



Euphoria Massage and Healing

Spa, Beauty, and Personal Care

Date: _____

PATIENT INFORMATION

Name	Date of Birth
Address:	Phone:
Emergency Contact Name	Emergency Contact Phone:
Occupation:	Is your occupation physically demanding? Yes No

Does your job require any of the following? Circle all that apply

Lifting (_____ lbs) Sitting for long periods of time Standing Bending Twisting
 Walking Wearing high heels Running Extensive phone use Computer operation
 Repetitive movement Other:

Would you describe your job as mentally stressful? Yes No

Which of the following areas do you hold stress? Circle all that apply

Neck Shoulders Mid-back Low back Head Other:

What is your goal for today's session? Circle all that apply

Stress relief Reduce muscle tension Relaxation Increase range of motion Increase muscle flexibility
 Prenatal

Have you had a professional massage before? Yes No How long ago?

Do you experience any difficulty lying on your back, front, or side? Yes No?

Are there any areas you would like extra time spent on? Describe

Are there any areas you would like avoided? Describe

Do you exercise? Yes No How often? For how long a session?

Are you currently taking any medications? Please list

How much water do you drink daily? _____ ounces

Session Documentation Form

Client Name: _____

Primary Complaint: _____

History of: _____ Acute condition / Chronic condition

Client preferences: _____

Type of oil: _____ Type of pressure: _____

Essential Oils: _____ Bolster

Incense: _____ Pillows

Scented Candles: _____

Indication of massage:

Stress relief Reduce muscle tension Relaxation Increase range of motion Increase muscle flexibility
 Prenatal Energize

Contraindications: _____

Areas to focus on: _____

Observations: _____

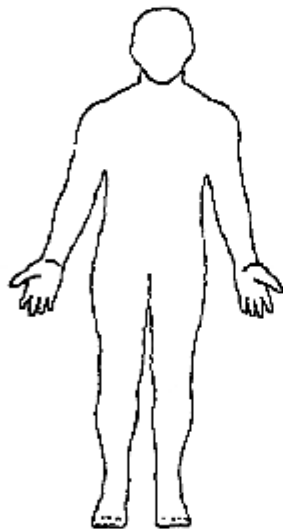
Treatment administered:

Swedish Foot Reflexology Acupressure Aromatherapy
 Reiki / Energy Work Sports Massage Hydrotherapy Deep Tissue
 Other: _____

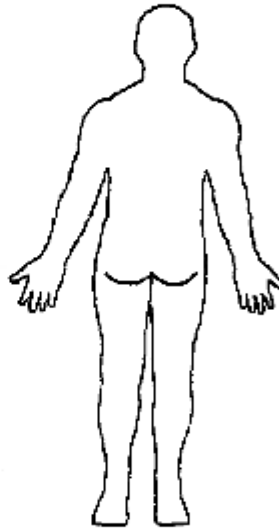
Indicate areas of stress and any physical abnormalities (swelling, bruising) with an "X"



Right



Front



Back



Left