LAKE COUNTY ★ COMMUNITY HEALTH IMPROVEMENT PRIORITIES

2016–2021

CARDIOVASCULAR DISEASE AND HYPERTENSION

In Lake County

- 35% of Lake County adults have been diagnosed with hypertension

Nationally

- 29% of adults have hypertension
- 30% of adults have prehypertension
- 48% of patients are not controlling their high blood pressure
- $733 average annual medical costs for treating hypertension

An unequal burden

National rates vary by race and by gender:
- 46% of African American women
- 43% of African American men

Costs vary by race:
- $981 average annual hypertension costs for an African American

Cardiovascular diseases

- 25% of all deaths in Lake County
- 19% of early deaths

Sources:
1. LCHD Community Health Status Assessment Survey, 2015

That's over

181,000 adults with hypertension!

African Americans in Lake County ages 45 to 74 are more than 2x as likely as whites to die of heart disease.