

**NATIONAL ASSOCIATION OF BOYS' & GIRLS' CLUBS**  
**53rd NATIONAL ATHLETICS CHAMPIONSHIPS**  
**RESULTS 2015**

**Licence Number SOUTH R.A.C. TF-003**

**Under 11 Girls - Welsh Games Council Cup**

<b>100m</b>	Lauren Kelsall	Durham	15.5
	Annabella Leahy	Carmarthen	16.3
	Catlin Egan	Cardiff	16.8
<b>200m</b>	Melody Brooks	Durham	32.1
	Daenah Sibanda	Cardiff	40.0
<b>800m</b>	Abigail Thwaites	Durham	2:47.1
	Olivia Lloyd-Evans	Carmarthen	3:08.6
	Catlin Egan	Cardiff	3:17.4
<b>4 x 100m Relay</b>	Team	Durham	62.9
	Team	Carmarthen	64.0
	Team	Cardiff	77.6
<b>High Jump</b>	Keely Llewellyn	Durham	1.10
	Daenah Sibanda	Cardiff	NM
<b>Long Jump</b>	Abigail Thwaites	Durham	3.52
	Olivia Lloyd-Evans	Carmarthen	3.03
	Bella McIntire	Cardiff	2.58
<b>Shot</b>	Holly Major	Durham	5.00
	Catlin Egan	Cardiff	4.00

**Points for County Cup**

1 <sup>st</sup>	DURHAM	56
2 <sup>nd</sup>	CARDIFF	38
3 <sup>rd</sup>	CARMARTHEN	28

**Under 13 Girls - Newport Borough Council Cup**

<b>100m</b>	Molly Elliott	Durham	14.3
	Ffion Pugh	Carmarthen	14.7
	Fiona Bostock	Cardiff	15.0
<b>200m</b>	Molly Elliott	Durham	29.9
	Ffion Pugh	Carmarthen	30.9
	Fiona Bostock	Cardiff	31.4

<b>800m</b>	Anna Pickford	Durham	2:34.5
	Fiona Bostock	Cardiff	2:45.4
<b>1500m</b>	Phoebe Davies	West Wales	5:19.6
	Maddie Morgan	Carmarthen	5:27.8
	Lydia James	Durham	5:29.6
<b>4 x 100m Relay</b>	Team	Durham	57.7
	Team	Carmarthen	61.0
<b>High Jump</b>	Lili Church	Carmarthen	1.30
	Ellie Patterson	Durham	1.20
<b>Long Jump</b>	Molly Elliott	Durham	3.89
	Maddie Morgan	Carmarthen	3.48
	Fiona Bostock	Cardiff	3.29
<b>Shot</b>	Phillipa Ellis	Durham	6.88
	Lili Church	Carmarthen	6.34

#### Points for County Cup

1 <sup>st</sup>	DURHAM	61
2 <sup>nd</sup>	CARMARTHEN	42
3 <sup>rd</sup>	CARDIFF	31
4 <sup>th</sup>	NEWPORT	14
5 <sup>th</sup>	WEST WALES	8

#### Under 15 Girls - Peggy Carroll Cup

<b>100m</b>	Alicia Samuel	Carmarthen	12.9
	Savannah Lloyd	Durham	13.4
	Holly Pickersgill	Cardiff	13.8
	Lisa Scarfi	Newport	14.1
<b>200m</b>	Savannah Lloyd	Durham	27.8
	Elin Jones	Carmarthen	29.2
	Elin Jones	West Wales	29.4
	Elinor Kenwood	Newport	30.3
<b>800m</b>	Eve Hardie	Durham	2:31.0
	Cerys Davies	West Wales	2:33.2
	Non Morgan	Carmarthen	2:33.8
	Zoe Jenkins	Newport	2:49.3
<b>1500m</b>	Elen Hawkins	Carmarthen	5:50.1
	Maria Smith	Durham	7:34.6
<b>4 x 100m Relay</b>	Team	Carmarthen	53.6
	Team	Durham	57.2

