

## SAVING LIVES WITH STATE OF THE ART TRAINING

Meet Victoria. She's just given birth to a healthy baby. Yes, she may look like a dummy, but she is anything but! Innovative and revolutionary, 'Victoria' is one of the most realistic birthing simulators available for healthcare education. And, she plays the most important role in the GDAH's Health Education for Local Providers (HELP) OB simulation training program. "A generous grant from the Blue & You Foundation allowed the GDAH to purchase 'Victoria,' the most advanced birthing simulator in the state, making it possible for our healthcare providers to learn the necessary skills needed to meet the challenges for emergency obstetric services," said GDAH Executive Director Mellie Bridewell.

From normal to high risk deliveries, OB simulation training ensures that staff become more confident and proficient in any situation. Debbie Rush Tiner, RN and HELP Coordinator, is in charge of setting up classes. "Hospitals in rural Arkansas are often short staffed and can't always afford to send employees to such advanced classes. But this free, on-site program offers them not only 1.5 CEU hours toward their education requirements, but the chance to gain valuable, realistic and hands-on experience set in their own environment where they normally do their deliveries." She added, "We encourage anyone who is normally present at a delivery - physicians, RNs, LPNs, respiratory therapists and even those working in hospitals who do not have delivery units at this time - to attend this extraordinary training opportunity."

The classes are led by Margaret Glasgow, RN with UAMS Angels, while Travis Hill, Director of Simulation Technology & Outreach at UAMS, runs Victoria through the various scenarios. Simulated complications include postpartum hemorrhage, shoulder dystocia and breech and C-section deliveries. Over 25 providers have been trained to date and upcoming classes will be held at Delta Memorial Hospital, Drew Memorial Hospital and Baptist Health-Stuttgart. For more information on OB-simulation training, dates and times, contact Debbie Rush Tiner @ 870-723-0390 or [drush@mainlinehealth.net](mailto:drush@mainlinehealth.net).

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