

What Foods Does Yahweh Say Are Good To Eat?

(What kind of meat is POISONOUS to man?)

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I have often heard it stated “The Law (Torah) was nailed to the cross by Jesus Christ (Yahshua Messiah). Therefore, all the Old Testament has been done away with and now we are under “Grace,” the New Testament. The statement noted above clearly implies that all of Yahweh’s instructions including His dietary instructions have been done away with. Thus, He has made “Clean” those “Unclean” foods noted in Leviticus.

If this is correct, we must back this statement up with Scripture rather than assuming this is correct based on our individual and / or corporate beliefs. Our opinions are our opinions and it holds no water. However, Yahweh’s Word is ABSOLUTE!!! After all, Scripture clearly teaches us that He does not change (**Malachi 3:6; Hebrews 13:8; James 1:17**)

Since this teaching will be addressing “Clean” and “Unclean” foods, we will be addressing this issue to see if indeed Yahweh’s dietary instructions have been done away with.

In order to address the above statement, we will need to look at several Scriptures. Let our journey begin.

Unclean Meats and New Testament Scriptures

Now let’s look at the “unclean meats” issue by examining the New Testament passages which are often understood to mean that the Old Testament Dietary Laws were abolished. The first is **Colossians 2:20-22**.

“²⁰If, then, you died with Messiah (Christ) from the elementary matters of the world, why, as though living in the world, do you subject yourselves to regulations: ²¹“Do not touch, do not taste, do not handle” – ²²which are all to perish with use – according to the commands and teachings of men?”

Whatever Sha’ul (Paul) was referring to in his comment “nor taste” he was not referring to the divine Instructions of **Leviticus 11** and **Deuteronomy 14**. Sha’ul (Paul) was arguing against “principles of this world” and “commandments and doctrines” which were “merely human.” Such human meat regulations could have been a secular rule in Colosse (a Gentile city with pagan gods and temples) that no meat be eaten unless it was first sacrificed to idols. Sha’ul (Paul) made it clear that he was discussing a human meat regulation known to his readers in

Colosse, not the divine meat Instructions of the Scriptures. This leads us to a second Scripture to be considered, **1 Timothy 4:4**, which states:

“Because every creature of Elohim (God) is good, and none is to be rejected if it is received with thanksgiving”

What makes food “holy” and acceptable to eat? An attitude of thanksgiving, prayer and the Word of Yahweh. What was the “Word of Yahweh” for the early Christian church? The only “Word of Yahweh” at that time was the accepted canon of Old Testament books known as “the Hebrew Bible”. **Leviticus 11** and **Deuteronomy 14** are the portions of “the Word of Yahweh” which list the meats Yahweh approved for human consumption. Rather than permitting the consumption of unclean meats, Sha’ul (Paul’s) instructions to Timothy actually affirmed that food must have prior approval in the Word of Yahweh (the Old Testament) in order to be eaten. Therefore, in this passage, Sha’ul (Paul) is actually affirming the applicability of the Old Testament Dietary Instructions.

By examining **1 Timothy 4:1-4** in its overall context, we see Sha’ul (Paul) was addressing the subject of enforced vegetarianism, not the subject of “unclean meats.” Sha’ul (Paul) warned that “in the latter times...some shall depart from the faith,” teaching false doctrines such as “...commanding to abstain from meats.”

Sha’ul (Paul) countered that false teaching by saying that it is permissible to eat animal flesh as long as the meats were approved in the Word of Yahweh. Now consider that **1 Timothy 4:4** is contained within a prophecy about the latter days (which many regard as our current modern times). Interestingly, in our modern world we have vocal “animal rights” advocates (loosely associated with the New Age Movement) who noisily wish to impose vegetarianism on society, labeling the consumption of animal flesh as some kind of “animal abuse.” Sha’ul (Paul) was telling those living “in the latter times” that they should ignore those who say it is wrong or immoral to eat animal flesh. Sha’ul (Paul) prophesied that people could continue to eat animal flesh in the latter days as long as the meats were “approved” for human consumption as noted in Yahweh’s Word. **Leviticus 11** and **Deuteronomy 14** are those sections of the “Word of Yahweh” known to Sha’ul (Paul) which specifies what types of animal flesh are permitted by Yahweh for human consumption. So this passage in **1 Timothy** actually upholds **Leviticus 11** and **Deuteronomy 14**’s applicability for the New Testament (and latter day) Christian church!

Portions of **1 Corinthians (chapter 8 and 10:14-33)** are also taken by some to permit the eating of unclean meats. However, the eating of unclean meats is not the subject of these passages. In fact, Sha’ul (Paul) is discussing whether any meats can be consumed if they have been “offered to idols.” Sha’ul (Paul) makes this very clear in **1 Corinthians 8:1 and 4** in writing:

“¹And concerning *food* offered to idols: We know that we all have knowledge. Knowledge puffs up, but love builds up. ⁴So then, concerning the eating of *food* offered to idols, we know that an idol is no *matter* at all in the world, and that there is no other Elohim but one.” (Words that are in italics are not in the original manuscripts.)

There was evidently a difference of opinion on this subject in the Corinthian church. Some believed they had the “freedom” to eat such meats because they knew that non-existent “gods” could not “bless” anything. While Sha’ul (Paul) concedes that fact, he warns such Corinthians that they needed to be careful about where and what they ate lest they trouble or offend those with “weaker consciences.” Sha’ul (Paul) warned those “with knowledge” that it would be a sin to trouble another’s conscience in this matter so it would be preferable to avoid eating meats altogether in a public eating place associated with a false god’s temple (see **1 Corinthians 8:10**) rather than risk troubling a “weak” brother’s conscience who might, by chance, witness this act of eating and be “offended.”

In **1 Corinthians 10:25** when Sha’ul (Paul) says:

“You eat whatever is sold in the meat market, asking no questions because of conscience,”

We must remember Sha’ul (Paul) was not addressing the subject of eating unclean meats, but rather the eating of meats sacrificed to idols (see **1 Corinthians 10:28**). By lifting **1 Corinthians 10:25** out of its limited context, some assume Sha’ul (Paul) meant it was alright to eat any unclean meat sold in the marketplace. Sha’ul’s (Paul’s) statement must be understood within its context: he was saying that people shouldn’t bother asking whether a cut of meat was “sacrificed to idols” before buying it. Sha’ul’s (Paul’s) other writings make it clear he did not sanction the eating of unclean meats by early believers in Messiah Yahshua, so he was telling the Corinthian church members it was best to not even ask whether their “clean” meats had been “blessed by idols” because if the issue was not brought up, it did not even have to be addressed.

