

Processing the Show

A Few Questions to consider asking when processing with youth who have watched the show:

1. What is your takeaway from the show/book?
2. What's your school culture like? How is it them same, how is it different from the school in the show?
3. What mental illness present in the show? If so where, if not, how could it have been better?
4. What was accurate about the show, what was inaccurate?
5. What about relationships was real or accurate, and what was not?
6. What could Hannah's friends and peers done different to show support to Hannah? What could they have done to prevent her from her suicide?
7. Hannah was often disregarded for being "overly emotional" and a "drama queen." Do you know anyone like that? Have you thought perhaps they may be struggling emotionally or psychologically?
8. Do you know any "Hannah's" right now who are struggling emotionally or physically?
9. What do you do when you are stressed out?