

## WE NEED YOUR HELP!

Printing and mailing expenses for this newsletter have risen to close to \$3000 each issue, about \$12000 for the year, money that could be better spent preserving our fragile environment. To help circumvent these costs, we are asking as many recipients as possible to accept the newsletter by email, in a PDF format. This would save on mailing and printing costs, and would fulfill one of the goals of your organization - avoiding the waste of paper and other resources.

If you would like to receive the newsletter by email, please contact our webmaster Harvey Miller at [hmiller@optonline.net](mailto:hmiller@optonline.net), and give him your name, membership number from the label and your home address so it can be removed from that database.

Help us to disseminate needed information about our activities while preserving our natural resources. Go electronic!

**FOURTH ANNUAL  
HIKE-A-THON  
Sunday, October 2  
Muttontown Preserve,  
East Norwich  
See page 4**

## SIERRA CLUB COMMUNITY MEETING FRIDAY, SEPTEMBER 16 LONG ISLAND MARITIME MUSEUM WEST SAYVILLE

**Speaker Craig Kessler of Ducks Unlimited  
Tour of the Museum 6 - 7pm  
Meeting 7 - 9pm**

## OPEN MARSH WATER MANAGEMENT ON LONG ISLAND

Since the early '80s, proponents of Open Marsh Water Management have operated under a skeptical regulatory mindset that only allowed a handful of "pilot projects" in the past 20 plus years. Now with a major lawsuit against Suffolk County Vector Control forcing the issue, several agencies worked cooperatively to undertake a new kind of pilot project at Wertheim National Wildlife Refuge using these same theories and techniques in a much more comprehensive way. Come learn about how things are now being done and the great results.

*We'll offer a guided tour of the museum and its grounds (weather permitting), from 6-7 PM, before Craig's presentation. Look forward to seeing all of you there!*

*The Long Island Maritime Museum is located south of Montauk Highway 27-A in West Sayville, adjacent to the County Golf Course, on West Avenue. Call: 631-HISTORY, or log on to: [www.limaritime.org](http://www.limaritime.org) for a map and directions.*

## NORTH FORK FUNDRAISER GARDEN OF EVE FARM & JAMESPORT VINEYARD

**1:00 - 5:00 Sunday, September 18, 2005**

What could be better than an autumn day at a farm and winery on the North Fork? Please join us at the Garden of Eve organic farm and Jamesport Vineyards on Sunday, September 18<sup>th</sup>. We will meet at Garden of Eve farm, a the corner of Sound Avenue and Northville Turnpike in Riverhead at 1pm for a tour and educational lecture about organic farming. There will be organic produce for sale and even free range eggs! At 3pm we will then head over to Jamesport Vineyards on Main Road (Route 25) in Jamesport (7 mi. east of the Riverhead traffic circle) for a tour of the vineyard and wine tasting. Gourmet refreshments will be served.

Reservations are required. Tickets \$30 PP in advance, \$35 PP at the door. Please call **Irene Bagley at 516-326-2513** to reserve your spot. Don't miss this event!

*See coupon page 5.*





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**LONG ISLAND SIERRA CLUB**  
**516-826-0801**  
**newyork.sierraclub.org/longisland**

### EXECUTIVE COMMITTEE AND CHAIRS

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### Submissions

Long Island Lighthouse encourages submission of articles, news briefs, book reviews, comments, photos, and other items. Contact the Newsletter Chair for format and details.



## Message From The Chair

By Marie Pendzich

Some weeks ago the NRDC released a report on the health of our beaches. Every year it is estimated that 180 million Americans hit the beaches to enjoy the sun, water and surf, never giving the quality of the water a second thought. Well think about this. Last year there were 7 beach closings in Nassau and 31 in Suffolk. The beaches were closed due to the unhealthy conditions of the water. This means that disease organisms like hepatitis, and salmonella - to name a few - were found. Nationwide last year there were more closings than in the last 15 years of monitoring. According to the EPA, 45% of our nation's waters are unfit for swimming or fishing.

Dirty coastal waters threaten our health and economy. Basically there are 2 major causes: sewage discharges and non-point source pollution (the kind we can't see coming from any specific source). Pollution gets into the water through storm drains and plumbing.