We must also remember Sha’ul (Paul) was writing about this issue to converts living in a gentile, pagan city. This question would have been irrelevant in a Jewish community because the Jews would not have offered their meats to idols as part of their food preparation process. Sha’ul’s (Paul’s) writings show that he is clearly wrestling with this issue: upholding the freedom to eat “clean” meats while ensuring that the greater need (for brethren not to offend each other in a matter of conscience) took precedence.

Did Kefa's (Peter's) Vision "do away with" Unclean Meats?

Kefa's (Peter's) vision in **Acts 10** is also cited as biblical sanction for eating unclean meats, but a literal reading of the text does not support that view. Kefa (Peter) had a vision (**Acts 10:9-16**) in which he saw a sheet full of many animals whose flesh was "unclean" to eat.

This sheet of unclean meat was offered to him three times with the words "kill and eat." In the vision, Kefa (Peter) refuses to do so with the words:

Acts 10:14 "But Kēpha said, Not at all, Master! Because I have never eaten whatever is common or unclean."

This statement affirms that it was the practice of the Apostles and the early New Testament believers in Messiah Yahshua to avoid eating unclean meats! In the vision, Kefa (Peter) is told:

Acts 10:15 "....., What Elohim has cleansed you do not consider common."

Many assume this means Yahweh "cleansed" unclean food, but they neglect to read on to see if that assumption is correct.

Acts 10:17 "And while Kēpha was doubting within himself about what the vision might mean, look, the men who had been sent from Cornelius, having asked for the house of Shim'on (Simon), stood at the gate,"

Note that Kefa (Peter) himself did not attribute to his vision any meaning that Yahweh had cleansed unclean meats; he simply didn't know what it meant. He didn't have long to wait to determine the meaning as it became clear as soon as the men sent by Cornelius arrived. Cornelius was a Gentile (a Roman officer) who had sent three men to Kefa (Peter) after receiving a vision of his own to do so. Kefa (Peter) quickly realized that his vision meant that he should not "call any man (not any meat) common or unclean." **Kefa (Peter) understood the unclean meat in the vision had a symbolic, not a literal, meaning.**

The Jews of Kefa's (Peter's) time, including Kefa (Peter), were so intolerant that they avoided contact with Gentiles as much as possible, regarding them as "unclean" (**Acts 10:28** confirms this). Kefa (Peter) shared that intolerance, and in all likelihood would not have accompanied these Gentiles unless Yahweh had revealed to him in the vision "not to treat any man as unclean" (a conclusion Kefa (Peter) reiterated in **Acts 10:34**). Later, Yahweh gave the Set-Apart (Holy) Spirit to these Gentiles in the presence of Kefa (Peter) and his delegation. What was their reaction?

Acts 10:45 "And those of the circumcision (Jews) who believed were astonished, as many as came with Kēpha, because the gift of the Set-Apart Spirit had been poured out on the gentiles also,"

The intolerance of the early Jewish converts was so strong that even though Kefa (Peter) and his group met with the Gentiles, there apparently was no chance that they would have baptized these Gentiles and accepted them into the church unless Yahweh had performed a miracle by giving them the Set-Apart (Holy) Spirit in the presence of Kefa (Peter) and his fellow believing Jews. In **Acts 10:47**, Kefa (Peter) further realized Yahweh had shown them it was also acceptable to baptize Gentiles into the faith. In **Acts 11**, some of Kefa's (Peter's) Jewish friends argued with Kefa (Peter) about what he had done, but Kefa (Peter) retold the entire history of his vision and Yahweh's miraculous gift of the Set-Apart Spirit to the previously "unclean" Gentiles. The whole group then agreed with Kefa's (Peter's) perception of his vision and the subsequent events. A careful evaluation of "Kefa's (Peter's) vision" reveals that it contains no message permitting believers in Messiah Yahshua to eat "unclean meat." Indeed, we have Kefa's (Peter's) strong affirmation in **Acts 10:14** that he had "never" eaten anything unclean. The whole purpose of the vision was to convince the early Jewish believers in Messiah Yahshua to accept Gentile converts into the church.

Did Yahshua (Jesus) "do away with" Unclean Meats?

Another passage sometimes cited to defend the eating of unclean meats is **Matthew 15:11** wherein Yahshua (Jesus) stated:

"Blessed are you when they reproach and persecute you, and falsely say every wicked word against you, for My sake."

When the verse is considered in its overall context, it becomes clear that Yahshua (Jesus) isn't discussing the subject of eating meats at all. In **Matthew 15:1-2**, the Pharisees nitpicked Yahshua (Jesus) by saying:

"¹Then there came to יהושיע (Yahshua) scribes and Pharisees from Yerushalayim (Jerusalem), saying, ²"Why do Your taught ones transgress the tradition of the elders? For they do not wash their hands when they eat bread.""

Notice that the subject being discussed is not the eating of unclean meats, but rather why the disciples were not washing their hands according to the practices of the Pharisees (the elders). Yahshua (Jesus) then snapped back at them in **Matthew 15:3-6**:

"³But He (Yahshua) answering, said to them, "Why do you also transgress the Command of Elohim because of your tradition? ⁴For Elohim has Commanded, saying, 'Respect your father and your mother,' and, 'He who curses father or mother, let him be put to death.' ⁵But you say, 'Whoever says to his father or mother, Whatever profit you might have received from me has been dedicated, ⁶is

certainly released from respecting his father or mother.’ So you have nullified the Command of Elohim by your tradition.” ”

Yahshua (Jesus) was telling the Pharisees that failure to observe all the ritualistic “Jewish traditions” was not a violation of Yahweh’s Torah / Law. He identified the Pharisees’ subversion of Yahweh’s Torah as the real transgression. In fact, Yahshua (Jesus) was affirming the necessity of putting Yahweh’s Torah paramount above any tradition or requirement of any man or group of men. By the time Yahshua (Jesus) concludes His denunciation against the “hypocritical” Pharisees with His statement in **Matthew 15:11**, it is clear that Yahshua (Jesus) is stating that if some foreign particle (dust, a flake of dirt, etc.) is accidentally eaten because of insufficient hand-washing, it was “no big deal.” What really matters is what comes out of one’s mouth (our words and speech) which indicates what is going on in our heart.

