

Surgical assistants fill free time with home care business

□ Second phase offers care-home rooms for seniors

There were just too many hours in the day for Rekha and Sudhir Suryavanshi. So the India trained doctors decided to start two businesses.

This month the couple, who work for the Saskatoon Health Region as surgical assistants, launched Warm and Cozy In Home Assistance, a home care company for seniors.

In June, they hope to officially open the Warm and Cozy Care Home, a 15-bed personal care home on Paton Crescent in Willow Grove.

"We were coming home and just watching TV or not doing anything," Sudhir says of why he and Rekha launched the businesses.

"We didn't like the message that was sending to our kids."

He says Warm and Cozy is

similar to their work in India. "I was a family physician and Rekha was a gynecologist, but she also operated a 24-bed hospital. So the care home is much like that."

"There will be 13 individual rooms and one for a couple," Rekha says, noting the 5,000-square-foot home will have an elevator, an exercise room, a salon, high definition TV and cable, a yoga room, a dance floor and both indoor and outdoor flower beds.

"It cost more to do all this," Sudhir says, "but we wanted to provide the best."

"In India our culture is very respectful of seniors," she adds.

"Offering these services and providing the best care possible is our way of showing respect for our elders."

The couple say that's why they operate with two mottos: "Your care is our affair" and "Life lives here."

The Suryavanshis note the care home will be open for viewing and applications in May.

"We're also currently taking applications for home care clients," Sudhir says.

"We will meet with every applicant individually and assess their needs and wants before assigning them a personal assist associate."

Given their training and dedication, Rekha says they will be available to both sides of Warm and Cozy on a 24-hour basis.

"We only live a few minutes away from the home and plan to be there whenever needed."

The Suryavanshis have also hired longtime health-care worker Bev Martens as their personal care co-ordinator. Martens is the former manager of the Saskatoon Health Region's Client Patient Access to Services (CPAS).

Sudhir says the couple came to Canada about four years ago. "We wanted to provide the best for our children and felt we could do that here."

For more information, call Warm and Cozy at 881-7526 or visit the website at warmandcozy.ca

Setting Up Shop



TOM EREMONDI



—Photo by Tom Eremondi

Doctors Rekha and Sudhir Suryavanshi, who have started Warm and Cozy, offering in-home care and soon a personal care home, stand with Bev Martens, their personal care co-ordinator



warmandcozy.ca

A Home Care Company