Sewer Discharges: When it rains heavily, sewers overflow into the nearest body of water. What can we do? In a heavy rain, don't run the dishwasher or any other unnecessary use of water. Millions of homes on LI conserving water can prevent billions of gallons from overflowing the system.

Non-Point Source: This takes a bit more thought. Many storm drains were built to prevent street flooding. In those days, no one accounted for the 10 million lbs. of toxic pesticides that Long Islanders dump on their lawns yearly, nor the fertilizers, which cause algae blooms. Up to 70% of these chemicals wash off the lawn in a heavy rain. Then, we have millions of pounds of dog waste; street car washing; oil and antifreeze leaks; boaters discharging waste; parents who don't use waterproof diapers at the beach; feeding waterfowl; toxic cleaning agents that go down our drains, etc. We need to be more aware of how our actions effect our beaches. Our oceans are not waste disposal units! My neighbors think I'm nuts, but I wash my car on the lawn. The soap and water benefit the grass, and don't add to pollution. Make sure your pooch pees on the grass where it becomes fertilizer, not runoff; have car leaks fixed immediately or use a temporary pan; don't feed the ducks; use non-toxic cleaners and don't put anything down the drain that you don't want ending up in the ocean.

The federal "Beach Act of 2000" and 13 states expanding their programs for monitoring led to more beach closings. This helps to raise awareness but it's like yelling after the horse got out of the barn. We need to do more to prevent the escape of pollutants, which are getting into our oceans and ultimately affect our food supply, economy and quality of our natural resources! If your town does not have plans to filter storm water runoff or update their sewage treatment system, start putting pressure on them - unless you enjoy swimming in a sewer!

## CELL PHONE REDEMPTION

By Clare Chotiner, Membership Chair

The *New York Times* recently (7/7/05) published an article about redeeming used cell-phones for cash. The piece offered a catchy title: "Out With the Old Phone, In With the Cash," several important websites, and much helpful information. However, the fourth paragraph posed an ominous question: "But why bother gathering them up and shipping them out?"

I am concerned that there are so many complacent consumers who think nothing of the negative environmental impact of their discarded possessions. It worries me that the impetus for recycling is currently born more of the desire for financial gain than of concern for the conservation of our natural environment.

Education is the key. The Sierra Club has worked for years with name-brand retailers to promote a cell-phone recycling program. Yet, it seems even the savvy readers of our cosmopolitan newspapers may still need reminders about their choices.

The article lists several pertinent websites. At [www.ripmobile.com](http://www.ripmobile.com) sellers can exchange the phones for cash or goods. [www.phonefund.com](http://www.phonefund.com) offers cell-phone redemption as a fundraising activity. [www.cellforcash.com](http://www.cellforcash.com) allows the seller to research the proposed redemption value of the phone based on its brand, model, and age. After registering, they receive a prepaid shipping label so they can pack up and send in their old phones with as little trouble as possible. Why bother gathering them up and shipping them out? Because it's just that easy. And it's just that important. With both the ever-increasing number of cell-phone users ([www.cnn.com](http://www.cnn.com) reports the tally will surpass 1 billion in 2009) and the rapidly improving technologies that compel the techno-savvy to continuously upgrade, the waste implications are considerable.

The article quotes the president of the environmental research organization as saying: "It's very important to remember that although each phone is small, they're really a bundle of highly toxic materials," thus re-emphasizing the hazards posed by the arsenic, lead, nickel and zinc that go into the making of a cell phone.

Recycling cell-phones must someday become a social imperative, not just a one-time money-making scheme to plan a class trip or put mad money in the cookie-jar. The more articles we see on the benefits of recycling, the more recycling is sure to ring true to the consumer.

**Phones4Life** provides cell phones with free 911 service to seniors and the disabled. Look for their boxes in your local library, or to donate call 212-730-4699, or log onto [www.phones4life.org](http://www.phones4life.org).

**To Recycle audio cassettes, video tapes, computer disks call Green Disk** - 1-800-305-DISK, or log on to [www.greendisk.com](http://www.greendisk.com).

