What to read

**KITCHIN SUPPERS**
By Tom Kitchin
Published by Quadrille
He’s one of Britain’s greatest chefs. His food is also among the least complicated of those who feature in Michelin’s elite rankings. Tom Kitchin brings an accessible and inexpensive edge to this delightful compendium of Kitchin Suppers. Dishes like braised duck leg with orange, olives and basil, for instance, or mushroom brioche and simultaneously elegant and dazzling without being beyond the capability of most competent home cooks. Kitchin Suppers is deliciously engaging, empowering cooks with new ideas that make the most of fresh, seasonal food. Dishes like red fruit compote are astounding both in their level of finesse and purity. Beautifully photographed, designed and packaged in a mid-hardback format, there are plenty of tips on techniques that enable first class results time after time.
By Andy Richardson

**THE GENERATIONS IN BETWEEN**
By Ben Simpson
Published by Graffiti Press
This book represents the fruits of family history research – and in this particular case the family involved had a significant role in Shropshire’s industrial history. The Simpson name will be a familiar one to anyone who has ever taken an interest in the Horsehay Works. Ben’s grandfather, Joseph, was chairman there for several years. Ben’s father, Doseley-born Sir Joseph Simpson, was to achieve distinction as the first Commissioner of the Metropolitan Police to have risen through the ranks. For Shropshire readers it will naturally be the chapters telling of the Shropshire links which are of most interest. There is also a poignant aspect in that Ben, who lives near Oxford, was asked by his dying brother Mark to take forward the research that he, Mark, had already done.
By Toby Neal
HELLO KITTY'S CUTEST PUPPIES

Published by HarperCollins

Hello Kitty simply can’t wait to introduce her fans to her fluffy canine friends in her latest interactive activity book. Kitty’s ‘Cutest Puppies’ sticker book is crammed full of some of the snuggliest, bounciest puppies around. So be prepared for the “ahhhs” and “awwww”, isn’t she cute daddy!” and “can I have a real puppy mummy? PLEASE mummy PLEASE!”. You have been warned. Help Kitty guide your new playful friends through mazes, dress them up to make them extra cute and help her to solve fun puzzles. This gorgeous sticker book is another in the Hello Kitty 'Cutest' books range. Kitty’s empire just keeps on growing and growing. She has a cult following of children and grown-ups around the world. I’m not quite sure how Kitty manages to run cafes, design jewellery, and find the time to play with her friends. What’s Kitty’s secret I wonder?

By Tania Taylor

DARK MATTER AND THE DINOSAURS

Published by Bodley Head

By Lisa Randall

If you’ve been craving a more substantial read following a season of stocking stuffers, theoretical physicist Lisa Randall’s latest book might be just what you’re looking for. In Dark Matter And The Dinosaurs, she suggests a wildly exciting idea – that dark matter could be responsible for influencing the movement of celestial bodies. As a result, she suggests, the asteroid collision that brought about the extinction of the dinosaurs could be down to this invisible force – and, in turn, have had a huge influence over our own development. Randall is transparent that this is just a theory. So as a result, you’re drawn on an exciting journey exploring the depths of her ideas. What’s great is that Randall’s style is plain, clear to understand and engaging, even when she’s exploring the kinds of concepts that you’d usually only find inside a university’s physics department.

By Amy Nicholson