Australian Kendo Renmei – laido Board

WRITTEN EXAMINATION - IAIDO SHINSA QUESTIONS

Applicant's	Name	(print	legibly):
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Regional Federation: Dojo: Birthday: Age:

Each applicant testing for Shodan and above is required to answer two of the test questions given for the rank they are testing for. Please answer them by typing/writing (clearly/legibly) in English. You may use the backside of this paper or a separate sheet. If using a separate sheet please insure the information above is on your answer sheet.

Shodan candidates:

- 1: Name, and briefly describe, the five basic on-guard postures (kamae) used in swordsmanship.
- 2: What is the purpose of chiburi?
- 3: List the names of all 12 All Japan Kendo Federation laido katas.
- 4: Explain what is meant by the term *saya-biki*. Describe its use in one All Japan Kendo Federation laido kata.

Nidan candidates:

- 1: Draw a simple diagram of a katana, label as many parts as you can.
- 2: *Tsuki* (thrusts) occur in five of the All Japan Kendo Federation laido kata. Name these kata, and identify their target areas.
- 3: Discuss the concept of zanshin. Describe its use in at least one All Japan Kendo Federation kata.
- 4: Explain the proper way of gripping the katana when cutting.

Sandan candidates:

- 1: What is kirioroshi? Describe its use in one All Japan Kendo Federation laido kata.
- 2: Describe how to clean a sword (shinken and/or iaito).
- 3: How should the left hand function while drawing the sword?
- 4: Describe the action of *furikaburi* in All Japan Kendo Federation kata *Ipponme (Mae)*.

Yondan candidates:

- 1: Write what you know about *kokyu* (breath control) in laido.
- 2: What is meant by *jo-ha-kyu*? Describe its application in one All Japan Kendo Federation laido kata.
- 3: Is it important, or is it not important to participate in laido Competitions? Explain your rationale.
- 4: Discuss reiho: What does the word mean, why is it important in the dojo?

Godan candidates:

- 1: Discuss reiho: What does the word mean, why is it important in the dojo?
- 2: Discuss metsuke.
- 3: Name the 2 sitting postures used in laido. Describe how to sit in each, and how to get up.
- 4. What is important when teaching laido to beginners?