

AromaSense

MAKING SENSE OF ESSENTIAL OILS

Features and Uses

AromaSense is an Essential Oils Aromatherapy application showcasing essential oil basic information, safety concerns, benefits, purchase history, images, recipes, charts, commentary from experts in the field, and other information on a growing number of essential oils (95 to date and 26 carrier oils).

Some of the built-in functions in the app include –

- Search
- Sort (multi sort)
- Filter (on any field, multiple fields)
- perform calculations – per field or multi-field
- add/update/delete records, fields or tables
- form views, expanded field views
- create new custom views
- linked tables
- hide fields
- add calendars

The following are lists of the tables in the app along with a list of fields and descriptions of the fields to help you understand where to find information.

EO Main Table

Where applicable, Kidsafe age, cautions, and dilution guidelines have been taken from Tisserand & Young's Essential Oil Safety Version 2.

EO Name the layman's name of the essential oil

Botanical Name

Plant Part – the part of the plant that's distilled to make the EO

Kidsafe Age (at what age is it safe to use the oil. Criteria is based on all oils unsafe for babies less than 2 years of age. Usage of essential oils on children is at user's own risk)

Cautions – any cautions associated with this oil will be listed here

Dilution Guidelines (if any)

Chemical Family (primary family listed first)

Extraction Method (primary method; if different buying choice, captured in EO Purchase Info table; for example, you purchase a CO2 of the EO, capture that when you enter your Purchase record)

Perfume Note – is it a Top, Middle, or Base Note? Sometimes it can be one or two

Botanical Family

Therapeutic Properties – what are the therapeutic benefits of the oil? A definition lookup table is available

Other Benefits – for any other benefits not listed in the Therapeutic Properties

Notes – any other comments you want to capture about the oil, or what leading experts or websites say about the oil

Photo/Video – images or videos of the oil

Shelf Life – how long in years is the expected shelf life of the oil

Own It – yes/no for quick reference when using filters for searching criteria

Purchase Info Table

For the AromaSense FULL version users, the Purchase Info Table provides the fields you need to keep track of all those purchases – this table is linked to the EO Info and the Carrier Oils tables when the record is created from the oil record within that table.

EO Name

Vendor – where was the oil purchased

Purchase Date – when was the oil purchased

Product Size – what size was the bottle purchased

Purchase Price – what was the price of the oil

Extraction Method – what was the extraction method of the oil; option list

Distillation Date – when was the oil distilled

Harvest Location – where was the oil grown

Synergies Table

Many essential oil users like to purchase synergies as well as single essential oils. For that reason, AromaSense provides a table highlighting the brand synergies, the oils in the synergies and a description of what the synergy is used for.

Synergy Name

Brand

Kidsafe (yes/no)

Ingredients - can be just EO or EO drops if known

Description – what is the synergy used for

Directions – how do you use the synergy

Attachments – if applicable

Carrier Oils Table

The carrier oils you choose are just as important as the essential oils and for that reason AromaSense gives you a table dedicated to understanding them.

Name

Botanical Name

Viscosity

Shelf Life

Contains – what vitamins, minerals, etc are in the CO
Uses – skin care, hair care, massage, cosmetics
Therapeutic Properties – what are the therapeutic benefits of this CO
Good For – what are some of the ways to use this CO
Notes
Attachments

Misc Table

Table for your favorite articles, charts, recipes, blends, everything regarding essential oils and aromatherapy to collect and store all in one place for easy reference. Easy to search, easy to find.

Name
Category – Article, Charts, Master Blend, Recipe
Rating – based on 1-5 scale
Ingredients – include proportions
Directions
Therapeutic Benefits
Notes
Attachments – when available
Source – where the information was found, include URL when available

Liability Disclaimer:

The developers of this software application are not aromatherapists nor doctors. The data within this application should not replace medical advice. Please go to a doctor if you have any medical issues. While we have taken every effort to provide accurate information within this application and have researched thoroughly, it is still your responsibility to research each oil and determine if it is the right oil for you. If you have allergies to any of the plants, please do not use the oils from those plants. If you have children, please take the time to make sure the oils are kid safe for the age(s) of your child(ren). If you are pregnant or breastfeeding, please research oils that are safe to use during this time in your life. If you are on medications, please take time to research each oil to see if there are restrictions for the medications you are on. If you have special medical conditions, it is your responsibility to research the oils that may affect your condition. AromaSense takes no responsibility for any inaccuracies in the data and holds you solely responsible if you choose to use the oils.

By downloading this app, you understand that you are accepting sole responsibility to use the application, that do not hold Lynnette Crouse, AromaSense, any of the contributors, or any of the contents of this app responsible for what happens as a result of your use of essential oils.

References

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