### 20<sup>th</sup> Annual Beach Cleanup — Coming to a Beach Near You

- When:** Sat. Sept 17<sup>th</sup>, 2005  
**Where:** Beaches of NYS, including LI, Hudson River, Atlantic Ocean, Great Lakes, Finger Lakes, Creeks and Bays  
**Who:** Anyone who wants to volunteer. Groups will be led by captains who should be contacted for details.  
**Why:** Because trash on our beaches kills marine life, fouls propellers of boats and is an eyesore to look at. In 2004, over 7,700 volunteers removed 215,000 pounds of debris in NY.  
**How:** To find a beach cleanup near you, log on to [www.alsnyc.org](http://www.alsnyc.org) and click on Beach Cleanup. Call 800-449-0790 for more information



GOING, GOING... GONE?

Sea turtles date back nearly 90 million years and are among the Earth's oldest surviving species. Yet the Kemp's Ridley sea turtle is quickly fading away—it is losing its habitat at an alarming rate. At the Sierra Club, we've mounted a major campaign to defend the Endangered Species Act and preserve threatened habitats before their inhabitants are gone forever.

Please join the Sierra Club today and help protect threatened and endangered animals.

Join today and receive a **FREE Sierra Club Weekender Bag!**



My Name \_\_\_\_\_  
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 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone # \_\_\_\_\_  
 email \_\_\_\_\_

Check enclosed, made payable to Sierra Club  
 Please charge my  MasterCard  Visa  AMEX

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Cardholder Name \_\_\_\_\_  
 Card Number \_\_\_\_\_

Membership Categories	INDIVIDUAL	JOINT
<b>INTRODUCTORY</b>	<input type="checkbox"/> \$25	
REGULAR	<input type="checkbox"/> \$39	<input type="checkbox"/> \$47

Contributions, gifts and dues to the Sierra Club are not tax deductible; they support our effective, citizen-based advocacy and lobbying efforts. Your dues include \$7.50 for a subscription to *Sierra* magazine and \$1.00 for your Chapter newsletter.

Enclose check and mail to: **F94Q W0811 1**  
 Sierra Club, P.O. Box 52968, Boulder, CO 80322-2968



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# Outings and Events

*Note: We have adopted a Coding system to more accurately describe the type of outing offered. The code uses letters to describe the outing type next to the outing name. Several letters indicates outing will contain different elements. For last minute changes, please check our website: <http://newyork.sierraclub.org/longisland>*

H: Hiking W: Walk C: Conservation E: Education T: Trail Work P: Back packing  
B: Bicycling R: River Touring - \*Indicates a joint outing with another group or organization

**Due to unforeseen difficulties, we were not able to list all our fall outings in this newsletter. For a complete list of outings please check our website at <http://newyorksierraclub.org/longisland>, or phone 516-826-0801.**

## September 2005

### **EXCOM MEETING, THURSDAY, SEPTEMBER 1, 7PM**

Call our hotline 516-826-0801 for location. All members welcome. Meeting date subject to change.

### **GENERAL MEETING, FRIDAY, SEPTEMBER 16**

See page 1 for details

### **NORTHFORK FUNDRAISER, SUNDAY, SEPTEMBER 18**

See pages 1 & 5 for details and coupon.

## October 2005

### **EXCOM MEETING, THURSDAY, OCTOBER 6, 7PM**

Call our hotline 516-826-0801 for location. All members welcome. Meeting date subject to change.

## **FOURTH ANNUAL HIKE-A-THON Sunday, October 2, 2005 (H) Muttontown Preserve, East Norwich**

Support the Sierra Club in its efforts to continue to educate and work for a healthier environment on Long Island, and exercise in a beautiful environment at the same time! The beautiful Muttontown Preserve in East Norwich has 550 acres of fields, woodlands, kettle ponds and an up land forest.

The funds earned from the Hike-a-Thon will be used to continue to address conservation issues; publish the newsletter; sponsor free community meetings, and support our Education Program, where our volunteers go into classrooms to speak to children about the environment. Join us for this rewarding annual event.

