



Interactive Play

Connecting Families through Dance



Interactive Family Dance

Family dance classes welcome you to explore movement and dance as a soon to be family, your newborn child and young toddler. We will ask you to take part in sessions that will develop and test ideas around how physical activity can be the key to general health and wellbeing.

Dance, vocal and interactive play, enables parents and carers to enjoy their child's social development and interaction with others, whilst growing in confidence to handle their child, improve individual fitness, while creating new friendship groups through new interactions and not forgetting our after class social each week where we will provide refreshments and space to talk.

Previous experience in dance is not required, eagerness to enjoy moving yourself and playing with your child and supporting their inquisitive minds, is a must. Older siblings are also very welcome to attend.

The Dance Network Association, and lead artist Lucy Blazheva, are delighted to welcome you throughout these fantastic dance classes.

Our sessions will happen at the following venues, times and dates.

You are welcome to book for all the classes or just at one centre or just in one class, we would love to dance with you whatever you can commit too.

The Gibberd Gallery Civic Centre,
The Water Gardens College Square, Harlow
CM20 9SB

Dates: 18 November, 2 December and 16 December
Times: 9.30 – 10.30 class 10.30 – 11.30 social

Tree House Children's Centre, Parnall Road,
Harlow CM18 7NG

Dates: 11 November, 25 November and 9 December
Times: 9.30 – 10.30 class 10.30 – 11.30 social

To book your places and for more information please call Gemma Wright on 07490 374 717