



Easy Pumpkin Apple Soup

Supplies

large pot

large spoon

measuring spoons and cups

Ingredients

15 oz can of pumpkin

1 cup applesauce

3 cups chicken broth

1 teaspoon onion powder

1/2 teaspoon ginger

1/2 teaspoon ground nutmeg

1/4 teaspoon allspice

1/2 teaspoon cinnamon

3/4 cup cream

1/3 cup maple syrup

salt & pepper

fresh thyme leaves

Directions

In a large pot add: pumpkin, [applesauce](#), and chicken broth. Stir ingredients until well combined.

Next, add: onion powder, ginger, nutmeg, allspice, and cinnamon. Cook on low for an hour.

Add cream and maple syrup. Add salt and pepper to taste. Garnish with fresh thyme leaves.