<b>High Jump</b>	Charlotte Mitchell	Newport	1.45
	Bronwyn Davies	Carmarthen	1.30
	Chloe Howells	Cardiff	1.00
	Abbey Clasper	Durham	NM
<b>Long Jump</b>	Alicia Samuel	Carmarthen	4.86
	Abbey Meyer	Durham	4.31
	Holly Pickersgill	Cardiff	4.15
	Millie Blakemore	Newport	NM
<b>Shot</b>	Caitlin Arnold	Essex	9.53
	Danielle Jones	Carmarthen	9.39
	Lisa Scarfi	Newport	8.48
	Elin Jones	West Wales	5.97
	Maria Smith	Durham	5.57
<b>Discus</b>	Danielle Jones	Carmarthen	30.93
	Caitlin Arnold	Essex	24.22
	Lisa Scarfi	Newport	14.76
	Sam Kirkup	Durham	13.23
<b>Javelin</b>	Sam Kirkup	Durham	8.70

### Points for County Cup

1 <sup>st</sup>	CARMARTHEN	68	Win by most 1 <sup>st</sup> places
2 <sup>nd</sup>	DURHAM	68	
3 <sup>rd</sup>	NEWPORT	22	
4 <sup>th</sup>	WEST WALES	18	
5 <sup>th</sup>	ESSEX	15	
6 <sup>th</sup>	CARDIFF	12	

### Under 17 Girls - TBI plc Cup

<b>100m</b>	Sarah Gibbs	Newport	13.1
	Megan Rowe	<b>West Wales</b>	13.3
	Ella Brooks	<b>Durham</b>	14.0
<b>200m</b>	Sarah Gibbs	Newport	27.4
	Megan Rowe	West Wales	28.0
	Anna Kelly	Durham	29.2
	Lauren Davies	Carmarthen	33.0
<b>300m</b>	Molly Foggon	Durham	54.3
<b>800m</b>	Molly Foggon	Durham	3:05.3
<b>1500m</b>	Sioned Glynn	Carmarthen	5:13.3
	Kari O'Neill	West Wales	5:40.0
	Grace Oliver	Durham	5:48.4

<b>4 x 100m Relay</b>	Team	Durham	57.5
<b>High Jump</b>	Georgia Oliver	Durham	1.26
<b>Long Jump</b>	Ella Brooks	Durham	4.27
<b>Shot</b>	Ella Brooks	Durham	5.67
<b>Discus</b>	Grace Oliver	Durham	12.23
<b>Javelin</b>	Grace Oliver	Durham	7.76

#### **Points for County Cup**

1 <sup>st</sup>	DURHAM	83
2 <sup>nd</sup>	NEWPORT	16
3 <sup>rd</sup>	WEST WALES	14
4 <sup>th</sup>	CARMARTHEN	13

#### **Under 20 Girls - Wayne Matthews Cup**

<b>100m</b>	Emily Laws	Durham	14.5
<b>200m</b>	Rachelb Dormisson	Carmarthen	25.9
	Emily Laws	Durham	32.0
	Maby Darame	Cardiff	34.8
<b>400m</b>	Rachelb Dormisson	Carmarthen	61.0
<b>800m</b>	Sarah Murray	Durham	3:25.1
<b>1500m</b>	Sarah Murray	Durham	5:40.0
<b>4 x 100m Relay</b>	Team	Durham	64.5
<b>High Jump</b>	Georgia Oliver	Durham	1.26
<b>Long Jump</b>	Emily Laws	Durham	3.54
<b>Shot</b>	Georgia Oliver	Durham	7.07
	Chole Howells	Cardiff	3.92
<b>Discus</b>	Michelle Hann	Durham	22.57
<b>Javelin</b>	Emily Laws	Durham	16.25

#### **Points for County Cup**

1 <sup>st</sup>	DURHAM	71
2 <sup>nd</sup>	CARMARTHEN	16
3 <sup>rd</sup>	CARDIFF	13

