Headline Speaker
Shattered Image: My Triumph Over Body Dysmorphic Disorder

Brian Cuban is an author whose best-selling book “Shattered Image: My Triumph Over Body Dysmorphic Disorder,” chronicles his first-hand experiences living with, and recovering from eating disorders, drug addiction and Body Dysmorphic Disorder (BDD).

Brian speaks regularly about his recovery, childhood bullying, fat shaming and breaking the male eating disorder stigma. He has spoken at prestigious locations such as the University of North Carolina Center For Eating Disorder Excellence. He has keynoted prestigious events such as the Entertainment Industries Council 3rd Annual Media And Mental Health Awards. Brian has appeared on national talk shows such as the Katie Couric show discussing the above issues. Brian also writes extensively on these subjects. His columns have appeared on CNN.com, Foxnews.com, The Huffington Post and in online and print newspapers around the world.

Based in Dallas, Texas, Cuban is also the segment host for “Brian Cuban’s Legal Briefs” on EyeOpenerTV, and founder of his blog, The Cuban Revolution. Additionally Cuban is a lawyer and activist specializing in 1st Amendment issues and hate speech; he has lectured on the topic in major media outlets and conferences around the world.
www.briancuban.com

Programming for those struggling AND their friends/family/support system is offered throughout the day. Please encourage others to attend this amazing event!

NO registration needed, but RSVPs are appreciated!
Free will donation!
edciowa.org

Other opportunities:
- Book signing
- Recovery items for sale!
  - Books
  - Apparel
  - Jewelry
- EDCI Memberships

Saturday,
February 21st
9:30a.m. - 3:45p.m.
DMACC Southridge Center
1111 Army Post Rd.,
Des Moines

Schedule
9:30a.m. - Registration, coffee
10:00a.m. - Headline speaker- Brian Cuban-all participants
10:45-11:15a.m. - Panel Discussion
11:15 a.m.-noon - Lunch
12:00-12:50p.m. - Break out session option 1
12:50-2p.m. - Break out session option 2
2-2:15p.m. - Break-snack
2:15-3p.m. - Break out session option 3

Transition time/ Q & A
3:30p.m. - Closing ceremony- EDCI board available for processing

Donation Form
On Page 2
General Seminar Information

Attend 3 of the one-hour unique and insightful sessions offered at 12:00 pm, 1:00 pm, 2:10 pm
Go to edciowa.org for more details.
• Just Tell Her to Stop: Becky Henry, author and life coach, founder of Hope Network
• Dual Diagnosis Treatment: Montecatini Treatment/CRC Health
• Healthy Coping in the Midst of Recovery: Amy Kimek, MA, Timberline Knolls
• Insurance Dilemmas: CRC Health, How Do We Access the Best Care?

Registration

Online: www.edciowa.org, click on Events, click on 2015. Registrations also accepted at the door.

Honoring the mission of EDCI, "to increase understanding of eating disorders", there are no set registration fees to attend the general seminars. Please consider a donation to EDCI in any of the donation baskets present at the event or by completing the form below.

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Sponsors

Gold
The Emily Program, MN
McCallum Place, MO
Insight Behavioral Health Centers, IL
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Rosewood Ranch, AZ

Bronze
Center for Discovery, MA

EATING DISORDER COALITION OF IOWA

EDCI, PO Box 71308, Clive, IA 50325

The Mission of the Eating Disorder Coalition of Iowa is to prevent eating disorders and to serve as a catalyst of hope, acceptance, understanding, and healing for all impacted by eating disorders.

The Eating Disorder Coalition of Iowa envisions an Iowa without eating disorders. We hope you agree with our passion and will help us spread the word about the important work this coalition is starting.

For general questions, sponsorships opportunities, or to volunteer, please visit our website at www.edciowa.com.