

CARDIOVASCULAR DISEASE AND HYPERTENSION

In Lake County



35% of Lake County adults have been diagnosed with hypertension

that's over

181,000
adults with hypertension!

CARDIOVASCULAR DISEASES

25% OF ALL DEATHS IN LAKE COUNTY
& 19% OF EARLY DEATHS

Nationally

29% of adults have hypertension

30% of adults have prehypertension [3]

48% of patients are not controlling their high blood pressure [4]

\$733
average annual medical costs for treating hypertension [6]

An unequal burden

National rates vary by race and by gender:



46% of African American women



43% of African American men

costs vary by race:



\$981
average annual hypertension costs for an African American

mortality varies by race:

African Americans in Lake County ages 45 to 74 are more than

2X

as likely as whites to die of heart disease

Sources:

1. LCHD Community Health Status Assessment Survey 2015
2. Detailed Mortality Data, CDC WONDER (2010-2014). <http://wonder.cdc.gov/>
3. "High Blood Pressure Fact Sheet." CDC 2011. http://www.cdc.gov/dhdsp/data_statistics/fact_sheets/docs/fs_bloodpressure.pdf
4. Nwankwo T, Yoon SS, Burt V, Gu Q. Hypertension among adults in the US: National Health and Nutrition Examination Survey, 2011-2012. NCHS Data Brief, No. 133. Hyattsville, MD: National Center for Health Statistics, Centers for Disease Control and Prevention, US Dept of Health and Human Services, 2013.
5. "High Blood Pressure Facts." CDC. Updated February 2015. <http://www.cdc.gov/bloodpressure/facts.htm>
6. Davis, K. Expenditures for Hypertension among Adults Age 18 and Older, 2010: Estimates for the U.S. Civilian Noninstitutionalized Population. Statistical Brief #404. April 2013. Agency for Healthcare Research and Quality, Rockville, MD. http://www.meps.ahrq.gov/mepsweb/data_files/publications/st404/stat404.shtml



Live Well Lake County

