



FRIENDSHIP FARMS & FARE

Friendship Farms & Fare affirms and advances agrarian ideals to reestablish a sustainable culture

FARM REPORT & NEWSLETTER

JANUARY 19, 2015 – 16TH 2014-2015 FARM & CSA REPORT

Friendship Farms & Fare is a branch of Ecology Florida, a not-for-profit corporation.

Contributions to Friendship Farms & Fare and Ecology Florida are tax deductible.

If you would like to support our work, please consider sharing a donation.

PO Box 596 • New Port Richey, Florida 34656-0596

<http://www.ffffsite.org/>

REPORT

44 degrees at 5:00 AM, January 17, 2015

Historic Average (for 1/9): 70 HIGH, 51 LOW–Weather Underground:

<http://www.wunderground.com/>

Historically, the average high temperature is now 70 degrees (the lowest average high [70] of the year, which is twenty degrees lower than the highest average high [90]). Our average low is now 51 degrees, which is the lowest average low [51], and twenty-five degrees lower than the highest average low [76]). The average high and low are now their lowest for the year (70 and 51 degrees, respectively), and they will remain here until the end of January, when both the average daily highs and lows begin their ascent, with average low beginning a bit earlier than the high.

Note: The National Oceanic and Atmospheric Administration (NOAA) has just issued a report indicating that 2014 was the hottest year on record (since records have been kept, 1880). Ocean and land temperatures were at their all time highs.

This is no great surprise to us. 2014 seemed hotter than usual to us, and the past few years, our highs and lows have typically run a bit higher than historic averages. Last year the trend continued, and so far this year, it is still continuing. Although humans may enjoy unseasonably warm weather, above normal temperatures stress the winter crops, which flourish in cool to cold temperatures.

Time to Start Spring Seedlings and A 3F Editorial on Seeds

It is time to start seeds for spring planting. Here at the farm, we'll be starting bell peppers, tomatoes, eggplant, and cucumbers. Not far behind will be Okra. We are loosely following the Bible for Florida Farmers, James M. Stephens, *Vegetable Gardening in Florida*, but also taking into consideration our local weather conditions, higher temperatures, and our experience with specific plant families and varieties within families.

We'll be using our own saved seeds for okra, arugula, and cilantro. Our other seeds will be ordered from Seed Savers Exchange <http://www.seedsavers.org/> or purchased locally from the Seed Savers kiosk at Market Off Main in New Port Richey <http://www.marketoffmain.com/>. Market Off Main has a very nice supply of spring seeds, including a good selection of tomato, pepper, okra, eggplant, and cucumber seeds. All are heirloom, organic seeds.

We recommend acquiring seeds from plants grown in your region, ideally from the growers who actually grew the plants and saved the seeds (like us!). Those seeds will be

acclimated to the local environment, which means their parent plants have been exposed to the weather and growing conditions of your area (heat, cold, rain, humidity, duration of night and light, and so on). Seeds from a vendor in some other state do not have parents that were exposed to our weather, soil, and seasonal cycles.

The forebears of local seeds have also most likely been exposed to predatory insects, and probably any number of diseases, pathogens, predatory microorganisms, even pecking birds and nibbling animals. Those local seeds are from plants that have survived, thrived, and flowered in the very conditions in which you will be planting them. In many cases the parents have survived challenges, such as those noted here, and they may pass along their survival features to their offspring – those locally sourced seeds. So, acquire your seeds from seed savers in your region whenever you can.

If local seeds are not available, we recommend seeds from organizations and companies that promote seed saving, distribute organic seeds (preferably heirloom seeds), and are dedicated to protection and enhancement of natural genetic diversity, preservation of heirloom seeds (with lineages of 50 years or more), and absolutely prohibit genetically modified seeds. Besides Seed Savers Exchange, which we recommend first, there are a number of other excellent seed suppliers who are responsible ecological and economic stewards. These include: Johnny's Selected Seeds, Wild Garden Seed, High Mowing, Peace Seedlings, Southern Exposure Seed Exchange, and Seeds of Change.

We'll be happy to supply you with seeds for your spring garden. Just let us know which varieties you would like, and we'll have them available for you at Market Off Main, here at the Farm, or by mail to your home -- \$3.00 a packet.

**Loquats
First Fruits
AND
The Florida Loquat Festival: Celebrating Florida's Urban Fruit
April 4, 2015
9:00 – 2:00
Market Off Main, New Port Richey**

We've started eating the loquats. Neighbor, Sarah, and garden volunteers enjoyed small clusters of the golden fruit last week – the first of the season. A few were still a bit tart, but most were just right – not too sweet not too tart.

If you have trees, check them now for your own first fruits.

One of the many benefits of the loquat is its long fruiting season, with fruit maturing over a four month period. We'll harvest our first fruits in January and keep harvesting through April. Our trees now feature fresh new flowers (covered with bees last week), tiny new fruitlings, and nearly ripe fruit with the distinctive yellowish-orange hue that is one of our first harbingers of spring.

As noted previously, the trees are now putting forth new growth. Look for radiant virescent leaves, soft and tender to the touch, with sharp tips pointing to the heavens.

April 4 is the date of the Loquat Festival. Mark your calendars, and join us for this one-of-a-kind event. In the meantime, please spread the word about Loquats and the event.

