What is a behavioral healthcare home?

A Health Home is an innovative, care coordination model for the delivery of health care services that is customized to meet the specific needs of low-income Missourians with chronic health conditions, serious mental illnesses, and substance use disorders. Missouri was the first state in the country to implement Health Homes.

- personalized comprehensive care plans
- quality-driven
- cost-effective
- person/family-centered
- evidence-based
- prevention
- health-promotion
- healthcare
- mental health
- substance abuse
- long-term care
- community support & resources
- care management
- care coordination
- transitional care
- housing
- employment

COST SAVINGS
(IN 18 MONTHS)

Missouri Health Homes have saved an estimated **$23.1 million.**

For the 3,560 lives served, Missouri’s Disease Management 3700 has saved an additional **$22.3 million.**

**DIABETES**

2-YEAR OUTCOMES
(FEB 2012 - JAN 2014)

- Good Cholesterol **↑ 28%**
- Normal Blood Pressure **↑ 30%**
- Normal Blood Sugar **↑ 39%**

**HYPERTENSION & CARDIOVASCULAR DISEASE**

2-YEAR OUTCOMES
(FEB 2012 - JAN 2014)

- Good Cholesterol (Clients with CVD) **↑ 34%**
- Normal Blood Pressure (Clients with HTN) **↑ 38%**
Health Homes produce better health outcomes through care coordination. They save taxpayer dollars & have proven to be the most effective approach to caring for Missourians with complex health and behavioral health needs.

**REDUCTION IN HOSPITALIZATIONS IN THE FIRST YEAR**

9.1% (CMHC HEALTH HOME CLIENTS)

**CHRONIC DISEASE PREVALENCE**

<table>
<thead>
<tr>
<th>Condition</th>
<th>HCH Adults</th>
<th>General Adult Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>COPD</td>
<td>24%</td>
<td>15%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>26%</td>
<td>18%</td>
</tr>
<tr>
<td>Hypertension</td>
<td>35%</td>
<td>30%</td>
</tr>
<tr>
<td>Obese</td>
<td>38%</td>
<td>33%</td>
</tr>
<tr>
<td>Extremely Obese</td>
<td>20%</td>
<td>3%</td>
</tr>
<tr>
<td>Development Disability</td>
<td>13%</td>
<td>2%</td>
</tr>
<tr>
<td>Substance Abuse</td>
<td>44%</td>
<td>7%</td>
</tr>
</tbody>
</table>

**METABOLIC SYNDROME SCREENINGS**

2-YEAR OUTCOMES • ALL HCH ENROLLEES