ROWAN UNIVERSITY GIRLS HIGH SCHOOL OPEN Friday, May 1 and Saturday, May 2, 2015 ANTICIPATED TIME SCHEDULE

### Pentathlon Shot Put (at Glassboro High School) ### 3:00	FRIDAY		
Shot Put (Elite Section) Emerging Elite & Open Shot Put (Will begin at the conclusion of the Elite Shot Put) 3:00 Javelin (Elite Section). Emerging Elite & Open Section will begin at the conclusion of the Elite Javelin 3:00 Long Jump (2 runways). Elite & Emerging Elite will jump first on separate runways (seeded) Open will follow (Open Pit).			
Emerging Elite & Open Shot Put (Will begin at the conclusion of the Elite Shot Put) 3:00 Javelin (Elite Section). Emerging Elite & Open Section will begin at the conclusion of the Elite Javelin 3:00 Long Jump (2 runways). Elite & Emerging Elite will jump first on separate runways (seeded) Open High Jump - Starting height 4'6" 6:30 Open High Jump (Tentative. Will begin at the conclusion of the Open High Jump). TRACK EVENTS			
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8:25-8:40 4x200 Finals			
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FACILITY: Newly renovated stadium, 2 runways. New long jump and triple jump runways

1/4" pyramid spikes max

Sprint Medley Finals

Middle School 4x100 Finals

4x800 Finals

4x400 Finals

8:40-9:00

9:00-9:15

9:15-9:25 9:25-9:45

IMPORTANT INFORMATION ABOUT FIELD EVENTS*

Coaches,

Rowan University is in the process of relocating their athletic fields to the West Campus.

We anticipate that the field events will be held at the West Campus on Route 322 (near Route 55).

However, if the fields are not ready, will be using Glassboro High School for the field events for this year only.

The Pentathlon Shot Put and Long Jump will be held at Glassboro HS.

Final instructions for the field events will be posted on rugirlshsopen.com by Wednesday, April 22nd.