



# L. I. Sierra Club News

Volume 29 No.2

[www.LISierraClub.org](http://www.LISierraClub.org)

Summer 2010

**COMMUNITY MEETING: Tues, June 15, 7-9:00pm**  
**OCEAN CONSERVATION: THE FUTURE OF FISH**  
**AND FISHING IN AMERICA'S OCEANS**  
**with Jamie Pollack**  
**Long Island Maritime Museum, West Sayville**

Guest speaker Jamie Pollack has always been a passionate environmentalist, scuba diver and lover of the oceans. She has personally witnessed the devastation of the oceans she cherishes, and so she has committed herself to the preservation of it. She founded Shark Savers, a grassroots conservation organization dedicated to the preservation of sharks through awareness, education and action. She is also working with Pew Environment Group on a US fisheries and global conservation campaign. This presentation is about the beauty and value of ocean ecosystems.

Directions: see page 6

**COMMUNITY MEETING: Sun, June 27, 10:00 am**  
**WETLANDS OF LOUISIANA AND LONG ISLAND**  
**with Paul Rodriguez**  
**Quogue Wildlife Refuge**  
**Hike following lecture at 12:00 noon**

Sierra Club invites you to a morning of wetlands education and hiking at the Quogue Wildlife Refuge, Sunday, June 27 at 10:00, hike at noon. This is for all ages! We are excited to introduce you to author Paul Rodriguez. Every 30 to 45 minutes a ribbon of land the size of a football field erodes off the coast of Louisiana. This urgent crisis is the result of a combination of man-made factors that have disrupted the natural processes of the Mississippi river delta. Paul will be discussing the complicated interlocking history of poor land management that caused this crisis using his children's book *Goldysocks & The 5 Bayous* as a guide to some of the current ecological problems. The discussion will bring to light the similarities between the coastlines of Louisiana and Long Island emphasizing the need for strong proactive coastal land management. Coffee, Bagels and OJ will be served. RSVP to Linda Freilich at [turton@optonline.net](mailto:turton@optonline.net) or Jane Fasullo at [jfas1@optonline.net](mailto:jfas1@optonline.net). Directions: Quogue Wildlife Refuge, 3 Old Country Road East, Quogue, NY, 631-653-4771: From Sunrise Hwy (Rte 27) take Exit 64S, and head south on Route 104. Go 2 miles and turn right onto Old Country Road. Go 0.7 miles, entrance is on the right when road bends left.

**Join Us On A Whale**  
**Watching Cruise!**

**Sunday, July 18, 2010**

**The Viking Dock at**  
**Montauk Harbor in**  
**Montauk**



The Viking Fleet and CRESLI offer special family friendly marine cruises focusing on the sights of the ocean! Enjoy a day on the water with your family looking for whales, dolphins, sea turtles, sea birds and sunfish. Along the way you can view the Montauk lighthouse and all the landmarks of the east end. A qualified naturalist/marine biologist will narrate the tour, conduct a plankton tow and answer all of your questions! The Viking boats are equipped with clean restrooms, comfortable seating and full galleys onboard. The fare is \$59 for adults and \$25 for kids 5-12 years of age. Children under 5 are free. Contact Bill at [billstegemail@gmail.com](mailto:billstegemail@gmail.com). Carpooling can be arranged.

**FREE! FUN AT THE GOLF CLUB DAY Sat, July 31st 3:00-9:00pm**  
**Pine Ridge Golf Club, Coram, NY - see back cover for details**



Explore, enjoy and protect the planet

**SIERRA CLUB  
LONG ISLAND GROUP  
516-826-0801  
[www.LISierraClub.org](http://www.LISierraClub.org)**

**EXECUTIVE COMMITTEE AND CHAIRS**

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**Calendar/Card Sales:**

Jeanne Sofia 631-643-1434

**Hospitality: OPEN**

**Education:**

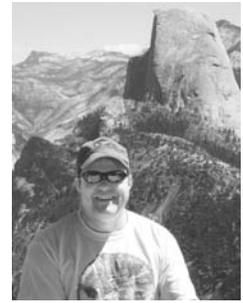
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Kelli Hughes\* [pandarose32@gmail.com](mailto:pandarose32@gmail.com)

\*Indicates Executive Committee Member

## LETTER FROM THE CHAIR

By Shawn Kilmurray



We all recognize that the Earth's immediate future depends to a great extent on human behavior.