We are starting preliminary work on the festival, and are happy to share our initial plans and visions.

First: This is a "Loquat Exclusive" event, so everything being shared (for sale, contribution, or gift) will be a loquat or loquat-derived product. We will have seeds, seedlings, young plants, several large plants, fresh fruit, jellies, jams, and pies. No citrus here. We will also have lectures and educational events on planting, cultivating and harvesting; eating, preserving, and recipes; and the history and cultural context of loquats. This year, we will have loquat literary offerings (see below).

Second: If you have a loquat tree that volunteers can harvest for the festival, please let us know your location (and phone number); we'll make arrangements for the harvest in season.

Third: This year's festival program includes a session on loquat literature – "O! Loquat!" The program will present *short* literary offerings (poems, narratives, prose poems) about loquats or prominently featuring the fruit or tree. We'll use an open mic format on the day of the event. We're excited about this addition! Stay tuned, for more on this new addition to the festival. By the way, what rhymes with Loquat (besides Kumquat)?

Loquat Walking Tour
Sponsored by East Madison Grower's Club
New Port Richey
February 15, 11:00 AM

Supporting this year's festival is a neighborhood association in New Port Richey – the East Madison Growers (EMG). The association is comprised of residents of the East Madison neighborhood of New Port Richey who have committed to improving the natural and cultural ecology of the community. In support of the festival, on February 15, EMGC is sponsoring a loquat walking tour of the neighborhood. Participants will learn to identify loquat trees, note their location, and notify residents of the Loquat Festival. If you would like to participate in the walking tour, contact us at Friendship Farms and Fare: friendshipfarmsfare@gmail.com or Ecology Florida: admin@ecologyflorida.org.

Duncan Grapefruit: Still Available

We still have some Duncan (Old Florida, White) Grapefruit.

For a truly wonderful article on the Duncan, its Tampa Bay connection, and the history of the fruit, follow this link to Jeff Klinkenberg's 2005 article, "Seeded Bliss,"

http://www.sptimes.com/2005/01/29/Floridian/Seeded_bliss.shtml

Here is an excerpt: Of course, when that particular grapefruit came to Florida, in about 1840, it wasn't called a Duncan. It was just plain grapefruit, a novelty fruit that had been created a century before by somebody who bred a sweet orange with a strange, enormous, almost monstrous grapefruitlike fruit known as the pomelo.

The father of Florida grapefruit, Odet Philippe, got seeds from the new hybrid in the Caribbean, possibly Jamaica, and planted them in Safety Harbor, in what is known as Philippe Park today....

However, he did plant those grapefruit seeds, and later sold his crop to soldiers stationed at Tampa's Fort Brooke. As west Florida's population swelled, so did the citrus groves. A few miles west, in Dunedin, L.B. Skinner planted orange and grapefruit seeds furiously. In the 1880s, A.L. Duncan, a lawyer from Wisconsin, traveled to Dunedin to invest in the new citrus industry. He liked the business, stayed, and worked for Skinner.

Duncan, according to some histories, improved fruit production. Trees grown from seed often took a decade to produce. Duncan grafted branches from already mature grapefruit trees to mature sour orange trees. Within a few years, those trees were putting out delicious grapefruit, ready for shipping. Thus the Duncan was born.

Broccoli: First Heads

We are harvesting broccoli regularly. There was such demand last week, when it was first listed, that we harvested all mature heads. There might be a few more this week, but not many. Broccoli will be FCFS. We are a little concerned with the size of the heads and their early flowering. This is a result of the abnormally high temperatures we've had this winter. Include in your share request, and we'll fill if we can.

Weekly Weather Report

Milder Weather Continues with Weak Front and Rain early in the Week

Last Week (1/10-1/16): Our Weather Underground forecast was again pretty much on the mark. Temperatures will be above normal for most of the week. Thursday brought a cold front, with temperatures close to going down to normal for this time of year, and then below normal on Friday. We had a little rain, which was also expected.

The highest high for last week was 80 (1/11) and the lowest high was 60 (1/15). The highest low was 65 (1/12) and lowest low was 45 (1/10). Three of seven days were above normal for highs and six were above normal for lows. Our average high is around 70 and our average low is little above 50.

This Week (1/17-1/23): This week's forecast is for near normal temperatures, with highs a bit below normal, and lows above normal. Rain changes are low until late in the week when a front approaches.

Looking Ahead: We are in the driest and coldest time of the year. Historic norms indicate cool and dry conditions for the rest of January. As temperatures begin to rise in January, growers will desire to irrigate more often. The rainy season is still months away.

Average temperatures have reached their annual lows and will remain here for most of the rest of the month. We are in the middle of freeze season, and freezes are possible any week – usually with plenty of advance notice. Averages are not good guides, and we are currently running above historical averages, but with rather dramatic fluctuations. Readers will notice that spring flowers are appearing, well ahead of schedule. This means that the winter vegetables may also flower early and bolt – if the warm weather continues. Our first head of broccoli flowered before we could harvest it.

Garden Overview

Winter Harvests

(additional details and assessments follows)

If anyone would like to come by the farm, you can acquire an extra large share. All the winter greens are at peak (and might be for another week or so), and we'd love to share as much as possible. Please let us know if you'd like to stop by for an extra large share.

