
BIOGRAPHICAL SKETCH

NAME Kimberly S. Van Haitsma, Ph.D.		POSITION TITLE Vice President of Research	
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Calvin College, Grand Rapids, MI	B.A.	1985	Psychology
Bowling Green State University, Bowling Green, OH	M.A.	1988	Clinical Psychology
Bowling Green State University, Bowling Green, OH	Ph.D.	1994	Clinical Psychology

A. Personal Statement

I have been working as a clinical geropsychologist in post-acute long term care settings since 1988 and as an applied researcher in these settings since 1991. My particular area of research focuses on questions seeking to understand the impact of contextual issues (e.g., physical environment, culture of care, staff interactions, interdisciplinary team processes, and psychotherapeutic approaches) on holistic aspects of quality of life and quality of care delivery for frail seniors residing in long term care settings. Recently, much of my research has focused on developing and evaluating individualized interventions designed to ameliorate affective or behavioral symptoms in frail elders with and without dementia. In addition, I have had extensive experience in the development of assessment tools and outcome measures designed to facilitated person centered care delivery.

Positions and Honors**Positions and Employment**

1989-1990	Health Psychology Intern, Rush-Presbyterian-St. Luke Medical Center, Chicago, IL
1990-1991	Clinical Geropsychology Fellow, Philadelphia Geriatric Center, Philadelphia, PA
1991-2001	Staff Geropsychologist, Philadelphia Geriatric Center
1995-2001	Senior Research Scientist, Philadelphia Geriatric Center
2001-2010	Associate Director, Polisher Research Institute, Abramson Center for Jewish Life
2002-present	Adjunct Assistant Professor, Hartford Center of Geriatric Nursing Excellence, School of Nursing, University of Pennsylvania, Philadelphia, PA
1998-present	Director, The Harry Stern Family Center for Innovations in Alzheimer's Care, Abramson Center for Jewish Life, Philadelphia, PA
2010-present	Director, Polisher Research Institute, Abramson Center for Jewish Life, Philadelphia, PA

Professional Activities*Organizational Memberships*

1986-present	Member, American Psychological Association
1990-present	Member, Gerontological Society of America
1995-present	Member, Psychologists in Long Term Care

Review Activities

2011-2013	Editor, Practice Concepts Section, The Gerontologist
1994-present	Peer reviewer, The Gerontologist
1997-present	Peer reviewer, Journal of Gerontology: Psychological Sciences
2000-present	Peer reviewer, Journal of Alzheimer's Care
2000-present	Peer reviewer, Alzheimer's Care Quarterly
2005-present	Peer reviewer, Journal of Geriatric Psychiatry
2001	Grant reviewer, National Institute on Aging, Small Grant Review in Sociology & Psychology
1996-present	Grant reviewer, Alzheimer's Association

IRB/DSMB Activities

2002-present	Member, Institutional Review Board, Polisher Research Institute (FWA 00000328),
2003-present	Member, Medical and Scientific Advisory Board, Alzheimer's Association, Delaware Valley Chapter

- 2003-2009 Chair. Data Safety & Monitoring Board, (NIA/NINR # RO1 AG22254). "Reducing Upset with Disruptive Behavior in Family Caregivers of Persons with Dementia" (Laura Gitlin, PI, Thomas Jefferson University).
- 2006-2009 Chair. Data Safety & Monitoring Board. (Commonwealth of PA Tobacco Fund). "Project COPE: Caregiver Option Program Evaluation" (Laura Gitlin, PI, Thomas Jefferson University).