Each of us has an environmental trail – the amount of resources we use and the waste we generate.

Collectively each of us should take time to contemplate our own personal contribution to the threat of climate change and consider what we can do to lessen our negative impact. Yes, it requires a radical re-orientation away from our habitual preoccupation with self towards a greater concern for the wider community of beings with which we are all connected.

Are we making a positive and measurable difference in our communities with results that generate a value proposition that can be championed across the Island to continue to attract a robust and active membership that reflects the diversity of the community? Don't think of what the Long Island Sierra Club currently is but of what it can become. All of us can help support the organization's goals and contribute to the group's sustainability.

Mark your calendars - the LISC is throwing a Fun at the Golf Club Day on July 31 at the Pine Ridge Golf Club in Coram. Live music, food and drink specials, raffle prizes and games for the kids. This day promises to be fun for the whole family and a terrific way to support the LISC and the Water Sentinels. This school-based water-testing program launched by LISC's own Linda Freilich, is engaging young people and provides hands-on year-round water testing/monitoring that improves our community well-being.

Did you know that cell phones contain heavy metals and toxic chemicals like lead, mercury, arsenic, cadmium, etc.? These toxic materials end up in our air and water if disposed via normal garbage disposal. Please recycle your old unwanted cell phones via the Group's Mobile Phone Recycling Campaign. Visit [www.liscphonedrive.com](http://www.liscphonedrive.com) for free shipping and the comfort of knowing that your old phone will be recycled properly while providing a financial contribution that supports our Education & Outreach efforts. I'm certain that most of us have at least one old cell phone in our junk drawer which can be recycled.

We want to thank all of you who turned out to support our new film series "LISC Presents." We drew a crowd of 200 people April 14th at the Cinema Arts Centre in Huntington Village for the Long Island premiere of "Earth Days." Special thanks to film director Robert Stone and Laurel Lake Vineyards. Next film event to be announced soon - stay tuned.

Finally, I thank all of you for helping advance the environmental cause on Long Island through your annual membership and invite you to participate fully and to support our efforts to engage the community to Explore, Enjoy and Protect the Planet. I also need to acknowledge my fellow Ex Com members for their own generous donation of time, energy and money, and sincerely appreciate their commitment, passion and desire to make a difference. Thank you all for living by the credo that Earth Day is every day!

## WATER SENTINELS UPDATE

By Linda Freilich

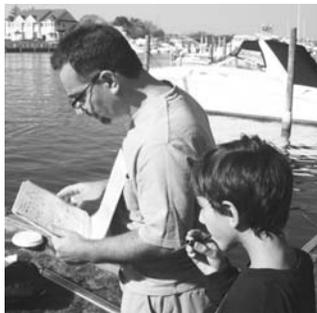


Meghan Attanasio

On April 16th students went with me to the Annual Technology Fair at Stony Brook University. Our booth was packed the whole morning. Senator Foley stopped by to see our equipment and our data. He asked what needed to be done and we told him. The nitrogen and phosphorus are high in our tributaries. We told him that we needed legislation. The students explained to him that phosphorus

also contributes to toxic algae blooms. It comes from dish detergents, lawn fertilizers, runoff, and septic systems. They showed him our data at [www.liwatersentinel.org](http://www.liwatersentinel.org).

I would like to congratulate and thank my Captains, my families and my students for doing such great work! Special thanks to the DeRosa and Attanasio families who make every test date, rain, snow, or shine.



