

AUTUMN SALAD

(from [Prevention](#), October 2010)

(serves 4)

Ingredients

4 tsp olive oil	3 medium sweet-tart apples (Braeburn or Empire), quartered and thinly sliced
1 Tbsp white wine vinegar	
2 tsp honey	1 ½ cups thinly sliced red cabbage
¼ tsp salt	⅓ cup crumbled mild blue cheese
⅛ tsp pepper	¼ cup thinly sliced red onion
	¼ cup coarsely chopped toasted walnuts

Instructions

1. Whisk oil, vinegar, honey, salt and pepper in large bowl.
2. Add remaining ingredients, tossing to combine.