As noted above, we are getting ready for spring planting. We still have some winter seedlings available, and if you'd like to plant some late winter greens, we have a nice collection of collards, broccoli, and swiss chard. We'll share these for contributions to the farm. It is still not too late to plant, although we are getting close to the end of the planting season for winter vegetables.

Winter greens continue to flourish, and all beds are planted. We have good to large quantities of arugula, collards, kale, swiss chard, and romaine lettuce. Romaine may be a bit sharp. Eggplant is still hanging on, with some small fruit on the shrubs. Eggplant will be FCFS.

We harvested more broccoli last week, and we have no more mature heads at this time. We might by harvest time this week.

See the Share Report for all items.

We did only a little planting, mostly replacing weak or predated plants.

Tomatoes in the South Knoll are coming along nicely. We just have to avoid a freeze.

For all plantings, we use seeds from our collection or heirloom seeds from Seed Savers Exchange (<http://www.seedsavers.org/>).

Romaine

The second planting of romaine is ready to harvest, and should be good for another week. It is getting just a bit sharp. The third seeding is now up, and we'll want to get it in the beds as soon as possible. If you'd like extra romaine this week, just let us know.

Broccoli

Thanks to those who are following the broccoli saga. Here is the latest update:

We have **228** seedlings and young and mature plants in the gardens, which reflects no additional plantings this week. This may be the extent of our planting for this year.

We harvested three heads this week. Many more are coming in, but not yet full. This is very late for us, but it means we'll likely have heads into May or even June. The late fruiting was due to loss of our first plantings in late summer.

We were initially aiming plant 200 broccolis this year, but we've made it to 228 so far. Last year, we had 144.

- If you are starting a garden, please check with us first for seeds and seedlings. It is still not too late to start. We'll be planting seedlings through the month of January.

Our broccoli seeds are from the Calabrese family, and we've been harvesting these seeds since 2008. They are listed with Seed Savers Exchange. We offer them (and all our seeds) for sale at \$3.00 for a packet (with a minimum of 30 seeds).

All our seeds are from our own harvests of heirloom varieties that have become locally acclimated. They are heavy producers with extended seasons. They typically out perform any commercially produced and packaged seeds. Also, by acquiring seeds from us (or other responsible local growers), you are keeping resources in the community. All 3F income goes directly back into the farms. Friendship Farms & Fare operates as a not-for-profit business under the charter of Ecology Florida, a 501 C3 corporation.

Kale

Kale is thriving. We will have ample shares for all this week. Our weekly kale harvests are about twice the size as last year – e.g. last year we used one gallon packing bags and this year we are using two gallon bags, and packing them rather densely. We may yet have to go back to the gallon size shares, but for now it looks like everyone can get two-gallon bags.

Kale orders include leaves from all our varieties– Superior, Scarlet, Lacinato, Siberian, Red Russian, Halbhohrer Gruner Krauser, and Dwarf Blue. The strongest of the kales is the German

Kale (Halbhoher Gruner Krauser), followed by the Superior, and then Lacinato. We have an entire bed of the Halbhoher in the south garden.

Swiss Chard

Like the other winter greens, all varieties of swiss chard are thriving. We'll have enough for good-sized shares for all who desire. We planted more Gold Silverbeet this week, replacing American Spinach, which was not maturing well. Remember, when preparing swiss chard, remove the central stem, which is too bitter for most palates. The stem can be cooked, but should be prepared separately from the leaves. Here is a good site for information on this fine winter vegetable: <http://www.whfoods.com/genpage.php?tname=foodspice&dbid=16>

Arugula

Arugula is prolific. There is enough for large shares for all. We planted some seedlings last week and will plant more this week.

Collards

When we extended a welcome to stop by for extra large shares, we were thinking specifically of collards. This is their season. Our two varieties, Georgia Southern and Vates, are large, lush, and ready for harvest.

Cucumbers

We'll plant cucumbers this week.

Tomatoes

We are going with a good producer from previous seasons – the Wapsipinicon. This is a peach tomato, with ancestry going back to 1890. We planted four in the Oak Knoll this week to go with the four we planted in the South Knoll last week. Wapsipinicons are a bit larger than cherry tomatoes, and yellow to almost white. They have a wonderful flavor. We are going with the Wapsipinicons because they have proven to be the most resistant to blight and septoria. So far, those we planted are thriving. Now, if we can avoid a freeze!

Blackberries Ouachita Family

All blackberry vines are healthy, and most are producing new leaves. These are Ouachita Blackberries shared lovingly by Christine Grovenstein of Seeds of Love Organic Farm. We installed additional trellises this week.

Habanero Peppers

We lost one of our shrubs and another is struggling. The two older shrubs continue to thrive. four habanero shrubs, and always have dozens of fruit ready to harvest.

If anyone has a relationship with a restaurant whose chefs want to use a local organic searing-hot pepper, we'll be happy to supply for a reasonable contribution -- \$1.00 per pepper.

Eggplant

We are not listing eggplant, but we have one or two for those who might be interested – FCFS. We are respecting the will to live of the larger plants as long as they are expressing it. It looks like the stronger plants from summer are going to make it through the winter. We'll see, but we are entering the planting season for eggplant, and our old timers from last summer are still with us.

Purslane

Purslane is thriving. There is plenty available. Note: the little black specks are seeds – not dirt.