C. Selected peer-reviewed publications

- Resnick B, Kolanowski A, **Van Haitsma KS**. Promoting positive behavioral health: A non-pharmacologic Toolkit for senior living communities. *Geriatr Nurs*. 2014 Jan-Feb;35(1):7-8. doi: 10.1016/j.gerinurse.2013.12.001. Epub 2013 Dec 7. PMID:24491374
- Kolanowski A, **Van Haitsma K**, Resnick B, Boltz M. A New Toolkit for Behavioral Health. *J Am Med Dir Assoc*. 2014 Jan 30. pii: S1525-8610(14)00021-8. doi: 10.1016/j.jamda.2014.01.003. [Epub ahead of print. PMID:24486100
- Resnick B, Kolanowski AM, **Van Haitsma K**. Promoting positive behavioral health: a non-pharmacological toolkit for senior living communities. *J Gerontol Nurs*. 2014 Jan;40(1):2-3. doi: 10.3928/00989134-20131206-01. PMID: 24410062
- Van Haitsma, K.**, Crespy, S., Humes, S., Elliot, A., Mihelic, A., Scott, C., Curyto, K., Spector, A., Eshraghi, K., Duntzee, C., Reamy, A., Abbott, K. (in press). *New toolkit to measure quality of person-centered care: Development and pilot evaluation with nursing home communities*. JAMDA
- VanHaitsma, K.**, Curyto, K., Abbott, K., Towsley, G., Spector, A., & Kleban, M. (2013). A randomized controlled trial for an individualized positive psychosocial intervention for the affective and behavioral symptoms of dementia in nursing home residents. *J Gerontol B Psychol Sci Soc Sci (2013)* doi: 10.1093/geronb/gbt102 First published online: December 4, 2013.
- Van Haitsma, K.** (2013). Resident choice made easier. *Provider (Washington, DC)*, 39(2), 37.
- Teresi, J. A., Ocepek-Welikson, K., Ramirez, M., Eimicke, J. P., Silver, S., **Van Haitsma, K.**, Lachs, M. S., & Pillemer, K. A. (2013). Development of an instrument to measure staff-reported Resident-to-resident Elder Mistreatment (R-REM) using item response theory and other latent variable models. *Gerontologist*. 2013 Feb 28. [Epub ahead of print].
- Van Haitsma, K.**, Curyto, K., Spector, A., Towsley, G., Kleban, M., Carpenter, B., Ruckdeschel, K., Feldman, P. H., & Koren, M. J. (2012). The Preferences for Everyday Living Inventory: Scale development and description of psychosocial preferences responses in community-dwelling elders. *Gerontologist*. 2012 Aug 30. [Epub ahead of print].
- de Medeiros, K., Saunders, P. A., Doyle, P. J., Mosby, A., & **Van Haitsma, K.** (2012). Friendships among people with dementia in long-term care. *Dementia*, 11(3), 363-381. doi: 10.1177/1471301211421186
- Pillemer, K., Chen, E. K., **Van Haitsma, K. S.**, Teresi, J., Ramirez, M., Silver, S., Sukha, G., & Lachs, M. S. (2012). Resident-to-resident aggression in nursing homes: Results from a qualitative event reconstruction study. *The Gerontologist*, 52(1), 24-33. doi: 10.1093/geront/gnr 107
- Meeks, S., **Van Haitsma, K.**, Kostiwa, I., & Murrell, S.A. (2012). Positivity and well-being among community-residing elders and nursing home residents: What is the optimal affect balance?. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*. doi: 10.1093/geronb/gbr135.
- Van Haitsma, K.**, Williamson, J. & Pruchno, R. (2011). Practice Concepts and Policy Studies: The New Divide, *Gerontologist*, 51(6), 731-733. doi: 10.1093/geront/gnr105
- de Medeiros, K., Saunders, P., Doyle, P., Mosby, A., & **Van Haitsma, K.** (2011). The meaning of friendship among people with dementia. *Dementia*. First published online, September 20, 2011, as doi:10.1177/1471301211421186
- Crespy, S., **VanHaitsma, K.**, Payne, D., Alizzi, K., & Seddiki, S. (2009). Managing Depression in the Nursing Home: Early detection methods and individualized interventions. *Provider*, Sept., 51-54.
- Curyto, K., **Van Haitsma, K.**, & Vriesman, D. (2008). Direct Observation of Individual Behavior: A Review of Current Methods and Measures for Use with Older Adults with Dementia. *Research in Gerontological Nursing 1(1)*, 52-76. doi: 10.3928/19404921-20080101-02
- Meeks, S., Looney, S., **Van Haitsma, K.**, & Teri, L. (2008). BE-ACTIV: A Staff-Assisted, Behavioral Intervention for Depression in Nursing Homes. *The Gerontologist*. 48(1): 105-114. doi:10.1093/geront/48.1.105
- Carpenter, B., Lee, M., Ruckdeschel, K., **Van Haitsma, K.** & Feldman, P. (2006). What Would Your Mother Want? Adult Children as Informants about Parent's Psychosocial Preferences. *Family Relations*, 55, 552-