## Under 11 Boys - Classic Sportswear Cup

<b>100m</b>	Guto Phillips	Carmarthen	15.1	
	Joseph Hollis	West Wales	15.2	
	Jack Brown	Durham	16.1	
	Kye Basi	Essex	20.3	
	Jerelle Thompson	Cardiff	21.2	
<b>200m</b>	Rowan Mason	Durham	32.5	
	Owain-Hari Davies	Carmarthen	32.6	
	Joel Blenman	Cardiff	41.4	
<b>800m</b>	Christopher Perkins	Durham	2:29.8	NCR
	Frank Morgan	Carmarthen	2:36.0	
	Kye Basi	Essex	3:32.5	
<b>4 x 100m Relay</b>	Team	Carmarthen	62.3	
	Team	Durham	66.6	
<b>High Jump</b>	Rowan Mason	Durham	1.10	
	Lenny Barrow	Cardiff	1.05	
<b>Long Jump</b>	Owain-Hari Davies	Carmarthen	3.34	
	Dominic Southern	Durham	3.12	
	Arvani Pompely	Cardiff	3.05	
<b>Shot</b>	Jack Brown	Durham	6.63	
	Guto Phillips	Carmarthen	6.07	
	Jerelle Thompson	Cardiff	4.30	
	Kye Basi	Essex	3.23	

### Points for County Cup

1 <sup>st</sup>	DURHAM	52
2 <sup>nd</sup>	CARMARTHEN	45
3 <sup>rd</sup>	CARDIFF	29
4 <sup>th</sup>	ESSEX	16
5 <sup>th</sup>	WEST WALES	7

## Under 13 Boys - N.C.Y.P. Colts Cup

<b>100m</b>	Rhys Smith	Carmarthen	14.4	
	Michael Graham	Durham	14.5	
	Shôn Jones	West Wales	14.5	
	Hamza Sheikh	Essex	17.2	
	Thabani Sibanda	Cardiff	17.5	
<b>200m</b>	Henry Johnson	Durham	28.6	
	Rhys Smith	Carmarthen	29.7	
	Yusef Sheikh	Essex	36.0	

<b>800m</b>	Iwan Glynn	West Wales	2:23.2
	Matthew Cleugh	Durham	2:25.0
	Deian Morgan	Carmarthen	2:35.6
	Lewis Barrow	Cardiff	2:49.3
	Zak Namajee	Essex	3:02.6
<b>1500m</b>	Henry Johnson	Durham	5:03.2
	Bedwyr Thomas	Carmarthen	5:17.1
	Jay Basi	Essex	5:57.9
<b>4 x 100m Relay</b>	Team	Durham	58.6
	Team	Carmarthen	58.7
	Team	Essex	69.2
<b>High Jump</b>	Ryan Thomas	Carmarthen	1.20
	Daniel Talbot	Durham	1.15
	Thabani Sibanda	Cardiff	1.10
<b>Long Jump</b>	Shôn Jones	West Wales	4.08
	Matthew Cleugh	Durham	4.01
	Chris Smith	Carmarthen	3.81
	Jay Basi	Essex	3.16
	Thabani Sibanda	Cardiff	NM
<b>Shot</b>	Michael Graham	Durham	7.42
	Deian Morgan	Carmarthen	NM

#### Points for County Cup

1 <sup>st</sup>	DURHAM	53
2 <sup>nd</sup>	CARMARTHEN	48
3 <sup>rd</sup>	ESSEX	32
4 <sup>th</sup>	WEST WALES	22
5 <sup>th</sup>	CARDIFF	17

#### Under 15 Boys - N.A.B.C. Boys Cup

<b>100m</b>	Tom Bowden	Durham	13.0	
	Franko Lopez	Carmarthen	13.2	
	Cory Littlejohn	Newport	14.2	
	Alpha Bar	Cardiff	15.4	
	Hamza Namajee	Essex	16.3	
<b>200m</b>	Tom Bowdwn	Durham	26.5	
	Franko Lopez	Carmarthen	26.9	
	Ben Davies	Newport	31.0	
	Rajan Bachu	Essex	31.1	
<b>300m</b>	Zak Daly	Carmarthen	39.1	NCR
	Rajan Bachu	Essex	48.4	
	Tom Godsell	Newport	48.7	
	Dillon Openshaw	Durham	49.6	

