



Long Island Lighthouse

Volume 25 No. 5

<http://newyork.sierraclub.org/longisland>

Spring - 2007

**SIERRA CLUB COMMUNITY MEETING
SUNDAY, MARCH 11TH
QUOGUE WILDLIFE REFUGE
3 OLD COUNTRY RD, QUOGUE, NY**

**ENVIRONMENTALIST-OF-THE-YEAR
KEVIN MCALLISTER, PECONIC BAYKEEPER
GUIDED HIKE 1-2 PM, MEETING 2-4 PM**

Kevin brings extensive professional training as a coastal biologist with significant experience in environmental resources management and protection. He holds undergraduate degrees in Natural Resources Conservation and Marine Biology, and a Master's of Science degree in Coastal Zone Management. As unsustainable development sprawls across Long Island, our tributaries and bays are under enormous stress from multiple sources of degradation. As the Baykeeper since 1998, Kevin's principle role is as a community educator. In his talk, Kevin will discuss the intrinsic connection between land and water, address the various threats to our ground and surface waters and identify the actions necessary to restore our waters to their traditional role in Long Island life.

For an interview with Kevin McAllister, go to our website listed above.

Directions: LIE to Exit 70S (Rte. 111) to Manorville/Eastport. Take this to Rte. 27 E/Sunrise Hwy to Exit 64S. This brings you onto Rte. 104 heading south. Go 2 miles and turn right onto Old Country Rd and go .7 miles to refuge entrance on the right.

The Christmas Party

Held in Sayville and attended by approximately 40 people, the party was a hit. The Veterans of Foreign Wars hall was gaily decorated for the holidays. Snacks, beverages, hot dishes of ziti and chicken, a garden salad and a few deserts made for some delicious eating. In addition, there was an auction of gift certificates and hard goods, and a sale of Sierra Club merchandise.

Our thanks go the following: Bliss Restaurant in Setauket - \$25 gift certificate; Collins and Main Restaurant in Sayville - \$25 gift certificate; Linda and Rick Freilich - ziti, salad, coffee and more; Jessica Helm - energy efficient light bulbs, her mother's handmade pottery items, framed cat item, and more; Ann and Joe Aurelio - arranging for the hall, decorating, cookies and more; Jane and Mike Fasullo - decorating, beverages, supplies, coordinating the event, etc., and many others who assisted in any number of ways.

WE STILL NEED YOUR HELP!

Printing and mailing expenses for this newsletter have risen to close to \$3,000 for each issue, or about 40% of our annual budget. This money could be better spent preserving our fragile environment. To help circumvent these costs, we are asking as many recipients as possible to accept the newsletter by email, in a PDF format.

If you would like to receive the newsletter by email, please contact our webmaster Harvey Miller at hmiller@optonline.net, and give him your name, membership number from the label, and your home address so it can be removed from that database.

**Go electronic, and
become a true
conservationist!**

Look Inside For...

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**SIERRA CLUB
LONG ISLAND GROUP
516-826-0801
[newyork.sierraclub.org/
longisland](http://newyork.sierraclub.org/longisland)**

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*Executive Committee

From the Conservation Chair Jessica Helm...

County Executive Steve Levy signed the US Mayors' Climate Protection Agreement in December. Congratulations to the Suffolk Cool Cities Team! Visit www.coolcities.us for more information on Cool Cities.

The Long Island Group was awarded several grants this winter. A tabling grant provided for the purchase of dynamic models for the group's important public tabling events. One model illustrates groundwater flow, and a second model is a wind turbine that generates tabletop electricity. Look for these at tabling events this year! Another grant allowed the group to donate a storm water filtration device to the Village of Freeport, to combat non-point source pollution of the South Shore Estuary.

The donation of the catch basin filtration device is part of a Spring 2007 Long Island Group focus on South Shore Estuary issues. Environmentalist of the Year and Peconic Baykeeper Kevin McAllister will be the guest speaker at the March 11th meeting, (See page 1) speaking about impaired waters like the Forge River. Conservation outings will provide fun-filled, hands-on opportunities to help, including a great boat trip to an island to clean up wetlands and an outing applying catch basin decals. We hope to add educational offerings and activism to the list. Contact us (fill out a volunteer form online, or email me at helm_jessica@yahoo.com) to help.