To summarize thus far, a careful examination of the Scriptures indicates that the early New Testament church continued the Old Testament practice of observing the Dietary Instructions of **Leviticus 11** and **Deuteronomy 14**. The words of Yahshua Messiah (Jesus Christ) and Kefa (Peter) as well as the writings of Sha’ul (Paul) all support this conclusion.

Does the Bible Permit Christians to Eat “Unclean” Meat in New Testament Times?

What IS an “unclean” meat or food in the Bible? Why does Yahweh call such foods “unclean?” Is there a REAL penalty to pay if humans eat “unclean” foods?

During the pre-Christian era, it is a well-known fact that Yahweh forbade the Israelites to eat certain types of animal flesh. While the Israelites frequently disobeyed Yahweh’s instructions, it was quite clear that Yahweh’s Instructions prohibited the consumption of pork, shellfish and other types of animal flesh. Therefore, if a person ate “unclean” food in Old Testament times, it was because they were choosing to disobey Yahweh’s Instructions, not because they felt they had a divine authorization to consume such meats.

In the modern world, most Christians consume “unclean” meats not out of rebellion, but because of a belief that New Testament Scriptures permit them to do so. The belief that Old Testament Instructions on the consumption of animal flesh are no longer applicable is often referred to as “Christian liberty” (i.e. “freedom” from the “restrictions” of the Old Testament). We will examine “unclean meats” from a biblical and scientific viewpoint in an effort to determine what the “New Testament” Christian viewpoint on this subject should be. The answer will reveal whether modern Christians are (A) exercising “liberty” to eat unclean meats or (B) ignoring Yahweh’s guidance on the subject.

In the Old Testament, the issue was clear: Yahweh said to avoid eating the flesh of certain animals. It is in New Testament times that the issue has become blurred. The Old Testament meat Instructions are still found in **Leviticus 11** and **Deuteronomy 14** in our Bibles. Clearly, anyone who eats forbidden animal flesh is disobeying those Scriptures. However, do they have the “liberty” to do so as a result of New Testament Scriptures? A deeper question is: if Yahweh really has abolished his Old Testament Dietary Instructions, is there any empirical physical evidence to support that conclusion?

Yahshua (Jesus) and the “Torah / Law of Moses”

At Mt. Sinai, Yahweh gave Moses not only the Ten Commandments but also many divine instructions about personal behavior, methods of worship and lifestyle choices. These Divine Instructions came to be known as the “Law of Moses” even though they were actually “the Law of Yahweh given to Moses.” When Yahshua Messiah (Jesus Christ) physically lived here on earth, many often forget He was reared as a devout Jew. After Yahshua’s (Jesus’) birth, Joseph and Mary observed the seven-day purification period for women, and also had Yahshua circumcised on the eighth day (**Luke 2:21-23**), according to the Instructions of the Torah / Law of Moses in **Leviticus 12:1-3**. These aspects of the Torah / Law of Moses are found literally adjacent to the chapter on Dietary Instructions (**Leviticus 11**). Since Joseph and Mary scrupulously observed **Leviticus 12** in rearing Yahshua (Jesus), it follows that they scrupulously observed **Leviticus 11** in their choice of meats which were fed to Yahshua (Jesus) and the rest of their children. The observant nature of Yahshua’s (Jesus’) family is further confirmed in **Luke 2:39**:

“*And when they had accomplished all matters according to the Torah of יהוה* (Yahweh), *they returned to Galil* (Galilee), *to their city Natsareth* (Nazareth).
(Words that are in italics are not in the original manuscripts.)

Notice that Luke does not call these Old Testament requirements the “Law of Moses,” but refers to them as the “Torah of Yahweh.” - a subtle, but important indicator of the early Christian church’s views about Old Testament Instructions. **Luke 2:41** adds that Joseph and Mary kept the Feast of Passover “every year” at Jerusalem. It is not clear whether they brought their children with them every year, but verse 42 states that they brought Yahshua (Jesus) with them to Jerusalem for the Passover Feast when Yahshua (Jesus) was twelve years old.

During His adult years, the Scriptures portray Yahshua (Jesus) as being loyal to the “observant” traditions of His parents. We know that Yahshua (Jesus) was careful to observe the Passover and Days of Unleavened Bread (**Matthew 26:17-19**), and that He participated in the “Last Great Day” of the Feast of Tabernacles (**John 7:37**). In **Matthew 5:17-18**, Yahshua

(Jesus) openly declared His allegiance to the Old Testament Torah of Yahweh (i.e. “Torah / Law of Moses”). He emphatically stated:

“¹⁷Think not that I (Yahshua) am come to weaken, or destroy the Torah, or the neviim (prophets): I have not come to weaken, or destroy, but to completely reveal it in its intended fullness. ¹⁸For truly I say to you, Until the current shamayim (heavens) and earth pass away, not one yud (jot), or one nekudah (tittle) shall by any means pass from the Torah, until all be fulfilled.”
(RESTORATION SCRIPTURES TRUE NAME EDITION Study Bible)

Based on what we read above, Yahshua (Jesus) affirms His coming did not abolish “nothing” from the Old Testament Torah / Laws of Yahweh. Thus, all modern Christians should not falsely assume that Yahshua (Jesus) made any major changes in the observance of His Dietary Instructions (Laws). There are two Biblical study truisms: (A) The words of Yahweh (in the Old Testament) and Yahshua Messiah (Jesus Christ) (in the New Testament) carry more Scriptural authority than the words of their human followers, and (B) one must interpret vague Scriptures in light of the meaning of clear Scriptures, not vice versa. Applying both these truisms when we come across any vague passages in the New Testament must be interpreted in a manner consistent with the clear declaration of Yahshua Messiah (Jesus Christ) as noted in **Matthew 5:17**. Given the intensity of Yahshua’s (Jesus’) support for Yahweh’s Old Testament Torah / Laws in **Matthew 5:17-18**, we must insist on finding very explicit evidence in the New Testament that something was “done away” before we abandon the practice. This is particularly true in the case of Sha’uls (Paul’s) writings as Kefa (Peter) warned that Sha’uls (Paul’s) writings were easy to misunderstand (**2 Peter 3:16**). It is noteworthy that while Yahweh canonized many of Sha’uls (Paul’s) writings, Kefa’s (Peter’s) warning about their difficult doctrinal application was also canonized. If Sha’uls (Paul’s) words were easily misunderstood in his own time and in his own culture, how much easier might it be for us to misunderstand Sha’uls (Paul’s) writings when we not only read Sha’uls (Paul’s) words in a different language but are also two millennia removed from his historical context?

