

2015 NPC VOLUNTEER STATE CLASSIC

Bodybuilding, Figure, Physique, and Bikini

Mandatory Check-In and Weigh-In

May 29, 2015 between 6:00pm-9:00pm

AT COMPETITIVE EDGE GYM: 3317 LEBANON PIKE, HERMITAGE, TN 37076

ALL ATHLETES MUST CHECK-IN AND WEIGH-IN ON FRIDAY NIGHT May 29, 2015 BETWEEN 6:00pm and 9:00pm.
ONLY ATHLETES WILL BE PERMITTED IN THE ROOM DURING WEIGH-IN.

Bodybuilding and bikini competitor must wear competition suit to weigh-ins.

No one will be allowed to weigh-in on Saturday Morning!

- **NPC cards will be sold at check-in but NO CASH will be accepted!! CHECK OR MONEY ORDER ONLY, made payable to the NATIONAL PHYSIQUE COMMITTEE**

NPC Regulations/Music

- All competitors are required to **BRING BANDS** for pump-up. **NO WEIGHTS** will be allowed in the pump-up room.
- All Bodybuilding and Women's Physique athletes MUST SUPPLY their OWN POSING MUSIC.
 - Music must be no longer than **45 seconds**
 - Music must be on a CD, must be the only music on the CD and start at the beginning of the CD
 - MUSIC WILL BE COLLECTED AT **WEIGH-IN ON FRIDAY NIGHT**.
 - Competitors will not use music at prejudging
- **BODYBUILDING AND BIKINI COMPETITION SUITS MUST BE WORN AT WEIGH-IN FOR APPROVAL**
 - **NO "T" OR THONG SUITS WILL BE ALLOWED. EMPHASIS IS ON "GOOD TASTE"!**
- All athletes may crossover in the same division with a limitation of **three times**.
 - No crossover will be permitted between division (example: Physique to Bodybuilding, or Bikini to Figure)
- Due to venue rules, **ALL** athletes wearing tanning products must wear **LONG SLEEVE SHIRTS & LONG PANTS** to sit in auditorium seating!!! **NO EXCEPTIONS**
- **NO DREAM TAN ALLOWED**
- **NO REFUNDS**
- **THE NPC RESERVES THE RIGHT TO DETERMINE THE NUMBER OF COMPETITORS THAT WILL POSE AT NIGHT SHOW.**

TICKET PRICES

Prejudging	\$15.00	Open Seating
Night Show	\$25.00	General Admission
	\$35.00	VIP

ENTRY FEES AND DEADLINE

Money order or check made payable to "**Volunteer State Classic**"

\$80.00 for each division entered

Late fee of **\$40.00** if postmarked after Friday May 22, 2015

Only cash, money order, certificated check will be accepted on Friday night entries.

CHECK LIST

Mail to: Competitive Edge Gym: 3317 LEBANON PIKE, HERMITAGE, TN 37076

1. Entry form & **RELEASE**- signed and completed
2. Check or money order for **\$80.00** (each class) payable to "**Volunteer State Classic**"
3. Copy of driver license if you are entering Teenage or All Masters including 35, 40, 45 & Over
4. Copy of your 2015 NPC card (can be purchased at check-in) **Check or money order only made payable to: National Physique Committee**
5. Copy of your 2015 NPC Official Height Card (will be given at check-in if you don't have one)

2015 NPC VOLUNTEER STATE CLASSIC

Bodybuilding, Figure, Physique, and Bikini

Official Bodybuilding, Figure, Bikini & Physique Entry Form- Sanction #12619

Name: First _____ **Last** _____ **DOB** _____

Address _____ **City** _____ **State** _____

Phone () _____ **Email:** _____

Age: _____ **Height:** _____ **Contest Weight:** _____

PLEASE CHECK THE DIVISIONS/CLASS IN WHICH YOU INTEND TO COMPETE

Men's Open Bodybuilding

- Light (Up to & Inc. 154.25 lbs)
- Middle (Over 154.25 lbs & Inc. 176.25 lbs)
- Light-Heavy (Over 176.25 lbs & Inc. 198.25 lbs)
- Heavy (Over 198.25 lbs)

Teen Bodybuilding

(Male 16-19 yrs old)

- Teen (One class)

Men's Junior Bodybuilding

(First-time Competitor)

- Light (Up to & Inc. 165.25 lbs)
- Middle (Over 165.25 lbs & Inc. 187.25 lbs)
- Heavy (Over 187.25 lbs)

Men's True Novice Bodybuilding

(First-time Competitor)

- Light (Up to & Inc. 165.25 lbs)
- Middle (Over 165.25 lbs & Inc. 187.25 lbs)
- Heavy (Over 187.25 lbs)

Men's Masters Bodybuilding

- 35-39 (One Class)
- 40-49 (One Class)
- 50 & Over (One Class)

Men's Physique

- True Novice A (Up to & Inc. 5'8") **(First Time Competitor)**
- True Novice B (Over. 5'8") **(First Time Competitor)**
- A (Up to & Inc. 5'7")
- B (Over 5'7" & Inc. 5'10")
- C (Over 5'10")
- Masters (35 & Over) (One Class)

Women's Physique

- A (Up to Inc. 5'4")
- B (Over 5'4" & Inc. 5'6")
- Masters (35 & Over) (One Class)

Women's Figure

- True Novice A (Up to Inc. 5'4") **(First Time Competitor)**
- True Novice B (Over 5'4") **(First Time Competitor)**
- A (Up to Inc. 5'4")
- B (Over 5'4" & Inc. 5'6")
- C (Over 5'6")
- Masters (35-40)
- Masters (40 & Over)

Women's Bikini

- True Novice A (Up to Inc. 5'4") **(First Time Competitor)**
- True Novice B (Over 5'4") **(First Time Competitor)**
- A (Up to Inc. 5'4")
- B (Over 5'4" & Inc. 5'6")
- C (Over 5'6")
- Masters (35-40)
- Masters (40 & Over)

I agree to waive and release all rights and claims to damages for myself and all heirs from the release extends to the National Physique Committee, Dwayne Hampton, Mark Johnson, the promotions and sponsors, agents, leaders, officials of the above described contest I also grant the promoter the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my appearance and name in any and all media with respect to any advertising or publicity. I also understand that this contest may be videotaped for television and I hereby release and waive all rights to the television productions of this contest. The NPC reserves the right to determine the number of competitors that will pose at the evening show. The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the "Comfort Inn and Suites, Mt. Juliet, TN" Host Hotel including any rules or regulations prohibiting cooking or food preparation in the Hotel Rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter from and against any damages caused by the undersigned to the "Comfort Inn and Suites, Mt. Juliet, TN" Host Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the "Comfort Inn and Suites, Mt. Juliet, TN" Host Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC.

Signature _____

PARENTS/GUARDIAN (if Athlete is under 18 years of Age) _____

****THIS FORM MUST BE SIGNED AND MAILED IN WITH YOUR ENTRY FORM****

In consideration of being allowed to participate in any way in the **Name of Event NPC Volunteer State Classic** ("Event") promoted by **Name of Promoters Dwayne Hampton and Mark Johnson** ("Promoter") and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its related events and activities,

I, **Please print your name** _____, the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER AND THE NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releases"), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the **Name of Hotel "Comfort Inn and Suites, Mt. Juliet, TN"** ("Hotel") including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoter from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoter and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder. **I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

X _____ **Age:** _____ **Date Signed** _____ **PARTICIPANTS SIGNATURE**

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releases from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASES, to the fullest extent permitted by law.

X _____ **Age:** _____ **Date Signed** _____ **PARTICIPANTS SIGNATURE**