- Meeks, S, Teri, L., **Van Haitsma, K.** & Looney, S (2006). Increasing pleasant events in the nursing home: Collaborative behavioral treatment for depression. *Clinical Case Studies*, 5(4). doi: 10.1177/1534650104267418
- Freedman, V., Calkins, M., & **VanHaitsma, K.** (2005). An exploratory study of barriers to implementing technology in residential long-term care settings. *Gerontechnology*, 4(2), 86-100. doi: http://dx.doi.org/10.4017/gt.2005.04.02.004.00
- Ruckdeschel K. & **Van Haitsma K.** (2004). A workshop for nursing home staff: recognizing and responding to their own and resident's emotions. *Gerontol Geriatr Educ*, 24(3):39-51. doi: 10.1300/J021v24n03_04
- Saperstein, A.R., Calkins, M.P., **Van Haitsma, K.**, & Curyto, K. J. (2004). Missed Opportunities: The Disconnect Between Physical Design and Programming and Operations. *Alzheimer's Care Quarterly*, 5(4), 324 - 331
- Glicksman, A., **Van Haitsma, K.**, Mamberg, M., Gagnon, M. & Brom, D. (2003). "Caring for Holocaust Survivors: Rethinking the Paradigms", *Journal of Jewish Communal Service*, 79 (2/3), 148-153.
- Diaz-Moore, K., **Van Haitsma, K.**, Curyto, K., Saperstein, A. (2003). A pragmatic environmental psychology: A metatheoretical inquiry into the work of M. Powell Lawton. *Journal of Environmental Psychology*, 23, 471-482. doi: 10.1016/S0272-4944(02)00116-0
- Glicksman, A. & **Van Haitsma, K.** (2002). The social context of adaptation to traumatic events: Soviet Jews and the Holocaust. *Journal of Clinical Geropsychology*, 8(3), 227-237. doi: 10.1023/A:1015900412361
- Carpenter, B., Ruckdeschel, K., Ruckdeschel, H., & **Van Haitsma, K.** (2002). R-E-M Psychotherapy: A Manualized Approach for Long-Term Care Residents with Depression and Dementia. *The Clinical Gerontologist*, 25 (1/2), 25-49. doi: 10.1300/J018v25n01_03
- Ruckdeschel, K. & **Van Haitsma, K.** (2001). The impact of live-in animals and plants on nursing home residents. *Alzheimer's Care Quarterly*, 2(4), 17-27.
- Van Haitsma, K.** (2001). Special Care for Dementia in Nursing Homes: Overview of Innovations in Programs and Activities. *Alzheimer's Care Quarterly*, 2(3), 49-56.
- Carpenter, B. **Van Haitsma, K.**, Ruckdeschel, K., & Lawton, M.P. (2000). The psychosocial preferences of older adults: An examination of content and structure. *The Gerontologist*. 40(3) 335-348. doi: 10.1093/geront/40.3.335
- Van Haitsma, K.**, Lawton, M. P., & Kleban, M. (2000). Does segregation help or hinder? Examining the role of homogeneity in behavioral and emotional aspects of quality of life for persons with cognitive impairment. *Research and Practice in Alzheimer's Disease: Special Edition- Alzheimer's Disease Special Care Units*, 4, 163-178.
- Van Haitsma, K.**, Ruckdeschel, K., & Lawton, M.P. (1999). Enhancing resident's quality of life through Individualized Positive Psychosocial Interventions. *Psychologists in Long Term Care Newsletter*, 12(4), 5-7.
- Lawton, M. P., **Van Haitsma, K.**, Perkinson, M., & Ruckdeschel, K. (1999). Observed affect and quality of life in dementia: Further affirmations and problems. *Journal of Mental Health and Aging*, 5, 69-81.
- Lawton, M.P., Casten, R., Parmelee, P., **Van Haitsma, K.**, Corn, J., & Kleban, M. (1998). Psychometric characteristics of the Minimum Data Set II: Validity. *JAGS*, 46: 736-744.
- Lawton, M.P., **Van Haitsma, K.**, Klapper, J., Kleban, M., Katz, I., & Corn, J. (1998). A stimulation-retreat special care unit for elders with dementing illness. *International Psychogeriatrics*, 10(4), 379-395. doi: 10.1017/S104161029800547X
- Van Haitsma, K.**, Lawton, M.P., Kleban, M., Klapper, J.A. & Corn, J.A. (1997). Methodological aspects of the study of streams of behavior in dementing illness. *Alzheimer Disease and Associated Disorder*, 11(4), 228-238. PMID: 9437440
- Ruckdeschel, K. & **Van Haitsma, K.** (1997). Research with nursing home staff: Challenges and solutions. *Journal of Mental Health and Aging*, 3(2), 209-219.
- Lawton, M.P., **Van Haitsma, K.**, & Klapper, J.A. (1996). Observed Affect in Nursing Home Residents. *Journal of Gerontology: Psychological Sciences*, 51B(1), P3-P14. doi: 10.1093/geronb/51B.1.P3

