

# DRUG-FACILITATED RAPE IS A REALITY IN WISCONSIN.

Can you imagine waking up in a strange place, unable to remember the last few days? You were at a bar or party, but the rest is all hazy. You are pretty sure you only had one beer... so why do you feel so ill?



You may have been drugged without your knowledge.

## What happened?

Police and victim service providers in our area have reported incidents like these. The most common explanation is that you were a victim of drug-facilitated rape.

There are some things you can do to lessen your chances of becoming a victim. However, if it should happen to you, there is help available.

## REDUCE THE RISK!

### To Yourself:

1. Know the people that you are with and come to an understanding similar to that of a designated driver. Agree that you will leave with the people you came with. Make a plan for a back-up safe escort and driver.
2. Don't accept an opened beverage from anyone.
3. At a bar or party accept drinks only from the server or better yet, directly from the bartender.
4. Keep your drink in your possession at all times - don't set it down or leave it on the bar.
5. Do not share drinks, take a drink from a punch bowl or drink out of a container being passed around.
6. If a drink tastes at all strange, even if it just seems flat or a little salty, don't drink any more of it and do tell someone you trust in case you become ill.

### To Your Friends:

1. Be alert to your friends' behavior. Watch for those who appear to be more intoxicated than they should be given what they have consumed.
2. Bring a friend home yourself even if they are angry with you. What's worse... dealing with an angry friend or dealing with the impact of an assault you might have prevented?

Don't be afraid to step in to help a friend. What have you got to lose?

Remember: Anyone under the influence of alcohol or other drugs is incapable of giving sexual consent.

**ASTOP, Inc.**  
**Assist Survivors**  
**Treatment, Outreach, Prevention**  
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**24 Hour Crisis Line: 1.800.418.0270**



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**Prevention**

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# WATCH YOUR BEVERAGE!



## Yes, it does happen here ...

Sexual offenders are using drugs to facilitate rape. These drugs are colorless, odorless, and almost always tasteless. They can be dissolved in any beverage without a person being aware that anything has been added.

These drugs take effect almost immediately and cause slurred speech, loss of coordination, dizziness, confusion and inability to reason.

Shortly thereafter, the victim may become unconscious. A person who has been drugged may appear to be drunk when in fact they have consumed little or no alcohol.

### Several drugs are being used.

**Rohypnol** (roofies) is a potent tranquilizer related to, but much stronger than Valium®.



### These drugs can be deadly!

Any drug, illegal or prescription, and alcohol can potentially be used by a sexual offender to disable a victim or render the person helpless.

**Alcohol by itself is the substance most frequently used by sexual offenders to impair their victims.**

**GHB** (liquid X): An illegal compound often made in home labs from such ingredients as floor stripper and drain cleaner.

**Ketamine** (kit-kat, Special K): A veterinary anesthetic. Related to PCP, it can induce convulsions and extremely paranoid, violent behavior.

### Help is as close as your phone ...

If you are feeling confused, ill or drunk when you know you shouldn't feel that way, tell someone you trust and have them take you and your beverage to the emergency room. If that is not possible, call 911.



Professional counseling can make a difference.

Above all, take care of yourself! If you feel like something is wrong, trust your own judgement.

Sometimes in spite of people's best efforts to protect themselves, assaults occur. Please, do not blame yourself. If you believe you may have been a victim of drug-facilitated rape seek help. ASTOP's services are cost-free and confidential.

**No one chooses to be a victim of rape. A good choice for yourself is to talk with someone you trust about what happened.**

**ASTOP's 24 Hour Crisis Line  
1-800-418-0270**