Hebrews 13:8-9 clearly states Yahshua’s (Jesus’) stance:

“⁸יהושע (Yahshua) Messiah is the same yesterday, and today, and forever. ⁹Do not be borne about by various and strange teachings. For it is good for the heart to be established by favour, not with foods which have not profited those who have been occupied with them.”

Here the writer of Hebrews warns against following false doctrines by reminding the reader that Yahshua Messiah’s (Jesus Christ’s) doctrines not only “did not change” but also “will never change.” Does this Scripture sound like Yahshua Messiah (Jesus Christ) was one to radically

alter the Old Testament Torah / Laws of Yahweh? Quite the contrary, the Scriptural evidence is that Yahshua (Jesus) supported and practiced them faithfully during His entire life.

It is apparent that Yahshua Messiah (Jesus Christ) and His disciples obeyed the Dietary Instructions (Laws) of **Leviticus 11** and **Deuteronomy 14**. The fact that there is no mention of any controversy about this point between Yahshua (Jesus) and the Pharisees makes this evident. The Pharisees were eagerly looking for grounds to accuse Yahshua (Jesus) on religious grounds to undermine His popularity with the masses. If Yahshua (Jesus) (or His followers) had ever eaten unclean meats, the Pharisees would have made it one of their central accusations against Him. The fact that there were no controversies in the gospels about eating pork, shellfish, etc. argues that Yahshua (Jesus), His followers and the Pharisees were all in agreement on this matter. Sha'uls (Paul's) own defense to His Jewish accusers is stated in **Acts 22:3** "I am indeed a Yehudite (Jew), having been born in Tarsos (Tarsus) of Kilikia (Cilicia), but brought up in this city at the feet of Gamli'el, having been instructed according to the exactness of the Torah of our fathers, being ardent for Elohim, as you all are today," and **Acts 23:1** "And Sha'ul, looking intently at the council, said, "Men, brothers, I have lived in all good conscience before Elohim until this day." " This also indicates that Sha'ul (Paul) had maintained a devout obedience to the Torah / Laws of Yahweh (which included the Dietary Instructions / Laws) throughout his life. Nowhere in the Scriptures is Sha'ul (Paul) accused by his detractors of "eating unclean meats."

Can ANYTHING be Considered Edible?

What does the Bible mean when it says some foods are "Clean" and "Unclean"? Should we eat ANY kind of meat we want? What kind of food does Yahweh, the Creator of heaven and earth, want us to eat?

Almost every living animal is looked upon by at least one of this world's cultures as a food source. What one culture may consider as disgusting, another calls a delicacy. Are all animals fit for human consumption? Or are some actually inedible poisonous time bombs? How can we know? Believe it or not, the pages of the Bible reveal the answers to these questions.

It has been wisely said "You are what you eat." When we consume good, nutritious food in proper amounts, our body will receive the vitamins, minerals, and other necessary elements to promote good health. On the other hand, eating junk and / or other poisonous "foods" fouls up and eventually can destroy the complex, intricate, and wonderful creation each human being is.

WHAT foods does Yahweh say are good to eat? What kind of meat is POISONOUS to man?

Poison Vs. Food

Just because something can be placed into one's mouth, chewed up, and swallowed does not automatically categorize it as good food. It is well known that there are several plants which are poisonous—some of which kill within minutes. The same is true with some animals, but unfortunately the poisons act much more slowly—usually taking many years before displaying their effects. Because of this usually long “incubation” period, the blame often gets placed on things other than the “food.” In many cases these “other causes” definitely contribute, but by no means can we say that they are things that can be identified as being guilty.

Medical science is just beginning to discover the truth about the slow poisons found in some commonly eaten animals. Yahweh informed us thousands of years ago that there were certain things which were unfit to eat. He did not enumerate the poisonous plants, as at least one physician has pointed out, because they work quickly and are easily identified. Researchers have found the animal poisons are slow acting and subtle that they require special and individual treatment.

Looking at the March 23, 1985 issue of Lancet, it contained an article by Dr. Amin A. Nanji and Samuel W. French entitled “Relationship Between Pork Consumption and Cirrhosis” (pp. 681-683) which demonstrated not only the anticipated correlation between alcohol consumption and mortality from cirrhosis of the liver, but also a similar relationship between eating pork and the same disease. The significant correlation was even greater where high consumption of both were present. This study included beef consumption as well, but found no correlation. On page 683 of the article it states:

“We have shown that the amount of pork consumed correlates strongly with mortality from cirrhosis.”

Poisons may sometimes appear to be good and be very palatable. They may even contribute some very useful components to the system. Just as a glass of milk laced with cyanide has many useful nutrients, nonetheless the poison still has its effect. Yahweh knew which animals were bad for the human body. After all, He did create them all. He also loved us enough to reveal to us which ones they were. However, He also left us with a free will to turn our backs on Him and His Instructions. Yahweh created the human race with a free will, and every time we choose to feed ourselves poisons, this shows Yahweh our rebellion against His Word.

Poisons have their Purposes

You may ask, “If some animals are indeed really poisonous to eat, why did Yahweh create them?” The answer is simple: they have other purposes. The irrelevance of this question may be demonstrated by other similar ones, such as: “If water wasn't meant to be breathed, why did

Yahweh create it?” Or, “If it is harmful to light fire to yourself, why did Yahweh create fire?” Just because He created something, it does not mean that it was intended for every single conceivable use that man’s mind could conjure up. After all, He created the poisonous plants and gasses also! Try eating some granite or marble sometime and you will quickly conclude that neither was designed nor intended to be used for food! Or maybe you’d prefer a poison ivy salad! Yet there will be “nutritionists” somewhere who will extol the magnificent benefits to be gained with such delights! We may not always understand or comprehend the full intent for the creation of any given creature, but Yahweh does not do things without purpose or usefulness. **He is a Mighty One (God) of order.**

Unclean made Clean?

One of the favorite arguments made is the “clean / unclean” distinction was somehow “nailed to the cross” and the “terrible oppression” laid upon the Israelites by Yahweh was lifted. Was there some sort of sudden miraculous change in the physical structure of the previously “unclean” animals which abruptly made them good food? There is no scientific evidence of it, and most important, there is no Biblical evidence for it.

