**The Fundamentals of Faith**

**How To Believe**

**Believing is the faith limiter Mark 9:29**

Believing is the key to the impossible. It is the ability to see the invisible. If you can see the invisible you can do the impossible.

Believing is a vital component to faith, but believing is not faith. You can believe and not be in faith, but you can’t be in faith and not believe. Biblical faith is based on the Word of God, whereas believing is based on whatever is sown in your heart. For example, your fears are based off of your beliefs! The concept of fear in its essence is the furthest thing from faith.

**Principles for Biblical Believing (**John 20:24-31)

Believing often gets confused with knowing. Webster’s definition of believing is: “*to have confidence in the truth, the existence, or the reliability of something, although without absolute* ***proof*** *that one is right in doing so.”*

If you can prove something by verifying it with one of your five physical senses, then it is not what Jesus considered believing. It is what the we would consider as knowing.

Two principles for believing:

1. **Believing is an act of your will.** Your will establishes the criteria for what you believe. You will believe what you want to believe. (John 20:25)
2. **Doubt and fear are hinderances to faith.** (Mark 11:23)(Mark 5::36)

**Process of Believing**

Believing is the process of capturing a picture of the promise in the Word and then placing it in your heart. There are three components to this process: verbalization, visualization, and internalization.

* Verbalization is the process of using words to draw a picture and stir emotions in your heart.
* Visualization is the process of using the imagination to see a picture and stir emotions in your heart.
* Internalization is the process of using emotions to feel the manifestation of the invisible.

**4 Factors that shape my belief system**

1. Repetitious Information (Ro. 10:17) Faith come by hearing.
2. Environment (2 Cor. 6:17) Come out from among them.
3. Credible others (Numbers 23:19) Let the Word be your authority.
4. Experience: One experience w/God will override all