Discipleship Cycle

Your Story and God’s Story

In Acts 9, Paul’s testimony has all 3 parts of a testimony outlined; if you have time, look at it in class.

My life before Christ:
Two words that describe your life before Christ (write two sentences for each)

How I met Christ:
What was the Holy Spirit doing in my life at that time?

Write these verses in your own words:
Romans 1:20
Romans 3:23
Romans 6:23
Romans 5:8
Romans 10:9-10

How my life has changed since I met Christ:
Two words that describe your life since Christ (write two sentences for each)

Have you ever experienced the Jesus Christ as your King?

Any reasons you would have for not wanting to experience Christ as King of your life?
Questions to use to start spiritual conversations:

“If God would do a miracle in your life, what would it be? Could I pray right now for that miracle for you?”

“We have been praying for our community. Is there anything specifically that we could pray for you or for our community?”

“Near or Far from God”

Oikos

Greek word for “sphere of influence.”

With whom do I share the Gospel in my network of relationships?

List your Oikos. List as many people as you can who are far from God?

• First Place: Friends and Family

• Second Place: Work place/School

• Passions: What do you and your family do for fun? Who is far from God that you can invite to go along with you?

Map your oikos (relationship network), start praying for them by name, and prepare to share the Gospel with them ASAP! 1 Peter 2:9
Draw Your oikos Map!
What does it say about God?

Sins to Avoid?
Promises to claim?

Commands to obey?
Examples to follow?

Disciple Cycle Bible Study Method

What does it say about man?
Seven Commands of Christ
An adaptation of George Patterson’s Seven Commands

1. Repent & Believe: Mark 1:15
   • Luke 19:1-10
   • Compare: Romans 3:23, 6:23 & 10:9-10

2. Be Baptized: Matthew 28:19
   • Acts 8:26-39
   • Compare: Romans 6:3-4, Matthew 3:13-16, Acts 2:38

   • John 4:4-19, 25-26, 28-30, 39-42
   • Practice Gospel 10 times
   • Practice your testimony 10 times

   • Matthew 6:5-15
   • Pray daily

5. Persevere through Hard Times: John 15:18-19
   • Acts 5:27-42

   • Luke 10:25-37

7. Become Healthy Group/Church: Hebrews 10:25
   • Acts 2:37-47

8. Commemorate Jesus’ Death: 1 Corinthians 11:23-29
   • Luke 22:7-20

   • Mark 12:41-44
Bible Study Method

Hebrews 4:12 says, “For the Word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”

This picture of a sword helps us to teach any passage of the Bible. When we think of a sword we think of four questions we need to ask.

The arrow that points up is for God. **What do we learn about God?**

The arrow that points down is for man. **What do we learn about man?**

The sword also has two blades. The first blade makes us ask, **Is there a sin to avoid? (S.)**
**Is there a promise to claim? (P.)**

The second blade makes us ask, **Is there an example to follow? (E.)**
**Is there a command to obey? (C.)**

After reading or telling any story from the Bible, ask these questions one at a time and search the story for answers. The answers you find will reveal the meaning of the story for our lives.
Command #1 – Repent & Believe

Command—In Mark 1:15, Jesus says...

Tell the Story—Zacchaeus’ Salvation from Luke 19:1-10

What does “repent” mean?
Repent means turning from sin and following Jesus.

What does “believe” mean?
Believe means choosing to trust Jesus as Lord.

Why should we repent?
Romans 3:23, Romans 6:23, Romans 10:9-10

Who should repent?

What is assurance?
1 John 1:9 says that when we confess our sins Jesus forgives us and cleanses us.
John 10:28—Our salvation belongs to Jesus.

Prayer - Jesus, I want to leave my old life of sin and follow you. I believe in you, become my Lord.

GROW Assignment – Confess your sins before the Lord, turn from them and live a new life. Read 2-4 chapters per day in Mark.
Command #2 – Be Baptized

Command—In Matthew 28:19, Jesus says...

