are back to regular practice!*



*Join us on Monday and Wednesday practice evenings:  
18:20pm , Kaiserstrasse 44-46 Steige 2, Top 8. 1070 Vienna.*



*On Saturday, the 24th of January, 9:30-17:00, Senior Dharma Teacher Knud Rosenmayr will lead a Zen Day in the Vienna Zen Center. [Click here to apply in advance.](#)*



*On Saturday, the 21st of February Senior Dharma Teacher, Jan Sendzimir, will lead a Zen Day, followed by Precepts Ceremony, led by Jo Potter JDPSN. [Please apply here in advance](#) if you would like to take precepts. To read more information about taking precepts, [please click here.](#)*



*In the pictures: Zen Master Seung Sahn giving precepts to students in Cambridge Zen Center (Archive picture).*

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*Kaiserstraße 44-46, Steige 2 Top 8. 1070 Vienna.*



*Edited by Maya Ya'ari*