D. Research Support.

Ongoing Research Support:

Toolbox for Improving Behavioral Health in Nursing Homes Project. Commonwealth Fund (#20130170) \$14,378 and the Hartford Foundation (\$10,000), 2012-2014.

Role on project: Co-director (Director: Ann Kolanowski)

Purpose: The goal of the project is to develop a nonpharmacologic toolkit for senior living communities designed to promote positive behavioral health. Available at <http://www.nursing.psu.edu/hartford/toolkit>

R01 MH092317-01 National Institute of Mental Health (Suzanne Meeks, PI) 7/1/12-6/30/15

“Predicting trajectories of flourishing and failing in new nursing home residents.”

Role on Project: Co-investigator.

Purpose: Forty-five percent of Americans over the age of 65 will use a nursing home in 2010, and about 24% will stay for a year or more, usually at the end of their lives. These residents often suffer from comorbid physical, cognitive, and mental disorders that diminish quality of life at the end of life and represent a costly burden to society. Prevention or amelioration of depression and anxiety, and improving well-being, are both important for maximizing life quality and decreasing health care costs for nursing home residents.

R21NR011334-02, National Institute on Nursing Research (Kimberly Van Haitsma, PI) 7/1/11-6/30/14

“Assessing preferences for everyday living in the nursing home: reliability and concordance issues.”

Purpose: The primary goal of this study is to test the reliability of a measure of psychosocial preferences for everyday living in a frail ethnically diverse nursing home population.

Alzheimer’s Association (Laura Gitlin, PI)

Managing Behavior in Nursing Homes: Innovative Intervention and Methods.

1/1/11-12/31/14

Purpose: Goal of the project is to develop and test feasibility of a tailored activity prescription intervention that uses OTs to train CNAs in optimal behavior management techniques for persons with dementia residing in nursing homes.