Tell the Story—Phillip and a New Believer from Acts 8:26-39

What is “baptism?”
Romans 6:3-4 - Baptism is a symbol of Jesus’ death, burial and resurrection. It means we also have died to our old life and be raised to live a new life with Jesus.

Why should we be baptized?
Matthew 3:13-15 - Jesus received baptism, so should we. Receiving baptism means we identify Jesus as our Lord.

Who should be baptized?

How should we be baptized?
Matthew 3:16 - Jesus went down into the water.

Prayer—Lord, give me the strength to identify my life with you through the symbol of baptism.

GROW Assignment—Go down into the water and receive baptism. Read 2-4 Chapters per day in the book of Luke this week
Command #3—Pray

Command—In Matthew 6:9-13, Jesus says...

Tell the Story—Jesus Teaches about Prayer, Matthew 6:5-15

What is “prayer?”
Talking with God our Father.

Why do we pray?
Matthew 6:9-13, God hears us.
We desire His will to be done on earth.

How do we pray?
By simply talking with God.
“Give us today our daily bread”
—pray for needs
“Forgive us our debts”
—pray for forgiveness
“Deliver us from the evil one”
—pray for resistance of temptation

Prayer—Lord, teach us to pray. Give us pure motives. May Your Will be done in us.

GROW Assignment—Start and finish each day by giving thanks to God and presenting your requests to Him. Read 2-4 chapters per day in the book of Luke this week.
Command #4 – Go...Make Disciples

Command—In Matthew 28:19-20, Jesus says...

Tell the Story—The Samaritan Woman from John 4:4-42

Who should we share with?
John 4:16—Our families, friends and neighbors

What should we say?
John 4:29—The woman shared her story and God’s story.

Who is qualified to go?
John 4—The Samaritan woman was.
Every believer.

Prayer—Lord, make me bold to share what You have done in my life. Give me Your Words to share in my community.

GROW and GO Assignment—Learn how to share My Story and God’s Story from the last page of this booklet. Also, pray for opportunities to share with the people who are on your list of friends and neighbors that need to hear your story. Share with them. Read 2-4 Chapters per day in the book of John this week.
Command #5 - Love

Command—In Matthew 22:37-39, Jesus says...

Tell the Story—Good Samaritan from Luke 10:25-37

What is love?
John 15:13 and 1 Corinthians 13

Why do we love?
John 13:34-35—Because Jesus loved us first. Love teaches the world about Jesus.

Who do we love?
Matthew 22:37-39—First we need to love God. Then we need to love our neighbors.

How do we love?
John 14:15—Loving Jesus means we obey Jesus.
John 21:17—Loving others means telling them what God has done for you.

Prayer—Lord, help me to love You by obeying You. Lord, help me to love others so that they might learn that You love them also.

GROW Assignment—Take time each day to intentionally show love by helping your neighbors. Read 2-4 Chapters per day this week in the book of John this week.
Command #6 – Lord’s Supper

Command—In Luke 22:19-20, Jesus says...

Tell the Story—Jesus’ Last Meal from Luke 22:7-20

What is the Lord’s Supper?
1 Corinthians 11:26 - A symbol of the Lord’s death.

Why do we eat the Lord’s Supper?
1 Corinthians 11:26—His body was broken and His blood was spilt for us.

How do we receive the Lord’s Supper?
1 Corinthians 11:27-29—We must examine ourselves, confess our sins to God and remember Jesus died to give us forgiveness.

Who should receive the Lord’s Supper?
Acts 2:42, 1 Corinthians 11:27-29—Baptized disciples devoted to Jesus who examine themselves.

Prayer—Lord, show me the sins I have committed. Forgive them. Thank You for giving Your body and blood for me.

GROW Assignment – Receive the Lord’s Supper. Read 2-4 Chapters per day in the book of Matthew this week.
Command #7 – Give

**Command**—In Luke 6:38, Jesus says...

**Tell the Story**—The Widow Gives from Mark 12:41-44

---

**What** should we give to God?
Our money, time and our lives.

**Why** should we give to God?
2 Corinthians 9:6-7—Give generously, and we will receive generously.
God loves a cheerful giver.