#### **Driving Directions:**

Exit 41N on LIE both from East & West. Head NORTH on N. Broadway. Stay in right lane for the Oyster Bay 106 exit. Once on 106 pass 3 lights, (first one may be blinking). After 3rd light (East Woods/Muttontown Rd.) go 2/10 of a mile. Make sharp left turn into Muttontown Preserve Equestrian Entrance.

#### **Registration and pledge forms:**

Forms can be found online at <http://newyorksierraclub.org/longisland>, or phone 516-826-0801.

## November 2005

### **EXCOM MEETING, THURSDAY, NOVEMBER 3, 7PM**

Call our hotline 516-826-0801 for location. All members welcome. Meeting date subject to change.

## **CROSS COUNTRY SKI TRIP TO STOWE, VERMONT January 13 - 16, 2006**

Celebrate the Martin Luther King Jr. holiday by joining our cross-country ski weekend to Stowe, Vermont. Considered the ski-capitol of the East, Stowe has five cross-country ski areas, with trails for all levels. Ski Mt. Mansfield, Trapp Family Lodge, Top Notch, Edson Hill, and the Stowe Recreational Path. Lessons, rentals and alpine skiing are available.

Lodging is at the Golden Eagle/Alpine Resort, within easy walking distance of the charming village of Stowe. Accommodations are double rooms with private baths. Three full breakfasts, one gourmet dinner, and a festive wine and cheese party are included, as well as free use of the facilities, including heated indoor pool, sauna, whirlpool, exercise room, cocktail lounge and library. Use either bus or Stowe trolley for transport to various ski destinations.

Charter bus leaves from Bethpage at approximately 1pm, Friday, January 13<sup>th</sup>, and returns on Monday evening, January 16<sup>th</sup>. Price is \$375 per person, double, and includes bus transportation, lodging, meals, (as noted above) and all taxes and gratuities. Not included: rentals, trail fees, meals not noted above. A portion of the fee will be donated to the LI Sierra Club.

To register, send a check for the full price, payable to **Sierra Club Long Island Group** to True Hampton, 26 Revere Rd., Port Washington, NY 11050. Be sure to include a SASE with your phone number. \$25 fee for canceling after Dec. 15, and money will be refunded only if a replacement can be found. All checks must be received by Dec. 15. If we do not have 40 participants by that date the trip will be cancelled. All checks will be returned.

Any inquiries please contact co-leaders **Lucille Mandala (516-249-3255)** or **True Hampton (516-883-7850)**.

**FOUL WEATHER: Local trips - call Trail Boss Hotline (631-499-3953) after 6:00am on morning of trip for a recorded message. For away or weekend trips, follow the instructions included with the trip.**

*Explore, enjoy and protect the planet*

Be a part of the largest gathering of Sierra Club members in history!

Come to Sierra Summit 2005

The **Sierra Club's** first-ever national environmental convention and exposition

September 8-11, 2005

The Moscone Center, San Francisco, CA



Join us in the City by the Bay for an experience you'll never forget:

- Choose from 60 workshops full of visionary ideas and practical how-to's
- Explore an exhibition hall full of innovative products, ideas and solutions
- Discover something for everyone from the outdoor enthusiast to the environmentally-conscious consumer
- Exchange ideas with like-minded folks and top-flight keynote speakers
- Enjoy four days of fun, entertainment and personal inspiration



For registration and up-to-date information, visit [www.sierrasummit2005.org](http://www.sierrasummit2005.org)

For information on exhibiting or sponsoring, contact Noreen Burke, Exhibit Manager, at 312-541-0567 or email [info@correxpo.com](mailto:info@correxpo.com)

## Save the Date!

Sierra Club's National Environmental  
Convention and Exposition  
San Francisco  
September 8-11, 2005

In the City by the Bay where the Sierra Club was founded more than a century ago, the Sierra Club will hold its first ever national environmental convention and exposition in 2005 — from Thursday, September 8 to Sunday, September 11.

Sierra Summit 2005 will be unique in the history of the Sierra Club. Thousands of Club members and supporters gathering together in one place, more than have ever come together before! Three days of personal inspiration, excitement and networking, top-flight keynote speakers, 60+ workshops packed with visionary ideas and practical how-to's, a night of star-studded entertainment, and an exhibition hall full of cutting-edge products, solutions and ideas for living well, and caring well, for our environment.