Ralph and Jacob DeRosa

## MANOR ST. GEORGE

By Linda Freilich

I was called to do a test of the water on 9/13/2009 after a mosquito spraying event at the Manor St. George in Shirley on William Floyd Parkway South. The air was still, there was no sound of birds, no bugs, no dragonflies, the water was brown from dead algae that bubbled up to the surface. There was no sign of life in the water. Dissolved O<sub>2</sub> was 5.5 ppm. The water was murky.

I went there today, Earth Day 4/20/2010, before spraying was set to begin. There were no mosquitoes visible to the naked eye. There was a turtle in the water, it was clear; the dissolved O<sub>2</sub> was 9ppm. The air was full of the songs of birds. There were no mosquitoes. There was a beautiful breeze. In four days, the birds will be gone, the algae will turn brown, the turtle will die or go. Spraying will have begun for another season.

## THE CANYONS AND SEAMOUNTS

By Linda Freilich

As I listen to the news of this horrendous oil leak in the Gulf, I think of the Canyons that run from Massachusetts to Virginia and the recent statement that the area may open for drilling.

These canyons were shaped by strong currents. They provide microscopic food for diverse ocean life. The seamounts are extinct drowned volcanoes. Swimming among them are more than 200 species of invertebrates. There are sponges, fish, crustaceans, turtles. There are white sea urchins, brittle stars, monkfish, hakes, skates, tilefish, whales (humpback, finback, minke, sei, right), dolphins (bottle nosed, risso), leatherbacks and loggerheads. These species have led to medical and technical advances, such as, cures for cancer and artificial bone.

There are birds, such as the Greater Shearwater (doing well), Cory Shearwater, Sooty Shearwater (near threatened), Northern Fulmar (around 30 million), Northern Gannet, Storm Petrels (around 30 million), and the White Faced Storm Petrel.

The canyons need protection from bottom trawling, oil and gas drilling. One swipe of net can wipe species out for decades. Bare sand, rock, mud, would be left.

Oil spills kill and cause genetic damage. They leave lead, mercury and benzene.

The sound impact from seismic surveys can displace marine life away from nurseries. There can be hearing loss and whale beachings. Whales will stop singing.

Once disturbed beyond their ability to recover, past the tipping point, the canyons will not recover. They are highly resistant but not resilient.

It is our job to protect them. Any notices for letters that need to be written will be posted on our website [www.liwatersentinels.org](http://www.liwatersentinels.org).

***Postscript: Before this issue went to print President Obama put all offshore drilling projects on hold until the accident in the Gulf can be investigated.***

Taken from notes: lectures given by Alison Chase, NRDC and Dr. Artie Kopelman, CRESLI

***Mosquito Spraying Season is just around the corner. Don't forget to get on the no spray registry. For Suffolk County go to the following webpage and follow the instructions:***  
<http://www.suffolkcountyny.gov/Home/departments/publicworks/Mosquito%20Control.aspx>



# Outings and Events

*Note:* For further details on our hikes or events – including Ex Com Meetings – call the L.I. group voicemail at 516-826-0801. For a complete list of outings, or any changes in outings, please check our website at [www.LISierraClub.org](http://www.LISierraClub.org)

**E – educational information will be shared along the way with up to three brief hands-on stops. Most walks include some environmental information sharing but not all stop for viewing and hands on.**

## June 2010

**Sun, June 13 - E KAYAK 11:00am**  
**Setauket & Port Jeff Harbors**

We are doing this popular trip again. Kayak from Setauket Harbor Canoe and Kayak rental shop on Shore Rd. in Setauket (rentals available there 751-2706) into Setauket Harbor, out to Port Jeff Harbor then across to the Old Field peninsula for a leg stretch, a self provided snack, and some lessons about how the beach was formed and is changing. We will look at the shells and other items on the beach. If it's warm enough, take a swim too. We return along same route. Contact: Jane at [jfas1@optonline.net](mailto:jfas1@optonline.net) or 631-689-1568.