Local Action Groups are getting off the ground around Long Island. These groups are an opportunity to meet local Sierrans, keep up with environmental issues in your area, and even start some local action. Look in the calendar for a meeting near you.

April 14th is National Day of Climate Action, and there will be multiple rallies on Long Island. See our calendar and keep checking the website (<http://stepitup2007.org/>) for rallies near you. Come out and show our government officials that you support reducing CO2 emissions 80% by 2050!

I am now accepting inquiries for assistant conservation chair. The person in this position will work closely with me to stay on top of on-going issues and initiate new projects. Email or call me at 631-849-5373.

Finally, I am pleased to announce that we have a new Outings Chair, Stacy Rowles, who has put together an outings schedule packed full of fun activities. Exploring and protecting the natural areas around us is what the Sierra Club is all about, so check the schedule for outings!

WHAT DO YOU DO WITH YOUR ELECTRONIC WASTE?

By Ann I. Aurelio

With the arrival of the new year and some planning to purchase new computers and monitors - what do we do with the old computers? Hopefully you don't take it to the curb. Hopefully you find a better solution. This solution is to recycle.

Did you know that the average conventional computer monitor contains anywhere from 5 to 7 pounds of lead? Yes, lead. This lead is used to shield us from the radiation the monitor emits. The switches are made with mercury, the same substance we no longer use in household thermostats due to the danger it poses to the environment once it reaches its life expectancy and is discarded. When computers are discarded in landfills the lead and mercury components eventually seep out and find their way into our groundwater.

Although some manufacturers do take their particular computers back, it is usually in exchange for purchasing a new one. And while some of us have programs in our towns to deposit our no longer useable computers, what do the rest of us do? I for one went on the website www.earth911.com where I found much needed information about recycling old computers. I found my solution at a local recycler.

My solution was called "E-Solutions USA," located at 200 Engineers Road in Hauppauge. Whether you're a business, school or just an individual, E-Solutions has a solution for you. You can arrange pick up of many computers or visit E-Solutions yourself, as I did, to dispose of a few computers. For the tiny sum of \$9.00 I brought in 3 computers, 2 monitors, a keyboard, and a printer. Only the monitors have a fee, which is determined by size. Everything is then sorted and dismantled for eventual re-use. Every piece of your computer will be sent someplace to be melted down. The mercury will be extracted. The gold in the circuit boards will be reclaimed. This is the perfect solution for protecting our planet from our toxic technology.

I spoke to the Technical Director of E-Solutions and was amazed at how all the components of our computers can be broken down for re-use. So if your computer has seen better days, and is beyond donating to a school, or passing it down to your children, or giving away on a site like Freecycle, please think about recycling your computer with a reputable recycler. The planet will thank you for it.

For more information please be sure to check out E-Waste Recycling under Environmental Updates at <http://newyork.sierraclub.org/longisland> coming soon.

GOING, GOING... GONE?



Sea turtles date back nearly 90 million years and are among the Earth's oldest surviving species. Yet the Kemp's Ridley sea turtle is quickly fading away—it is losing its habitat at an alarming rate. At the Sierra Club, we've mounted a major campaign to defend the Endangered Species Act and preserve threatened habitats before their inhabitants are gone forever.

Please join the Sierra Club today and help protect threatened and endangered animals.

Join today and receive a **FREE Sierra Club Weekender Bag!**



My Name _____
Address _____
City _____
State _____ Zip _____
Phone # _____
email _____

Check enclosed, made payable to Sierra Club
Please charge my MasterCard Visa AMEX

Exp. Date ____/____/____

Cardholder Name _____

Card Number _____

Membership Categories	INDIVIDUAL	JOINT
INTRODUCTORY	<input type="checkbox"/> \$25	
REGULAR	<input type="checkbox"/> \$39	<input type="checkbox"/> \$47

Contributions, gifts and dues to the Sierra Club are not tax deductible; they support our effective, citizen-based advocacy and lobbying efforts. Your dues include \$7.50 for a subscription to *Sierra* magazine and \$1.00 for your Chapter newsletter.

