

Way of Life Taekwondo LLC

CLASS SCHEDULE

Effective: September 2014

All students are allowed to attend up to 3 classes per week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiny Turtles 3:50-4:30pm Ages: 3-5 All Levels	Tiny Turtles 3:50-4:30pm Ages: 3-5 All Levels	Tiny Turtles 3:50-4:30pm Ages: 3-5 All Levels	Tiny Turtles 3:50-4:30pm Ages: 3-5 All Levels	After*School *Awesome* Movie and Games	Family TKD 10:30-11:30am Ages: 6+ All belts
Little Dragons 4:30-5:30pm Ages: 6+ White – Yellow w/ green stripe	Little Dragons 4:30-5:30pm Ages: 6+ Green & higher	Little Dragons 4:30-5:30pm Ages: 6+ White – Yellow w/ green stripe	Little Dragons 4:30-5:30pm Ages: 6+ Green & higher	Olympic Sparring 4:30-5:30pm Ages: 6+ <i>Light Contact</i> Yellow & higher	
Little Dragons 5:30-6:30pm Ages: 6+ Green & higher	Little Dragons 5:30-6:30pm Ages: 6+ White – Yellow w/ green stripe	Little Dragons 5:30-6:30pm Ages: 6+ Green & higher	Little Dragons 5:30-6:30pm Ages: 6+ White – Yellow w/ green stripe	Black Belt Club 5:30-6:30pm BBC Members only All ages Green & higher	
Adults TKD 6:30-7:30pm Ages: 14+ All Levels	Cardio TKD 6:30-7:30pm Ages: 14+ All Levels	Adults TKD 6:30-7:30pm Ages: 14+ All Levels	Adults TKD 6:30-7:30pm Olympic Sparring All Levels		