

FCA Wrestling Presents 24 HOURS WITH GOD Wrestling Camp

Camp Schedule

Friday August 8th

3:00-4:00pm	Registration
4:00-5:00pm	Introduction to camp, coaches, guidelines, and schedule
5:00-6:30pm	Wrestle session #1
6:30-8:00pm	Dinner
8:00-9:15pm	Chapel session #1
9:15-11:00pm	Structured free time (ultimate frisbee, movies, games, etc.)
11:00pm	Lights out

Saturday August 9th

7:00-7:45am	Quiet time
7:45-8:30am	Breakfast
8:30-10:30am	Wrestle session #2
10:30-11:30am	Chapel session #2
11:30am-1:00pm	Lunch
1:00-3:00pm	Wrestle session #3
3:00-4:00pm	Chapel session #3
4:00-5:00pm	Final words and wrap up

**August 8-9, 2014
Augustana College**

Carver P.E. Center
3500 5th Avenue
Rock Island, Illinois

Register at: www.fcaawrestling.org (Events page)
Cost: \$50/person

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