

SUPPORTING THE RIGHTS OF CHILDREN MEANS THINKING ABOUT THE WHOLE CHILD

Emotional

ENCOURAGE ME.

Help me accept others for who they are and to celebrate their differences.

Let me try by myself, that's how I learn.

Sometimes I need special help. Sometimes my family does too.

I need at least 5 people in my life who are crazy about me. Are you one of those people?

My feelings are real and matter.



Social

Let me play, it's how I build social skills like sharing and problem solving.

Ask me what I think when your choices affect me.

Sometimes I like to play with dump trucks and sometimes I like to play with dolls, both are OK!

Please treat me with dignity and respect. I understand these ideas and care about fairness and equality.



Help me to think for myself.

When you read with me it grows my mind for life. TV and video games can never give me the same language and social skills that you can.

When my family is involved with my learning and education, it makes me a better learner.

Help others make decisions that are in my best interest.

We can teach each other new things.



I need AT LEAST two hours of moving my body every day. Help me find times and places to run, jump, and go crazy! It's good for my body and brain.

My body and mind need rest. Help me notice when I am ready for quiet time.

Spending time in nature is good for me. It heals me and makes me more creative.

Intellectual

Physical



SOCIETY FOR
**children
and youth**
OF BC



United Way
Lower Mainland
Change starts here.

