

# OBESITY



**23%** of Lake County adults are Obese  
**34%** of Lake County adults are overweight

Which is ...

About

**320,000**  
**Lake County Adults are Overweight or Obese**

## An unequal burden

Lake County residents with only a **High School Degree** are

**1.3** **TIMES**

more likely to be **OBESSE** than **college graduates**



## Co-Morbidities



**National obesity rates are 58% higher for adults with disabilities**

Communities in Lake County with a lower median household income have

**60%** higher rates of obesity



**\$1,429**

**national average annual medical costs for a person with obesity**

**PEOPLE WITH OBESITY DIE 9.4 YEARS EARLIER**

## Sources:

1. Illinois Secretary of State, Drivers License Data, 2014
2. "Disability and Obesity", CDC, <http://www.cdc.gov/ncbddd/disabilityandhealth/obesity.html>
3. Centers for Disease Control and Prevention (CDC), Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2010-2014. Illinois County Data - Round 5.
4. Greenberg, J. A. (2013), Obesity and early mortality in the United States. Obesity, 21: 405-412. doi: 10.1002/oby.20023
5. Morbidity and Mortality Weekly Report, Vital Signs: State-Specific Obesity Prevalence Among Adults --- United States, 2009. <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm59e0803a1.htm>
6. Illinois Secretary of State, Drivers License Data, 2014.



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