



for over **60** years
assisting **7000+**
individuals & families

We create an environment where everyone can thrive.

Working with Adolescent Survivors of Violence:

*What you need to know if you are working with youth,
parents, or caregivers*

Clinicians:

Erin Bruchet, M.Ed., R.C.C.
Karen White, M.Ed., R.C.C.
Julia Staub-French, M.A., R.C.C.

Youth:

Sophia Fisher
Sasha Soden

In this session, we will share:

- Three-part frame on therapeutic work with youth...taking a closer look at practical and common issues of working with youth through a trauma lens
- Voices of informed, experienced youth:
Sasha and Sophia
- Our youth outreach work at FSNS – youthLAB video

Working with Youth – Thoughts from Clinicians

- Establishing Safety, Trust and a Solid Relationship
(the beginning of counselling)
- Deepening of the Work – Healing from Trauma
(the middle of counselling)
- How to say goodbye – graduation
(end of counselling)

Working with Youth - Thoughts from Youth

Sasha and Sophia



Questions?

Closing:

Turn to person next to you and ask:

“What is one important learning you will take away with you from today's workshop?”



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Thank you!