LAKE COUNTY ★ COMMUNITY HEALTH IMPROVEMENT PRIORITIES

BEHAVIORAL HEALTH

Depression

Almost 100,000 Lake County Adults have been diagnosed with Depression

18% of Lake County adults have been diagnosed with Depression

19.2% of US adults with mental illness also have Substance Abuse Disorder [4]

National Prevalence of Mental Illness by Race and Ethnicity

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Prevalence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whites</td>
<td>19.3%</td>
</tr>
<tr>
<td>African Americans</td>
<td>18.6%</td>
</tr>
<tr>
<td>Hispanic Americans</td>
<td>16.3%</td>
</tr>
<tr>
<td>Asian Americans</td>
<td>13.9%</td>
</tr>
</tbody>
</table>

An unequal burden

Non-Caucasian 53%  Caucasian 38% Lake County adults who report having 1 or more days in a month where their mental health is not good

$5,400 national average economic burden for a person with major depressive disorder

Suicide

Lake County residents with depression are 10 times more likely to consider suicide

SUICIDE #10 CAUSE OF DEATH IN LAKE COUNTY

Sources:

1. LCCHD, Community Health Status Assessment Survey, 2015