# JANUARY 2016 IJSC - JODO GRADING QUESTIONS

Please answer ALL questions for the grade for which you are challenging. You may use illustrations or draw pictures to demonstrate your point but please try and restrict your overall response to no more than two sides of A4 paper.

These questions should be answerable by studying the Seitei Jodo manual, asking your Sensei or other senior teachers and referring to external sources such as books and the internet. A basic reference bibliography is at the foot of this page.

Your answers for must be submitted on the morning of the grading at the time you collect your grading number.

### SHODAN and NIDAN

- 1. What are the two kiai used by shijo and when are they used?
- 2. Explain how chudan no kamae is assumed from keito shisei.
- 3. Describe two safety checks for your own person before starting Jodo training.
- 4. Explain what is meant by "ki-jo-tai-ichi".
- 5. What is meant by the word "kamae"?

#### **SANDAN**

- 1. Name four of the kamae taken by the uchidachi in seitei jodo.
- 2. Describe the body and jo movement for gyakute tsuki.
- 3. Explain how uchidachi should respond to the first strike in tachi otoshi giving details of foot placement, sword position and timing.
- 4. What is the name of the koryu school of jojutsu from which seitei jodo originates?
- 5. When was seitei jodo created and by whom?

## YONDAN

- 1. As uchidachi, you recover from tai atari differently in kasumi than in midare dome. Explain how and offer possible explanations why.
- 2. Explain your understanding of "kuzushi" and how shijo applies this principle in midare dome.
- 3. How has your understanding of the role uchidachi plays in kata changed since you passed shodan and how has this made you a better opponent for shijo?

### **Sources of Information**

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2006
- "Shinto Muso Ryu Jodo Kyohan"; Shimizu Takaji, 1976
- "Classical Bujutsu The Martial Arts and Ways of Japan: Volume 1"; Donn F. Draeger, 1976
- "Comprehensive Asian Fighting Arts"; Donn F. Draeger, Robert W. Smith
- "Sword & Spirit Classical Warrior Traditions of Japan Volume 2"; Diane Skoss