Romans 14:14 has often been quoted to “prove” that all animal flesh is proper for human consumption. The first point to be made clear here is contained in the marginal reference found in many Bibles. The word “unclean” is improperly used here. It should be translated as “common” instead, a different word with an entirely different meaning. Notice that both occurred in **Acts 10:14**, signifying that they refer to two separate classifications. “Unclean” [Strong’s #169 – ἀκάθαρτος (akathartos)] means unclean or impure naturally, whereas “common” [Strong’s #2839 – κοινός (koinos)] means polluted. **Romans 14:14** uses the word “koinos” and is therefore referring to pollution. “Clean” meat is made “common” (polluted) by strangulation and / or by leaving the blood in it as noted in **Acts 15:20**. It can also become “common” through disease. With this understanding of “clean,” it becomes a simple matter to perceive the message of **Romans 14:14**. Nothing is polluted of itself (although it can be “unclean”) but if anybody thinks it might be polluted, he should treat it accordingly. This approach is further explained in **Romans 14:23**: if one thinks something may be sinful, one should not do it, even if it is, in fact, right and proper.

“Clean” and “Unclean” in the Future

Does Yahweh still expect Christians today to obey His Dietary Instructions even after the Church has become more “Gentile” and less “Jewish” in these last days? What about in our modern time? Do meat restrictions matter to Yahweh any more? For our answer, let us consider Yahweh’s attitude on the subject as found in a prophecy about the latter day period preceding the

return of Yahshua Messiah (Jesus Christ) (or “the coming of the Master / Lord” as noted in the Old Testament). **Isaiah 66:15-16** introduces a prophecy about the time when:

“¹⁵For look, יהוה (Yahweh) comes with fire and with His chariots, like a whirlwind, to render His displeasure with burning, and His rebuke with flames of fire. ¹⁶For by fire and by His sword יהוה (Yahweh) shall judge all flesh, and the slain of יהוה shall be many –”

This directly parallels **Revelation 19:11-21**’s prophecy that the return of Yahshua Messiah (Jesus Christ) will involve a bloody war in which Yahshua’s (Jesus’) heavenly army slays huge numbers of human armies who resist His rule. Isaiah’s prophecy concludes in **Isaiah 66:22-23** with millennial language about “a new heavens and a new earth,” and “all flesh” on earth coming to worship Yahweh. After this prophecy is introduced in **Isaiah 66:15-16**, notice what is mentioned in **Isaiah 66:17** as one of humanity’s sins in the latter days which provokes Yahweh to anger:

“those who set themselves apart and cleanse themselves at the gardens after ‘One’ in the midst, eating flesh of pigs and the abomination and the mouse, are snatched away, together,” declares יהוה (Yahweh).”

How many Christians realize that prophecy reveals that one of the sins which provokes Yahweh’s wrath in the latter days is mankind’s eating of pigs flesh and other unclean meats?

The answer is very few.

We have now examined Scriptures confirming that Yahweh forbids and condemns the eating of unclean animal flesh in (A) the Old Testament period, (B) the early New Testament church, and (C) the latter-day time period as well. There are no Scriptures in the New Testament which clearly permit Christians to eat unclean meats. The conclusion of the entire Biblical discussion on this subject is that Yahweh still forbids the eating of “unclean meats.” What an affirmation of **Malachi 3:6** wherein Yahweh states:

“For I am יהוה (Yahweh), I shall not change, and you, O sons of Ya’aqob (Jacob), shall not come to an end.”

....and **Hebrews 13:8** which states:

“יהושע (Yahshua) Messiah is the same yesterday, and today, and forever.”

The unmistakable Biblical teaching is that those Christians who wish to obey Yahweh should abstain from eating the flesh of animals which are identified in the Bible as “unclean.”

The facts are clear as to which animals are “clean” and which are “not clean” when looking to the future. Had there been a change or had one been anticipated, it would have been clearly stated. Yahweh does not leave us to second guess what He establishes. Such is not the case, the conclusion becomes inescapable. Were there to have been a change, there is no reason for the distinction to be made clear as existing in the Last Days period—the time of now and on until Messiah’s return. This prophecy is found in **Isaiah 66:17**, showing that **Yahweh will slay those who eat “swine’s flesh, and the abomination, and the mouse.”** If all animals are now clean, this becomes an empty, meaningless threat. Rest assured that Yahweh does not make such shallow threats!

What is “Clean” and “Unclean”?

There are two places where the distinctions are found: **Leviticus 11** and **Deuteronomy 14**. The creatures are placed in three categories: animals, fish, and fowl. The animals are “clean” if they part the hoof and chew the cud. If an animal possesses one attribute but not the other, it is “unclean”. Examples are the camel and rabbit which chew the cud, but don’t part the hoof. The swine likewise parts the hoof, but it doesn’t chew the cud.

“Clean” fish have both fins and scales. If a water creature does not possess both, it is “unclean”. This very quickly eliminates such things as catfish, eels, sturgeons, and swordfish as they have no true scales. “Clean” fish include the anchovy, barracuda, bass, bowfin, buffalo, carp, cod, darter, flounder, grayling, haddock, halibut, herring, jack, mackerel, minnow, mullet, perch, pike, salmon, sardine, shad, snapper, sole, sunfish, tarpon, trout, tuna, and whitefish. (This is by no means an exhaustive list, but a representative list of some more common “clean” fish.)

The clean fowl are more difficult to pin down. By taking the characteristics of the listed “unclean” birds and comparing them with the characteristics of the known “clean” birds (dove and pigeon as they were acceptable for sacrifice), it becomes more clear as to what to look for. “Clean” birds possess six definite characteristics:

1. They are not birds of prey.
2. They can catch food in the air, but bring it to the ground, divide it (when possible) with their beaks, then eat it.
3. They have an elongated middle front toe and a hind toe.
4. They spread their toes with the three front toes on one side of a perch and the hind toe on the other side.

5. They have craws or crops.
6. They have a gizzard with a double lining which can easily be separated.

If a bird possesses all of the above, it is “clean.” If it lacks one or more of these characteristics, it is “unclean.” Additional, “clean” birds include the chicken, duck, goose, grouse, partridge, pheasant, quail, turkey, and all song birds.

In addition to the eating of “unclean” meats, the use of even parts of them in food preparation is wrong. This eliminates the use of lard as a cooking or frying oil or shortening. There is also an injunction against the use of blood and the fat of even the “clean” animals (**Leviticus 3:11, 7:23-27**). Therefore, even beef fat should be avoided not only as a frying and cooking material, but also as an ingredient, as it often is, in ground beef. The cheaper versions of ground beef found in grocery stores should be avoided since they are commonly high in fat content. As you know, there will be some fat in ground beef. The key here is to get lean ground beef with as little fat as possible.

