NOTE TAKING TIPS
Brought to you by the No'eau Center

BE SYSTEMATIC
so you can establish a habit and pattern so you won't miss anything important.

BRIEF & SIMPLE
Keeping your notes brief and simple makes it easier to retain important knowledge while avoiding the potential of feeling overwhelmed in the future.

RECORD EXAMPLES
Having examples on the content matter helps put things into perspective and may make the information more relative.

HAPPY WRITING!