



MCA SWIM CLUB INC.



MCA / Genesis Aquatics

A Grade Long Course Meet 2016

Sunday 11 September 2016

This Meet is sanctioned by Swimming Queensland and times will be recognised as official qualifying times for the Brisbane & Queensland Short Course Championships

Venue	Marist College Ashgrove, Glenlyon Drive Ashgrove.
Session Times	Pool Opens 7.15am, Warm up 7:30am-8:15am Session One: Competition 8:30 am Session Two: Session 2 will commence after the completion of session 1. There will be a 45 minute warm up before the commencement of session 2.
Meet	The meet is open to SQ registered swimmers, members of Clubs affiliated with other State Associations and international swimmers who meet clearance criteria All Swimming Queensland General Rules, Championship By-Laws, FINA & SAL swim rules apply.
Age	Competitors age as of 11 th September 2016.
Events	Events will be swum as multi-aged events, not in age-groups. Competitors will be seeded by time rather than age-group. All events will be swum as Timed Finals. MINIMUM AGE FOR OPEN EVENTS IS 11 YEARS. AOE or SAT timing will be used. The club reserves the right to cancel, combine or alter any events. All events are open to multi-class swimmers. Clubs will be expected to provide timekeepers for the meet.
Nomination Fees	TM Nominations - \$6.00 per event Paper Nominations - \$7.00 per event Non electronic nominations should be submitted on SQ Club entry form. All nominations must be lodged by the Race Secretary.
Entries Close	COB Sunday 28th August 2016 Team Manager entries must be emailed to racese secretary@genesis.qld.edu.au along with entry report and entry fee report. Hard copies of these reports to accompany full cheque payment to: Genesis Aquatic Centre, PO Box 5206, Brendale, Qld, 4500. Cheques are to made payable to: Genesis Aquatics
Pool Entry Fee	Spectators/Parents - \$3.00 Competitors, Coaches & children Free. Programs - Cost- \$5.00. All Club coaches who are members of ASCTA will receive a Free Program.
Awards	Medals will be awarded to the three fastest swimmers in the age groups as follows: - 50m events: 8, 9, 10, 11, 12yrs & over. - 100m events : 10, 11, 12, 13, 14, 15yrs & over - 200m IM events: 10, 11, 12, 13, 14, 15yrs & over - Open events: 1 st , 2 nd , & 3 rd overall



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*MCA/Genesis Aquatics looks forward to seeing all of you at our Long Course carnival
If there are any queries please direct them to Susan Weldon at racesecretary@genesis.qld.edu.au*

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Entries Close: Sunday 28th August 2016

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Session One 8.30 am				
Boys Event #		Event Description		Girls Event #
1		Open 800m Freestyle		2
3		Open 400m IM		4
5		Open 400 Freestyle		6

Session Two				
Start time for session 2 will be posted on the website www.genesisaquatics.org.au in the week leading up to the meet				
Boys Event #		Event Description		Girls Event #
7		10 years & over 200 IM		8
9		8 years & over 50 Freestyle		10
11		10 years & over 100 Breaststroke		12
13		11 years & over 200 Freestyle		14
15		8 years & over 50 Butterfly		16
17		10 years & over 100 Backstroke		18
19		Open 200 Butterfly		20
21		8 years & over 50 Breaststroke		22
23		Open 200 Backstroke		24
25		10 years & over 100 Butterfly		26
27		8 years & over 50 Backstroke		28
29		10 years & over 100 Freestyle		30
31		Open 200 Breaststroke		32