



June 3<sup>rd</sup>, 2014

Mr. John Weston  
770 Promenade Building  
House of Commons  
Ottawa, ON K1A0A6

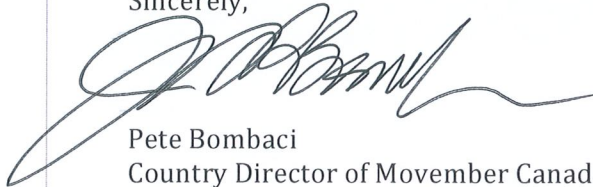
Dear Mr. Weston,

With more deaths being attributed to physical inactivity than smoking, it's more important now than ever to get Canadians moving! That's why it's with great pleasure we write this letter in support for C-442, *An Act to establish a Nation Health and Fitness Day*.

While Movember focuses on getting men to take action regarding their well-being through growing a moustache and starting important men's health conversations, being proactive and taking care of yourself is year-round. National Health and Fitness Day would act as a great reminder to improve not only your own health, but also your friends, family and co-workers. We encourage all Canadians to get involved any way they can by running, walking, biking, skateboarding, and everything in between.

Thank you for taking steps to create a happier and healthy country from coast to coast. We look forward to getting moving this June!

Sincerely,



Pete Bombaci  
Country Director of Movember Canada



**CHANGING  
THE  
FACE  
OF MEN'S  
HEALTH**

**CHANGEONS  
LA FACE  
DE LA SANTÉ  
MASCULINE**

Movember Canada  
BN 84821 5604 RR0001

119 Spadina Avenue  
Suite 901  
Toronto Ontario M5V 2L1  
info.ca@movember.com

119, Av. Spadina  
Bureau 901  
Toronto Ontario M5V 2L1  
info.ca.fr@movember.com

1-855-447-6966

**MOVEMBER.COM**