Viticulture (Grape) News

Vines are dormant.

Black Cat Growers Offers Jams To 3F Family

As reported last week, we are delighted to announce that Black Cat Growers has joined the 3F family. Black Cat is a small local grower, cottage food producer, and designer of edible landscapes. Some of you may remember the wonderful assistance of Black Cat Growers shared during our Loquat Festival last year.

Our work with Black may well evolve over time, and for now we are happy to list their line of outstanding local organic jams. Shares can acquire these for \$5.00, for a 1/2 pint container, which includes their CSA discount.

If you would like a sample of any of the jams, let us know in your share request this week. If you would like to order some for holiday gifts and parties, now is the time to order.

Hart's Family Hot Sauce Ready for the Willing

Ray (of Hart's Family Gardens) has brewed this season's first batch of habanero pepper sauce. We sampled it, and found it quite tasty, but HOT. Use in moderation. The sauce is made with various peppers (chiefly habaneros) organic vodka, and apple cider vinegar. That's it! It is all organic, with only local peppers. It may be too hot for some palate. All peppers are from Hart's Family Gardens or Friendship Farms & Fare.

If you would like to try a bottle, just let us know. A donation of \$5.00 will be received for a 5oz. bottle.

Eggs If Desired

We can include organic, free-range eggs in your share this week. These are from a new local contact, Juan's farm. These are the eggs the staff at Market Off Main use in their organic egg recipes.

Honey: Local honey is available. We have a fresh harvest available now. Our bee husbander, Robert, has been very successful with recent harvests. We support Robert's work, which is as much about sustaining and regenerating bee populations as it is about honey distribution. Robert's bees live in West Pasco County, near New Port Richey, they pollinate wild flowers, domestic fruit trees, and vegetables. Honey is available in 8 oz. bottles for \$7.00 a bottle, \$5.50 for CSA Shares.

Herbs: Tarragon is thriving, along with rosemary. Basils will continue in recess. Consult the share list for other herbs, and other available items.

Tampa deliveries will be Thursday this week. West Pasco transmissions at the farm will be determined on the basis of share request and distance, with Wednesday being the best day.

Shareholders can call your farmer directly. If you are not a shareholder, and would like to schedule a visit to the gardens or to acquire seeds, seedlings, plants, or produce, please use the address on the website to contact us. <http://www.ffffsite.org/#!contact/cl4l>

For this week, here is what we have (FCFS, as always):

THE SHARE

January 12, 2015 (15)
*** larger quantity available if desired**
FCFS = limited supplies, early submissions given preference
Tampa Transmissions Thursday

Vegetables

Arugula*

Collards*

Broccoli – 1st heads (2 or 3 this week) (FCFS)

~~Hibiscus Leaves, Cranberry—small quantities (samples)~~

<http://www.livestrong.com/article/346372-nutrition-information-on-cranberry-hibiscus/>

Kale*

Lettuce – Romaine*

Peppers – Habanero* – very hot

"Spinach" – Okinawa

<http://edibleplantproject.org/okinawaspinach/>

Swiss Chard

Fruit -

Grapefruit – Duncan (Old Florida White)*

Kumquat – Nagami * (tart) (abundant)

Nuts – pecans (TBA)

Herbs (* larger quantity available if desired)

Basils in recess

~~Basil—Lemon~~

~~Basil—Cinnamon~~

~~Basil—Italian~~

~~Basil—Globe~~

~~Basil—medley (mix of all basil)~~

Chives

Cilantro *

Oregano

Parsley

Purslane

Rosemary*

Tarragon*

Thyme

Cottage Foods & Samples

Honey: Local West Pasco honey from Daddy's Bees is available in 8 oz. bottles for \$7.00 (\$5.50 for shares).

Hot Sauce: Hart's Habanero Hot Sauce, made from our 3F Habanero peppers, 5oz. bottle \$6.50 (\$5.00 shares), - Very Hot

Jams, Jellies, Preserves: Black Cat Growers featured jams and fruit spread. All organic, with most fruits locally sourced. Half Pints for \$6.50 (\$5.00 shares). Samples upon request. Available jams:

Peach

Cherry

Strawberry

Orange Marmalade (bitter orange)

COMPANION FAUNA

Hibernal Report

Many of our animal companions are now hibernating or drastically reducing their activities

Bat update: No bats at the lodge this week. None overhead at twilight.

Bald Eagle: Not this week.

Robins: Several flocks in New Port Richey. One large flock tarried at the Market Off Main, next to the river for most of Tuesday afternoon (1/10). The following day (1/11) a small flock foraged near the farm.

Honey Bees: A few bees at the ever-prolific Loquat trees.

"If the bee disappeared off the surface of the globe, then man would have only four years of life left. No more bees, no more pollination, no more plants, no more animals, no more man."
– attributed to Albert Einstein.

Please do not purchase or use insecticides with neonicotinoids. Here are three reliable sources on the neonicotinoids, and the commercial "home and garden" insecticides that contain them.

<http://www.xerces.org/neonicotinoids-and-bees/>

http://www.xerces.org/wp-content/uploads/2012/03/NeonicsSummary_XercesSociety.pdf

http://www.xerces.org/wp-content/uploads/2012/03/Are-Neonicotinoids-Killing-Bees_Xerces-Society1.pdf

Hawk (either Red-Tailed or Cooper's Hawk): Not observed

Raccoon: No raccoons.

