



North Florida School of Aikido (North Florida Aikikai)

is proud to present

A Weapons Seminar

with

Melissa Bell Sensei

Melissa Bell Sensei is a senior instructor at the Jionjuku Dojo in Largo, Florida. She started her training in 1992 as a direct student of Mitsugi Saotome Shihan (ASU) in Washington D.C. She is widely known for her work in the ASU weapons katas.



This seminar is limited to 30 participants. Advance registration is required. The seminar is recommended for students preparing for yudansha testing in Florida and other students familiar with the ASU bokken katas. Please contact North Florida School of Aikido at info@northfloridaaikido.org if you would like to participate in this seminar.

Dates: June 10-12, 2016 **Cost:** \$80

Class Times: Friday 7:00pm – 9:00pm, Saturday 10:00am – 12:00pm
and 2:30pm – 4:30pm, Sunday 10:00am – 12:00pm

Location

North Florida School of Aikido
(North Florida Aikikai)
1535-1 Capital Circle NW
Tallahassee, FL 32303

For information

Call Richard Moore
(850) 528-7666 or Email
info@northfloridaaikido.org