<b>800m</b>	Ben Thomas	Carmarthen	2:13.1	
	Iestyn Williams	West Wales	2:16.8	
	Arjon Basi	Essex	2:23.5	
	Jake Seville	Newport	2:26.5	
<b>1500m</b>	Tomos Rees	Carmarthen	4:51.1	
	Archi Morgan	West Wales	5:00.2	
	Luke Gawthorn	Newport	5:00.3	
	Dillon Openshaw	Durham	5:13.4	
<b>4 x 100m Relay</b>	Team	Carmarthen	52.1	
<b>High Jump</b>	Dillon Openshaw	Durham	1.37	
	Ben Davies	Newport	1.31	
	Rajan Batchu	Essex	1.25	
<b>Long Jump</b>	Tom Bowden	Durham	5.28	
	Ben Thomas	Carmarthen	4.61	
	Arjon Basi	Essex	4.40	
	Jake Seville	Newport	3.97	
	Lewis Barrow	Cardiff	3.23	
<b>Shot</b>	Joe Worrall	Carmarthen	13.38	
	Morgan Hadley	Newport	7.41	
	Luke Cleugh	Durham	7.34	
<b>Discus</b>	Joe Worrall	Carmarthen	40.01	NCR
	Connor Evans	West Wales	39.84	
	Morgan Hadley	Newport	25.54	
	Luke Cleugh	Durham	21.90	
<b>Javelin</b>	Joshua Thomas	Carmarthen	35.96	
	Arjon Basi	Essex	22.84	
	Luke Cleugh	Durham	19.50	
	Lewis Barrow	Cardiff	NM	

#### Points for County Cup

1 <sup>st</sup>	CARMARTHEN	77
2 <sup>nd</sup>	DURHAM	60
3 <sup>rd</sup>	NEWPORT	47
4 <sup>th</sup>	ESSEX	41
5 <sup>th</sup>	WEST WALES	28
6 <sup>th</sup>	CARDIFF	9

#### Under 17 Boys - Burton Youth Cup

<b>100m</b>	Sam Rutherford	Newport	11.8
<b>200m</b>	Sam Rutherford	Newport	23.9
<b>400m</b>	Tom Davey	Newport	60.9
	Tahaa Riaz	Essex	72.1

<b>800m</b>	Ryan Arthur Abdul Ahmed Tahaa Riaz	Durham Cardiff Essex	2:08.1 2:12.9 2:46.2
<b>1500m</b>	Usamah Patel Ryan Arthur	Essex Durham	4:31.2 4:36.6
<b>4 x 100m Relay</b>	No Competitors		
<b>High Jump</b>	Kellen Jones Idel Mohamad	Newport Cardiff	1.65 1.30
<b>Long Jump</b>	Kellen Jones Wilson Gomez	Newport Cardiff	6.29 4.77
<b>Triple Jump</b>	Lewis Barrow	Cardiff	7.28
<b>Shot</b>	Kellen Jones Aasin Javeed	Newport Essex	10.01 6.43
<b>Discus</b>	Idel Mohamed Usamah Petel	Cardiff Essex	17.50 14.81
<b>Javelin</b>	Ryan Arthur Aasin Javeed	Durham Essex	30.98 17.93

#### Points for County Cup

1 <sup>st</sup>	NEWPORT	48
2 <sup>nd</sup>	CARDIFF	37
3 <sup>rd</sup>	ESSEX	36
4 <sup>th</sup>	DURHAM	23
5 <sup>th</sup>	CARMARTHEN	6

