

# What's My Vision?

## Caregiver version

What is my vision of care for my loved one?

What role will I assume in my loved one's care?

What strengths do I bring to this role?

In what areas will I need support?

Who will I reach out to for that support?

What are my overall concerns?

What do I trust?

How will I handle conflict or challenges as roles transition?

What are my loved one's wishes for their future?

How can I support them in making it happen?

# What's My Vision?

Care recipient version

What is my vision for my future?

Who do I want as my primary caregiver should the need arise?

What strengths do I bring to my life?

In what areas will I need support as I age?

Who will I reach out to for that support?

What are my overall concerns about my future?

What do I trust?

How will I handle conflict or challenges as roles transition?