Southern Toad: None

Greenhouse Frog: None.

Leopard Frogs: None observed.

Florida Black Snake: None observed

Florida Ringneck Snake: None. Here is a site on the Southern Ringneck Snake from the Florida Museum of Natural History and the University of Florida:

<https://www.flmnh.ufl.edu/herpetology/fl-guide/Diadophisppunctatus.htm>

Earth Worms: None this week.

Sphinx Moth: No sphinx this week. Here is Youtube video of a Sphinx Moth feeding at 4 o'clocks, very much like the moth at the 3F farm. <https://www.youtube.com/watch?v=eaTfKLO96gE>

Pygmy Rattlesnake: No pygmy rattler this week. Here is a good site on the pygmy rattlesnake from the University of Florida: <http://ufwildlife.ifas.ufl.edu/pdfs/Pygmy%20Rattlesnake%20Info%20Sheet.pdf>

Grapeleaf Skeletonizer: No GS caterpillars observed on leaves of one vine. Here is a link to a site with information on the Skeletonizers:

http://entnemdept.ufl.edu/creatures/fruit/grapeleaf_skeletonizer.htm

Swifts: None observed, and the lodge is quiet.

Tree Frogs: One observed, in the cistern on south side of domicile.

Nocturnal Garden Spider – Evident but not numerous throughout gardens.

Sweet bees: None.

"Asian Tramp Snail." None. The snails are uncommon now, but a few do turn up.

Mediterranean Gecko: None this week. Here is a good site for the Mediterranean Gecko, and Florida fauna in general:

<http://myfwc.com/wildlifehabitats/nonnatives/reptiles/mediterranean-gecko/>

Marine Toad (aka: Brazilian Cane Toad, *Rhinella marina*, Giant Toad): None this week.

Marine Toads are destructive of ecosystems and poisonous to mammals. They are omnivorous, aggressive, and drive out native and assimilated frogs and toads. A survey of several professional sites found none that recommended killing the frogs, although this has been advocated by several folks in the area.

Here is the Extension Office's website on the Marine Toad (which includes an audio of its call):

http://www.wec.ufl.edu/extension/wildlife_info/frogstoats/rhinella_marina.php

Here is a very detailed, professional study of the Marine Toad, also from the Extension Office. This site has instructions for humane euthanizing of the creatures:

http://www.egovlink.com/public_documents300/winterhaven/published_documents/Winter%20Haven/Lakes/Backyard%20Wildlife/Animal%20Information/Frogs%20and%20Toads/Marine%20Toads%20UWO4600.pdf

Woodlouse – None. These are warm weather creatures.

Opossum: None observed.

Tomato Pinworm: None observed. The season for these eggplant-loving moth larvae may have passed.

For information on pinworms, see this University of Florida site:

http://entnemdept.ufl.edu/creatures/veg/tomato/tomato_pinworm.htm

Cats: Neighborhood cat, Frankie, appears regularly. No other cats in the gardens.

3F Stories, Events, and Policy Updates

Seed Savers Exchange to list 3F Loquat Seeds Exciting News About Young Trees

On December 6, Seed Savers Exchange listed 3F loquat seeds on the *Yearbook* website. They will be included in the hard copy of the 2015 *Yearbook*, due out early in the new year. These are the only loquat seeds listed in the SSE *Yearbook*, and this is the first time loquat seeds have been listed in the SSE *Yearbook*.

Watch for additional coverage in the *Loquat News*. If you would like to be added to the mailing list for Loquat News, please send us your email address, and you'll be included in all future mailings. You can reach us at <http://www.fff-site.org/#!contact/cl41> Here is a link to the November issue: <http://www.ecologyflorida.org/2014/11/florida-loquat-festival-news-3/>

Remember, 3F and Ecology Florida host the annual Florida Loquat Festival. Join us April 4, 2015 for the next celebration of Florida's Urban Fruit.

We are also excited to report that the young trees that flowered for the first time this year (at 2½ years of age), now have fruit on them. The parent tree has a lot of "fruitlings," and the youngsters now have their own offspring. By their third birthday (this spring), we'll be looking for the first harvest from the young trees. Remember, literature reports loquats grown from seed do not produce fruit for 8-10 years (as reported by Perdue University, among others).

This past week, there were considerably fewer bees at the loquat trees. This may well be because of the cold.

Programs and Plans **Our 5th Year**

Thanks to everyone who has renewed. Your support is empowering and encouraging. If you have any questions, send us a message, and we'll answer or clarify.

We have reached our goal of 12 shares, and thanks to all for sharing in our growing success and learning adventure.

We often receive questions about the Friendship Farms & Fare project. We are happy to send an information brochure with details on our mission and our various programs. Here is a brief sketch of our programs:

We offer heirloom organic **seeds**, including seeds from plants acclimated to local climate and soils. We have a good stock of several types of okra (including the much desired Red Burgundy), robust arugula, and our famous Calabrese Broccoli. Friendship Farms & Fare is a licensed seed dealer in the State of Florida, and a member of Seed Savers Exchange (with several listings in the SSE Yearbook). Later this year, in cooperation with local markets, we will begin offering an extensive line of Seed Savers organic seeds.