**Sat, June 19 - E HIKE 10:00am**  
**Edgewood Preserve, Deer Park**

Allow 2 hrs for this mostly flat, app. 2.5 mi hike. The Edgewood-Oak Brush Plains Preserve is a state-owned, 843-acre nature preserve situated within Deer Park, Dix Hills and Brentwood. Here you can learn about the history of the park and Long Island's only pitch pine scrub oak wildlife habitat. Information on the park is at [www.friendsofthewoodedpreserve.org](http://www.friendsofthewoodedpreserve.org). Ticks possible so wear long socks or stockings over your long pant legs. It's suggested you spray an insecticide on your clothes - Premethrin recommended. Rain will cancel. Wear footwear appropriate for hiking. Best for adults and children over 13. Registration and information: [jbuffone@optonline.net](mailto:jbuffone@optonline.net) or 516-766-2919. Edgewood Preserve is on Commack Rd. south of LIE, north of Southern State Pky.

**Sun, June 20 BICYCLE 11:00am**  
**West Hampton Beach area**

Road bike the West Hampton Beach area. Approx 10 flat miles at a slow pace. We can do more miles if everyone is up to it. Leave 1½ hrs for this ride. Paved roads with light traffic. Beginner friendly. We will tour roads surrounding the village with at least one stop at a bay side beach to discuss the bay and its life forms. Helmet required. Bring a beverage and sun protection. The town is about ½ mile from the end of the ride. We will do a short walk or stop for lunch before returning to the cars. Rain cancels. Meet in the parking lot of the Middle school on the west side of O'Neck La. just south of the intersection with Mill Road. Information: Jane Fasullo 631-689-1568, [jfas1@optonline.net](mailto:jfas1@optonline.net).

## June 2010 (con't)

**Fri, June 25 - E WALK 8:00am**  
**West Meadow Beach, Stony Brook**

A 2 mile 2½ hour interpretive walk along West Meadow Beach and Trustees Road featuring Eileen Gerle, Brookhaven Town park ranger/educator. Slow pace with lots of starts and stops. Eileen will point out and describe local wildlife, plants, beach habitats, and cover the basics of the geological origins of LI and West Meadow Beach. Learn about shells, birds, plants, and sea life on this peninsula. Good chance to view and watch the tagging of a live horseshoe crab. We might also see terrapin turtles. Included will be a discussion of salt marsh ecology. Wear appropriate shoes for damp and sandy terrain. Beverage and mosquito repellent strongly suggested. This beautiful and historic area offers lots of post-walk options which we can describe and guide you to. Please web search or call for directions. Information & registration: Jane Fasullo, [jfas1@optonline.net](mailto:jfas1@optonline.net) or 631-689-1568.

**Sun, June 27 - E HIKE 11:00am-2:00pm**  
**Quogue Wildlife Refuge, Quogue**

7 miles of easy, flat trails in 2-3 hrs. Experience and learn about the diverse habitats including forests and ponds, and ecologically rare Dwarf Pines. A bobcat, owls, falcons, eagles and other native New York animals that have permanent injuries are housed in the outdoor Distressed Wildlife Complex where, if you have the time, you can go inside to see and ask about the wildlife and look through the nature library. Moderate pace good for adults and children capable of walking the time and distance. Wear appropriate shoes. Steady rain will cancel. Please register. For information & registration contact John Buffone at [jbuffone@optonline.net](mailto:jbuffone@optonline.net) or 516-766-2919. Quogue Wildlife Refuge, 3 Old Country Road, Quogue, NY <http://www.quogueliferefuge.com/index.htm>

