

Desserts

Selections may vary on a daily basis.

Cookies	\$0.95/Each
Sugar Cookie Cut-Outs	<u>Sm:</u> \$0.95 - <u>Lg:</u> \$1.75
Dessert Bars	\$1.25/Each
Tarts	\$4.25/Each
Regular Cupcakes	\$1.95/Each
Specialty Cupcakes	\$2.50/Each
Éclairs	\$3.50/Each
Napoleans	\$3.50/Each
Crème Brulee	\$3.25/Each
Bread Pudding	\$3.25/Each
Chocolate Mousse Cup	\$4.25/Each
Cinnamon Crisp	\$1.25/Each
Cheesecake	\$3.95/Slice
Chocolate Covered Strawberries	\$1.50/Each
Fruit Parfaits	\$3.95/Each

Breakfast Pastries

Selections may vary on a daily basis.

Sweet Breads	\$1.75
Pecan Rolls	\$1.95
Danishes	\$1.95
Cinnamon Rolls	\$1.95
Croissants	\$1.50
Chocolate Croissants	\$1.95

Breakfast Sides

Oatmeal	\$3.50
Breakfast Potatoes	\$2.50
Side of Bacon, Sausage, OR Ham	\$3.25
Toast OR Tortillas	\$1.50

Breakfast Favorites

Breakfast menu available daily until 11:00a.

Breakfast Burritos	\$5.25
Choice of bacon, ham OR sausage with scrambled eggs, potatoes and cheddar cheese. Mushrooms, bell peppers & onions are available upon request.	
Fried Egg Sandwich	\$5.50
Fried egg topped with cheddar cheese on choice of bread. Served with lettuce & tomato on the side.	
Egg Breakfast	\$4.95
2 Eggs, breakfast potatoes and tortillas OR toast.	
Deluxe Breakfast	\$6.95
Choice of bacon, ham OR sausage, 2 eggs, breakfast potatoes and tortillas OR toast.	
Huevos Rancheros	\$8.75
Served with potatoes and tortillas OR toast.	

Pancakes

Breakfast menu available daily until 11:00a.

Short Stack Pancakes (x2)	\$3.25
Served with butter & syrup.	
Buttermilk Pancakes (x3)	\$4.00
Served with butter & syrup.	
Deluxe Pancakes (x3)	\$4.75
Choice of chocolate chip OR blueberry pancakes.	
Pancake Breakfast	\$7.25
Two buttermilk pancakes, 2 eggs and choice of ham, bacon OR sausage.	



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Omelettes

Includes breakfast potatoes **OR** fruit and toast.

Breakfast menu available daily until 11:00a.

Cheese Omelette	\$5.50
Choice of swiss, cheddar, provolone OR pepper jack.	
Denver Omelette	\$7.95
Ham, bell peppers and onions.	
Veggie Omelette	\$7.95
Spinach, mushrooms, bell peppers and onions.	
Greek Omelette	\$7.95
Spinach, feta cheese, tomatoes and olives.	
Cabo Omelette	\$8.50
Beef, tomatoes, onions, cheese and avocados.	
Build Your Own Omelette	\$8.50
1 of the following: Sausage, ham, beef OR bacon + choice of spinach, mushrooms, bell peppers, tomatoes and onions + choice of cheese.	

El Segundo Café

Location Coming Soon!



We're excited to announce a new café location & new catering location coming soon!

Café Menu

Lisa's
BonAppetit



Café Hours of Operation:

Monday-Friday 7:30-7:00pm
Weekends 9:00-3:00pm



CAFÉ PHONE NUMBER
(310) 784-1077

www.LisasBonAppetit.com

3511 Pacific Coast Highway,
Torrance, CA 90505

\$10.00 Minimum on **ALL** Major Credit Cards.

Daily Specials

Daily specials vary on a daily basis.

Visit our website at www.LisasBonAppetit.com.

Daily Entrée (Prices May Vary)	\$9.25 - \$10.75
Soup Du Jour	Sm: \$3.25 Lg: \$5.25 Qt: \$9.95
Hot Sandwich of the Week	\$6.95
Cupcake of the Day	\$2.50

Fresh Salads

Chinese Chicken with BOILED CHICKEN	Sm: \$4.95 Lg: \$6.95
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Chinese Chicken with GRILLED CHICKEN	Sm: \$5.25 Lg: \$7.50
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Romaine & ice-berg, sliced almonds, chicken, wontons, green onions and chinese dressing.

Veggie Chop Salad	Sm: \$4.75 Lg: \$6.25
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Romaine, ice-berg, carrots, celery, cucumbers, tomatoes, peas, corn, radishes & choice of dressing.

California Bleu Salad	\$6.50
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Field greens, cranberries, bleu cheese crumbles, caramelized pecans, bacon & raspberry vinaigrette.

Fried Chicken	\$7.25
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Romaine, ice-berg, fried chicken, corn, red onions, toasted pecans and spicy ranch dressing.