Enclose check and mail to: **F94Q W 0811 1**
Sierra Club, P.O. Box 52968, Boulder, CO 80322-2968



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Outings and Events

*Note: We have adopted a Coding system to more accurately describe the type of outing offered. The code uses letters to describe the outing type next to the outing name. Several letters indicates outing will contain different elements. H: Hiking W: Walk C: Conservation E: Education T: Trail Work P: Back packing B: Bicycling R: River Touring - *Indicates a joint outing with another group or organization*

For a complete list of outings, or any changes in outings, please check our websites at <http://newyork.sierraclub.org/longisland>, or <http://www.nhocweb.org/webcalmonth.php>, or phone 516-826-0801.

March 2007

WETLANDS RESTORATION

SUNDAY, MARCH 4, 9 AM-1 PM (C)

Ride by boat to Smith Meadow Island off Freeport. Rob Weltner of Operation Splash will explain the importance of the wetlands to migratory and local species as we clean the wetlands of debris. We will meet for lunch at a bay house on the island before returning to the mainland. Meet at the south (water) end of Woodcleft Canal (The Nautical Mile) in Freeport. RSVP to Jessica Helm: helm_jessica@yahoo.com (best) or call 631 849-5373

GENERAL MEETING

SUNDAY, MARCH 11 (See page 1 for details)

EXCOM MEETING, MONDAY, MARCH 12, 7-9 PM

Huntington Station Branch Library Meeting Room
1335 New York Ave., Huntington Sta., NY 11746
(On Rt. 110, one block south of train station)

All members welcome. Meeting date subject to change.

WALK/HIKE STONY BROOK

THURSDAY, MARCH 15, 10 AM (W, H)

Hike the East Farms/Avalon preserve. Moderately slow pace, approximately 3 miles (optional extension brings total to 5 miles). Moderately hilly terrain. Bring binoculars - birds are known to frequent this area and waterfowl are always on the pond. Rain/snow cancels.

Directions:

Route 25A to the Carriage Museum in Stony Brook. North on Main Street toward the village of Stony Brook. At the end of the pond, turn left onto Harbor Road. About 1/2 mile down on the left (only) is Shep Jones Rd. The parking lot is on the right off Shep Jones Road.
Information: Jane - 631-689-1568.

LOCAL ACTION GROUP INAUGURAL HOUSE PARTIES

SUNDAY, MARCH 18

Setauket: Chips and Chat - 2 pm, 68 Old Field Rd, Setauket, 11733. RSVP to Jane, jfas@optonline.net

Southold: Wine and Sierra - 2 pm, 5170 Wickham Ave, Mattituck, 11952. See the newly installed wind turbine! RSVP to Jennifer, Fmattituck@aol.com

CONNETQUOT PARK PRESERVE WALK

SUNDAY, MARCH 18, 10:00 AM (W)

Five miles - easy - flat - 2-3 hours (Cont. next column)

Connetquot Park Preserve Walk. Con't.

Walk a gentle path with grand views of pine-oak forests by the banks of the Connetquot River. Explore a few easy trails; bring water and lunch; rain or heavy snow cancels (some snow on ground does not). Meet in parking lot to the left of entrance. May be able to get a tour of the trout hatchery as well. Please register with Stacy: 512-965-6768.

LOCAL ACTION GROUP INAUGURAL HOUSE PARTIES

SUNDAY, MARCH 25, 2PM

969 Cloud Avenue, Franklin Square, NY 11010
Rsvp. ib887@yahoo.com, 516-326-2513

April 2007

BIRDWATCHING WALK

SUNDAY, APRIL 1 (E)

Together with the Audobon Society — More info later.
Please register with Stacy: 512-965-6768.

EXCOM MEETING, MONDAY, APRIL 9, 7-9 PM

Huntington Public Library Meeting Room
338 Main Street, Huntington, NY 11743

(On Rt. 25A, three blocks west of Rt. 110)

All members welcome. Meeting date subject to change.