**Sun, June 27 WALK 1:30pm**  
**Caumsett State Park, Lloyd Harbor**

Visit the barns and walled garden and/or walk to see the horses in the paddock. Walk the paved, flat road from the gardens to the abandoned mansion or take the hilly route. Depending on the group's desire and stamina, we can walk down to the beach. Miles of unpaved trails are available for those who want to break away after the family walk and put on more miles. Time allotments: garden only about ½ hr at slow pace; 1¼ hr for garden and mansion,

## June 2010 (con't)

also slow paced. Persons wishing to walk more miles can do so after the family hike. There are many woods trails and an extensive walk along the Sound. Bathroom facilities are available on the grounds. Bring your own food and beverage. Best for families and not-so-experienced hikers. You will need a state parks pass, or pay \$8 to park. Information: Kathy at [cinnabuster@yahoo.com](mailto:cinnabuster@yahoo.com). Meet by the information kiosk next to the parking lot. Directions: From west end of Main Street Huntington, follow West Neck Rd 4 to 5 miles to the entry to the park on the left side of the road.

## July 2010

**Sat, July 3 BICYCLE 10:00am**  
**Heckscher Park & more, Great River**

10 miles of flat terrain in East Islip. Bike through back roads in Great River and East Islip. Pack a lunch or snack because we will stop at the South Shore Nature Center to eat and take a break. Short distance and flat with a stop makes this a good ride for children and beginners. Helmets Required. Meet at the Timber Point Elementary School parking lot on Timber Point Road. Registration Required. Rain cancels. Contact Jane Fasullo at 631-689-1568 for information and registration.

**Sat, July 10 - E SEINE NETTING WITH CHILDREN**  
**Freeport 9:00am**

Operation Splash and Sierra Club combine to offer this event. Meet at the parking lot across from the Schooner on Woodcleft Ave. for a morning of seine netting fun. Reservations at [turton@optonline.net](mailto:turton@optonline.net). For the first 10, we will be going out on a boat!

**Sat, July 17 - E WALK WITH THE PLOVERS 9:00am**  
**Robert Moses State Park, Babylon**

Walk to view the endangered Piping Plovers, about 2 miles round-trip. Along the way, learn about Plovers, the threats to their habitats, conservation efforts, and about other shore birds which frequent Fire Island. We will stop at the Western end of Fire Island for a self provided snack—the view from this part of the park is very scenic, where the Bay meets the Ocean. Leave approx. 3 hrs. Terrain is sandy beach and paved parking lot. Easy to moderate pace good for beginners and families (children over 5 please). Sand (beach) walking can be strenuous – good balance is required. Because we cannot get too close to the plovers, binoculars are a good idea. Bring a light snack. Definitely bring a hat with brim and/or sunblock. Bug repellent suggested. Rain postpones this activity to Sunday, same time, same place. Parking fee: \$8 per car. Meet at Robert Moses State Park, Field 2, Babylon. <http://www.nysparks.com/parks/7/details.aspx> Information: Andrea Girolamo [a.girolamo@gmail.com](mailto:a.girolamo@gmail.com) or 516-398-9806

**Sun, July 18 - E KAYAK 11:00am**  
**Bulls Head Bay, Southampton**

Bulls Head Bay is north of Tuckahoe in Southampton Town. Kayak about 6 miles in 3 to 4 hours with a break for a swim and self provided lunch/snack. Beautiful mixture of wild and developed watersides. Visit the pond, the creeks, and wander into Peconic Bay. This “best kept secret” kayaking spots has lots to explore and learn

## July 2010 (con't)

about. During the break, learn about and discuss the tides, who lives in some of those shells, what seaweeds do, and more. Life jacket required. Bring a beverage, sun protection (long sleeve shirt, visor, sun screen, sun glasses, cover for your legs) and bug repellent (for the beach). Rentals on your own but we suggest calling Kayaken 631-467-5163 because he will transport kayaks to and from the beach. No rentals at the beach. Tell Ken you are with the Sierra Club group. Directions: Sunrise Highway east, pass the Southampton College entry and turn left onto Tuckahoe Rd. If you miss Tuckahoe Rd., turn left at the next light onto Tuckahoe La. From either road, go to a four corner intersection (Tuckahoe Road, Tuckahoe Lane, North Highway Road/Sebonac Road, and Barkers Island Road). Follow Barkers Island Road north to where it makes a 90 degree turn to the right and continue straight onto the dirt road. Park at the end. Registration required. Rain cancels. Contact: Jane Fasullo 631-689-1568 or [jfas1@optonline.net](mailto:jfas1@optonline.net)

