BODY CONFIDENCE CANADA AWARDS (BCCAs) NOMINATIONS PACKAGE

NOMINATION GUIDELINES:

- *All nominees must be residing in Canada
- * All nominees must be 19 years of age as of their nomination package
- *Award <u>recipients</u> must be able to attend the BCCAs, and participate in pre-event promotion/media
- * BCCAs accept self-nominations. However in the case of 'ties' external nominees will receive preference

All nominees and recipients of BCCAs are committed to body confidence and body positivity programming/promotion in areas such as:

Activism
Anti-Oppression
Arts & Culture (i.e. Entertainment, Fashion, Journalism etc.)
Business
Community Engagement
Diversity
Education
Equity & Inclusivity
Health & Wellness
Human Rights
New Media
Policy
Social Justice
Sports

BCCA recipients do not buy into the idea that there is one body 'norm' nor do they buy into the myth of 'perfection'. Instead BCCA recipients are actively striving to challenge status quos and to reimagine diverse bodies that are perfectly living, taking life's ups and downs in stride, and helping to build a community through their work that inspires these same ideals in others. If it helps, the BCCAs are heavily influenced by critical media, race, disability, fat studies, queer and feminist theories. We invite you to Google these as they are great markers of our BCCA philosophies.

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NOMINATION CONTACT FORM

Nominee Contact Information Name: Title:

Full Address: Phone: Email:

Nominator Contact Information:

Name: Title:

Full Address:

Phone: Email:

How did you learn about BCCAs? Please check one

E-mail Social Media FatintheCity Other

REFERENCES

Each nomination package must include <u>up to 3</u> pieces of 'evidence' on the nominee for BCCA to review (i.e. support letters, online links, previous awards acknowledgments, nominee profiles etc.)

All packages must include *references* in order to qualify for BCCA review.

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NOMINATION APPLICATION FORM

BCCAs accept self-nominations. However in the case of 'ties' external nominees will receive preference

In 1000 words or less please answer the following questions:

Describe the 'nuts and bolts' of what it is your nominee does? What would you like to highlight about your nominee to the BCCA? (250 words or less)

How does your nominee demonstrate and embody their commitment to body confidence, acceptance, and body positivity in their work being considered for this award? (250 words or less)

How has your nominee's body of work contributed to social change? What has been the impact of this nominee's work within the communities they serve and beyond? (250 words or less)

Is your nominee a "Game Changer?" Please explain their "ingenuity in motion!" What makes this nominee a standout in the area of body confidence? (250 words or less)

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