CLIMATE RALLIES: NAT'L DAY OF CLIMATE ACTION

SATURDAY, APRIL 14, 12-2 PM

Join concerned humans at local climate rallies around the country. Check <http://stepitup2007.org/> for updated listing. To date LISC has confirmed and is participating in the following rallies:

Great Neck: see website for meet-up; finish at Village Green Park, Middle Neck Road. Assistance wanted, Contact Ruth: 516-482-3603, Ruthierose@aol.com

Syosset: check website for details

Patchogue: Main St, check website for details

Riverhead: Meet at Green Earth Natural Foods Market, 50 E. Main St., See website for details.

BICYCLING OUTING - SAGAMORE HILL, (TEDDY ROOSEVELT'S HOME) PLANTING FIELDS ARBORETUM (B,E)

SATURDAY, APRIL 21, LEAVING 9:30 AM

Start 9 am to give us time to inflate tires, do a quick bicycle check and distribute cue sheets. Ride starts at the Syosset LIRR station parking lot near the firehouse and proceeds to TR's home, then on to explore Planting Fields Arboretum, a total of about 20 miles. Ride is hilly, mostly going up to
Con't. page 5

Bicycling Outing - Sagamore Hill, Con't.

Sagamore Hill, (but worth it for its beauty), the summer White House of the 26th President of the US, Teddy Roosevelt, perhaps America's finest environmental president. Property is home to an amazing variety of plant species. Will continue to explore the flora of the Planting Fields Arboretum nearby. Bicycle helmets required, as well as bicycles in good condition (gears shift properly, bolts tightened, no loud squeaking sounds, etc.). Please bring a properly sized inner tube for your bicycle wheel, two filled water bottles, cell phone (if you have one), money for food, air pump for your tire, and sunscreen. Rain cancels. Check with me by phone or go to www.weather.com the morning of the ride to verify precipitation. *To register, contact Harvey Miller at hmiller@optonline.net or 516-526-2495.*

CEDAR POINT, GRACE ESTATE -EAST HAMPTON HIKE SUNDAY, APRIL 22, 10:00 AM (H, E)

5 miles or 10 miles, moderate, varied, 3-6 hours
Meet at 10 AM at Hamptons Coffeehouse off Rt. 27 in Water Mill or at 10:30 AM on Rt. 114 and Edwards Hole Road in Wainscott. Head north on Stephen Hands Path; veer left onto Buckskill Rd. to Rt. 114. Follow Rt. 114 north; approximately one mile after passing Whooping Hollow Lane find the dirt entrance to Edwards Hole Rd. on your right. Don't block the road. A beautiful hike through the East Hamptons with many kettle holes, different fauna and great trails. We will hike through Grace Estate to Cedar Point, which lasts 3 hours, and eat lunch in Cedar Point Park near the lighthouse. Those that want to do only 3 hours can park one car at Cedar Point and drive back. Those that want to walk back can do so. *Please register with Stacy 512-965-6768. Bring snack and liquid; rain, ice or snow cancels.*

WILDWOOD STATE PARK HIKE & BEACH CLEAN-UP SUNDAY, APRIL 29, 10 AM (H)

An easy hike through Wildwood State Park and beach clean up; 4 miles; varied; 2-3 hours
Meet in parking lot of Wildwood State Park. Nice trail along edge of park next to Sound. A few hills, but mostly flat. Great landscape. Will walk through Park and back along water. Bring trash bag for clean up on way back along ocean. *Please register with Stacy: 512-965-6768 Rain cancels.*

May 2007

COLD SPRING HARBOR TRAIL HIKE SUNDAY, MAY 6, 10 AM (H)

Eight miles; difficult; varied; 3-4 hours.
Great work out and intense trail through many different types of fauna, terrain and landscape. Fast paced. Must be experienced hiker. Meet at Cold Spring Harbor Park entrance on 25A. *Info: Stacy 512-965-6768*

EXCOM MEETING, MONDAY, MAY 14, 7-9 PM
Huntington Station Branch Library Meeting Room
1335 New York Ave., Huntington Sta., NY 11746
(On Rt. 110, one block south of train station)
All members welcome. Meeting date subject to change.