#### Under 20 - Burton Junior Cup

<b>100m</b>	No Competitors		
<b>200m</b>	Charles Griffiths	Carmarthen	30.2
<b>400m</b>	Ryan Clark	Durham	56.4
<b>800m</b>	Ryan Clark	Durham	2:13.3
<b>1500m</b>	No Competitors		
<b>3000m</b>	Ryan Clark	Durham	11:30.0
<b>4 x 100m Relay</b>	No Competitors		
<b>High Jump</b>	Danison Gomez	Cardiff	1.25

<b>Long Jump</b>	Ryan Clark	Durham	4.09
	Rafiel Baldr	Cardiff	3.63
<b>Triple Jump</b>	No Competitors		
<b>Shot</b>	No Competitors		
<b>Discus</b>	Abdul Yusuf	Cardiff	12.87
<b>Javelin</b>	Ryan Clark	Durham	28.52

#### **Points for County Cup**

1 <sup>st</sup>	DURHAM	40
2 <sup>nd</sup>	CARDIFF	23
3 <sup>rd</sup>	CARMARTHEN	8
4 <sup>th</sup>	ESSEX	7

## NABGC CHAMPIONSHIP ATHLETICS RECORDS

### UNDER 11 GIRLS

100m	13.8	Amelilia Reynolds	Wales	2009
200m	29.7	Elenor Ward	Berkshire	2005
800m	2:41.8	Laura Roberts	Wales	2005
4 x 100m Relay	61.0	Team	Wales	2006
High Jump	1.26	Morgan Lake	Berkshire	2007
Long Jump	4.10	Rachel Davies	Wales	2003
Shot Putt ( 2.72 kg )	6.41	T. Breen	Durham	2002

### UNDER 13 GIRLS

100m	13.1	Danielle Barker	Wales	1999
200m	26.8	Lucy Spencer	Berkshire	2001
800m	2:26.4	Katie Trehwella	Berkshire	2004
1500m	4:50.0	Hope Goddard	Berkshire	2010
4 x 100m Relay	55.7	Team	Wales	2003/04
High Jump	1.48	Stacey Collins	Wales	2006
Long Jump	4.59	Morgan Lake	Berkshire	2008
Shot Putt (2.72kg)	9.89	Nicola Stevenson	Wales	2001

### UNDER 15 GIRLS

100m	12.7	Chantelle Walker-Jones	Wales	2005
200m	25.5	Danielle Barker	Wales	2001
800m	2:21.2	Linzi Snow	London	2001
1500m	4:54.2	Sophie Crumly	Berkshire	2004
4 x 100m Relay	51.2	Team	Wales	2004
High Jump	1.51	Emma Osborn	Berkshire	2011
Long Jump	5.31	Zara George	Wales	2004
Shot Putt (3.25kg)	12.34	Awen Rosser	Wales	2010
Discus (1kg)	32.16	Awen Rosser	Wales	2010
Javelin (600gm)	33.06	Danielle Hamer	Wales	2005

### UNDER 17 GIRLS

100m	12.6	Danielle Barker	Wales	2003
	12.6	Zara George	Wales	2005
200m	25.7	Lisa Cowell	Durham	2005
300m	41.4	Lisa Cowell	Durham	2005
800m	2:21.2	Rhianne Jones	Wales	2004
1500m	4:54.9	Sophie Crumly	Berkshire	2005
4 x 100m Relay	51.0	Team	Berkshire	2006
High Jump	1.58	C. Coutts	Durham	1997
Long Jump	5.47	Rhiannon Yates	Wales	2007
Shot Putt (4kg)	10.59	Katy Wilson	Durham	2004
Discus (1kg)	35.09	E. Dwan	Durham	1999
Javelin (600gm)	40.70	Charlotte Rees	Wales	2000