Organic **seedlings** are available throughout each growing season. We use our own seeds from previous years whenever possible, and otherwise, we use only organic seeds and heirloom varieties when available. We never use seeds from for-profit seed sellers, and we do not offer seedlings grown from such seeds. Friendship Farms & Fare is a licensed nursery in the State of Florida.

A developing area of our mission, is our **fruit tree project**. At present, we offer loquat and avocado trees, with a few native flowering shrubs. We are a state-registered nursery, and among a small number of nurseries in the region offering loquat trees. We also are pleased to host (along with Ecology Florida) the **Florida Loquat Festival**, held each spring in New Port Richey.

Our original project, and still our central focus is a **Community Supported Agriculture** program. This is a small ("boutique") CSA, featuring organic produce from our gardens and local cottage industry foods. We are 100% organic and have a no-kill policy. Our program is recommended for single persons, couples, or (at most) three-person families.

When quantities are sufficient, we offer produce to the general public through **local markets**, such as Tasty Tuesdays and Market Off Main in New Port Richey. Folks can also make requests through our website. Non-members can request any and all items on the share list for \$20.

Our newest project is a **community garden**, dedicating a portion of the 3F farm for use by others in the community. The community garden is located in New Port Richey, and operates through the

City's urban agriculture ordinance. The 3F community garden follows the standard policies of Friendship Farms & Fare. We are 100% organic, non-GMO, and have a no-kill policy. With the exception of the predatory Marine Toad, no animals are harmed on our farm. We follow permaculture principles, and working with and within our natural systems.

If you would like to know more about any of these programs or would like to volunteer to share in our mission, just let us know. Folks interested in the Friendship Farms & Fare project can contact us through our website. <http://www.ffffsite.org/> See the "Let's Talk" section for an email connection.

Contributions to Friendship Farms & Fare are now tax-deductable. If you would like to offer financial support, your contributions will be a wonderful enhancement to our project – and they will be tax deductible.

Planting & Harvest Notes **Winter Seeding and Garden Starts This Week**

Seedings: no new seedings

Garden Starts: none

Harvest Notes: herbs, arugula, eggplant, collards, kale, swiss chard, loquats, kumquats, broccoli

Vermipost: no harvest

Bat Guano: no harvest (no bats)

3F, Ecology Florida, and Market Off Main Offer Seed Savers Exchange Seeds in New Port Richey

Good gardens require good seeds, and Tampa Bay now has access to the highest quality seeds. These are Seed Savers Exchange heirloom, organic seeds. Your CSA has joined other groups committed to sustainability in sponsoring a Seed Savers Exchange seed kiosk in New Port Richey.

Through a cooperative arrangement with Friendship Farms & Fare and Ecology Florida, the Market Off Main, in New Port Richey, now offers a wide range of organic, heirloom, non-GMO seeds exclusively from Seed Savers Exchange.

This is a trend-setting achievement for the Market Off Main, and another verification of New Port Richey's leadership in ecological stewardship, sustainability, and resiliency. Market Off Main in New Port Richey will be the only location on the West Coast of Florida offering these high quality packaged seeds.

Ecology Florida News carried a feature article on the kiosk by your 3F Farmer, which you can read at this link:

<http://www.ecologyflorida.org/2014/12/on-the-lighter-side-the-story-of-the-seed-kiosk-in-new-port-richey/>

Ecology Florida advances the harmonious integration of healthy natural, cultural, and economic ecologies to regenerate a sustainable world

<http://www.ecologyflorida.org/>

The Market Off Main is a meeting place, a community hub, and an entertainment center. It features local produce, a delicatessen, and a cafe.

<http://www.marketoffmain.com/>

Seed Savers Exchange is a non-profit organization dedicated to saving and sharing heirloom seeds. Since 1975, our members have been passing on our garden heritage by collecting and distributing thousands of samples of rare garden seeds to other gardeners.

<http://www.seedsavers.org/>

Next Workday: TBA

If you would like to join us for a winter workday, we'll have a lot to do. Please send your best Saturday(s) in February.

Nursery Certification and Registration

Friendship Farms & Fare

48015239

Friendship Farms & Fare is a registered nursery in the state of Florida. Our registration number is 48015239.

In accord with state regulations, our nursery was inspected in April. Mr. Daniel Merced from the Florida Department of Agriculture, Bureau of Plant & Apiary Inspection conducted the review.

Mr. Merced gave the nursery a very positive evaluation, and recommended the 3F Nursery for certification and registration. We have now received the official documentation. While with us, Mr. Merced also inspected our groves, and offered extremely helpful insights into citrus growing, and the conditions of our trees. Interestingly, Merced discovered Asian Citrus Psyllids on every citrus tree in our grove – that's the transporter of Citrus Greening. More interesting, perhaps, he detected no Greening in any of the young trees planted in the New South Grove in January, 2013. Your Farmer (now technically and officially a "Nurseryman") learned a great deal about identifying specific challenges citrus trees may face and treatments for these challenges.

Our successful pursuit of certification and registration is another step in the development of the Friendship Farms and Fare sustainable urban agriculture project. As most of you know, we are already a registered seed seller. The nursery certification is an important expression of our farm's mission and our commitment to responsible community development.