Poisoning yourself is a Sin

Although it is not necessarily a spiritual sin to take in “unclean” foods, it is nonetheless damaging to the body. That makes it a physical sin. However, if it is eaten out of lust, it then infringes on the spiritual sin realm. For the Believer in Messiah Yahshua, there is more involved. A deeper meaning, commitment, and application, brings the matter into a much sharper focus. Believers are to present their bodies as a “living sacrifice” (**Romans 12:1-2**) and should therefore keep that body unpolluted. That body is Yahweh’s Temple and Yahweh will destroy the ones who willfully pollute it (**1 Corinthians 3:16-17**)! The Believer’s body is no longer his / hers; it is bought and paid for, now the property of Yahshua Messiah (Jesus Christ) and is to be taken care of as the owner dictates (**1 Corinthians 6:20, 7:23**). The choice is yours: keep yourself unpolluted or face the consequences of His wrath.

Scientific Evidence about Unclean Meats

So far, we have examined only Biblical evidence of Yahweh’s position on unclean meats. However, if Yahweh made this physical world (as the Bible asserts), then we should also be able to see physical, practical evidence that “unclean meats” are somehow harmful for human beings. Conversely, if Yahweh “purified unclean foods,” the physical world should reflect an absence of risk in consuming them. Therefore, let us examine physical evidence on this subject.

It is well known that the flesh of animals dubbed “unclean” for human consumption pose unique risks to humans who eat them. Webster’s Dictionary defines “trichinosis” as:

“a trichinas disease marked by fever, diarrhea, muscular pains, etc. and usually acquired by eating undercooked, infested pork.”¹

The Encyclopedia Americana adds this warning:

“Hogs may be infested by parasitic roundworms called (trichina), which are lodged in muscle tissue. The trichina can be transferred to humans if raw or inadequately cooked pork is ingested, and serious, sometimes fatal, illness may result. There is more likelihood of pork being contaminated by trichina in the United States than in Europe. In Europe, hog carcasses are inspected microscopically for evidence...of trichina.”²

The Americana also states the following about trichinosis:

“The disease is worldwide, and about 15% of the United States population is said to be infested, although the majority of cases remain asymptomatic. The degree of severity of the infection is believed to depend on the number of trichinae contained in the ingested pork...

The mortality of symptomatic cases runs from 5 to 40% ... Once the trichinae are encysted in muscle tissue they cannot be dislodged...Death is usually from cardiac or respiratory failure in the acute phase.”³

Interesting! In spite of widespread measures to protect the public from pork-related trichina infections, approximately “15%” of Americans have become “infested” anyway. I have personally seen these “worms” in people’s blood under a microscope.

Consider the Americana’s comments about shellfish poisoning:

“...any of a group of disorders that develop following the eating of oysters, clams and other shellfish harvested from polluted waters. Nearly all the disorders are caused by disease organisms or the toxic substances ingested by the shellfish. The disorders range from diseases such as cholera and infective hepatitis to attacks of diarrhea and vomiting caused by unidentified organisms.”

“One of the most serious disorders in this group is paralytic shellfish poisoning associated with... certain protozoa...that are eaten by shellfish.”⁴

¹ Webster's New World Dictionary, Second Concise Edition, Avenel Books, 1975, see Heading "trichinosis," p. 798

² Encyclopedia Americana, Vol. 22, 1988 Edition, see Heading entitled "Pork," p. 416

³ Ibid, Vol. 27, see Heading "Trichinosis," p. 99

⁴ Ibid, Vol. 24, see Heading entitled "Shellfish Poisoning," p. 697

In an adjacent article, the Americana defines “shellfish” as:

“...aquatic shelled invertebrates, many of which are popular foods. See Clam, Crab, Crustacea...Lobster, Mollusk, Oyster, Shrimp, Snail and Slug.”⁵

It is a well-established scientific fact that the flesh of pigs and shellfish pose special infection risks to humans. If 15% of Americans are infested with trichina as a direct result of eating pork, one wonders how many unexplained cases of “cardiac or respiratory” problems could be a result of trichina infestations. One also wonders how many cases of unexplained diarrhea or vomiting attributed to mysterious “bugs” are actually caused by eating shellfish.

It is worth noting that while the health risks of eating pork and shellfish (forbidden meats according to the Bible) are so well known that they deserve their own listings in encyclopedias, there are no such special diseases associated with Biblical “clean meats.” It is, however, possible for clean meats to harm humans as well if animals are not properly fed, slaughtered or processed. Clean meats can also be harmful to eat if they have consumed toxic chemicals in their habitat (for example, otherwise “clean” fish can pose a health threat to humans if they have ingested mercury or other toxins in their habitat).

Whoever gave the Israelites the Dietary Instructions / Laws in **Leviticus 11** and **Deuteronomy 14** possessed scientific knowledge that mankind would not learn for three millennia! The Instructions / Laws of Yahweh specifically forbid eating of those types of animal flesh which are now identified as being most likely to cause human diseases and death. This argues that the Bible is, indeed, the Word of a Creator, Yahweh, whose revelations to mankind are given for the benefit of mankind. In forbidding unclean meats, Yahweh gave wise parental instructions to humans made in His image even as a loving human parent might say: “Don’t touch that hot stove” or “Don’t experiment with drugs.” When children harm themselves by foolishly disregarding parental “revelation,” parents often think “if only they had listened to me.” When Yahweh sees His human children harm themselves by disregarding His revelations, He must have the same reaction.

No wonder Yahweh said in **Deuteronomy 5:29-33**:

“²⁹Oh, that they had such a heart in them, to fear Me and to guard all My Commands always, so that it might be well with them and with their children forever! ³⁰Go, say to them (the children of Israel), “Return to your tents.” ³¹But you (Moses), stand here by Me, and let Me speak to you all the Commands, and the laws (statutes), and the right-rulings (judgments) which you (Moses) are to teach them (the children of Israel). And they shall do them in the land which I (Yahweh) am giving them to possess. ³²And you shall guard to do as יהוה (Yahweh) your Elohim has commanded you – do not turn aside,

⁵ Ibid, see Heading entitled "Shellfish," p. 697

to the right or to the left. ³³Walk in all the way which יהוה (Yahweh) your Elohim has commanded you, so that you live and it be well with you. And you shall prolong your days in the land which you possess.”

Yahweh didn't give His Instructions (Laws) to arbitrarily assert power over human beings. He gave His Instructions (Laws), including the meat Instructions (Laws), “that it may be well with you.”

