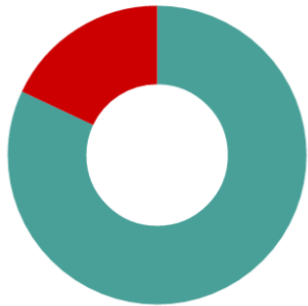


# BEHAVIORAL HEALTH

## Depression



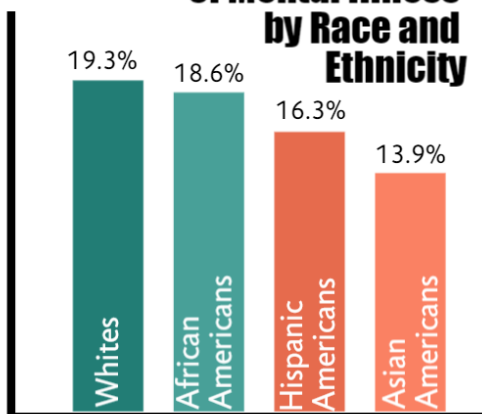
▶ Which is... ▶

Almost  
**100,000**  
Lake County Adults have been  
diagnosed with Depression

**18%** of Lake County adults have  
been diagnosed with  
Depression

**19.2%** of US adults  
with mental illness  
also have **Substance Abuse Disorder** [4]

**National Prevalence<sup>[4]</sup>  
of Mental Illness  
by Race and  
Ethnicity**



An unequal burden

**Non-Caucasian 53%** **Caucasian 38%**

Lake County adults who report having 1 or more days in a month where their mental health is not good

**\$5,400**  
national average economic  
burden for a person with  
major depressive disorder

## Suicide



Lake County residents with depression are  
10 times more likely to consider suicide

**SUICIDE #10** CAUSE OF DEATH IN LAKE COUNTY

## Sources:

1. LCHD Community Health Status Assessment Survey, 2015  
2. Greenberg, Paul E., et al. "The economic burden of adults with major depressive disorder in the United States (2005 and 2010)." The Journal of clinical psychiatry 76.2 (2015): 155-162.  
3. Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2010-2014.  
4. Substance Abuse and Mental Health Services Administration, Results from the 2012 National Survey on Drug Use and Health: Mental Health Findings, NSDUH Series H-47, HHS Publication No. (SMA) 13-4805. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2013.  
5. Detailed Mortality Data. CDC WONDER (2010-2014). <http://wonder.cdc.gov/>