If you would like to support the work of Friendship Farms and Fare and help us cover expenses related to the project, please feel free to share a contribution. Friendship Farms and Fare operates under the umbrella of Ecology Florida, a not for profit corporation, so your contributions are tax deductible.

2014-2015 Renewal

Seed Dealer License & Registration

Friendship Farms & Fare

S009451

3 F is a licensed Seed Dealer. We just renewed our license with the Florida Department of Agriculture and Consumer Services, which issues these licenses that are required to sell seeds to the public. Through our friendship with Ecology Florida, we applied for the license as a subsidiary of Ecology Florida – a federally sanctioned Not For Profit organization. Want to buy some seeds? To explore the Ecology Florida project, see: <http://www.ecologyflorida.org/>

The Florida Loquat Festival: Celebrating Florida's Urban Fruit
Date Set for 2015 Festival
April 4, 2015
Market Off Main
New Port Richey

April 4 is the date of the Loquat Festival. Mark your calendars, and join us for this one-of-a-kind event. In the meantime, please spread the word about Loquats and the event.

We are starting preliminary work on the festival, and are happy to share our initial plans and visions.

First: This is a "Loquat Exclusive" event, so everything being shared (for sale, contribution, or gift) will be a loquat or loquat-derived product. We will have seeds, seedlings, young plants, several large plants, fresh fruit, jellies, jams, and pies. No citrus here. We will also have lectures and educational events on planting, cultivating and harvesting; eating, preserving, and recipes; and the history and cultural context of loquats. This year, we will have loquat literary offerings (see below).

Second: If you have a loquat tree that volunteers can harvest for the festival, please let us know your location (and phone number); we'll make arrangements for the harvest in season.

Third: This year's festival program includes a session on loquat literature – "O! Loquat!" The program will present *short* literary offerings (poems, narratives, prose poems) about loquats or in which loquats are prominently featured. We'll use an open mic format on the day of the event. We're excited about this! Stay tuned, for more on this new addition to the festival. By the way, what rhymes with Loquat (besides Kumquat)?

Community Garden Project at New South Garden

We are ready to receive applications for our community garden project. Folks interested in acquiring a plot can contact us through the 3F site.

Shareholders interested in acquiring a plot may participate for reduced rates.

We have installed sample community garden beds. Each is (108 sq feet) 12 x 9 or 18 x 6.

Farm Tours (Local Urban Gardens)

If you would like to schedule a tour local urban gardens in New Port Richey, please let us know, and we can make arrangements. Our tours are experiential, informational, educational, and fun. Donations are greatly appreciated.

Typically, and depending on the season, participants visit several urban farms, learn about organic farming in an urban environment using permaculture philosophies and practices, observe and learn about urban wildlife and helpful plants, enjoy samples of live produce, and share in the preparation of the vegan cuisine. Tours are structured on the basis of participants' interests and background.

Please note that an appropriate contribution for the tours and learning sessions will be suggested when tours are scheduled.

There are four categories of tours:

- * Urban Farming, Gardening and Soil development
- * Urban wildlife and helpful plants (note if you desire a bat observation, which requires special scheduling)
- * General (including two or more categories)

Please note that an appropriate contribution for the tours and learning sessions will be suggested when tours are scheduled.

3F: A Florida Friendly Farm

The 3 F gardens are certified as a "Florida Friendly" environment – a certification we have held for over a decade.

Florida Friendly recognition is given to environments (typically residential yards) that support and enhance natural ecosystems. Certification is given in three categories (bronze, silver, and gold) based on a point system rating various features of the property and practices followed by the property owner. We received a high score but only a silver rating because of some changes in the program of which we were unaware.

Attention is given to features such as water-retention, native and drought tolerant plants, diversity in plant species, responsible irrigation systems, and amenities for native pollinators. Positive practices include minimal use of fertilizers (with organic preferred) and little or no use of poisons, groundcovers rather than turf, composting, and rainwater collection systems.

We encourage all our members and friends to pursue Florida Friendly designation for their properties. It is a wonderful way to learn more about Florida's natural ecology and what you can do to create a healthy environment right where you live. It is also a great way to go green.

Folks who wonder what they can do be more environmentally responsible are encouraged to review the Florida Friendly checklist. If you can change even one thing about your yard or your landscape practices to bring it into agreement with the guidelines, you will have made a difference. Even if you do not apply for the designation, reviewing the criteria will be an enriching educational experience. Putting the guidelines into practice will make a definite difference. Here is the website for the program:

Other News and Reports

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COMMERICAL PRODUCE REPORT

Our Commercial Produce News Report is currently in repose.
We will resume when time and talent allow.
If anyone would like to volunteer to collect market prices, please let us know.

OTHER PRODUCTS FOR THE CSA FAMILY

3F Produce for non-shareholders: Non-Members may order shares for \$20 per week, or \$50 per month. For this amount, contributors may request any and all items they desire from the

weekly Share. Although we will assist with transmissions, it is the responsibility of the contributor to make arrangements for pick up of the share.

As always, non-CSA Members may request single items from the share list for \$5 per item. A full share for one week (any/all items) is \$20, and \$50 for one month. Annual shares are recommended, at \$300 per year. Five-month shares are \$200.

Just reply using the website contact link if you desire anything on the list. We suggest non-shareholders start an account to cover costs of items.