An opportunity for Club grassroots activists and leaders to meet and deliberate together about how the Sierra Club can build momentum across America for the kind of environmental progress we seek. For further information, log on to <http://www.sierrasummit2005.org>.

### **NORTH FORK FUNDRAISER GARDEN OF EVE FARM & JAMESPORT VINEYARD**

**1:00 - 5:00 Sunday, September 18, 2005**

Tour and talk at organic farm, wine tasting and gourmet refreshments with tour of vineyard. \$30 in advance; \$35 at the door, space permitting. Upon receipt of your payment and registration, additional information and directions will be sent to you with your admission ticket(s). Contact Irene at 516-326-2513 for information.

Bring a friend! Thank you for supporting the work of the Long Island Sierra Club!

Please return to Irene Bagley, 969 Cloud Ave., Franklin Square, NY 11010

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Address: \_\_\_\_\_

Number of Attendees: \_\_\_\_\_

Amount enclosed: \_\_\_\_\_ @ \$30 per person

## Green Energy Choices

Want to slow global warming and help Sierra Club at the same time? It's simple to do. Just sign up for the **LIPA Green Choice Program** and check off 100% Wind Energy. The charge will appear on your monthly LIPA bill.

Your monthly contribution will help to offset the burning of fossil fuels by putting electricity created by the wind into the NYS grid. Community Energy has graciously agreed to make a donation to the LI Sierra Club for every member who signs up for their wind program.

Signing up is easy also - just link to their website ([www.NewWindEnergy.com](http://www.NewWindEnergy.com)) or call 1-888-WIND-123 (1-888-946-3123), choose the level of wind power you want, mention that you found out about the program through the LI Sierra Club and that's it.

Own or work at a business that is conscientious? Business leaders can participate by calling 845-454-2113



# Volunteer Interest Survey

NEW MEMBERS AND OLD..PLEASE HELP US UPDATE OUR VOLUNTEER DATABASE

Grassroots action made the Sierra Club what it is today - the premier national organization working for and winning environmental reforms in our communities, our states, our nation, and our world. Let us know how you would like to be involved. **Please return this form to Sierra Club, Questionnaire Committee, PO Box 210, Syosset, NY 11791-0210.**

Name: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_

Address: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Fax: ( ) \_\_\_\_\_

Occupation: \_\_\_\_\_ Email: \_\_\_\_\_

Date: \_\_\_\_\_ I would like to spend \_\_\_\_\_ hours a month helping.

### **Skills - Knowledge - Abilities**

I would like to volunteer the following skills:

- |   |  |
|---|--|
| <input type="checkbox"/> Computer Expertise             | <input type="checkbox"/> Public Speaking   |
| <input type="checkbox"/> Cooking                        | <input type="checkbox"/> Research          |
| <input type="checkbox"/> Event Planning                 | <input type="checkbox"/> Teaching          |
| <input type="checkbox"/> Fundraising                    | <input type="checkbox"/> Web design/Maint. |
| <input type="checkbox"/> Graphic Design/                | <input type="checkbox"/> Shorthand         |
| <input type="checkbox"/> Photography                    | <input type="checkbox"/> Writing/Editing   |
| <input type="checkbox"/> Law                            | <input type="checkbox"/> Other: _____      |
| <input type="checkbox"/> First Aid                      |  |
| <input type="checkbox"/> Leadership                     |  |
| <input type="checkbox"/> Political organizing/Publicity |  |
| <input type="checkbox"/> Sales/Merchandising            |  |

### **Conservation Issues**

I am interested in the following issues:

- |   |   |
|---|---|
| <input type="checkbox"/> Air Quality            | <input type="checkbox"/> Toxics               |
| <input type="checkbox"/> Water Quality          | <input type="checkbox"/> Energy               |
| <input type="checkbox"/> Solid waste/recycling  | <input type="checkbox"/> Pesticides           |
| <input type="checkbox"/> Land Use/open Space    | <input type="checkbox"/> Endangered species   |
| <input type="checkbox"/> Political Endorsements | <input type="checkbox"/> Coastal/Ocean Issues |
| <input type="checkbox"/> Nuclear Power          | <input type="checkbox"/> Public Land          |
|   | <input type="checkbox"/> Light Pollution      |
|   | <input type="checkbox"/> Other _____          |