**Sat, July 24 - E HIKE 1:30pm**  
**Makamah County Preserve (Crab Meadow Park)**  
**W. Fort Salonga**

Visit this lovely and often overlooked 160 acre park on Long Island's north shore with a Sierra Club naturalist as your guide. The hilly terrain of the park features ponds, streams and woodlands, adjacent to fresh and brackish water marshes. Naturalist, Jan, will discuss some of the plants and animals we observe. Moderate pace with occasional stops. Adults only. About two hours. Bring water. Insect repellent and binoculars suggested. Rain cancels. Rain date July 25th. Registration required with Jan Porinchak at [beachtowell1@verizon.net](mailto:beachtowell1@verizon.net) or 631-754-3019. Directions: Sunken Meadow Parkway Exit SM5 onto Route 25A westbound. After about 2.5 miles, make a sharp right onto the dirt parking lot immediately *after* Makamah Road, on your right.

## August 2010

**Sat, Aug 7 - E KAYAK 10:30am**  
**Nissequogue River, Smithtown**

We start on the lower river near the sound on a sandy, gravelly beach and move up with the tide ending where the river is narrow and reedy. As we meander, we encounter more marsh. Listen to and look for the birds as we try to identify a few species. Notice the different reed heights and learn about which are native and which are foreign. Find out what the difference is between invasive and non-invasive species. Life jacket required. Bring a beverage. Advised: sun screen, a cover for your legs, a visor or brimmed hat, sun glasses, a long sleeve shirt (to prevent a burn), bug lotion, and snack or lunch. Kayak rentals are on your own. We suggest Nissequogue River Canoe Rentals, 631-979-8244 because they are located on the river and will shuttle a few people between cars and boats. Mention you are with the Sierra Club group. Park in the lot just east and south of the Smithtown bull off 25A. Leave 2½ hours. Rain cancels. Registration required. Contact Jane Fasullo 631-689-1568, [jfas1@optonline.net](mailto:jfas1@optonline.net). **OUTINGS CON'T PAGE 7**

## Directions to LI Maritime Museum

**86 West Avenue, West Sayville, NY, 631-854-4974**

From Southern State Pkwy: East on Southern State to Exit 45 East-Montauk Hwy/Rt 27A-Great River. Follow Montauk Hwy. east for app. 4 miles. On your right, you will pass signs for Dowling College, St. John's University and the West Sayville Golf Course. After the golf course, make the 1<sup>st</sup> right turn onto West Ave, going south, about ¼ mile. The entrance to the museum is on the right.

Traveling West: Montauk Hwy/Rte 27A/CR85, going east. On your right, you will pass signs for St. John's University and the West Sayville Golf Course. After the golf course, make the 1<sup>st</sup> right turn onto West Ave, going south, about ¼ mile. The entrance is on the right.

Traveling East: Follow Montauk Hwy/Rte 27A/CR85/Main St. west through Sayville about 1 mile. Go 2 blocks past the West Sayville Fire Dept. on your left to West Ave. Make a left turn onto West Ave, going south, about ¼ of a mile. The entrance is on the right.



Explore, enjoy and protect the planet



It's time for America to get smart about energy and be less dependent on dwindling oil reserves. We need to increase our use of clean, renewable energy sources like wind and solar power. Let your voice be heard.