EGGS. Prices are \$6.50 a dozen (\$5.00 for shares), and \$4.00 a half-dozen (\$3.00 for shares). These prices are a bit higher than prices for organic eggs at commercial grocers. Acquiring eggs from a local farm (Suncoast Acres Poultry Farm) keeps resources in our community, supports local farming, and directly benefits a local farm family.

As required by our policies, our supplier is local, follows organic principles, practices compassionate husbandry, and allows chickens free range. If you would like to be included on the egg list, please start an account (\$20 suggested), and make requests accordingly. Eggs are from humanely treated chickens, and fed non-GMO feed.

Honey: Local West Pasco honey is available in 8 oz. bottles for \$7.00 (\$5.50 for shares).

Seeds: If you would like organic vegetable seeds for your garden, we will order them for you. Seed packs are \$4.00 each, 2 for \$7.00, and 5 for \$14.00. Just tell us what you'd like. Be sure to send your mailing address. No charge for shipping.

Seedlings: We are also happy to start plants for you. Just give us the word on the plants you want us to start, and we'll do the rest. Starter plants in cells are \$1.50 per plant (\$1, for shares), \$5.00 (\$4) for four, \$8.00 (\$7.00) for nine. When available, small plants are \$3.00 (\$2.40) each, and medium plants are \$5.00 (\$4).

Let us know if you want to acquire seeds or starts for the Fall.

Trees: Young Loquat trees are available in small (half-gallon) and medium (gallon) pots - \$10.00 (\$8.00 for shareholders). \$20 (\$18) for two-gallon pots. Larger trees in five-gallon pots are \$50 to \$70, depending on the size of the tree.

Vermipost and Worms: For folks interested in organic gardening, we have the best all-natural soil amenities you can find: Vermipost and Worms! Vermipost is compost that has been broken down and enriched by Red Worms. We also have the worms themselves. **Vermipost** is available in 32 oz containers for \$2.50 each (\$2.00 for shareholders), with discounts for orders of five or more. Vermipost containers will most likely have some worms in the mix. We recommend mixing the vermicompost 1 to 1 with regular soil, and 1 to 3 or 4 with organic soil. Remember, if you use synthetic chemicals (such as fertilizers or pesticides), the vermicompost will be compromised. Pesticides will kill the worms and synthetic fertilizers will kill the worms or drive them away.

Worms are available in 32 oz containers for \$7.50 (\$6 for shareholders). We cannot specify the exact number of worms in a container, but there should be 30-50. By the way, if you are developing an organic garden, always look for the OMRI seal of approval on fertilizers, soils, and insect deterrents.

Seeds: Shareholders are entitled to samples of seeds from our seed bank – three types of okra and our famous Calabrese broccoli. Our seeds are organic and derived from heirloom stock. They are listed with Seed Savers Exchange, and also available at the New Port Richey Library Seed Exchange. Let us know if you are interested – additional packages of seeds for \$4.00 (\$3.00) a packet (of 30). We cannot guarantee germination, but in our tests germination rates are close to 100%.

Heirloom, organic seeds from Seed Savers Exchange are \$4.00 each (\$3.00 for shares).

Florida Central West Coast acclimated Okra Seeds offered by 3F are: Silver Queen, Star of David, Red Burgundy, and Hill Country Red.

Local Markets and Growers' Sites Open to the Public Endorsed by Friendship Farms & Fare

Market Off Main: We encourage members of the TBN G&G CSA to patronize the Market Off Main in New Port Richey, and other local produce markets. They often have organics, usually have local produce, are locally owned, and are now a distributor of Cow Pots. Here is their website:
<http://www.marketoffmain.com/>

Tasty Tuesdays: Visit the New Port Richey Library Tuesday (10:00 AM – 12:00 noon) for a good selection of locally grown organic vegetables. [New Port Richey Public Library, 5939 Main St, New Port Richey, FL](#)

Freedom House Farms: Open to visitors on Saturday afternoons. Featuring freshly harvested produce available for purchase. 5642 Virginia Ave., New Port Richey

First Farm: Receptive to visitors on Sunday afternoons. Featuring seeds, seedlings, Loquat trees, and select produce in season. Call for appointment afternoons or evenings: (727) 849-1626. New Port Richey.

To Return to our website, go to: < <http://www.ffffsite.org> >

Friendship Farms & Fare

An Urban Farm Community, CSA, Seed Saver, Community Garden, and purveyor of seeds, seedlings, fruit trees, and organic cottage-industry foods.

Friendship Farms & Fare Community

Cadle's Cove Farm

Black Cat Growers

Freedom House Farm

Friendship Farms & Fare: First Farm

Hart's Family Farm

Seeds of Love Organic Farm

Tarry Lane Tasting Station

January 19, 2015 – 16th report for the 2014-2015 Garden Year

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Contributions to Friendship Farms & Fare and Ecology Florida are tax deductible.

If you would like to support our work, please consider sharing a donation.

PO Box 596 • New Port Richey, Florida 34656-0596

Friendship Farms & Fare affirms and advances agrarian ideals to reestablish a sustainable culture



Ecology Florida advances the harmonious integration of healthy natural, cultural, and economic ecologies to regenerate a sustainable world

PO Box 596 • New Port Richey, Florida 34656-0596

www.EcologyFlorida.org