BICYCLING OUTING - BETHPAGE PARK TO JONES BEACH

SATURDAY, MAY 12, 9:30 AM (B, E)

Be at the start by 9 am to give us time to inflate tires, do a quick bicycle check & distribute cue sheets. Ride starts in the Bethpage State Park picnic area parking lot on the north-west corner of the park, and will pass the interesting flora of Bethpage Park and the Bethpage bicycle path. Will continue, via safe back roads, to Jones Beach where we will explore the shoreline of the Wantagh bike path while stopping for lunch. Bring some funds and a small backpack for lunch (unless you make your own) and a camera. Entire route - approx. 30 FLAT miles (except for bridges). Bicycle helmets required, as well as bicycles in good condition (gears shift properly, bolts tightened, no loud squeaking sounds, etc.). Please bring properly sized inner tube for your bicycle wheel, two filled water bottles, cell phone (if you have one), some money for food, air pump for your tire, and sunscreen. Rain will cancel. Check with me by phone or go to www.weather.com the morning of ride to verify precipitation. *To register, contact Harvey Miller at hmiller@optonline.net or call 516-526-2495.*

CATSKILL HIKE

SUNDAY, MAY 13 (H)

Hike the Catskill's Escarpment Trail near North and South Lake Campground for incredible views overlooking the Northern Catskills where we will see Kaaterskill Falls, considered by some to be the most beautiful natural spectacle in all of the Catskills. We'll pass by magnificent Inspiration Point, a favorite of President Grant. And more, lots more. There's only room for 7 who will mount up in my van, gear and all, for an early morning ride to the trail. Bring two 24 ounce water bottles, light energy rich foods (like Powerbars, etc.), a good pair of medium weight hiking boots, hat, camera, walking stick, suntan lotion, light wind jacket, long pants and yourself. Must register beforehand and be in good physical condition. To register, call Harvey Miller, at 516-794-7059. If you have any questions, email hmiller@optonline.net

SHELTER ISLAND KAYAK/CANOE OUTING

SATURDAY, MAY 19 (RAIN DATE MAY 20) 12 - 3 PM (R)

Kayak rental available (not canoes). Lessons will not be provided. Lifeguard flotation device a must (comes with rentals). Must pre-register. For registration or more information contact either Tullia Limarzi at tuttim@optonline.net or Jane Fasullo at jfas1@optonline.net or 631-689-1568.

DECAL DAY: LONG BEACH DRAIN MARKERS MAY 20, 1 PM TO 4 PM (C)

Help apply "Do not dump" decals to catch basins and reduce non-point source pollution on the south shore. OK for families. Wear your messy clothes. Location to be determined. *RSVP to Jessica Helm: helm_jessica@yahoo.com (best) or call 631 849-5373*

LOCAL ACTION GROUP: GLEN COVE MAY 20, 2 PM

Glen Cove Public Library. Host: Camille Danzi
camilledanzi@yahoo.com

LONG ISLAND SIERRA CLUB NEWS



SIERRA CLUB LONG ISLAND GROUP HONORS GINNY FIELDS
State Assemblywoman 5th District
Thursday, November 2, 2006 at the
Long Island Maritime Museum

From the left to the right; Joe Auriello, Jane Fasullo, Ann Auriello, Michael Cafaro, Ginny Fields and Patrick West. Although her endorsement had officially been announced months prior, this was our way of honoring her at a West Sayville Civic Association meeting where she was the guest speaker.

LEVY SIGNS SUFFOLK COUNTY ON TO COOL CITIES

Long Island Sierra Club members and Cool Cities volunteers joined Suffolk County Executive Steve Levy on December 14, 2006 as Levy signed two environmental documents. The first, Sierra Club's U.S. Mayors Cool Cities Climate Protection Agreement, is a 12-point approach to reduce greenhouse gases to 7% below 1990 levels by 2012, and is the central focus of the Cool Cities program. The second was legislation that providing another 22 million dollars for land preservation in Suffolk County. Sierra Club member Linda Freilich made a few remarks and presented Levy with a certificate honoring Suffolk County as a Sierra Club Cool County.