### **Volunteer Activities**

I would participate in the following activities:

- Organize and coordinate meetings
- Host meetings/Serve meeting refreshments
- Answer the Club's phone
- Work at a mailing party
- Help get endorsed candidates elected
- Phone Calling/letter writing
- Fundraising
- Perform legal services
- Work at a Sierra Club booth at fairs and events
- Serve in a leadership capacity
- Publicize events to media
- Newsletter ads manager
- Membership recruitment

### **Outings**

- Coordinating outings committee
- Leading Club outings.
- Interested in providing first aid training to outing leaders.
- Participating in Club outings.
- Participating in Club single's events.

### **E-Mail Announcements**

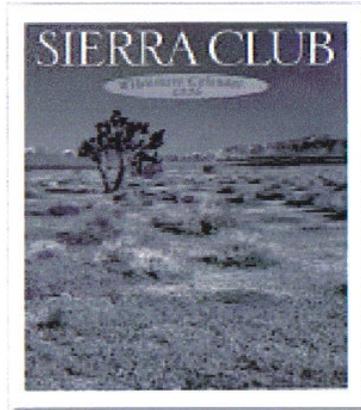
*I want to receive group announcements and environmental alerts. (Did you remember to include your email address above?)*

# SIERRA CLUB 2006 CALENDARS



**Sierra Club 2006 Wilderness Wall Calendar** - Spiral bound month-by-month format, featuring 12 majestic North American landscapes.

**Sierra Club 2006 Engagement Calendar** - Week by week format, featuring 57 spectacular photographs and "wire-o" binding.



## ORDER FORM

ITEM	COST	QUANTITY	TOTAL
Engagement	\$12	_____	_____
Wilderness	\$11	_____	_____
Subtotal		_____	_____
Shipping: \$2 each item		_____	_____
Sales Tax:		_____	_____
Grand Total:		_____	_____

### Ship to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

*Make checks payable to "Sierra Club" and mail to Jeanne Sofia, address at right.*



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## Holiday Gift Ideas Shop Early!

Proceeds from the sale of these calendars & engagement books help fund local Sierra Club conservation work. But you must buy directly from us!

These wonderful items are offered at below retail prices. Members receive a discount of \$1 per calendar or engagement book when ordering any two and a discount of \$2 per calendar or engagement book when ordering any three or more.

Please send check & order form to:

**Jeanne Sofia**  
**25 Barrington Drive**  
**Wheatley Heights, NY**  
**11798**

## Here's Your Opportunity to Make A Difference!

Nominations are now being accepted for a two-year term to the Sierra Club Executive Committee. Join with other volunteers who meet once a month, working with an agenda of environmental, political and internal business issues. Interested? Send an e-mail, or phone Harvey Miller, Chairman of the Nominating Committee for details. Or, simply mail a statement of no more than 125 words describing your passion and determination to make the world a better place.

Remember, no experience is necessary, just a strong desire to help save the environment. Your statement should be in Harvey's hands no later than October 31st. Email him at [hmiller@optonline.net](mailto:hmiller@optonline.net), (please place Sierra Club in subject line) or phone (516)794-7059.

## Green Buildings

The US Green Building Council now has a Long Island Chapter. If you are in politics, real estate, architecture, construction, home improvement, solar installation or any other related field of work you might want to consider becoming a member. They can provide help and information in the field of sustainable development. Write: US Green Building Council LI Chapter, PO Box 5, East Setauket NY 11733 or call Paul Cataldo (631)689-1120

## LONG ISLAND SIERRA CLUB FORUM

Please come join our new LISC online Forum where you can share your feelings and ideas on all issues related to our local environment. Joining is easy and you can choose how to interact with all our members. Go to: <http://groups.msn.com/LongIslandSierraClubForum>

# Green Earth

50 E. Main Street, Riverhead, New York 11901  
 631-369-2233 ● Fax: 631-369-1653  
 E-mail: [greenearthnf@earthlink.net](mailto:greenearthnf@earthlink.net)

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