Mexican Salad - NO MEAT	\$7.25
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Mexican Salad with BOILED CHICKEN	\$8.25
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Mexican Salad with GRILLED CHICKEN	\$8.75
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Mexican Salad with BEEF	\$8.25
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Romaine, ice-berg, black beans, black olives, cheddar cheese, avocado, tortilla strips, tomatoes, pico de gallo and spicy ranch dressing.

Chef Salad	\$7.25
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Romaine, ice-berg, ham, tomatoes, swiss cheese, egg, cheddar and ranch dressing.

Fruit Salad	\$5.75
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Misto Salad	\$6.25
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Field greens, goat cheese, caramelized pecans, tomatoes and champagne vinaigrette dressing.

Greek Salad	\$6.75
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Romaine lettuce, kalamata olives, crumbled feta, cucumbers, tomatoes, onions and vinaigrette.

Grilled Marinated Flank Steak	\$7.50
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Field greens, flank steak, new potatoes, green bell peppers, red onions and creamy garlic dressing.

Barbeque Chicken Salad	\$6.95
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Romaine, ice-berg lettuce, red cabbage, BBQ chicken, cucumbers, bell peppers, pepperoncini and italian vinaigrette.

Grilled Citrus Chicken	\$7.25
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Field greens, citrus marinated chicken, mandarins, bell peppers, pecans and low-fat orange.

Classic Caesar	\$5.50
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Romaine lettuce, croutons, parmesan cheese and creamy caesar dressing.

Cobb Salad	\$7.25
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Romaine, ice-berg, chicken, bleu cheese, sliced egg, alfalfa sprouts, avocado, bacon and ranch.

Romaine Mandarin	\$7.25
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Romaine lettuce, mandarins, green onions, almonds, wontons and chinese dressing.

Add a scoop of chicken salad, tuna salad, OR grilled chicken to ANY salad for only \$2.50.
Add an extra side of dressing for only \$0.60.

Salad Dressings

- Chinese
- Italian Vinaigrette
- Low-Fat Orange
- Balsamic Vinaigrette
- Ranch
- Champagne Vinaigrette
- Spicy Ranch
- Raspberry Vinaigrette
- Creamy Garlic
- Creamy Caesar

Cold Sandwiches

Served with the side salad of the day.

B.L.T.	\$5.95
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Club	\$6.50
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Roasted turkey, ham, bacon, lettuce, tomato, mayo provolone and choice of bread.

Italian Sub	\$6.50
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Salami, ham, capocollo, mortadella, provolone, pepperoncini, lettuce, tomato and italian vinaigrette on a french roll.

Veggie	Half: \$3.95 - Whole: \$6.25
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Cucumbers, sprouts, lettuce, tomato, avocado, mayo, and choice of cheese & bread.

Deli Sandwich	Half: \$3.95 - Whole: \$6.25
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Choice of protein, bread, lettuce, tomato and mayo.

SEE BELOW FOR SANDWICH FIXINGS.

PROTEIN SELECTIONS		
• Roasted Turkey	• Chicken Salad	• Roast Beef
• Ham	• Tuna Salad	• Capocollo
• Genoa Salami	• Egg Salad	• Mortadella

CHEESE SELECTIONS			
Add Cheese for an Additional \$0.75.			
• Swiss	• Provolone	• Cheddar	• Pepper Jack

BREAD SELECTIONS			
• White	• Wheat Oat	• Rye	• Squaw
• Sourdough	• French Roll	• Croissant [Extra \$0.50]	

VEGETABLE SELECTIONS			
• Lettuce	• Tomatoes	• Sprouts	• Pickles
• Red Onion	• Cucumbers	• Avocado [Extra \$1.75]	

Hot Sandwiches

Served with the side salad of the day.

#1 - Barbeque Beef	\$6.75
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Shredded roast beef smothered in BBQ and topped with grilled onions on a toasted french roll.

#2 - Tuna Melt:	\$6.75
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Classic: Tuna and cheddar on white bread.

Santa Fe: Tuna, pepper jack and chipotle aioli on white bread.

#3 - Ortega Turkey	\$6.75
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Roasted turkey, ortega chili's and pepper jack cheese on grilled sourdough bread.

#4 - Funky Chicken	\$6.75
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Chicken salad and cheddar on grilled squaw bread.

#5 - French Dip	\$6.75
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Roast beef on a grilled french roll with Au Jus.

#6 - Hot Sandwich of the Week	\$6.95
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Sandwiches of the week vary on a weekly basis.

Beverages

Fountain Drink

Small: \$1.75 - Medium: \$1.95 - Large: \$2.25

Tropical Iced-Tea

Small: \$1.25 - Medium: \$1.75 - Large: \$2.50

Smart Water	\$1.75
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Pelligrino Cans	\$1.50
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Gatorade	\$1.75
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Vitamin Water	\$1.95
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Snapples	\$1.75
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Bottled Juice	\$1.25
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Chocolate Milk	\$1.00
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Arizona Tea	\$1.36
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Hot Tea	Small: \$1.25 - Large: \$1.50
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Coffee	Small: \$1.25 - Large: \$1.50
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