While Yahweh didn't reveal the scientific reasons for His meat Commands, a scientific basis is easily assumed.

Carrion-Eaters

Carrion eaters are animals who kill other creatures for their food.

Pigs, vultures, raptors, etc. are capable of eating (and thriving) on diseased or decaying flesh. Predatory animals (lions, raptors, etc.) often prey on the weak (and sometimes diseased) animals in the herds of prey animals. Regarding seafood, bottom-dwelling shellfish (clams, lobsters, oysters, etc.) eat decaying organic discarded material which sinks to the sea floor. A common denominator of many “unclean” animals is that they can thrive on decaying and diseased flesh which would sicken or kill a human being. When humans eat carrion or prey eating animals, they are partaking of a “food chain” which includes things harmful to humans. A humorous modern motto on identifying “unclean” animals and birds might be: “if it eats road-kill, don't eat it.”

While it is documented that unclean meats can pose “acute” risks to humans, mankind is very inventive in trying to find ways around Yahweh's Instructions (Laws). Even as the invention of birth control devices has lessened (but not eliminated) the unwanted pregnancy and venereal disease risks involved in fornication and adultery, mankind has invented food processing techniques to minimize the acute risks of catching diseases from unclean flesh. As proof of this, it is now uncommon in the western world to have acute trichinosis outbreaks.

However, are there chronic risks (not yet discovered) of eating unclean animal flesh? Even as we know a body can recover from a short exposure to cigarette smoke but long-term use of tobacco can be fatal, are there long-term risks in consuming unclean meats that are not yet known? We do know that our modern world (which eats large amounts of unclean meats) has developed many degenerative diseases, the causes of which are not well-understood. It may not be possible to conduct scientific tests on the chronic risks of eating unclean meats because the tests would literally have to span lifetimes, and people would have to practice the same meat-eating habits over those lifetimes before correlations could be made on which groups developed more degenerative diseases. Given the known short-term health risks of eating unclean meats, it

is likely that eating unclean meats also poses long-term health risks which are not yet appreciated. Yahweh told the Israelites that they would be “blessed” and “prolong their days” **IF** they obeyed His Instructions (including the meat Laws). Since Messiah Yahshua declared that Yahweh’s Instructions/ Laws were not “done away,” this argues that if Christians obey Yahweh’s Instructions/ Laws on “clean” and “unclean” meats, it will lead to a healthier, longer life for them as well.

The Bible claims to be Yahweh’s “Instruction Manual” for mankind, listing for mankind what is good and what is harmful in virtually every aspect of human lifestyle choices. When you buy a car, you receive an “instruction manual” with the car telling you how it should be fueled, oiled, serviced and maintained if you want it “to have a healthy, long (mechanical) life.” This instruction manual is the manufacturer’s “revelation” to the owner. If these instructions are disregarded, bad things happen. So it is with mankind and our bodies. If we disregard Yahweh’s “Instruction Manual” (The Bible), bad things happen. Therefore, it behooves us to know and obey Yahweh’s instructions in the Bible, His revelation to us.

Yahweh’s Teachings and Instructions / Laws on Health

There is another powerful piece of observed evidence that Yahweh’s Dietary Instructions / Laws are still in effect, although this particular piece of evidence does not directly involve meats. Yahweh’s Instructions included many instructions about personal conduct which we now understand are important, scientifically based sanitation and hygienic regulations. While the ancient Israelites could not have known the scientific basis for Yahweh’s Instructions, they were nevertheless “blessed” if they obeyed His Instructions (Laws).

These health-related regulations included quarantining the sick (**Leviticus 13:1-46**), either burning or washing the garments of sick people (**Leviticus 13:47-59**), and the thorough bathing of sick people before ending their quarantines (**Leviticus 14:8-10**). **Leviticus 15** required thoroughly washing the garments of men and women with bodily discharges (including menstrual discharges). The “Torah / Law of Moses” (which was really the “Torah / Law of Yahweh given to Moses”) even required baths and clothes—washing of anyone who was spit upon by a sick person (**Leviticus 15:8**), and called for the destruction or washing of cookware and eating utensils used by sick people (**Leviticus 15:12**). Even touching the bed linens of a person with a bodily discharge required attendants to wash themselves and their clothing (**Leviticus 15:21**). **Deuteronomy 23:13-14** required that latrines be located away from living quarters, and that excrement be promptly buried. Even the rites governing the animal sacrifices called for the prompt burning or burial of animal wastes and tissues (**Exodus 29:14**, and **Leviticus 4:11**).

All the above Instructions / Laws are easily recognized as scientifically-based instructions to prevent the spread of disease-causing bacteria. What is profoundly significant is that these instructions were given three millennia before mankind attained sufficient skills to learn the scientific basis for Yahweh's regulations. This is, again, powerful evidence that the Bible was authored by the Creator Yahweh as only Yahweh could have then understood the science of microbiology underlying these hygienic regulations. Whoever gave these regulations to Moses understood how the transmission of bodily fluids can spread diseases as many of the Levitical Instructions/ Laws were designed to stop the spread of contaminated body fluids. Quarantines, prompt burial of fecal and animal slaughter wastes, washing the clothing and cookware of the sick (as well as their attendants), and regular bathing of the human body are sound scientific principles to stop the spread of diseases.

Were Yahweh's hygienic Instructions / Laws "done away with" in New Testament times? Of course not! Modern science now knows that these Instructions / Laws of Yahweh are critically-necessary elements in maintaining proper hygiene in a hospital, community or home. Sadly, mankind has ignored these vital Instructions of Yahweh for much of our existence on earth, and has suffered the consequences of innumerable disease epidemics as a result. Let us examine just one example.