### UNDER 20 GIRLS

100m	12.9	R. Haner	Durham	1995
	12.9	Sarah Pole	Wales	2007
200m	26.98	Ffion Rees	Wales	2012
400m	60.1	Rhiannon Jones	Wales	2006
800m	2:22.4	Natalie Kipps	London	2007
1500m	5:00.7	Caryl Jones	Wales	2005
4 x 100m Relay	52.1	Team	Wales	2006
High Jump	1.55	V. Haswell	Durham	1995
Long Jump	5.52	Amanda Ranger	London	2006
Shot Putt (4kg)	10.40	Louise Ali	Wales	2005
Discus (1kg)	30.77	Katy Wilson	Durham	2006
Javelin (600gm)	37.46	Kylie Clarke	Wales	2006

## NABGC CHAMPIONSHIP ATHLETICS RECORDS

### UNDER 11 BOYS

100m	14.1	David Hassey	Middlesex	2003
200m	29.2	Kristian Phillips	Wales	2001
800m	2:29.8	Christopher Perkins	Durham	2015
4 x 100m Relay	57.7	Team	Berkshire	2003
High Jump	1.32	Elliott Thorne	Berkshire	2010
Long Jump	4.35	Oscar Thomas	Berkshire	2003
Shot Putt ( 2.72 kg )	7.32	Philip Brown	Durham	2000

### UNDER 13 BOYS

100m	12.5	Chris Musa	London	1999
	12.5	Sam Jones	Wales	2011
200m	25.0	Jehoash Baliddawa	London	2009
800m	2:16.4	J. Baker	London	1989
1500m	4:37.4	Jacob McCulloch	Berkshire	2000
4 x 100m Relay	54.7	Team	London	2001
High Jump	1.53	Aled Rees	Wales	2011
Long Jump	5.37	A. Thornton	Northumberland	1990
Shot Putt (3.25kg)	11.20	Matthew Baptiste	London	2003

### UNDER 15 BOYS

100m	11.1	C. Jagoe	Hampshire	1983
200m	23.1	C. Jagoe	Hampshire	1983
300m	39.1	Zak Daly	Wales	2015
800m	2:05.0	Jamie Feneroli	Wales	2003
1500m	4:22.5	Matthew Williams	Wales	2003
4 x 100m Relay	48.2	Team	London	2002
High Jump	1.73	Quincie Michael	London	2007
Long Jump	5.85	Daniel Davies	Wales	2004
Shot Putt (4kg)	14.74	Matthew Field	Wales	2009
Discus (1.25kg)	40.01	Joe Worrall	Carmarthen Wales	2015
Javelin (600gm)	45.72	Thomas Rees	Wales	2000

### UNDER 17 BOYS

100m	11.0	W. West	Middlesex	1972
	11.0	David Mann	Wales	2005
200m	22.1	P. Creedon	Hampshire	1983
400m	49.0	A. Switherbank	Nottingham	
800m	1:58.9	E. Ratcliffe	Wales	1969
1500m	4:11.9	Tom Snow	London	2001
4 x 100m Relay	46.1	Team	London	2008
High Jump	1.85	Michael Williams	Wales	2002
Long Jump	6.66	K. Brown	Durham	1986
Triple Jump	14.18	P. Maull	Middlesex	1982
Shot Putt (5kg)	14.48	S. Ayre	Durham	1983
Discus (1.5kg)	46.01	J. Howell	Staffordshire	1971
Javelin (700gm)	54.82	J. Pickering	Northamptonshire	

### UNDER 20 BOYS

100m	10.8	Elijah Winn	London	2005
200m	21.9	I. Roberts	Manchester	1976
400m	48.0	Todd Bennett	Hampshire	
800m	1:52.2	I. Burgin	Yorkshire	1984
1500m	3:53.0	R. Ollan	Leicestershire	1973
3000m	8:36.1	D. Laughlin	Essex	1985
4 x 100m Relay	45.0	Team	Berkshire	2003
High Jump	2.08	D. Robson	Durham	1976
Long Jump	7.26	T. Henry	Middlesex	1985
Triple Jump	16.25	C. Edwards	London	1968
Shot Putt (6kg)	15.87	S. Ayre	Durham	1987
Discus (1.75kg)	47.34	S. Ayre	Durham	1986
Javelin (800gm)	64.01	T. Smith	Middlesex	1976