Role on Project: Co-PI

Harry Stern Family Foundation (Kimberly Van Haitsma – PI)

1999-present

Harry Stern Family Center for Innovations in Alzheimer’s Care

The Center’s mission is to serve as a not-for-profit resource to the world wide caregiving community. The focus of the Center is to train future gerontologists and provide innovative resources and research-based clinical programs designed to enhance the quality of Alzheimer’s care.

Completed Research Projects (most recent):

5R01MH074865-04 (Suzanne Meeks – PI)

07/01/07-06/30/12

BE-ACTIV: Treating Depression in Nursing Homes

This randomized controlled clinical trial seeks to evaluate the efficacy of an activity-based intervention designed to treat depressed persons with and without dementia who reside in nursing homes.

Role on Project: Methodological Consultant

1 I01 HX000455-01 (Kim Curyto – PI)

11/01/10-10/31/11

HSR&D Merit Review Award – Pilot Project Program

This project builds on the Preferences for Everyday Living Inventory (PELI), a comprehensive measure of preferences for everyday living developed from data from over 500 randomly selected cognitively intact elderly home care recipients. This project will use cognitive interviewing techniques to modify the PELI to reflect the perspective of CLC Veterans.

Role on Project: Co-Investigator

R44 AG026170-02A1 (Margaret Calkins, Kimberly Van Haitsma, PIs)

02/01/09-01/31/11

www.TechforLTC.org: Bringing Assistive Technologies to LTC

This Phase 2 application is designed to further develop and evaluate a free informational and educational website dedicated to enhancing the decision-making capability of long-term care professionals who make technology purchases related to residential caregiving environments.

NIRG-08-91765 (Kate de Medeiros – PI)

09/01/08-08/31/10

Alzheimer’s Association

The Social Environments of People with Dementia in Long-Term Care

This mixed-methods study seeks to identify and understand successful (and unsuccessful) social units in long-term care, and to determine whether any measurable attributes contribute to the social compatibility of residents.

Role on Project: Methodological Consultant

Extendicare Foundation (Kimberly Van Haitsma – PI)

2003 - 2010

A computer based environmental design lexicon for dementia care

The goal of the project is to create a searchable bibliography of current nursing home design research and resources.

Commonwealth of Pennsylvania and Newell Foundation (Van Haitsma – PI) 2006 - 2008

Individualizing Care to Frail Elders: Measuring psychosocial preferences for everyday living

This project sought to refine a measure of psychosocial preferences for everyday living as a prelude to fielding the instrument as a clinical tool used to individualize care.

Abramson Center for Jewish Life Research Fund (Kimberly Van Haitsma – PI) 09/01/06 - 08/31/08

Efficient Processes for Identifying Depression and Anxiety in a Nursing Home Setting: A Demonstration Project

This demonstration project sought to determine whether increased efficiencies can be added to the CMS depression management recommendations by incorporating a two-question “pre-screener” during routine MDS assessments. In addition, the project sought to gather information about pre-screening for anxiety symptoms in nursing home residents.

New York State Department of Health Dementia Grant Program (Van Haitsma – PI) 11/01/02 - 07/31/05

Sustainable Culture Change for Persons with Dementia in the Nursing Home: An Ethnographic Study of a Relationship Model Strengthened by Peer Support

This project sought to evaluate a culture change intervention in 3 nursing homes, build a model for culture change processes, and produce best practice recommendations for culture change based on relationship models.

IIRG-00-2138 (Katy Ruckdeschel - PI) 2001-2005

Alzheimer’s Association

Predicting turnover of Certified Nursing Assistants

This project sought to identify predictors of turnover over a one year period in a sample of 150 CNAs.

Role on Project: Co-PI

1R43AG022275-01 (Margaret Calkins – PI) 09/01/03-03/31/04

NIA - Phase 1 SBIR

An environmental design lexicon for dementia care: A web based resource

The goal of the project was to translate and evaluate a nursing home design lexicon constructed from past projects into a comprehensive, web-based, searchable database. Website can be found at www.dementiadesigninfo.org

Role on Project: Co-PI