**How** do we give to God?
2 Corinthians 9:7—Cheerfully, not under compulsion.

**Who** do we give to?
2 Corinthians 9—A collection was given to a church.
Acts 4:34-35 - The church gave to all who had need.

---

**Prayer**—Lord, everything I have is Yours. Teach me to give. Show me needs that I can help with my time and money.

---

**GROW Assignment**—Decide this week with your family an amount of time or money you will give for the work of the church each week. Read 2-4 Chapters per day in the book of Matthew this week.
Command #8 — Meet Together

Command—Hebrews 10:24-25 says...

Tell the Story—The Early Community of Believers from Acts 2:41-47

**Why** should we meet together?
Hebrews 10:24-25
To encourage one another in the faith and to spur one another on toward love and good deeds.

**Who** should we meet with?
Acts 2:41-47
We should regularly meet together with other believers.

**What** should we do when we meet together?
Acts 2:41-47
The early community of believers prayed, praised God, shared meals, and devoted themselves to the apostles’ teaching of Scripture when they gathered together.

**When** should we meet together?
Acts 2:46
The early believers met together every day. There is no limit to how often we are permitted to meet together.

**Where** should we meet?
Acts 2:46, Philemon 1:2
The early believers met in their homes and in places dedicated for worship (the temple courts). Some other groups met only in their homes.

**Prayer**—Lord, help me to be faithful in meeting together with other believers. Help me to encourage other believers in the faith and to be spurred on to love and good deeds.
**GROW and GATHER Assignment**—Meet with other believers at least once per week to worship God and encourage each other in the faith. Read 2-4 Chapters per week in the book of Acts this week.

**BIBLE STUDY FOR BASIC T4T**

Use the Sword method to go through these passages week by week using the 1/3,1/3,1/3 discipleship cycle.

| 17. Mark 4: 30-34         | 17. Mark 12:18-27     |
| 27. Mark 6: 45-52         | 27. Mark 14:22-26     |
| 30. Mark 7:14-23          | 30. Mark 14:43-52     |
| 31. Mark 7: 24-30         | 31. Mark 14:53-65     |
| 32. Mark 7: 31-37         | 32. Mark 14:66-72     |
| 34. Mark 8: 11-21         | 34. Mark 15:16-47     |
| 35. Mark 8:22-26          | 35. Mark 16: 1-8      |
Basics of a Church

1 **Holy Vision:** Glorifying God or Christ in you--the hope of glory
   2 Corinthians 4:1-6; 1 Corinthians 10:31
   Habakkuk 2:14

2 **Authorities:**
   1. God’s Word – Col 3:16-17; John 8:31-32

3 **Offices/Leaders:**
   1. Elders, Pastor, Overseer, Bishop – 1 Timothy 3:1-7
   2. Deacons – Acts 6, choose among yourselves; 1 Timothy 3:8-13
   3. Treasurer – example of Jesus’ disciples, John 13:29

4 **Marks of Maturity:**
      Ephesians 4:11-16

5 **Functions of the Church:** Read Matthew 22:36-39 and Matthew 28:18-20
   1. Worship
   2. Ministry
   3. Fellowship
   4. Evangelism/Missions
   5. Discipleship

Read Acts 2:38-47, 11:19-30, 13:1-3: Discuss how the churches in these passages are demonstrating the five functions of a healthy church.
House of Peace or Person of Peace

How to find the House of Peace


What did the disciples do? What did the disciples not do?

What happen between Luke 9, sending of the 12, and Luke 10, sending of the 70? What made the difference?

