



Browning Ross Summer Sizzler Series 5k 2016

Location: Rowan University
Time: All races begin at 7 pm

Entry Fee: \$7 Adults \$5 Students. Race day registration only.
Run a race, get a prize for less than a trip to Wawa.

For info call 856-904-3543 or e-mail: adamson@rowan.edu
Course Records: Rob Rawls 14:56.36 (Aug. 22, 2013) Chelsea Ley 16:44.6 (Aug. 27, 2009)

\$50 cash award for the top male and female of the Alumni Race.

Dates:

June 16	July 28
June 23	Aug. 4
June 30 (canceled)	Aug. 11 (5k/10k)
July 7	Aug. 18
July 14	Aug. 25 (Alumni Run)
July 21	

Accurate Wheel-measured course
Flat and fast
Age group awards

Directions: Registration and start of race takes place in the Rowan University parking lot next to the track on Bowe Blvd.
Take Route 55 to exit 50 (Route 322). Take Route 322 East to the 1st traffic light. There will be an Express Mini Mart on your left. Make a left onto Bowe Blvd. Cross over the railroad tracks. Make a right into the parking lot next to the track.