**Add your voice to protect the planet.  
Join Sierra Club.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

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Please charge my:  Visa  Mastercard  AMEX

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Membership Categories	Individual	Joint
<b>Special Offer</b>	<input type="checkbox"/> <b>\$25</b>	
Standard	<input type="checkbox"/> \$39	<input type="checkbox"/> \$47
Supporting	<input type="checkbox"/> \$75	<input type="checkbox"/> \$100
Contributing	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
Life	<input type="checkbox"/> \$1000	<input type="checkbox"/> \$1250
Senior	<input type="checkbox"/> \$24	<input type="checkbox"/> \$32
Student/Limited Income	<input type="checkbox"/> \$24	<input type="checkbox"/> \$32

Contributions, gifts and dues to Sierra Club are not tax deductible; they support our effective, citizen-based advocacy and lobbying efforts. Your dues include \$7.50 for a subscription to *Sierra* magazine and \$1 for your Chapter newsletters.

Enclose a check and mail to Sierra Club,  
P.O. Box 52968, Boulder, CO 80322-2968  
or visit our website [www.sierraclub.org](http://www.sierraclub.org)

F94Q **W0811** 1

**VOLUNTEERS WANTED!**  
**Michael Cafaro, our Political Chair,**  
**needs people to interview candidates for**  
**office, assist with questionnaires, and**  
**help with campaigns. If interested,**  
**please contact Michael at 631-243-1127**  
**or [michaelcafaro@aol.com](mailto:michaelcafaro@aol.com)**

Bring your old cell phones and ink/toner cartridges to our community meetings for our recycling program.

Please also bring your own cup to cut back on plastic garbage.

For carpooling info, contact Mark Kinnucan at 631-424-1889 or [kinnucan@patriot.net](mailto:kinnucan@patriot.net)

**Robinson & Associates, P.C.**

**35 Roosevelt Avenue**

**Syosset, NY 11791**

(516) 496-9044

(516) 496-9047 (Fax)

e-Mail: [EnvLaw516@aol.com](mailto:EnvLaw516@aol.com)

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**Sierra Club Member Since 1973**

## OUTINGS CONTINUED

August 2010 (con't)

**Sat, Aug 14 - E KAYAK 8:00am**

**Wertheim NWR/Carman's River, 360 Smith Road, Shirley**  
Kayak or canoe along the Carman's River through the Wertheim National Wildlife Refuge. Listen to, see and try to name the birds and various other wildlife species. About 300 species of birds have been documented. Approx half the refuge consists of aquatic habitats including bays with marine sea grass beds, salt marsh, freshwater marsh, shrub swamp, and red maple swamp. We will point them out to you. The refuge's salt marshes, combined with the adjacent State-owned salt marsh, form the largest continuous salt marsh on LI. The remaining half of the refuge is upland featuring the rare Pine Barren habitats of pitch pine, oak-pine, mixed oak, pioneer hardwood, upland shrub, and grasslands. We will depart from our launch site on Montauk Hwy and continue south toward the bay. Expect to spend the better part of the morning on this leisurely paddle. No lessons or kayaks provided and due to the marshy bottom at this location, this is not a good place for first time kayakers. If you need to rent a kayak, we suggest Kayaken (631-467-5163) as he usually is willing to bring the kayaks to the site. Life jackets/vests must be worn. Beverage suggested, as well as sunglasses, hat, long sleeve shirt, long pants, sunscreen, insect repellent, binoculars, camera, and a snack/lunch. Rain cancels. Registration (required) and more info: Lauren Hughes 631-764-7641.

**Sun, Aug 15 WALK 1:30pm**

**Upland Farm, Cold Spring Harbor**

This small, relatively flat protected area belonging to the Nature Conservancy is a great place for beginning walkers. We will cover about 1 mile of fields and edge-of-woods. The path is dirt but well packed. Child friendly and easy, it is an easy way for all to get outdoors. The walk can be made longer or shorter depending on individual needs. Meet in the parking lot of Upland Farm, 250 Lawrence Hill Rd. Info & regis: Kathy [cinnabuster@yahoo.com](mailto:cinnabuster@yahoo.com) or call Jane 631-689-1568 by Aug 14.