How can we apply the House of Peace to your neighborhood or target area?
**Characteristics of the House of Peace**

**Luke 10:**
- V. 5- opens his door to you
- V. 6- receives your blessing and shows interest
- V. 7- opens his house to you/hospitable
- V. 7- offers to sustain you in some way

**What the disciple does**

**Luke 10:**
- V. 2- prays for laborers
- V. 3- goes with danger all around
- V. 4- leaves behind bags
- V. 4- does not waste time
- V. 5- gives greeting
- V. 6- if favorable response, give blessing
- V. 7- fellowship with them
- V. 9- ask God for healing where needed
- V. 9- minister to them
- V. 9- proclaim the words of the Kingdom

**Matthew 10:**
- V. 13- he is worthy
- V. 13- has influence in his home
- V. 14- receives you
- V. 14- hears your words

**Matthew 10:**
- V. 5-6- goes where God sends
- V. 11- inquire/search/identify
- V. 11- spend time with the candidate
- V. 12- give greeting
- V. 13- give blessing
- V. 14- proclaim the words of the Kingdom
- V. 14- be bold and truthful

**SUMMARY**

1) Pray for laborers
2) Go where God sends you
3) Enter a place or area proclaiming the Kingdom
4) Do not waste time
5) Inquire with discernment
6) Visit the House of Peace candidate, engage him and family if possible
7) Give greetings/ask spiritual interest questions
8) If favorable response, give blessing and ask evangelistic questions
9) Stay with the House of Peace
10) Fellowship with them/discern
11) Minister to them
12) Always be bold and truthful

**Proclaim Kingdom Words:**

The Gospel

How to have a Reproducing Disciple T4T Meeting

**First Third: LOOK BACK**

**Pastoral Care:** Highs, Lows of Past week/Pray for one another

**Accountability:**
Did you GO share the Gospel last week and GATHER them?
Did you GROW by obeying God’s Word last week?

**VISION**

**Second Third: LOOK UP**

**TEACH and PRACTICE:** Do the rep’s!

Have someone tell the Bible story in their own words, or act it out.

Then pair up and retell the story to each other.

Now have someone read this story from the Bible. Discuss the Bible story:

Do SWORD method

**Third Third: LOOK FOWARD**

**Goal Setting (Grow, Go, Gather)**

**Commissioning**
Seven Stories of Hope

1. Hope for the Rejected
   • Luke 7:36-50

2. Hope for the Non-Religious
   • Luke 18:9-17

3. Hope Changes Things

4. Hope Forgives
   • Matthew 18:21-35

5. Hope through Death

6. Hope Rose From the Dead
   • Luke 24:1-20

7. Hope Is Waiting for You
   • Luke 15:11-32
Creation to Christ DBS

Genesis 1:1-25  The Creation Story: God Created the World
Genesis 2:4-24  The Creation Story: The Creation of Man
Genesis 3:1-13  The Fall: The First Sin and Judgment
Genesis 3:14-24 The Fall: Judgment of a Sinful World
Genesis 6:1-9:17  The Fall: The Flood
Genesis 12:1-8, 15:1-6  Redemption: God’s Promise to Abram
Genesis 22:1-19  Redemption: Abraham offers Isaac as a Sacrifice
Exodus 12:1-28  Redemption: The Promise of Passover
Exodus 20:1-21  Redemption: The Ten Commandments
Leviticus 4:1-35  Redemption: The Sacrificial System
Isaiah 53  Redemption: Isaiah Foreshadows the Coming Promise
Matthew 3; John 1:29-34  Redemption: Jesus is Baptized
Matthew 4:1-11  Redemption: The Temptation of Christ
John 3:1-21  Redemption: Jesus and Nicodemus
John 4:1-26, 39-42  Redemption: Jesus and the Woman at the Well
Luke 5:17-26  Redemption: Jesus Forgives and Heals
Mark 4:35-41  Redemption: Jesus Calms the Storm
Mark 5:1-20  Redemption: Jesus Casts Out Evil Spirits
John 11:1-44  Redemption: Jesus Raises Lazarus from the Dead
Matthew 26:26-30  Redemption: The First Lord’s Supper
John 18:1-19:16  Redemption: Jesus is Betrayed and Condemned
Luke 23:32-56  Redemption: Jesus is Crucified
Luke 24:1-35  Redemption: Jesus Conquers Death
Luke 24:36-53  Redemption: Jesus Appears and Ascends
John 3:1-21  Redemption: We Have a Choice