

3D COACHES LEADERSHIP ACADEMY

Saturday
October 3, 2015

9:00 AM - 2:00 PM

8:30 - 9:00 AM (registration for those not registered)

North Central College

Merner Fieldhouse (Wrestling Room)
450 S. Brainard Street, Naperville, Illinois

Featured Coaches



Heath Eslinger
Head Wrestling Coach
University Tennessee-Chattanooga



Rob Koll
Head Wrestling Coach
Cornell University

3-Dimensional Coaching and Technique:

- 1D = Fundamentals
- 2D = Psychology
- 3D = Heart

\$25/person

Register at:

www.fcawrestling.org (EVENTS page)