NATIONAL CLUB ELECTION COMING THIS SPRING

The annual election for the Club's Board of Directors is now underway. In March, those of you who are eligible to vote in the national Sierra Club election will receive in the mail (or by Internet if you chose the electronic delivery option) your national Sierra Club ballot. This will include information on the candidates and where you can find additional information on the Club's website.

The Sierra Club is a democratically structured organization at all levels. The Club requires the regular flow of views on policy and priorities from its grassroots membership in order to function well. Yearly participation in elections at all Club levels is a major membership obligation. Your Board of Directors is required to stand for election by the membership. This Board sets Club policy and budgets at the national level and works closely with the Executive Director and staff to operate the Club. Voting for candidates who express your views on how the Club should grow and change is both a privilege and responsibility of membership.

Members frequently state that they don't know the candidates and find it difficult to vote without learning more. You can learn more by asking questions of your group and chapter leadership and other experienced members you know. Visit the Club's election website: <http://www.sierraclub.org/bod/2007election>. This site provides links to additional information about candidates, and their views on a variety of issues facing the Club and the environment.

You should use your own judgment by taking several minutes to read the ballot statement of each candidate. Then make your choices and cast your votes. You will find the ballot is quite straightforward and easy to mark. A growing number of members find the user friendly Internet voting option to be very convenient as well as saving postage.

SAVE THE DATE!
SIERRA CLUB/NORTHEAST REGIONAL COMMITTEE
COOL CITIES TRAINING
June 1 - 3, 2007
Hulbert Outdoor Educational Center
Fairlee, VT

Part II: NERC's Cool Cities Training:
Learn how to be a trainer/and assist other volunteers in getting communities/universities/other entities to take the pledge for the Mayors' Initiative to achieve the Kyoto Protocols' guidelines!

For inquiries, contact:

mary.anne.jaffe@sierraclub.org, 518-587-9166

See our website for latest updates:

<http://www.sierraclub.org/rcc/northeast/index.asp>

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**NEW ON THE LONG ISLAND GROUP WEBSITE:
[HTTP://NEWYORK.SIERRACLUB.ORG/LONGISLAND/](http://NEWYORK.SIERRACLUB.ORG/LONGISLAND/)**

Sierra Club Radio

Saving the planet starts at home, so many Americans are looking for ways to make their own lives more "green." That's why we're launching Sierra Club Radio. Our mission is to offer tips and tell stories we all can use as consumers, as citizens, as neighbors, and as parents to make responsible choices, to connect to the growing environmental community. Coming soon: Living Green video podcasts by Linda Freilich

Will Steger Arctic Expedition

Educators and explorers Will Steger, John Stetson, Elizabeth Andre and Abby Fenton join four Inuit hunters on a 1200-mile, four-month-long dogsled expedition across the Canadian Arctic's Baffin Island. The expedition will travel with four Inuit dog teams over traditional hunting paths, up frozen rivers, through steep-sided fjords, over glaciers and ice caps, and across the sea ice to some of the most remote Inuit villages of the world. Each day, the team will post video, images, sounds and text to the www.globalwarming101.com website, and communicate with online participants around the world. *Linked from the Global Warming page (in the drop down menu under Environmental Update).*

Local E-Waste Recycling Updates

See what your town offers in electronic waste recycling. *In the drop down menu under Environmental Update.*

*From the Sierra
Club's Book
Store:*



*Birding Babylon:
A Soldier's Journal
from Iraq*

By Jonathan Trouern-Trend -
ISBN: 1578051312

64 pages, b/w illustrations
Price: \$9.95 hardcover

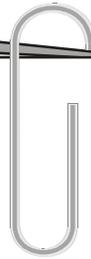
The fascinating story of a National Guardsman from Connecticut with a lifelong love of birds, who discovered unexpected treasure in the form of owls, kestrels, warblers and scores of beautiful birds while on duty in Iraq. Throughout his tour of duty Trouern-Trend wrote about his sightings in an on-line journal, which attracted thousands of readers. That journal is now published in this small beautiful volume, designed to represent a birder's journal. For further information log on to:
www.sierraclub.org/books/catalog/1578051312.asp

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Corrections needed, fix then send another PROOF

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