**Sat, Aug 21 BICYCLE - Manorville 9:30am**

Hopefully we can beat the heat with this roughly 9.2 mi ride, slow paced for beginners. Start at and return to the King Kullen shopping center at the intersection of CR111 and Chapman Blvd. (just south of LIE exit 70). Loop runs north around and through Pine Barrens land. Bring a beverage. Helmet and registration required. Rentals not available. Rain cancels. Contact Jane 631-689-1568 or [jfas1@optonline.net](mailto:jfas1@optonline.net)

**Mon, Aug 23 - E KAYAK 1:00pm**

**Smithtown Bay, Stony Brook**

This mostly marsh and protected bay location is a delight. From 1½ to 2½ hours depending on how far the group wants to paddle. The longer trip includes a beach stop on Short Beach where we will learn about the aquatic life including the grasses, seaweeds, shells, horseshoe crabs and more. Bathroom facilities not available here (but there are facilities in stores across the street). Kayak rentals not available here and because this is a weekday, it is not likely an outfitter will bring kayaks to you, but you can try Kayaken at 631-467-5163. Bring a beverage, sun protection (hat, sunscreen, long sleeve shirt, etc.) Meet in the southernmost parking lot across the street from the Stony Brook Inn and the Stony Brook shopping district (just north of the historic boat pavilion) by the Stony Brook Yacht Club. Contact Jane Fasullo 631-689-1568 or [jfas1@optonline.net](mailto:jfas1@optonline.net).

## ENVIRONMENTALIST OF THE YEAR AND SIERRAN OF THE YEAR AWARDS LUNCHEON



Linda Freilich  
accepts her award

On Sunday, March 21, 2010, the Long Island Sierra Club held its annual Environmentalist of the Year/Sierran of the Year Awards luncheon at Seatuck's Scully Estate in Islip. Rob Weltner of Operation SPLASH received the Environmentalist of the Year award, and Linda Freilich, our Coastal Waterways Chair and Director of LI Water Sentinels, was awarded Sierran of the Year.

Rob Weltner  
receives his  
award from  
Michael Cafaro of  
LI Sierra Club



Linda Freilich and Rob  
Weltner are presented  
with original watercolor  
paintings by artist Sally  
Anne Keller.

## WATERCOLOR ART SHOW

by Sally Anne Keller

June 1<sup>st</sup> to June 29<sup>th</sup>

Rogers Memorial Library in  
Southampton

Meet the Artist Reception:

**Saturday June 12<sup>th</sup> 2pm-4pm.**

**Rogers Memorial Library**

**91 Coopers Farm Road**

**Southampton, NY 11968**

20% of all proceeds will be donated to  
LI Water Sentinels program.

# Pine Ridge Golf Club & Sally Anne's Watercolors Presents

Long Island Sierra Club/Water Sentinels

## FUN AT THE GOLF CLUB

Saturday July 31, 2010 - 3:00pm to 9:00pm

**FREE ADMISSION!**

with **Live Music by MIRAGE** from 7pm to 9pm

This event will include: **Children's (age 8-12) Golf Drive Contest!**

*Prizes include, I-Tunes and game stop gift cards and a chance to win 4 Tickets to the LI Ducks with seats near home base including fireworks display. Time of contest 3:30-4:00 PM cost \$5.00 for 3 attempts.*

### Fine Art & Trade Show

**Pine Ridge Golf Club Drink & Food specials**

**Lots of Great Raffle Prizes you won't want to miss**

Pine Ridge Golf Club: 1 Avalon Pines Drive, Coram, NY (631) 331-7930. Directions: Take the LIE to Exit 63 North. Go 5 miles, make right onto Pine Drive then a right into to Pine Ridge Entrance, the club is on your left.

Explore, enjoy and protect the planet