Consequences of Disobeying Yahweh's Health Instructions / Laws

While the early Christian church continued to observe Yahweh's Instructions /Laws (so much so that it was seen as a "Jewish" sect in the 1st Century C.E. [Common Era] --**Acts 28:22**), by Medieval times Christianity had undergone a radical change from its early Apostolic roots. Collier's Encyclopedia states:

"The superstition and dogmatism that marked the rise of Christianity in Europe continued to flourish throughout the Middle Ages. As in Babylon, astrology ruled the prognosis...Hygiene and sanitation were at a very low level, since the human body was held in contempt. St. Jerome saw no reason for any baths after the baptism."⁶

By universally rejecting the sanitary and hygienic rules of "the Torah / Law of Moses," Medieval Europe was inviting disaster. It is even possible that Medieval Christians deliberately ignored these Old Testament Instructions / Laws in order to avoid "Judaizing." In the fourteenth Century C.E., disaster struck Europe in the form of a plague known as the Black Death. The Encyclopedia Americana records:

⁶ Collier's Encyclopedia, Vol. 13, 1957 Edition, see Heading entitled "Medicine-Medieval European Medicine," p. 352

“The Black Death was bubonic plague or its more virulent relative, pneumonic plague...The plague bacillus was transmitted either by the fleas of black rats (bubonic) or by the infected wastes of its victims (pneumonic)...When the Black Death struck, Europe was completely helpless to combat it...standards of public health and personal hygiene were nearly non-existent ...it is estimated that somewhere between one-quarter and one-third of Europe’s population died in the years 1347-1350...Jews were accused of spreading the plague by poisoning wells, and pogroms directed against them occurred in the Rhineland and Switzerland.”⁷

Collier’s Encyclopedia adds:

“By the end of 1350, two-thirds of all Europeans had been attacked, of whom about one-half died, a total of 25,000,000 deaths...More than half the population of London, and perhaps of all England, died...Plague ships drifted idly about with whole crews stricken.”⁸

This plague flourished in conditions of widespread disobedience to Yahweh’s Instructions / Laws on sanitation and hygiene. If there had been widespread obedience to the Levitical Instructions / Laws requiring quarantines of the sick, the prompt burial of fecal wastes, the washing (or burning) of the clothes, eating utensils and bed linens of the diseased, the Black Death plague would have been localized or prevented altogether because widespread sanitary conditions would have vastly lessened the numbers of disease carrying rats.

Besides the casualties listed above, there were many more who died in subsequent outbreaks of the Plague during the next few centuries in Europe, and another 13,000,000 died of the plague when it spread to China in 1380. Tens of millions of people died and tens of millions more suffered greatly because Medieval Christians mistakenly thought Yahweh’s Old Testament Instructions / Laws were “done away.” Were Yahweh’s Levitical Instructions / Laws on health and sanitation “done away?” Of course not! Their scientific applicability will last as long as the physical world does! Does that remind us of Yahshua’s (Jesus’) similar statement in **Matthew 5:18**? Millions of deaths across continents could have been prevented if only the people of the 14th century had been obedient to Yahweh’s sanitation and hygiene Instructions / Laws. Is it any wonder Yahweh said in **Hosea 4:6**...

“My people have perished for lack of knowledge. Because you have rejected knowledge....”

⁷ Encyclopedia Americana, Vol. 4, 1988 Edition, see Heading entitled "Black Death," pp. 29-30

⁸ Collier's Encyclopedia, Vol. 3, 1957 Edition, see Heading entitled "Black Death," p. 483
Ibid, p. 483

People tend to see Yahweh's Old Testament Instructions / Laws as the burdensome requirements of an arbitrary Mighty One (God). What they fail to appreciate is that when Yahweh gave His Torah / Teachings and Instructions (Laws) to the Israelites, He was imparting to them priceless "insider information" about the workings of the physical world.

When it became known that the Black Death was sparing Jews (who were observing the Torah / Law of Moses), did Medieval society go to the Jews to try to learn the reasons why their neighborhoods were resistant to the plague? No, they superstitiously (and wrongly) blamed and persecuted the Jews for the plague!

What does all this have to do with the subject of unclean meats? **PLENTY**. Yahweh's sanitation and hygiene Instructions / Laws are part of the "Torah / Law of Moses" and are found in the book of Leviticus alongside the Instructions about "clean" and "unclean" meats. If there was scientific evidence that the sanitation and hygiene Instructions / Laws of Yahweh were no longer applicable, we might infer that the meat restrictions were moot as well. However, the opposite is true. We know beyond any shadow of doubt that Yahweh's Levitical sanitation and hygiene Instructions / Laws are still binding (Indeed, we now comprehend the compelling scientific reasons for their issuance). Consequently, it is logical to infer that **Yahweh's Dietary Restrictions are still in effect today as well**. It is a well-established fact that pork and shellfish can pose acute health risks, and unclean meats such as these may also pose a long-term risk of degenerative diseases that will be better understood in the future. The sanitation and hygiene Instructions / Laws of Yahweh and the meat Instructions / Laws stand or fall together as they were both given at the same time by the same Mighty One (God) of Israel to Moses at Mt. Sinai.

Conclusion

In summing all this up, we have seen that there is no Biblical basis for believing that the Old Testament Dietary Instructions / Laws were "done away" in New Testament times. Indeed, we have seen that the early Apostolic church obeyed those meat Instructions / Laws, and several New Testament Scriptures openly affirm the Levitical meat Instructions / Laws. Somewhere between the Apostolic church and the modern era, the Christian church stopped obeying Yahweh's Teachings and Instructions / Laws, probably because of a fear of "Judaizing" as there were edicts to persecute or kill those who did so. Many millions of people have died in the last two millennia because the Christian church foolishly forsook Yahweh's sanitation and hygiene Instructions / Laws. Who knows how many people have died (or suffered) because they ignored Yahweh's Teachings and Instructions / Laws regarding what meats are safe to eat. We now know Yahweh's Instructions / Laws were based on scientific knowledge that was 3000 years ahead of mankind's ability to discover or confirm their wisdom.

Let us conclude with an observation on our relationship with Yahweh. If we believe that Yahweh is an all-wise Creator as well as a loving Father, it logically follows that we should believe that His Biblical Teachings and Instructions represent the wise instructions of a caring Father / Creator who wishes to guide His children into beneficial behaviors and away from destructive practices. Any human parent who restricts a child's behavior by commanding them "Don't play in the street" or "Don't touch a hot stove" is displaying parental love. Yahweh's Instructions (and restrictions) are offered to us in that same spirit of parental love. So this issue also involves trust. Do we trust Yahweh to give us the wisest advice on a subject, or will we "lean unto our own understanding?" You, the reader, must now decide whether to eat "unclean meats" in the future. At least, you now have all the information you need on the subject to make an informed decision.

I hope you will take the information presented in this teaching and apply it to your daily life. I can attest that there is life after pork bacon, pork chops, ham, pork sausage, shell-fish, etc. When I learned that all these things I use to eat were not good for me, I stopped eating them out of obedience to Yahweh's Word. I figured He knows what is best for His creation. Therefore, it behooves me to follow His Instructions in His Word.

My only purpose is to pass on His Truths from His Set-Apart Written Word in hopes that it will help you the reader make an educated decision to follow Yahweh's Teachings and Instructions.

Shalom!